

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net

OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507)356-2080 Email: stmichaeloffice@bevcomm.net

OFFICE HOURS: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

St. Paul & St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday Confession 8am and Mass 8:30am

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

Congratulations to all our graduating Seniors! Let us keep all of our youth in our prayers!

The month of May is dedicated to increased devotion to the Blessed Virgin Mary. Let us ask Jesus and St. Joseph to teach us to practice great love for the Immaculate Heart of Mary! :

This Sunday we celebrate the Mystery of the Ascension of our Lord into Heaven. This week I share with you a meditation on the Ascension of our Lord. I encourage you to reflect over this message a few times this week:

“Jesus awaits us in Heaven - Christ’s glorious exaltation culminates in the Ascension: According to the Gospel of St. Luke, the last gesture of our Lord on earth was to give a blessing (Luke 24:51). The Eleven had gone, as Jesus had told them to, from Galilee to the Mount of Olives near Jerusalem. On seeing the Risen Christ once more they fell down before Him as their Master and their God and *worshipped Him* (cf Matthew 28:17). Now they are much more conscious of what they had for some time believed in their hearts and confessed with their lips: that their Master was the Messiah (Matthew 16:18). They were delighted and full of joy at having their Lord and their God so near. After the forty days spent in His company, they could be witnesses to what they had seen and heard. The Holy Spirit would confirm in them the teachings of Jesus and would lead them to the complete Truth.

The Master spoke to them as only God could: *Jesus came and said to them, ‘All authority in Heaven and on earth has been given to Me’* (Matthew 28:18). Jesus confirmed the Faith of those who worshipped Him and taught them that the power they were to receive was a sharing in His own Divine Power. The power to forgive sins, and to bring about a rebirth through Baptism is the power of Christ Himself, given now to His Church. The mission of the Church is to continue always the work of Christ, to teach men Divine Truths and make known the demands these Truths impose, to help men follow God’s way through the grace of the sacraments.

He said to them... ‘You shall receive power when the Holy Spirit has come upon you; and you shall be My witnesses in Jerusalem and in all Judaea and Samaria and to the ends of the earth’. And when He said this, as they were looking on, He was lifted up, and a cloud took Him out of their sight (Acts 1:7-9). Thus does St. Luke describe for us the Ascension in the Acts of the Apostles.

He withdrew from their sight little by little. The Apostles remained for a long while, looking up as Jesus ascended majestically *until a cloud took Him out of their sight.* It was the cloud that signifies the presence of God (cf Exodus 13:22; Luke 9:34 ff). In St. John Chrysostom’s words: *It was a sign that Jesus had entered Heaven* (St. John Chrysostom, Homilies on the Acts of the Apostles, 2).

Jesus’ life on earth finished not with His death on the Cross but with His Ascension into Heaven. It is the last of the mysteries of His life here on earth. It is a redemptive mystery which together with His Passion, Death and Resurrection make up the Paschal Mystery. It was fitting that those who saw Christ die amid insults, scoffing and mock-

ery on the Cross should see Him now exalted. They see fulfilled now the words Jesus had one day spoken to them: *I am ascending to my Father and your Father, to my God and your God* (John 20:17). And again: *Now I am no more in the world, but they are in the world, and I am coming to Thee* (John 17:11).

We meditate on the Ascension of our Lord into Heaven in the second Glorious Mystery of the Rosary. In the words of the Founder of Opus Dei: *Jesus has gone to the Father. Two Angels in white approach us and say, Men of Galilee, why do you stand looking up to Heaven?* (Acts 1:11) *Peter and the others go back to Jerusalem - ‘cum gaudio magno’ – with great joy* (Luke 24:52). *It is fitting that the Sacred Humanity of Christ should receive the homage, praise and adoration of all the hierarchies of the Angels and of all the legions of the Blessed in Heaven* (St. Jose Escriva, *Holy Rosary*, Second Glorious Mystery).

His Ascension strengthens and nourishes our desire for Heaven. The hope of Heaven should be fostered: In a sermon to commemorate today’s solemnity, St. Leo the Great said: *Today we are not only made possessors of Paradise but with Christ we have ascended, mystically but also really, to the highest Heavens and have won through Christ a grace more wonderful than the one we had lost* (St. Gregory the Great, *Homily I on the Ascension*).

