

March 9, 2025 First Sunday of Lent

Welcome to the Churches of

St. Paul &  
St. Michael



**Father Randal Kasel, Pastor** frkasel@bevcomm.net  
*Josefina Meyer & Sara McNamara, Staff*  
**CHURCH OF ST. PAUL** 749 South Main St., Zumbrota, MN 55992  
**Office:** 732-5324 **Fax:** (507) 732-5347 **Email:** stpauls@hcinet.net  
**OFFICE HOURS:** Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon  
**CHURCH OF ST. MICHAEL** 451 5th St. SW, Pine Island, MN 55963  
**Office:** 356-4280 **Fax:** (507)356-2080 **Email:** stmichaeloffice@bevcomm.net  
**OFFICE HOURS:** Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon  
**Website:** <http://www.stpaulstmichael.com>  
**BULLETIN ARTICLE DEADLINE** All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

*From Father Kasel*

Praised be Jesus Christ through Mary!  
Dear Brothers and Sisters in Christ Jesus,  
This month of March is dedicated to growing in devotion to the great St. Joseph (Solemnity celebrated on March 19). I share with you the Litany of St. Joseph that we grow in devotion to this great saint!

**Litany of St. Joseph**

Lord, have mercy. *Lord, have mercy.*  
Christ, have mercy. *Christ, have mercy.*  
Lord, have mercy. *Lord, have mercy.*  
Christ, hear us. *Christ, graciously hear us.*  
God, the Father of Heaven, *have mercy on us.*  
God the Son, Redeemer of the world, *have mercy on us.*  
God the Holy Spirit, *have mercy on us.*  
Holy Trinity, One God, *have mercy on us.*  
Holy Mary, *pray for us* (after each line)  
Saint Joseph, *pray for us* (after each line)  
Renowned offspring of David,  
Light of Patriarchs,  
Spouse of the Mother of God,  
Chaste guardian of the Virgin,  
Foster-father of the Son of God,  
Diligent protector of Christ,  
Head of the Holy Family,  
Joseph most just,  
Joseph most chaste,  
Joseph most prudent,  
Joseph most strong,  
Joseph most obedient,  
Joseph most faithful,  
Mirror of patience,  
Lover of poverty,  
Model of artisans,  
Glory of home life,  
Guardian of virgins,  
Pillar of families,  
Solace of the wretched, Hope of the sick,  
Patron of the dying,  
Terror of demons,  
Protector of Holy Church,  
Lamb of God, who takes away the sins of the world,  
*Spare us, O Lord.*  
Lamb of God, who takes away the sins of the world,  
*Graciously hear us, O Lord.*  
Lamb of God, who takes away the sins of the world,  
*Have mercy on us.*  
V. He made him the lord of His house:

*We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!*

**SACRAMENTS**

**Confession** - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

**Baptism** - Please contact the parish office.

**Matrimony** - Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick** - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

**WEEKEND HOLY MASS SCHEDULE:**

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

**Church of Saint Michael - Sunday** Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

**WEEKDAY HOLY MASS SCHEDULE**

**Church of Saint Paul - Tuesday and Thursday**

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

**Church of Saint Michael - Wednesday and Friday**

Confession 8am and Mass 8:30am

R. And ruler of all His substance.

Let us pray: O God, who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thine own most holy Mother: grant, we beseech Thee, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth: who livest and reignest world without end. Amen.

Through the intercession of Mary, the Mother of God, St. Joseph and our patrons, St. Michael and St. Paul, may God bless you, your families and our parishes!

In Christ through Mary,  
Fr. Kasel

**The Church of St. Michael Men's Club Fish Fries**

Serving each Friday of Lent from 4:30-7:00pm

March 14, 21, 28, April 4, & 11



**STATIONS OF THE CROSS AT CHURCH OF ST. PAUL**

Each Tuesday of Lent at 5:30pm

**STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL**

Each Friday of Lent at 7:30pm



*Church of St. Paul St. Patrick's Ham Dinner*

**and Silent Auction on Sunday, March 16, 2025**

from 10:30am-1:00pm at VFW, Zumbrota. Details on page 3.



