

July 23, 2023
Sixteenth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

This week (from July 23-29) we celebrate Natural Family Planning Awareness Week. This week presents us a wonderful opportunity to thank our Lord Jesus for the wonderful gift of family life. Family life, as created and intended by our Creator, is the foundation of our civilization. The more we understand its foundational role within the human family, the more we can be appreciative and help others to know the beauty and wonder of family life as intended by God. The United States Catholic Bishops have written a pastoral letter on family life. I want to share with you an abridged version of this document:

Marriage: Love and Life in the Divine Plan.

“What Is Marriage? Marriage is a natural institution established by God the Creator. It is a permanent, faithful, fruitful partnership between one man and one woman, established by their free mutual consent. It has two purposes: the good of the spouses, called the unitive purpose, and the procreation and education of children. Marriage is not merely a private institution. It is the foundation of the family, where children learn values and virtues that make them good Christians as well as good citizens. Marriage is important for the upbringing of the next generation, and therefore it is important for society. Men and women are equal as persons. As male and female, they are two different ways of being human. These differences relate them to each other in a total and complementary way. They make possible a unique communion of persons in which spouses give themselves and receive each other in love. This communion of persons has the potential to bring forth human life and thus to produce the family. No other relationship symbolizes life and love as marriage does.

The two purposes of marriage are inseparable; they are two aspects of the same self-giving. The unitive purpose of marriage means that husband and wife participate in God's own self-giving love. The two become one flesh, giving mutual help and service to each other through their intimate union. The procreative purpose recognizes that married love is by its nature life-giving. The children who result from this union are the supreme gift of marriage. Some couples experience the tragedy of infertility and may be tempted to think that their union is not complete; however, it remains a distinctive communion of persons.

Challenges to Marriage

Contemporary society poses fundamental challenges to the meaning and purposes of marriage. Four of these challenges are discussed here.

(1) Contraception. Each act of intercourse must be open to procreation, because the whole meaning of marriage is expressed in each marital act. Contraception closes off the possibility of procreation and separates the unitive and procreative meanings of marriage. This is objectively wrong and is essentially opposed to God's plan for marriage and proper human development. Deliberately separating these two meanings can damage or destroy the marriage and bring many other negative consequences, both personal and social. Natural family planning (NFP) methods enable a couple to plan their family in accord with God's design.

(2) Same-sex unions. Male-female complementarity is essential to

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday Confession 8am and Mass 8:30am

marriage. It makes possible authentic union and the generation of new life. Attempts to make same-sex unions the equivalent of marriage disregard the nature of marriage. Since marriage and same-sex unions are different realities, it is not unjust discrimination to oppose the legal recognition of same-sex unions. These unions pose a serious threat to the fabric of society that affects all people.

(3) Divorce. Marriage is meant to be a lifelong covenantal union, which divorce claims to break. Troubled couples as well as divorced persons are encouraged to rely on God's help and to use the resources of the Church for support and healing. An annulment is a possibility for some divorced persons. This is a finding by a church tribunal, or court, that no valid marriage bond was formed because the requirements for valid consent were not met at the time of the wedding.

(4) Cohabitation. Many couples live together in a sexual relationship without marriage. This is always wrong and objectively sinful because the complete gift of self can only take place within the public, permanent commitment of marriage.

Marriage as a Christian Sacrament

Although marriage remains a blessing from God, Original Sin has had grave consequences for married life. As a break with God, it ruptured the original communion between man and woman. Jesus healed this rupture when he raised marriage to the dignity of a sacrament. In marriage a man and woman become one flesh. They love each other as they love themselves and cherish each other's bodies as their own. This union is an image of Christ's love for his Church. Spouses are called to give themselves to each other as fully as Christ gave himself to his Church.