The Ascension strengthens and nourishes our (continued on page 3)

May 30, 2022 Memorial Day Holy Mass times

8:30am at St. Michael, Pine Island

Prayers and the American Legion Honor Guard will honor the veterans and all other occupants at the St. Michael Cemetery at 9:30am.

11:30am at St. Rose, Cherry Grove Township, with prayers in the cemetery following

The next **Holy Hour for Men** will be on Sunday, June 12, at 6:30pm at the Church of St. Michael. All men are invited!



CHURCH OF SAINT MICHAEL NEWS

MARK YOUR CALENDAR!
CATHOLIC VACATION BIBLE SCHOOL
AUGUST 8-12, 2022 8:30am-12:00noon
at the Church of St. Michael, Pine Island

WEEKLY TITHING May 21-22, 2022

Sunday Envelopes:	\$ 4,635.00
Plate:	\$ 1,627.00
EFT:	\$ 747.50
Total:	\$ 7,009.50

Conversing with our Lord

St. Teresa of Avila said, "Mental prayer in my opinion is nothing else than an intimate sharing between friends; it means taking time frequently to be alone with Him who we know loves us."

The A-R-R-R Prayer method is a guide to opening one's heart to our good Lord. It can be used throughout the day, and in a variety of circumstances. This method is also beneficial as part of other prayer methods, such as Lectio Divina, Ignatian Contemplation or a simple dialogue prayer with our Lord. The "A-R-R-R" stands for different movements within the prayer:

Acknowledge, Relate, Receive, Respond.

Acknowledge

Openly and honestly, acknowledge to yourself and to God what is happening inside yourself. What are you experiencing in your thoughts, feelings and desires? What is moving in your heart? Example in our Blessed Mother, Mary: *At the Annunciation, the Virgin Mary was 'troubled' at the words of the Archangel and pondered what the words meant.*

Relate

Bring what you are experiencing into your relationship with our good Lord Jesus by relating your experience to Him. Speak or share with Him from your heart.

Example in our Blessed Mother, Mary: *At the Annunciation Mary asked, 'How can this be?'*

Receive

After sharing, listen to what God is offering you in the movements of your heart. With trust and an open heart, receive His inspirations, presence and the constancy of His Love.

Example in our Blessed Mother, Mary: *'The Holy Spirit will come upon you.'*

Respond

The Graces offered by our good Lord will naturally move your heart and your will to respond to His Grace. Most often your response toward our Lord will be gratitude, joy and a renewed heart.

Example in our Blessed Mother, Mary: *Mary's fiat, 'May it be done unto me according to your word.'*

AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus? Consider coming to Holy Mass on weekdays! Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes.

Come to sanctify your weekdays with Jesus - He is waiting for you!



PRO LIFE QUOTE

"As a gift to humanity, which sometimes seems bewildered and overwhelmed by the power of evil, selfishness, and fear, the Risen Lord offers His love that pardons, reconciles, and reopens hearts to love. It is a love that converts hearts and gives peace. How much the world needs to understand and accept Divine Mercy! Lord, who reveals the Father's love by Your death and Resurrection, we believe in You and confidently repeat to You today: Jesus, I trust in You, have mercy upon us and upon the whole world." --John Paul II, *Regina Caeli* prepared for Divine Mercy Sunday, April 3, 2005.

"Some people argue that changing laws will not eliminate abortions. It is certainly true that a change of heart is more important than a change of law. What is forgotten, however, is that the law is the great teacher. Children grow up believing that if a practice is legal, it must be moral." --John Cardinal O'Connor

Pine Island Food Shelf: items requested for June: Drinks: variety sizes, juice boxes, teas, coffees, waters

Congratulations to:

Matthew & Abbie Guenther on the baptism of their daughter, Madeline Louise Guenther, on May 22, 2022 at St. Michael, Pine Island.



WORDS TO LIVE BY:

"Out of compassion for us He descended from Heaven and although He ascended alone, we also ascend, because we are in Him by Grace." St. Augustine.

