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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

Remember: this coming Wednesday is Ash Wednesday! I encourage you to attend Holy Mass if you are able!

The month of February is dedicated to the Holy Family of Jesus, Mary and Joseph: let us call upon the Holy Family to help us live family life in a holy and loving manner! This weekend I share with you a reflection on the Christian understanding of death. I encourage you to reflect over this message a few times this week:

“Triumph over Death - Death, the consequence of sin. On leaving this life we will take with us only the merit of our good actions and the penalty for our sins: St. Paul teaches us in the Second Reading of the Holy Mass (1 Cor. 15:54-58) that when the risen and glorious body clothes itself in immortality, death will be finally conquered.

Then we will be able to ask: O death, where is thy victory? O death, where is thy sting? The sting of death is sin... It was sin that brought death into the world. When God created man, besides the Supernatural Gifts of Grace, He gave him other gifts which perfected nature in its own order. Among them was the gift of bodily immortality, which our first parents were to transmit, along with life, to their descendants.

Original Sin carried with it the loss of friendship with God and the consequent loss of that gift of immortality. Death, the wages of sin (Rom. 6:23), entered a world which had been created as a place for living beings. Revelation teaches us that God did not make death, and He does not delight in the death of the living. (Wis. 1:13-14)

Through sin, death came to all: 'The just and the unjust likewise die, the good and the evil, the clean and the unclean, he who offers sacrifices and he who does not. The same end befalls the saint and the sinner; it befalls him who swears and him who refrains from swearing. Men and animals are all likewise reduced to dust and ashes'. (St. Jerome, Epistle 39, 3) Everything material comes to an end, each thing in its own time. The physical world and all it contains is directed towards a final consummation, as we are too.

At death, man loses everything he possessed in his lifetime. As with the rich man in the parable, God will say to the one who has thought only of himself, of his well-being and his comfort: Fool!... the things you have prepared, whose will they be? (Luke 12:20-21) Each one will bring with him only the merits of his good works and the weight of his sins. Blessed are the dead who die in the Lord henceforth. 'Blessed indeed', says the Spirit, 'that they may rest from their labors, for their deeds follow them!' (Apoc. 14:13) The opportunity to acquire merit for Eternal Life ends with death. Of this, our Lord warns: Night comes, when no one can work. (John 9:4) At death, our will stays fixed forever on good or on evil, remaining in friendship with God or rejecting His Mercy for all eternity.

Meditation on our last end can move us, while we are still on earth, to react against lukewarmness, against any reluctance to commit ourselves entirely to God's service, and to develop our relationship with Him. It can wean us from attachment to earthly things, which we must soon leave behind us in any case, encourage us to sanctify our work and enable us to understand that this life is a period, a short one, in which we can gain merit in the sight of God.

Let us remember today that our earthly bodies are no more than perishable clay. We know, nevertheless, that we have been created for Eternity,



St. Paul & St. Michael

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday Confession 8am and Mass 8:30am

that our souls can never die, and that our bodies will one day rise again glorious, if we have died in God's friendship, to be united once more to our souls. And this fills us with joy and peace and moves us to live as Children of God in the world.

The Christian meaning of death: With the Resurrection of Christ, death has been finally conquered. Man is no longer a slave to death, but has death now under his dominion, if he so chooses (1 Cor. 3:2), for we achieve this sovereignty to the extent that we are united to Him Who holds the keys of death. (Apoc. 1:18) Sin is the true death, the dreadful separation - the soul separated from God - compared with which the other separation, that of soul and body, is of far less importance. And this latter separation is, moreover, provisional. He who believes in Me, though he die, yet shall he live, and whoever lives and believes in Me shall never die. (John 11:25-26) In Christ, death has lost its power, its sting. Death has been overthrown. This Truth of our Faith may seem a paradox, when all around us we see man afflicted by the dread of imminent dissolution, the certainty of dying, recoiling (continued on page 3)

Ash Wednesday Holy Masses, March 2, 2022

Ash Wednesday is a day of Fasting & Abstinence

8:30am (Latin) at St. Michael, Pine Island

12:15pm at St. Michael, Pine Island

6:00pm at St. Paul, Zumbrota

7:30pm at St. Michael, Pine Island

The Church of St. Michael Men's Club Fish Fries begin Friday, March 4 at 4:30pm-7:00pm and each Friday of Lent STATIONS OF THE CROSS AT CHURCH OF ST. PAUL

Each Tuesday of Lent at 7:00pm

STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL

Each Friday of Lent at 7:30pm

The next Holy Hour for Women will be Sunday, February 27, at 6pm at the Church of St. Michael, PI. All women are invited!