When the baptized spouses exchange their (continued on page 3)

The next Holy Hour for Women will be Sunday, July 23, at 6pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on current events in the Church. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CATHOLIC VACATION BIBLE SCHOOL



Divine Mercy: Jesus, I Trust in You!
AUGUST 21-24 (MONDAY-THURSDAY)

This CVBS is for children ages 4 years old through the completion of 8th grade. Come and experience the CVBS at the Church of St. Michael this summer.

Daily Holy Masses at 8:30am

The Filiae Laboris Mariae (Daughters of the Works of Mary) Sisters will teach in our CVBS this Summer.

Registration form is available at the entrance of the Church.

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and fun night on Wednesday, July 26, from 6:30-8:30pm at the Church of St. Michael, Pine Island. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish office! God bless you!

Mothers and Daughters are invited to join the Little Flowers Girls Club! Little Flowers is a national Catholic girls organization where girls ages 5-13 are taught how to live virtuous lives by emulating the lives of saints. We meet monthly on the second Thursday of the month at the Church of St. Michael in Pine Island. Girls have lessons, do crafts or learn hospitality skills, and have social time. If you think Little Flowers might be a fit for your daughter or for more information, please email authenticcatholicgirls@gmail.com Little Flowers Girls Club - Growing Holier One Virtue at a Time!

PRO LIFE QUOTES:

"Once we remove the principal 'thou shalt not kill' from our civil law, those on the fringes of society become extremely vulnerable. The only difference between euthanasia and abortion is geography (the nursing home as opposed to the womb) and the size of the victim." ~Msgr. William Smith, professor of moral theology



"Abortion is the ultimate exploitation of women." - Alice Paul (author of the 1923 U.S. Equal Rights Amendment)

Journey through the Catechism as a Story from Blessing to Blessing!

Applications are now being accepted for the class of St. Therese Lisieux in the Catechetical Institute's popular two-year Pillars Program beginning this fall!



- *Monday Evenings 7-9pm
- *Four 11-week modules following the *Four Pillars*
- *Two formative sessions per module
- *Live streamed at the Church of St. Michael, Pine Island

*Application deadline has been extended to August 25

Join over 3,000 graduates!

For more info: SAINTPAULSEMINARY.ORG/CI

Institute of Catholic Culture Lecture Series:

Underground and Above-Ground: Divisions among Catholics in China Today

Dr. John Lindblom considers why Catholics in China are divided, how the underground Catholic community in China in particular has suffered and survived from Chairman Mao to the present, and the challenges that face all Catholics in China today in a time of increased control by the Chinese Communist Party and government of all religious groups.

Event Details: Monday, July 24, 2023

Pre-Class Discussion: 7:30 PM EST Lecture: 8:00 PM EST

Instructor: Dr. John Lindblom

Registration required at: <https://instituteofcatholicculture.org/events/the-underground-church>

Pine Island Food Shelf: items requested for July: Drinks of all kinds during this hot season for our elders and children.

WEEKLY TITHING July 15-16, 2023

Sunday Envelopes:	\$ 2,714.00
Plate:	\$ 1,080.75
EFT:	\$ 3,692.00
Total:	\$ 7,486.75

Rachel's Vineyard: If you or someone you love is grieving the loss of a child to abortion, come and experience the healing mercy of Jesus Christ on our confidential weekend retreat. For more information, contact us at rachels@rvineyardmn.org, call or text 763.250.9313, or see rvineyardmn.org for the schedule of upcoming retreats.