"As the prophet says, *Ascending on high He led captivity captive; He gave gifts to men.* The undoubted meaning of these words is this: that since the devil led the human race captive, our Lord, by wresting it from him, took it captive Himself, and as the prophet tells us, led that very captivity to the heights of Heaven. Both captivities do indeed bear the same name, but they differ one from the other. The devil's captivity means enslavement; Christ's, on the contrary, means restoration to freedom." St. Maximus of Turin

"Moses brought out of Egypt a timid nation, and in the space of forty years trained it to be full of valor for the task of conquering the promised land; Christ in forty days trains His Apostles to be bold and patient instead of cowards. *They mourned and wept* at the beginning of the season, but at the end they are full of courage for the good fight; their spirits mount high with their Lord, and when He is received out of their sight, and their own trial begins, *they return to Jerusalem with great joy, and are continually in the temple, praising and blessing God.*" St. John Henry Newman

"We are of such value to God that He came to live among us... and to guide us home. He will go to any length to seek us, even to being lifted high upon the Cross to draw us back to Himself. We can only respond by loving God for His love." St. Catherine of Siena

"In the moment of temptation think of the Love that awaits you in Heaven: foster the Virtue of Hope." St. Jose Maria Escriva

"Let us have Charity and Humility, and give alms, for almsgiving cleanses our souls from the filth of sin. At death we lose all that we have in this world, but we take with us Charity and the alms deeds we have done, and for these we shall receive a great reward from God." St. Francis of Assisi

"Let us sing Alleluia here on earth, while we still live in anxiety, so that we may sing it one day in Heaven in full security." St. Augustine

HOLY MASS TIMES

Monday, May 30, 2022

8:30am Memorial Day Holy Mass

Wednesday, June 1, 2022

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, June 3, 2022

8:00am Confessions/8:30am (Latin) First Friday Holy Mass

Saturday, June 4, 2022

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, June 5, 2022

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

May 30, 2022 †Joan Schmitz

June 1, 2022 Boardman family (Pam Beaulieu)

June 3, 2022 (Latin)†Robert Sowada (Nancy Sowada)

June 4, 2022 Rita Kaiya

June 5, 2022 (Latin)†Rose Winkles

June 5, 2022 Parishioners



MARK YOUR CALENDAR!
CATHOLIC VACATION BIBLE SCHOOL
AUGUST 8-12, 2022 8:30am-12:00noon
 at the Church of St. Michael, Pine Island

(from page 1) hope of attaining Heaven. It invites us always to lift up our hearts, as the preface of the Holy Mass says, and seek the things that are above. Our hope is very great because Christ Himself has gone to prepare a dwelling place for us (cf. John 14:2).

Jesus is in Heaven with His glorified Body, with the signs of His Redemptive Sacrifice (Revelation 5:6) and with the marks of His Passion, marks which Thomas could see and touch, marks which bring about our salvation. The Sacred Humanity of Christ has its natural place in Heaven but He who gave His life for us awaits us there. *Christ awaits us. We are 'citizens of Heaven' (Phil 3:20), and at the same time fully-fledged citizens of this earth, in the midst of difficulties, injustices and lack of understanding, but also in the midst of the joy and serenity that comes from knowing that we are children of God... If, in spite of everything, Jesus' ascension into Heaven leaves a certain taste of sadness in our souls, let us go to His Mother, as the Apostles did. 'They returned to Jerusalem... and they prayed with one mind... together with Mary, the Mother of Jesus (St. Jose Escriva, Christ is passing by, 126).*

The hope of Heaven will fill our day with joy. We will imitate the Apostles who, in the words of St. Leo the Great, *benefitted so greatly from the Ascension of our Lord that all that beforehand had caused them fear now caused them joy. From that moment on, their souls were fixed in contemplation on the Divinity seated at the right hand of the Father; the very vision of His Body was no obstacle to their believing with their minds illumined by Faith that Christ had not separated Himself from His Father when He descended, and had not separated Himself from His disciples when He ascended (St. Leo the Great, Sermon 74, 3).*

The Ascension and the Christian's Apostolic Mission: *And while they were gazing into Heaven as He went, behold, two men stood by them in white robes, and said, 'Men of Galilee, why do you stand looking into Heaven? This Jesus, who was taken from you into Heaven, will come in the same way as you saw Him go into Heaven' (Acts 1:11). Like the Apostles, we remain partly perplexed and partly saddened at His departure. It is not easy, in fact, to get accustomed to the physical absence of Jesus. I am moved when I think that, in an excess of love, He has remained with us, even when He has gone away. He has gone to Heaven and, at the same time, He gives Himself to us as our nourishment in the Sacred Host. Still, we miss His human speech, His way of acting, of looking, of smiling, of doing good. We would like to go back and regard Him closely again, as He sits down at the edge of the well, tired from His journey (cf. John 4:6); as He weeps for Lazarus (cf. John 11:35); as He prays for a long time (cf. Luke 6:12); as He feels pity for the crowd (cf. Matt 15:32; Mark 8:2) It has always seemed logical to me that the most Holy Humanity of Christ should ascend to the glory of the Father. The Ascension has always made me very happy. But I think that the sadness that is particular to the day of the ascension is also a proof of the love we feel for Jesus Christ, our Lord. He is God made man, perfect man, with flesh like ours, with blood like ours in His veins. Yet He leaves us and goes up to Heaven. How can we help but miss His presence (St. Jose Escriva, Christ is passing by, 117)?*