The next **Holy Hour for Men** will be held Sunday, March 9, at 6:30pm at the Church of St. Michael. Fr. Kasel will give a talk on: *What does the Catholic Church teach on Salvation?* All men are invited!

# CHURCH OF SAINT MICHAEL NEWS

## CHURCH OF St. Michael FAITH FORMATION:

The next **Faith Formation session** will be on Wednesday, **April 2**, at the Church of St. Michael, Pine Island.

**Topics for April:** *The Sins of Man & The New Life in the Spirit (PreK-Grade 3); The Sacrament of Matrimony & The Sins of Human Beings (Grades 4-6); & The Moral Life of Christians & The Perfection of Christian Love (Confirmation 1, 2, & Adults)*

### Below is the schedule:

6:00-6:30pm - Meal  
6:35-7:25pm - Children Class/Parent & Adult Session  
7:30-7:45pm - Adoration in Church

**Save the dates! St. Michael Homeschool Co-op for Spring, 2025:** The Church of St. Michael is offering an opportunity for children ages 3-14 to participate in a Homeschool Co-op on five (5) Fridays: April 25 and May 2, 9, 16, and 23. More details will be available soon. Contact the Office at 507-356-4280 or [stmichaeloffice@bevecomm.net](mailto:stmichaeloffice@bevecomm.net).

**Youth Group Event!** All Youth, Grades 7-12, are invited for a prayer, food, and game night Wednesday, **March 26**, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

## WORDS TO LIVE BY:

“Daughter, when you go to Confession, to this Fountain of My Mercy, the Blood and Water which came forth from My Heart always flows down upon your soul and ennobles it. Every time you go to Confession, immerse yourself in My Mercy, with great trust, so that I may pour the bounty of My Grace upon your soul. When you approach the confessional, know this, that I Myself am waiting there for you. I am only hidden by the priest, but I Myself act in your soul. Here the misery of the soul meets the God of Mercy. Tell souls that from this Fount of Mercy souls draw Graces solely with the vessel of trust. If their trust is great, there is no limit to My generosity.” *Jesus to St. Faustina (Diary of St. Faustina: Divine Mercy in My Soul)*  
“Go to your confessor; open your heart to him; display to him all the recesses of your soul; take the advice that he will give you with the utmost humility and simplicity. For God, Who has an infinite love for obedience, frequently renders profitable the counsels we take from others, but especially from those who are the guides of our souls.” *St. Francis de Sales*

“You revealed your past wounds - full of pus - in Confession. And the priest dealt with your soul like a good doctor, like a conscientious doctor. He made an incision where he had to, and would not let the wound heal over until everything had been cleaned out. Be grateful.” *St. Josemaría Escrivá*

“Doing penance for one’s sins is a first step towards obtaining forgiveness and winning Eternal salvation. That is the clear and explicit teaching of Christ, and no one can fail to see how justified and how right the Catholic Church has always been in constantly insisting on this. She is the spokesman for her Divine Redeemer. No individual Christian can grow in perfection, nor can Christianity gain in vigor, except it be on the basis of penance.” *St. John XXIII*  
“In the life of the body a man is sometimes sick, and unless he takes medicine, he will die. Even so in the spiritual life a man is sick on account of sin. For that reason he needs Medicine so that he may be restored to health; and this Grace is bestowed in the Sacrament of Penance.” *St Thomas Aquinas*

**Catholic Authors Book Study:** Calling all bookworms! Join the Catholic Authors Book Study. We rotate between spiritual books, literature and writings of Doctors of the Church. On Tuesday, March 18, we will begin discussing *A Spiritual Psalter* or *Reflections on God*, by Doctor of the Church, St. Ephraim the Syrian. We meet every 2-3 weeks, usually on Tuesdays from 7 - 8:30 pm in Rochester. *Join us!* See <https://archspm.groupvitals.com/groupfinder/profile/72459> or contact the parish office.