# CHURCH OF SAINT MICHAEL NEWS

## CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation class/session will be on Wednesday, March 9, 6:00-7:45pm at the Church of St. Michael, PI  
Topic for March: The Cardinal Virtue of Justice

Holy Spirit Novena: March 1 to March 9.

### Congratulations to:

Steven and Katie Holmstadt on the baptism of their son, Ignatius Joseph Holmstadt, on February 19, 2022 at St. Michael.

### Why We Fast

I think that this is the reason for fasting - that since the first Adam, when he was in Paradise, had forfeited the glory of immortality through his gluttonous intemperance, Christ, the second Adam, might restore the same immortality through His abstinence. And now, because he had incurred the sin of death by going against the commands of God and tasting of the forbidden tree, the Lord in His fasting, in conformity with the commandment, might merit the righteousness of life... For this reason He wished to be born according to the likeness of Adam in every respect, so that in the likeness of Adam He might destroy all the sins of humanity. For Adam was born of the virgin earth and Christ was begotten of the Virgin Mary... Adam is formed from mire by the hands of God, while Christ is formed in the womb by the Spirit of God. Each comes forth with God as Father, then; each has a virgin for mother; each, as the Evangelist says, is a son of God, but Adam is a creature and Christ is a Son in substance...

In the desert the Savior fulfills the command of God, so that He might save the wandering Adam in the very place where he had been dispossessed of paradise. Adam, when he was cast out of paradise, endured the desert places of a harsh world. It is in the desert, then, that salvation is first restored to mankind - there where there are no rich foods, where there are no pleasures... In paradise the devil contends with Adam, and in the desert the devil struggles with Christ... The very body of the Christian is in a sense a desert when it is not filled with food and cheered with drink... Then Christ the Lord inhabits the desert of our body - when He has found that our land is desolate because of hunger and parched because of thirst. Then the Savior dwelling in this desert of our body overcomes there all the factions of the devil, and safe and secure from the thoughts of this world He takes it for His habitation, so that from then on we might see Heaven and earth within ourselves... That is to say, we might think of nothing other than the Lord of the Heavenly Kingdom and the Author of earthly Resurrection. St. Maximus of Turin (St. Maximus († c. 465) was the first Bishop of Turin, Italy.)

### PRO LIFE QUOTE:

"You are called to stand up for life! To respect and defend the mystery of life always and everywhere, including the lives of unborn babies, giving real help and encouragement to mothers in difficult situations. You are called to work and pray against abortion." St. John Paul II, in New York, 1995

### HABITS AND HOLINESS- Rev. Ezra Sullivan, OP, instructor Ethics, Theology, and Biopsychology Saturdays, March 5 & 12

A habit is what makes us into saints or sinners. Just as the body can become stronger through exercise and effort, or weaker through wounds or neglect, so the entire person can develop an almost permanent state of goodness or evil through habituation to virtue or vice. Habits both reveal and shape who you are; they speak about what you have been, and they predict what you will be. These talks will discuss the nature of habits in the spiritual life - especially important during Lent - and how we can develop them with the action of Divine Grace. Pre-Class Discussion: 9:30am, Lecture: 10am. **Registration is required.** Visit <https://instituteofcatholicculture.org/events/habits-and-holiness>

**Pine Island Food Shelf:** items requested for March: Baking mixes (Pancakes, Muffins, Biscuits, Cakes)

## WEEKLY TITHING for February 19-20, 2022

Sunday Envelopes:	\$ 1,805.00
Plate:	\$ 942.62
EFT:	\$ 2,612.50
<b>Total:</b>	<b>\$ 5,360.12</b>

### The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

**March 4, 11, 18, 25, April 1 & 8**

\*\*\*Both baked & fried fish will be offered!\*\*\*

#### Prices:

Adults—\$12.00, Children 5-12—\$6.00, Family maximum \$40.00

TAKE OUT AVAILABLE!