The angels told the apostles that it was now time for them to begin the task before them, that there was not a minute to be wasted. With the Ascension Christ's earthly mission comes to a close, and ours, as His disciples, begins. It is good that, today in our prayer, we hear the words with which Jesus intercedes for us before His Father: *I do not pray that Thou shouldst take them out of the world (John 17:15), out of our proper place in society, out of our job or family, but that thou shouldst keep them from the evil one.* Jesus wishes each of us to remain in His place, sanctifying the world from within, improving it and placing it at the feet of God. Only thus will the world be a place where human dignity is valued and respected, a place where men live in peace, in true peace, the (continued on page 4)

WEEKLY TITHING May 22, 2022

Sunday Envelopes:	\$ 905.00
Plate:	\$ 68.00
Total:	\$ 973.00

Save the Date:

CCW Salad Luncheon August 17, 2022

The Annual CCW Salad Luncheon will be on August 17 (Wednesday) from 11:00am-1:00pm at Church of St. Paul, Zumbrota.



HAM DINNER UPDATE!

Please join us in thanking Maggie Eggerichs, and Sue Hinrichs for their outstanding leadership in planning and implementing the Ham Dinner this year. Having been closed for two years due to the pandemic made this year particularly challenging. We would also like to thank our office staff, Josefina and Sara, for their support and assistance.

At this time, we are in need of two new members for next year - either a couple or two individuals. If interested please contact the office or one of the committee members. Start-up planning for the 2023 Ham Dinner will begin in January. Thank you for your consideration! Fr. Kasel and the Ham Dinner Committee: Shirley Gregory, Linda Kazmierczak, Karen Hodgman, Gene Leifield.



Helping the Priests Who Have Helped Us – June 4-5 Second Collection:

You have an opportunity to share your gratitude by supporting the men who've ministered to you and your family for many decades. The Leo C. Byrne Residence offers 29 individual apartments for priests who have reached retirement age, most of whom continue to actively serve parishes and organizations around the Archdiocese.

The GRATITUDE Capital Campaign Renovation Project (coordinated by the Catholic Community Foundation) will fund work required to bring the entire Byrne Residence to a level of security and efficiency suitable for the safety and well-being of each resident priest. We ask for your support of this much needed renovation.

First Choice Clinic's 16th Annual 5K Run/Walk for Life:

Please join us at Bay Point Park in Red Wing on Saturday, June 18 from 8am to Noon for our Annual 5K Run/Walk for Life. Other free family-friendly games and activities at the event include: Kids Run, Bounce House, Silent Auction, & Homemade Father's Day cards. To Register: www.firstchoiceclinic.org/events. Rain or Shine!

HOLY MASS TIMES

Tuesday, May 31, 2022

8:00am Confessions/8:30am Holy Mass
 9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, June 2, 2022

8:00am Confessions/8:30am Holy Mass

Sunday, June 5, 2022

8:20am Rosary/8:25am Confessions
 8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month versus populum; 2nd & 4th ad Orientem

HOLY MASS INTENTIONS

May 31, 2022 †Theresa Van Zuilen (L & C Paulson)
June 2, 2022 †Barb Kinsella (St. Paul CCW)
June 5, 2022 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) peace which is so closely linked to God. *Today's feast reminds us that our concern for souls is a response to a command of love given to us by our Lord. As He goes up to Heaven, Jesus sends us out as His witnesses throughout the whole world. Our responsibility is great, because to be Christ's witness implies first of all that we should try to behave according to His doctrine, that we should struggle to make our actions remind others of Jesus and His most lovable personality* (St. Jose Escriva, *Christ is passing by*, 122). Those we live and work with, those we come in contact with, should find us loyal, sincere, joyful and hardworking. We should behave as people who fulfill their duties honestly and live as children of God in the ups and downs of each day. The ordinary norms of courtesy (how we greet others, our cordiality and spirit of service), which for many are merely conventional and external, have to be in us the fruit of charity and an expression of real interest in someone else. Jesus departs, but He remains close to each of us. In a special way we find Him in the Tabernacle, perhaps in one not far from where we live or work. Let us have recourse to Him there, even though often we cannot go physically but only with our heart, and ask Him to help us in our apostolic endeavors. Let us tell Him that He can count on us to make known His teaching everywhere we go. The Apostles returned to Jerusalem in the company of Mary. With her, they awaited the coming of the Holy Spirit. Let us too prepare for the coming of Pentecost staying close to our Lady." (From: In Conversation with God by Francis Fernandez) Through the intercession of Mary, Queen of Heaven, St. Joseph, St. Michael and St. Paul, may God bless us and grant us the grace to desire Heaven each day!
In Christ through Mary,
Fr. Kasel