## WEEKLY TITHING MARCH 1-2, 2025

Sunday Envelopes:	\$ 2,770.00
Plate:	\$ 1,260.00
EFT:	\$ 2,995.00
<b>Total:</b>	<b>\$ 7,025.00</b>

## COME AND JOIN US!



### The Church of St. Michael Men’s Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

(March 14, 21, 28, April 4 & 11)

\*\*\*Both baked & fried fish will be offered!\*\*\*

Take out Available!

**Prices:** Adults \$15.00, Children 5-12 \$6.00, Family maximum \$45.00  
Hosted by: The Church of St. Michael Men’s Club

**STATIONS OF THE CROSS** Each Friday of Lent at 7:30pm



## St. Joseph's Altar - Sunday, March 9:

You are invited to the annual St. Joseph's Altar and hospitality on Sunday, March 9, after the 10:30am Holy Mass to celebrate the patronage of St. Joseph. St. Joseph Altar and hospitality will be hosted by the Little Flowers Girls. The St. Joseph's Altar is a tradition in the Catholic Church to honor St. Joseph and his kind intercession with our Blessed Mother before our Lord Jesus. Come and honor the great St. Joseph in this very special way!

## Congratulations to:

*Steven & Katie Holmstadt* on the baptism of their daughter *Calista Rose Holmstadt* on February 16, 2025 at St. Michael.



## Institute of Catholic Culture Lecture Series:

### DRAWN INTO THE WILDERNESS:

*St. John Climacus' The Ladder of Divine Ascent*

Event Description: In the 7th century, St. John of Mt. Sinai wrote a practical and theoretical synthesis of desert spirituality. His work became foundational for monasticism and remains essential Lenten reading in Eastern Christian tradition. This three-part series will explore St. John's teachings on the spirituality of the wilderness and how modern Christians can embrace these timeless principles amidst the busyness of contemporary life.

**Details:** Thursdays, March 13 & 27, & April 10

Pre-Class Discussion: 7:30pm EST Lecture: 8:00pm EST

Instructor: Kyle Washut, S.T.L., S.T.M.

Registration is required. Visit to register: <https://instituteofcatholicculture.org/events/rawn-into-the-wilderness>

**Pine Island Food Shelf:** items requested for **March:**

Baking Items: baking soda or powder, cornstarch, spices, etc

## HOLY MASS TIMES

### Wednesday, March 12, 2025

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

### Friday, March 14, 2025

8:00am Confessions/8:30am

### Saturday, March 15, 2025

4:00pm-4:50pm Confessions

5:00pm Holy Mass

### Sunday, March 16, 2025

7:00am Latin Holy Mass

10:30am Holy Mass

## HOLY MASS INTENTIONS



**March 12, 2025**

Malachy Ocariz (Carolyn Ocariz)

**March 14, 2025**

†Corey Boettcher (Paul & Mary Sutton)

**March 15, 2025**

†Ted Kasel (Joan Krause)

**March 16, 2025**

Parishioners

**March 16, 2025**

Elidia Servin Bautista (Shawn Hernandez)

# CHURCH OF SAINT PAUL NEWS

## CHURCH OF St. Paul FAITH FORMATION:

The next **Faith Formation session** will be on Wednesday, **April 2**, at the Church of St. Michael, Pine Island.

**Topics for April:** *The Sins of Man & The New Life in the Spirit (PreK-Grade 3); The Sacrament of Matrimony & The Sins of Human Beings (Grades 4-6); & The Moral Life of Christians & The Perfection of Christian Love (Confirmation 1, 2, & Adults)*

### Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Adoration in Church

## WEEKLY TITHING March 2, 2025

Sunday Envelopes:	\$ 2,795.00
Plate:	\$ 162.35
EFT:	\$ 1,415.00
<b>Total:</b>	<b>\$ 4,372.35</b>

## 54th Annual St. Patrick's Ham Dinner and SILENT AUCTION

at Zumbrota VFW on Sunday, March 16

10:30 AM to 1:00 PM

Available for Dine-In & Take Out

Prices: Adults -- \$16.00 Children 6-12--\$6.00,

Under 6 -- free



Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at [stpauls@hcinet.net](mailto:stpauls@hcinet.net) or call the parish office at 732-5324 to sign up.