STATIONS OF THE CROSS at 7:30pm



### Are you growing in our Catholic Faith?

You can learn about our Catholic Faith online at any time through FORMED! You will have access to thousands of enriching Catholic movies, programs, audio, & books instantly on FORMED when you sign up through our parishes. There is no cost you! Just follow these easy steps: 1. Visit: [signup.formed.org](http://signup.formed.org) 2. Enter your parish zip code or name (St. Michael 55963 or St. Paul 55992) 3. Grow in our Catholic Faith!

### WORDS TO LIVE BY:

"No one will have any other desire in Heaven than what God wills; and the desire of one will be the desire of all; and the desire of all and of each one will also be the desire of God." St. Anselm  
"Faith in action is Love, and Love in action is service. By transforming that Faith into living acts of Love, we put ourselves in contact with God Himself, with Jesus our Lord." St. Mother Teresa  
"Jesus Christ, Lord of all things! You see my heart, you know my desires. Possess all that I am - you alone. I am your sheep; make me worthy to overcome the devil." St. Agatha  
"He who trusts in himself is lost. He who trusts in God can do all things... What does it cost us to say, 'My God help me! Have mercy on me!' Is there anything easier than this? And this little will suffice to save us if we be diligent in doing it." St. Alphonsus Liguori  
"At His Transfiguration Christ showed His disciples the splendor of His beauty, to which He will shape and color those who are His: 'He will reform our lowliness configured to the body of His glory.'" St. Thomas Aquinas

### HOLY MASS TIMES

#### Wednesday, March 2, 2022 (Ash Wednesday)

8:00am Confessions/8:30am (Latin) Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

12:15pm Holy Mass

7:30pm Holy Mass

#### Friday, March 4, 2022

8:00am Confessions/8:30am (Latin) Holy Mass (First Friday)

#### Saturday, March 5, 2022

4:00pm-4:50pm Confessions

5:00pm Holy Mass

#### Sunday, March 6, 2022

7:00am (Latin) Holy Mass

10:30am Holy Mass

### HOLY MASS INTENTIONS

March 2, 2022 (Latin) Michor Dohlman (Pam Beaulieu)

March 2, 2022 †Charles Lenn (Jon Lenn)

March 2, 2022 For the conversion of sinners

March 4, 2022 David Rocca & family (Trudy Rocca)

March 5, 2022 Joanne & Milo Haus

March 6, 2022 (Latin) Michael Kaiya

March 6, 2022 Parishioners



**CHURCH OF ST. PAUL FAITH FORMATION**

The next Faith Formation class/session will be on Wednesday, March 9, 6:00-7:45pm at the Church of St. Michael, Pl  
**Topic for March: The Cardinal Virtue of Justice**

(from page 1) *in fear from the torment of pain and sorrow. It is true that sorrow and death disconcert the human spirit. They continue to be a baffling enigma for those who do not believe in God. But by Faith we know these evils will be overcome, that the victory has been won already in the death and Resurrection of Jesus Christ our Redeemer.* (St. John Paul II, *Homily*, 16 Feb. 1981)

Materialism, while denying the immortality of the soul, has adopted various arguments throughout history to explain the desire for eternity which God seems to have placed in the human heart. So this false philosophy offers men the consolation of somehow surviving, in the results of the actions of their mortal life and in the memory and of the actions of their mortal life and in the memory and affection of those who are still alive. It is undoubtedly a good thing that those who come after us should remember us, but our Lord tells us more: *Do not fear those who kill the body but cannot kill the soul; rather, fear Him Who can destroy both soul and body in hell.* (Matt. 10:28) This is the holy *Fear of God*, which can serve so well at times to keep us from sin. The moment of death is a difficult one for every creature. But ever since the Redemption wrought by Christ that moment has for us a completely different significance. It is no longer simply the harsh price which every man must pay for sin, as a just punishment for his guilt. It is, above all else, the culmination of our abandonment into the hands of our Redeemer, *the departure from this world to the Father* (cf. John 13:1), the passage to a new life of Eternal Happiness. If we are faithful to Christ, we will be able to say with the Psalmist: *Even though I walk through the valley of the shadow of death, I fear no evil, for Thou art with me.* (Ps. 23:4) Serenity and optimism at the prospect of death are born of a firm Hope in Jesus Christ, Who was willing to assume our human nature entirely, with all its weaknesses except sin. (cf. Heb. 4:15) He did so in order that *through death He might destroy him who has the power of death, that is, the devil, and deliver all those who through fear of death, were subject to lifelong bondage.* (Heb. 2:14-15) And so St. Augustine teaches that *our inheritance is the death of Christ* (St. Augustine, *Epistle 2*, 94), since through it we can attain Life.