WORDS TO LIVE BY:

"Whatever you do for your family, your children, your husband, your wife, you do for God. All we do, our prayers, our work, our suffering, is for Jesus." St. Mother Teresa of Calcutta

"Like the saplings of plants, the young are easily influenced, as long as someone works to teach their souls. But if they are allowed to grow hard, we know well that the possibility of one day bending them, diminishes a great deal and is sometimes utterly lost." St Joseph Calasanz

"Give only good example, to the children; never correct them, when out of humor or impatient. We must win them by an appeal to their piety and to their hearts. Soften your reprimands with kind words; encourage and reward them. That is, in short, our way of educating." St Madeleine Sophie Barat

"Have mercy, O Lord, on my children. In my children, call to mind Your Childhood, You who were a Child. Let them that are like Your Childhood be saved by Your Grace." St. Ephrem the Syrian

"Just as this child, whose example I show you, does not persist in anger, does not long remember injury suffered, is not enamored inordinately by the sight of a beautiful woman, does not think one thing and say another, so you too, unless you have similar innocence and purity of mind, will not be able to enter the Kingdom of Heaven!" St. Jerome

Daily Offering to our Heavenly Father

- by St Gertrude the Great (1256-1302)

Eternal Father, I offer Thee the most Precious Blood of Thy Divine Son, Jesus, in union with the Holy Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal Church, for those in my own home, and in my family. Amen.

Pine Island Area Home Services is seeking a part-time Program Director. Responsible for office management and overseeing day to day operations. Send resume/letter of interest to : Pine Island Area Home Services, 109 3rd Street SW, Box 566, Pine Island, MN 55963 or to piahs@bevcomm.net. For more information, call (507) 356-2999.

HOLY MASS TIMES

Wednesday, July 26, 2023

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, July 28, 2023

8:00am Confessions/8:30am Holy Mass

Saturday, July 29, 2023

4:00pm-4:50pm Confessions
5:00pm Holy Mass

Sunday, July 30, 2023

7:00am Latin Holy Mass
10:30am Holy Mass

HOLY MASS INTENTIONS

July 26, 2023	†Danilo Macansantos (T & J Meyer)
July 28, 2023	†Keith Price (Rosemary Jepson)
July 29, 2023	†Jerry Bodensteiner (Janet Shannon)
July 30, 2023	Parishioners
July 30, 2023	Timothy Schultz



CATHOLIC VACATION BIBLE SCHOOL



Divine Mercy: Jesus, I Trust in You!
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(from page 1) promises of loving and permanent fidelity before the Church, their marriage covenant becomes a participation in the unbreakable covenant between Christ and the Church. The Holy Spirit binds the spouses together and enables them to perform acts of self-giving love to the benefit of themselves, their families, and the whole Church. In this way their marriage does more than symbolize Christ's love; it makes that love present in the world. In order to imitate Christ's love for his Church, the relationship between man and woman needs healing. Their relationship is not a one-sided subjection of the wife to the husband, but a mutual subjection of husband and wife, following St. Paul's charge to 'be subordinate to one another out of reverence for Christ' (Eph 5:21).

Marriage and Family: A Communion of Love

The Christian married couple, with their children, forms an image of the Trinitarian God: Father, Son and Holy Spirit. Marriage and family life images the Trinity in two ways. First, like the Trinity, marriage is a communion of love between co-equal persons, beginning with husband and wife and extending to all the members of the family. Second, just as Trinity's love is life-giving, a married couple's love conceives and cares for children. In addition to reflecting the Trinity, the family is a microcosm of the Church. The ancient expression 'domestic church' accurately describes the family because it is a small communion of persons that draws its sustenance from the larger Church and reflects its life in unique ways. Within this domestic church, parents have a special responsibility to teach children the faith and help them to grow in virtue. The family matures as a domestic church by participating in the life and worship of the larger Church, especially Sunday Eucharist. In the Eucharist, members of the family are most fully united to Christ, to one another, and to their brothers and sisters throughout the world. Christian spouses in a mixed marriage (between a Catholic and a baptized person who is not Catholic) witness to the universality of God's love, even without sharing the Eucharist. They can make an important contribution towards Christian unity. Sometimes, Catholics marry non-Christians. These marriages are not sacramental, although the parties do commit to fidelity, permanence, and openness to children. Both types of unions face particular challenges, especially the religious upbringing of children. The Catholic party needs to take seriously the promise to maintain his or her Catholic faith and to do all in his or her power to have the children baptized and raised Catholic. Marriage is a vocation, or divine call, as necessary and valuable to the Church as other vocations. Discernment of and preparation for marriage is a process that begins early in life and continues through the engagement period. Because marriage is for the good of the Church and the entire community, the Church and the state have an obligation to help support and sustain marriage. Growth in Virtue with God's grace, couples are called to grow in holiness. A holy marriage is made up of many virtues. Fundamentally, the couple lives out the theological virtues of faith, hope and love. Love is the heart of the vocation of marriage. It calls spouses to imitate Jesus by their willingness to sacrifice themselves in everyday situations (continued on page 4)