**Desserts** can be dropped off on Saturday, March 15, at the Church of St. Paul, from 10am-3pm or Sunday, March 16, at the VFW from 7:00-9:00am. Table set up & dining hall preparation is on Saturday, March 15, at 2pm at VFW. All are welcome to join us!

*If you have any questions, contact the Ham Dinner committee members: Steve & Mary Kingsbury, Mark & Donna Huneke, and Fr. Kasel. Thank you in advance for your willingness to make this endeavor a success!*

## Stations of the Cross at the Church of St. Paul:

Each Tuesday of Lent at 5:30pm



**Go To Joseph!** "Go, then to Joseph, and do all that he shall say to you; Go to Joseph, and obey him as Jesus and Mary obeyed him; Go to Joseph, and speak to him as they spoke to him; Go to Joseph, and consult him as they consulted him; Go to Joseph, and honor him as they honored him; Go to Joseph, and be grateful to him as they were grateful to him; Go to Joseph, and love him, as they love him still." *St. Alphonsus Liguori*

**Women are invited to a Miles Christi Silent Retreat**, at the Franciscan Retreat Center on March 21-23, 2025 at Prior Lake, MN. Spend a peaceful weekend with our Lord in silence, contemplation, and prayer with the Spiritual Exercises of St. Ignatius of Loyola. For more retreat dates, locations and registration visit [mileschristi.org/spiritual-exercises](http://mileschristi.org/spiritual-exercises) or call 248-596-9677.

## Catholic Services Appeal for 2025: *Giving is Faith in Action!*

It is such a great reminder of what the Lord has done and calls us to do. Your continued generosity to the Catholic Services Appeal and your faith in our ministries are proof that by offering the Lord what we can, He will provide what we need. The way the Lord gave of Himself for us is a great reminder that we are united as one Church that when we come together and support our ministries we can do so much good. Each of us has benefited from our ministries.

**GIVE ON-LINE:** <https://www.archspm.org/catholic-services-appeal>

## HOLY MASS TIMES

### Tuesday, March 11, 2025

8:00am Confessions/8:30am

9:00am-5:00pm Adoration of the Blessed Sacrament

### Thursday, March 13, 2025

8:00am Confessions/8:30am Holy Mass

### Sunday, March 16, 2025

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

## HOLY MASS INTENTIONS

March 11, 2025 †Mike Bissen

March 13, 2025 †Jodi Yates (Dawn Udenberg)

March 16, 2025 Parishioners



## Baskets/Items for St. Patrick's Ham Dinner SILENT AUCTION

Calling all parishioners! We are looking for silent auction baskets and items for this fundraiser held during **St. Patrick's Ham Dinner**. Any type of themed basket or items - including religious items, gift cards/certificates, homemade or purchased items will be appreciated! If you have any questions, contact Josefina or Sara in the parish office. Please drop off any items at the office. **Thank you in advance for your generosity!**



**Please pray** for the repose of the soul of Socorro Budensiek, a parishioner, who passed away on March 1. *'Eternal rest grant unto her, O Lord; and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*

## The Gold of Prayer

"Prayer and converse with God is a supreme good: it is a partnership and union with God. As the eyes of the body are enlightened when they see light, so our spirit, when it is intent on God, is illumined by His Infinite Light. I do not mean the prayer of outward observance but prayer from the heart, not confined to fixed times or periods, but continuous throughout the day and night.

Our spirit should be quick to reach out toward God not only when it is engaged in meditation; at other times also, when it is carrying out its duties, caring for the needy, performing works of charity, giving generously in the service of others, our spirit should long for God, and call Him to mind, so that these works may be seasoned with the salt of God's Love, and so make a palatable offering to the Lord of the universe. Throughout the whole of our lives we may enjoy the benefit that comes from prayer if we devote a great deal of time to it.

Prayer is the light of the spirit, true knowledge of God, mediating between God and man. The spirit, raised up to Heaven by prayer, clings to God with the utmost tenderness; like a child crying tearfully for its mother, it craves the milk that God provides. It seeks the satisfaction of its own desires, and receives gifts outweighing the whole world of nature.