Uncertainty as to our last end should lead us to trust in God's Mercy and to be very faithful to the vocation we have received from Him. We should spend our life in His service and in the service of His Church, wherever we may be. We should remember always, and particularly when that last moment comes, that God is a loving Father, full of tenderness towards His Children. It is our Father God Who will welcome us! It is Christ Who says to us: *Come, ye blessed of My Father!*

Friendship with Jesus Christ, the Christian meaning of life, the knowledge that we are Children of God, will allow us to look at and accept death with serenity. It will be the meeting of a son with his Father Whom he has sought to serve throughout his life. *Even though I walk through the valley of the shadow of death I fear no evil, for Thou art with me.*

**The fruits of meditating on our last end:** The Church recommends meditation on what it calls the Last Things, because we can derive incalculable benefit from considering them. The knowledge that life is short does not lessen our involvement in the affairs God has entrusted to us: family, work, worthy interests, noble ideals... Thinking on the inescapable fact of our mortality and its consequences helps us to be detached from earthly things, to give them their due importance and to sanctify all our temporal affairs. It is our path to Heaven. Whenever we suffer the death of a friend, or of someone in our family, or someone we love, it can be a good occasion, among others, to consider the inescapable truths of our last end.

Our Lord will come when we least expect Him, *like a thief in the night.* (1 Thess. 5:2) He should find us ready, vigilant, detached from earthly things. The great mistake we could make is to allow ourselves to become enslaved to the things of this world, which we have to leave so soon. We have to have our feet on the (continued on page 4)

**WEEKLY TITHING for February 20, 2022**

Sunday Envelopes:	\$ 185.00
Plate:	\$ 576.00
EFT:	\$ 1,750.00
<b>Total:</b>	<b>\$ 2,511.00</b>

**Holy Spirit Novena: March 1 to March 9.**

**St. Patrick's Ham Dinner at the Zumbrota VFW**

March 27 at the Zumbrota VFW, serving from 10:30am -1:00pm.

**Prices:**

Adults or Take Out \$12.00, Children 6-12--\$6.00, Under 6 -free

**Available for Dine-In & Take Out**

Please take time to sign up for donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at [stpauls@hceinet.net](mailto:stpauls@hceinet.net) or call the Parish Office 732-5324 to sign up.

*For those who wish to give a cash donation, there is a box and envelopes located by the Ham Dinner sign-up sheet or you may drop your donation in the collection basket.*



**PRAYER WARRIORS NEEDED** at Rochester Planned

Parenthood. March 7, 14, 21, 28, & April 4.  
**40 Days for Life** is March 2 - April 10. Rochester does not have a campaign this year, but please consider praying on Mondays at Planned Parenthood, as that is when the chemical abortion pill is given. Planned Parenthood is open Mondays from 10-5:30. There are no designated prayer times. Bring a friend and stop by to pray whenever it works for you. Contact Maggie at [maggiereggerichs@hotmail.com](mailto:maggiereggerichs@hotmail.com) or the parish office with questions.

**MCCL Event in our area:** Tuesday, March 1 at 6pm - bring something for a potluck (not required). Speaker at 6:30pm. Holy Trinity Catholic Church at 211 4<sup>th</sup> Str N, Goodhue. MCCL Legislative director, Don Parker will give an update on Pro-life legislation on our state level, national level and in our courts. Over-view of Pro-Life groups that are truly saving lives. Abortion Industry facts reviewed: including the rise of chemical abortions to over 54% and the complications and deaths from this underregulated abortion pill. Any questions call Ann at 651-764-3087

**The Catholic Daughters** will meet on Monday, February 28, at the Church of the Holy Trinity in Goodhue. We have a speaker from First Choice Clinic who will begin at 6:30 and our meeting starts at 7pm. Needed items for First Choice Clinic were sent with the agendas/minutes. Please bring some items if you are able. If you have any questions about CDA or if you would like information on joining our Court, please contact Beth Arendt at 507-272-5829.