WEEKLY TITHING July 15-16, 2023

Sunday Envelopes:	\$ 299.00
Plate:	\$ 180.00
EFT:	\$ 1,300.00
Total:	\$ 1,779.00

CCW Salad Luncheon: August 16, 2023

The Annual CCW Salad Luncheon will be on August 16, from 11:00am-1:00pm at Church of St. Paul, Zm Assorted Salads, Cheese Tray, Deviled Eggs, French Bread, Beverages, and Ice Cream Sundaes
 Take-outs available Call 732-5347



Prices: Adults- \$10.00, Children 6-12 -\$4.00, Preschool FREE
 Tickets at Church on day of Luncheon

St. Paul CCW Ladies: Pull out your favorite recipes and plan to supply a salad on August 16 for the Annual CCW Salad Luncheon. Your salad should serve 20. There is a sign-up sheet at the back of church for you to indicate what you wish to bring and when you wish to work. It takes a number of us to make this a success, so please take the time to sign up. **Thank you for your participation.**

Come and join us for Fellowship Sunday, July 30, after the 8:45am Holy Mass. Hospitality will feature a Cereal Bar! Milk and muffins will be provided, as well as gluten and lactose-free options. Bring your favorite cereal to share. *During the hospitality, there will be training on how to use the new AED (Automated External Defibrillator).

Congratulations to:

Nicholas & Ashley Nilssen on the baptism of their son Ernest Bradley Nilssen on July 15, 2023.



Pancakes in the Park! Mark your calendars and save Sunday, August 13, for pancakes in the East Park after the 8:45am Holy Mass. Let the kids play and we will visit -- no charge, just come and enjoy!

Cutest Baby Contest will take place at the Goodhue County Fair MCCL Booth (MN Citizens Concerned for Life). Submit a 4 x 6 photo with baby's name and age (under two years) to: Cutest Baby Contest, 37298 180th Ave, Goodhue, MN 55027 by August 2, 2023. Please include parents' contact info: name, address, and phone number. Stop by the booth to cast your vote!

Natural Family Planning (NFP) Classes teach couples the Church approved methods on how to achieve or postpone pregnancy while remaining in God's Will for the gift of sexuality. For a complete list of classes offered throughout the Archdiocese, visit <https://www.archspm.org/marriage/natural-family-planning-nfp/> or call 651-291-4489

HOLY MASS TIMES

Tuesday, July 25, 2023

8:00am Confessions/8:30am Holy Mass
 9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, July 27, 2023

8:00am Confessions/8:30am Holy Mass

Sunday, July 30, 2023

8:20am Rosary/8:25am Confessions
 8:45am Holy Mass

HOLY MASS INTENTIONS

July 25, 2023 Daniel Robertson
July 27, 2023 Maria Nguyen
July 30, 2023 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) for each other and their children. Couples must also grow in the moral virtues of prudence, justice, fortitude, and temperance.

Two virtues that are sometimes overlooked are chastity and gratitude. Marital chastity means that the couple's love is total, faithful, exclusive and open to life. It protects a great good: the communion of persons and the procreative purpose of marriage. Marriage is a school of gratitude, in which husband and wife are thankful for the gift of each other. They express their joyous gratitude in giving themselves completely to each other. Their gratitude leads them to be open to children and to be generous towards others. Growth in virtue is a lifelong journey, in which the spouses become more like Christ so that they can more perfectly love each other as Christ loves his Church.