Prayer stands before God as an honored ambassador. It gives joy to the spirit, peace to the heart. I speak of prayer, not words. It is the longing for God, love too deep for words, a gift not given by man but by God's Grace. The Apostle Paul says: *We do not know how we are to pray but the Spirit Himself pleads for us with inexpressible longings.*

When the Lord gives this kind of prayer to someone; He gives him riches that cannot be taken away, Heavenly Food that satisfies the spirit. One who tastes this Food is set on fire with an eternal longing for the Lord: his spirit burns as in a fire of the utmost intensity. Practice prayer from the beginning. Paint your house with the colors of modesty and humility. Make it radiant with the light of justice. Decorate it with the finest gold leaf of good deeds. Adorn it with the walls and stones of Faith and generosity. Crown it with the pinnacle of prayer. In this way you will make it a perfect dwelling place for the Lord. You will be able to receive Him as in a splendid palace, and through His Grace you will already possess Him, His Image enthroned in the temple of your spirit." (From a homily by Saint John Chrysostom, Bishop)

# NEWS FROM SAINT MICHAEL AND SAINT PAUL

**2025 Men's Conference: Men of Christ – Strengthened by His Real Presence** on Saturday, March 22, 8:00am-12:30pm, at the Church of the Epiphany, Coon Rapids (1900 111th Ave NW, Coon Rapids, MN 55433). This year's Catholic Watchmen Conference will begin with Mass with Archbishop Hebda and Bishop Kenney at 8:00am. Dr. Edward Sri will be the keynote speaker. Find more information and registration at [archspm.org/2025-mens-conference-men-of-christ-strengthened-by-his-real-presence](https://www.archspm.org/2025-mens-conference-men-of-christ-strengthened-by-his-real-presence).

**Jubilee Year Pilgrimage to Rome with Bishop Barron:** Bishop Barron invites young adults (ages 18-39) to join him from July 28-August 4 in Rome, Italy, for the canonization of Blessed Pier Giorgio Frassati and a special jubilee year pilgrimage. The cost is \$3,599.00/person, double occupancy (airfare not included). To register and for more information, please visit <https://www.ctscentral.net/travel-tours/diocese-of-winona-rochester-jubilee-of-young-people-pilgrimage>. A first deposit of \$1,000 is needed by March 17. April 29 is the official final date to register (full balance is due). For questions, contact Zach Rawson in the Youth Ministry & Faith Formation Office, *Diocese of Winona-Rochester*

**Catholic Healthcare Professionals are invited to CURATIO's Lenten Retreat: God Alone Heals!** Saturday, March 15, from 8:00am to 1:15pm at Epiphany Catholic Church in Coon Rapids, MN. (Includes light continental breakfast & catered lunch.) Starting with Mass, enjoy a dynamic talk by Deacon Patrick Spencer FNP, who worked a long medical career in the US Airforce and now works for AALFA pro-life Christian Clinic. Experience Stations of the Cross designed for Healthcare, Q&A session, lunch, and time for fellowship. Register by March 7. \$59/person. Complimentary tickets for religious & healthcare students: contact [CuratioEvent@gmail.com](mailto:CuratioEvent@gmail.com). Register online at: <https://www.wesharegiving.org/App/Form/5c346219-ee9b-4b0c-b450-7baf1aa35555>

## Kitui Living Water Program- Lent 2025

*Give change... change lives*

Here we are at another season of Lent! Water bottles are again available to support our brothers and sisters in Kitui, Kenya through the Partnership of Kitui program. The people in the vicinity of Kitui regularly experience rain and water shortages. This collection is a way for us to help them! Questions regarding the Kitui Partnership may be directed to the parish office. Thank you, ahead of time, for any contributions you are able to make!



**Easter Flower Donations:** Help to beautify our sanctuary and remember a loved one through a contribution for Easter Flowers! There is an envelope contribution packet for Easter flowers. The suggested donation is \$13. Please consider making a donation and put it in the Sunday collection or return to the office by Sunday, April 13. Thank you!