**HOLY MASS TIMES**

**Tuesday, March 1, 2022**

8:00am Confessions/8:30am Holy Mass  
 9:00am-5:00pm Adoration of the Blessed Sacrament

**Wednesday, March 2, 2022** (Ash Wednesday)

6:00pm Holy Mass

**Thursday, March 3, 2022**

8:00am Confessions/8:30am Holy Mass

**Sunday, March 6, 2022**

8:20am Rosary/8:25am Confessions  
 8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month versus populum; 2nd & 4th ad Orientem

**HOLY MASS INTENTIONS**

**March 1, 2022** †Bob Packman (Lenny & LaVonne Feuling)

**March 2, 2022** Christine McDonald

**March 3, 2022** †Gary Grant (Judy Jacobs)

**March 6, 2022** Parishioners



## NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) ground: we are in the midst of the world, as befits our Christian calling since God has placed us here, but we cannot forget that we are travelers whose eyes are fixed on Christ and on His Kingdom which will one day be ours. We should live every day in the knowledge that we are pilgrims who are travelling - very quickly - to our encounter with God. Every morning we take another step towards God, every evening we find ourselves nearer to Him. We should live, therefore, as though God were about to summon us at any moment. The fact that God has hidden from us the exact time of our earthly life's termination helps us to live each day as if it were our very last, always prepared for the event and ready to move to a *new dwelling place*. (cf. J. Escriva, *The Way*, 744) In any case, that day *cannot be far off* (St. Jerome, *Epistle 60*, 14), any day could be our last. This very day thousands of people have died in all sorts of diverse circumstances. Possibly many of them were taken by surprise, never imagining that they would have no more time in which to acquire merit.

Each day of our life is a blank sheet which we can fill in with an account of wonderful things, or with blots and errors. And we do not know how many pages are left before we come to the end of that book which God will one day read in our presence."

Friendship with Jesus, love for our Mother Mary, the Christian meaning we have tried to give our life, will enable us to look forward with serenity to our definitive meeting with God. Saint Joseph, the patron of a happy death, had at his side the welcome and welcoming company of Jesus and Mary when the time came for him to leave this world. He can teach us to prepare, day by day, for this ineffable encounter with our Father God.

Saint Paul takes leave of the first Christians of Corinth with the consoling words with which the *first reading* of today's Mass ends. We ourselves can take them as being directed to each of us individually; *My beloved brethren, be steadfast, immovable, always abounding in the*

### Kitui Living Water Program- Lent 2022

#### *Give Change... Change Lives*

Water bottles are available to support our brothers and sisters in the Diocese of Kitui, Kenya through raising funds for water preservation. Each time you turn your faucet on to take a drink of water, remember there are people who are gravely suffering due to a lack of water. You can return the bottles with a donation at any time before Easter. If you have questions regarding the Kitui Partnership, contact either parish office.

### The 2022 Catholic Services Appeal February 26-27

**Together in Hope** - we can make a difference. Your Gift Can Help. When you give to the Catholic Services Appeal Foundation (CSAF), you partner with fellow Catholics to share Christ's love with neighbors in need and help provide a better future for all! From campus ministry to support for the disabled; deaf ministry to room and board for future priests, your gift makes a real difference across several different ministries! To learn more, go to [www.csafspm.org](http://www.csafspm.org).

*work of the Lord, knowing that in the Lord your labor is not in vain.* (1 Cor. 15:58)

O Mother of ours - we finish our prayer addressing the most Blessed Virgin - win for us from your Son the grace of always having in mind the goal of Heaven in all that we do. In this way we will work diligently, our eyes set on eternity. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen." (From *In Conversation with God*, by Francis Fernandez)

Through the intercession of Mary, Mother of Mercy, St. Joseph, St. Michael, St. Paul, and our Guardian Angels, may our good Lord grant us the grace to have a holy death!