The Eucharist

In the Eucharist, Catholic couples meet Christ, the source of their marriage. This encounter moves them to reach out in love to the broader Church and to the world. The Eucharist nourishes the virtue of marital hospitality and helps the couple to recognize God's image in others. His hospitality builds up the Church and makes it a stronger witness to Christ's love in the world.

A marriage that is truly in Christ is a sign of the Kingdom that is coming. At the end of time, at the celebration of the heavenly wedding banquet, the love to which the spouses have been called will find its completion when the entire Church is assumed into the glory of the risen Christ."

Through the intercession of the Holy Family of Jesus, Mary, and Joseph, and our patrons, St. Michael and St. Paul, may God bless all of our families!

In Christ through Mary,
Fr. Kasel








Marriage: One Flesh, Given and Received, July 23-29 Celebrate and reverence: God's vision of human sexuality

The dates of Natural Family Planning Awareness Week highlight the anniversary of the papal encyclical *Humanae Vitae* (July 25) which articulates Catholic beliefs about human sexuality, conjugal love, and responsible parenthood. The dates also mark the feast of Saints Joachim and Anne (July 26), the parents of the Blessed Mother. Pope Francis has designated that feast as World Grandparents Day, a fitting commemoration during National NFP Awareness Week! For further information, contact nfp@uscceb.org.

Couple to Couple League is dedicated to promote and teach fertility awareness (natural family planning) to married and engaged couples for over 50 years. **Fertility Science Institute** is a method-neutral outreach, going beyond Catholic couples and teaches fertility awareness to all faiths, single women, and even offers programs for families. They offer the following: Natural family Planning, Sympto-Thermal Method, Taught by couples to couples, Live On-line or Onside or Self Paced. For more info, visit: www.CCLI.org

Missionary Co-operation Collection August 5-6:

Our parishes will host a guest priest the weekend of August 5-6, who will present a mission appeal for the Congregation of the Holy Spirit, serving in Nigeria. Their mission is to provide workers for the Church, especially in those places where the Church finds it difficult to get missionaries. Providing education and schools for the poor and the less privileged is a highpoint of their mission. This appeal provides the opportunity for parishioners to share in this challenging mission in Nigeria. Please welcome the guest priest, Fr. Ayo Ayeni, and prayerfully consider contributing financially.

 <p>Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota 732-5910</p>	<p>ZUMBROTA MINI STORAGE Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota 507-696-4406</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>Steve Johnson's ZUMBROTA Ford Hwy 52 & 58 in Zumbrota 507-732-5127 Home: 651-460-6706</p>	 <p>Foot Care Service 507-269-7827 3708 Broadway Ave N, Suite 130, Rochester, MN 55906 footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN, CNP, CFCSS Certified Foot Care Specialist <i>Helping YOU live well with YOUR feet!</i></p>
 <p>TOM & SCOTT SHANE Commercial & Industrial 507-824-2191</p>	<p>Gadient Garage Doors Doors & Openers Sales Service & Repair Exceptional Customer Service GadientGarageDoors.com</p>  <p>651-388-0550 "When You Expect the Very Best" Teresa & Todd Gadient</p>	<p>Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com</p> 	<p>HEMANN, GROVER & Company Ltd. Certified Public Accountants <i>"Building & managing wealth for your business & family"</i> Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800</p>	<p>Owen Locker Plant</p>  <p>110 2nd St. NE Pine Island, MN 55963 507-356-8612</p>
<p>Knollwood Apartments Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448</p>				
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>	<p>Church of St. Michael Cemetery For Plot Information Call the Parish Office 507-356-4280</p>	<p>Church of St. Paul Cemetery For Plot Information Call the Parish Office 507-732-5324</p> <p><i>"Remember To Pray For Our Beloved Departed."</i></p>	