### PRO-LIFE QUOTE:

"For you deal here above all with human life, and human life is sacred; no one may dare make an attempt upon it. Respect for life, even with regard to the great problem of the birth rate, must find here in your Assembly its highest affirmation and its most rational defence. Your task is to ensure that there is enough bread on the tables of mankind, and not to encourage an artificial control of births, which would be irrational, in order to diminish the number of guests at the banquet of life." Pope John Paul II to the UN General Assembly, Oct. 4, 1965 "Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person – among which is the inviolable right of every innocent being to life." *Catechism of the Catholic Church 2270*

 <p>Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota 732-5910</p>	<p><b>ZUMBROTA MINI STORAGE</b></p> <p>LIGHTING—PAVED 24 HOUR ACCESS</p> <p><b>507-696-4406</b></p>	 <p><b>Hub Food Center</b> 228 West Ave. Zumbrota 507-732-7329 <a href="https://www.nilssensfoods.com">https://www.nilssensfoods.com</a></p>	<p><b>MAXON FAMILY</b> Parishioner</p>  <p><b>Cremation &amp; Life Celebrations</b> 1624 37th Street NW, Rochester, MN 55901</p>
 <p><b>Pork &amp; Plants Heritage Farm</b> ERIC KREIDERMACHER &amp; FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken*</p> <p>*no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals. <b>Pickup and limited delivery available (507) 458-2175</b> Email: <a href="mailto:eric@porkandplants.com">eric@porkandplants.com</a> <a href="http://www.porkandplants.com">www.porkandplants.com</a> "Healthy Land, Healthy Meat, Healthy Families"</p>	<p><b>Mahn Family</b> Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 <a href="http://mahnfamilyfuneralhome.com">mahnfamilyfuneralhome.com</a></p>	<p><b>QUARRY HILL FAMILY DENTAL</b> DR. MOLLY JARRETT PARISHIONER Mondays 7am-5pm, Tuesdays 8am-5pm, Wednesdays 7am-5pm, Thursdays 1-7pm <b>507-216-9891</b> 828 11th Ave NE, Rochester, MN <a href="http://www.quarryhillfamilydental.com">www.quarryhillfamilydental.com</a></p>	
 <p><b>Foot Care Service</b> 507-269-7827 3708 Broadway Ave N, Suite 130, Rochester, MN 55906</p> <p><a href="mailto:footcareprofessionalsllc@gmail.com">footcareprofessionalsllc@gmail.com</a> Care provided by Sheila Buehler, APRN, CNP, CFCSS Certified Foot Care Specialist Helping YOU live well with YOUR feet!</p>	<p><b>Owen Locker Plant</b></p>  <p>110 2nd St. NE Pine Island, MN 55963 <b>507-356-8612</b></p>	 <p><b>Reliable</b> HEATING &amp; COOLING <b>507-732-4777</b> 24 Hr. Emergency Service</p> <p>Residential &amp; Light Commercial Serving Zumbrota &amp; Surrounding Communities</p>	<p>Comfortable, Convenient Dental Care for the Entire Family!</p>  <p><b>QUARRY HILL</b> FAMILY DENTAL</p>
<p><b>Safe Environment:</b> The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p><b>Parish Safe Environment Coordinator:</b> Sara McNamara St. Michael: 507-356-4280 <a href="mailto:stmichaeloffice@bevcomm.net">stmichaeloffice@bevcomm.net</a> St. Paul: 507-732-5324 <a href="mailto:stpauls@hcinet.net">stpauls@hcinet.net</a></p> <p><b>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:</b> (651) 291-4475</p>	<p><b>For Plot Information</b> Call the Parish Office <b>Church of St. Michael Cemetery</b> 507-356-4280 <b>Church of St. Paul Cemetery</b> 507-732-5324 <i>"Remember To Pray For Our Beloved Departed."</i></p>	<p><b>ST. PIO KNIGHTS OF COLUMBUS</b> COUNCIL 16016</p>  <p><b>JOIN US</b> Brother Knights of our Council invite you to join us. Contact the Parish Office visit: <a href="http://www.kofc.org/join">www.kofc.org/join</a></p>