In Christ through Mary,  
*Fr. Kasel*

 <p>Buy one Blizzard at regular price, receive 2nd Blizzard of equal/lesser value <b>FREE!</b> 215 E. 18th St. Zumbrota <b>732-5910</b></p>	<p><b>Pine Haven Community</b> <b>Pine Haven Care Center:</b> skilled nursing care, private rooms, rehabilitation &amp; therapy services. <b>Evergreen Place:</b> senior housing with services.</p>  <p>210 3rd St NW • Pine Island • (507) 356-8304 <a href="http://www.PineHavenCommunity.org">www.PineHavenCommunity.org</a></p>	 <p><b>Hub Food Center</b> 228 West Ave. Zumbrota <b>507-732-7329</b> <a href="http://www.nilssensfoods.com">www.nilssensfoods.com</a></p>	<p><b>Steve Johnson's</b></p>  <p>Hwy 52 &amp; 58 in Zumbrota <b>507-732-5127</b> Home: 651-460-6706 <a href="http://www.zumbrotaford.com">www.zumbrotaford.com</a></p>	<p><b>ZUMBROTA MINI STORAGE</b> Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota <b>507-696-4406</b></p>
 <p><b>TOM &amp; SCOTT SHANE</b> Commercial &amp; Industrial <b>507-824-2191</b></p>	<p><b>Knollwood Apartments</b> Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information <b>(507)-356-8448</b></p>	<p><b>Mahn Family Funeral Homes Larson Chapel</b> 1475 Jefferson Dr. Zumbrota, MN <b>(507) 732-5444</b> <b>Mahler Chapel</b> 209 NW 1st Ave. Pine Island, MN <b>(507) 356-4620</b> <a href="http://mahnfamilyfuneralhome.com">mahnfamilyfuneralhome.com</a></p>	<p><b>HEMANN, GROVER &amp; Company Ltd.</b> Certified Public Accountants <i>"Building &amp; managing wealth for your business &amp; family"</i> <b>Glen P. Hemann, CPA</b> <a href="mailto:ghemann@zumbrotacpa.com">ghemann@zumbrotacpa.com</a> 404 Main St. S. Zumbrota <b>732-7800</b></p>	<p><b>Owen Locker Plant</b> 110 2nd St. NE Pine Island, MN 55963 <b>507-356-8612</b></p> 
<p><b>DISCOVERY FINANCIAL</b> <b>Robert D. Ziller</b> LPL Financial Advisor</p> <p>Investments - Insurance - Retirement Planning 2657 Overlook Blvd. SW Rochester MN 55902 <a href="http://www.discoveryfinancial.com">www.discoveryfinancial.com</a> <b>507-289-2691</b> <small>Securities and advisory services offered through LPL Financial Member FINRA/SIPC</small></p>	<p><b>Lab guided, drug-free, all-natural treatment programs to restoring health.</b></p>  <p><b>Debbie O'Meara</b> Practitioner <b>507-258-4465</b> <b>AutoImmuneAngels.com</b> 3143 Superior Dr. NW, Rochester, MN</p>	<p><b>Gadient Garage Doors</b> Doors &amp; Openers Sales Service &amp; Repair Exceptional Customer Service <a href="http://GadientGarageDoors.com">GadientGarageDoors.com</a></p>  <p><b>651-388-0550</b> <i>"When You Expect the Very Best"</i> <b>Teresa &amp; Todd Gadient</b></p>	<p><b>FOOT CARE PROFESSIONALS</b> Mobile Foot Care Service <b>507-269-7827</b> <a href="mailto:footcareprofessionalsllc@gmail.com">footcareprofessionalsllc@gmail.com</a> <i>Care provided by</i> <b>Sheila Buehler, APRN, CNP, CFCSS</b> Certified Foot Care Specialist <i>Helping YOU live well with YOUR feet!</i></p>	
<p><b>Safe Environment:</b> The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p><b>Parish Safe Environment Coordinator:</b> Sara McNamara <b>St. Michael:</b> 507-356-4280 <a href="mailto:stmichaeloffice@bevcomm.net">stmichaeloffice@bevcomm.net</a> <b>St. Paul:</b> 507-732-5324 <a href="mailto:stpauls@hcinet.net">stpauls@hcinet.net</a></p> <p><b>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:</b> (651) 291-4475</p>	<p><b>Church of St. Michael Cemetery</b> For Plot Information Call the Parish Office <b>507-356-4280</b> <i>"Remember To Pray For Our Beloved Departed."</i></p>	<p><b>Church of St. Paul Cemetery</b> For Plot Information Call the Parish Office <b>507-732-5324</b></p>	