Missionary Co-operation Collection May 28-29: Our parishes will host a guest priest the weekend of May 28-29, who will present a mission appeal for the Archdiocese of Guwahati, India. In 2016 this archdiocese established a major seminary, St. Clement College, which has many candidates to the priesthood, but most hail from poor economic backgrounds and are in need of help to finance their seminary education and living expenses. Please welcome the guest priest and prayerfully consider contributing financially.

Synod 2022 Prayer

We stand before You, Holy Spirit,
as we gather together in Your Name.
With You alone to guide us, make Yourself
at home in our hearts;
teach us the way we must go and how we are to pursue it.
We are weak and sinful; do not let us promote disorder.
Do not let ignorance lead us down the wrong path
nor partiality influence our actions.
Let us find in You our unity
so that we may journey together to eternal life
and not stray from the way of Truth and what is right.
All this we ask of You,
who are at work in every place and time, in the
communion of the Father and the Son,
forever and ever. Amen.
Mary, Mother of the Church, pray for us.

†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus?

Adoration is held at St. Paul, Zumbrota on Tuesdays 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

 <p>Buy one Blizzard at regular price, receive 2nd Blizzard of equal/lesser value FREE! 215 E. 18th St. Zumbrota 732-5910</p>	<p>Pine Haven Community Pine Haven Care Center: skilled nursing care, private rooms, rehabilitation & therapy services. Evergreen Place: senior housing with services.</p>  <p>210 3rd St NW • Pine Island • (507) 356-8304 www.PineHavenCommunity.org</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>Steve Johnson's ZUMBROTA Ford</p> <p>Hwy 52 & 58 in Zumbrota 507-732-5127 Home: 651-460-6706 www.zumbrotaford.com</p>	<p>ZUMBROTA MINI STORAGE Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota 507-696-4406</p>
 <p>TOM & SCOTT SHANE Commercial & Industrial 507-824-2191</p>	<p>Knollwood Apartments Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448</p>	<p>Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444</p> <p>Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com</p>	<p>HEMANN, GROVER & Company Ltd. Certified Public Accountants <i>"Building & managing wealth for your business & family"</i></p> <p>Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800</p>	<p>Owen Locker Plant</p>  <p>110 2nd St. NE Pine Island, MN 55963 507-356-8612</p>
<p>DISCOVERY FINANCIAL</p> <p>Robert D. Ziller LPL Financial Advisor</p> <p>Investments - Insurance - Retirement Planning 2657 Overlook Blvd. SW Rochester MN 55902 www.discoveryfinancial.com 507-289-2691 <small>Securities and advisory services offered through LPL Financial Member FINRA/SIPC</small></p>	<p>Lab guided, drug-free, all-natural treatment programs to restoring health.</p>  <p>Debbie O'Meara Practitioner 507-258-4465 AutoImmuneAngels.com 3143 Superior Dr. NW, Rochester, MN</p>	<p>Gadient Garage Doors Doors & Openers Sales Service & Repair Exceptional Customer Service GadientGarageDoors.com</p>  <p>651-388-0550 <i>"When You Expect the Very Best"</i> Teresa & Todd Gadient</p>	<p>FOOT CARE PROFESSIONALS</p> <p>Mobile Foot Care Service</p> <p>507-269-7827 footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN, CNP, CFCSS Certified Foot Care Specialist <i>Helping YOU live well with YOUR feet!</i></p>	
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net</p> <p>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>	<p>Church of St. Michael Cemetery For Plot Information Call the Parish Office 507-356-4280 <i>"Remember To Pray For Our Beloved Departed."</i></p>	<p>Church of St. Paul Cemetery For Plot Information Call the Parish Office 507-732-5324</p>	