

March 26, 2023 Fifth Sunday of Lent

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on **Wednesday**. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

As we prepare for our Easter celebration, which is only two weeks away, it is good to consider that God wants each of us to consider our personal state of conscience as He sees us. Our Lord is good and loving toward us at all times. However, even the soul that desires to fulfill God's Will may struggle to be good toward God all the time.

Therefore, it is important to understand our own moral conscience. All of us have a moral conscience hardwired into our souls. What is this power in our souls? What ought we to know about the moral conscience? Finally, a conscience that is laden with guilt due to sin can be healed and experience peace through the Sacrament of Confession. I urge you to make a good Confession before Easter!

Our Catechism of the Catholic Church teaches us about this gift, the moral conscience, and why it is the key to living a good life in the eyes of God:

1776 "Deep within his conscience man discovers a law which he has not laid upon himself but which he must obey. Its voice, ever calling him to love and to do what is good and to avoid evil, sounds in his heart at the right moment. For man has in his heart a law inscribed by God. His conscience is man's most secret core and his sanctuary. There he is alone with God whose voice echoes in his depths." (Gaudium et Spes 16.)

1777 Moral conscience, (Cf. Romans 2:14-16.) present at the heart of the person, enjoins him at the appropriate moment to do good and to avoid evil. It also judges particular choices, approving those that are good and denouncing those that are evil. (Cf. Romans 1:32) It bears witness to the authority of Truth in reference to the supreme Good to which the human person is drawn, and it welcomes the commandments. When he listens to his conscience, the prudent man can hear God speaking.

1778 Conscience is a judgment of reason whereby the human person recognizes the moral quality of a concrete act that he is going to perform, is in the process of performing, or has already completed. In all he says and does, man is obliged to follow faithfully what he knows to be just and right. It is by the judgment of his conscience that man perceives and recognizes the prescriptions of the Divine Law:

Conscience is a law of the mind; yet [Christians] would not grant that it is nothing more; I mean that it was not a dictate, nor conveyed the notion of responsibility, of duty, of a threat and a promise. [Conscience] is a messenger of Him, who, both in nature and in grace, speaks to us behind a veil, and teaches and rules us by His representatives. Conscience is the aboriginal Vicar of Christ. (John Henry Cardinal Newman, 'Letter to the Duke of Norfolk,' V, in Certain Difficulties felt by Anglicans in Catholic Teaching II (London: Longmans Green, 1885), 248.)

1779 It is important for every person to be sufficiently present to himself in order to hear and follow the voice of his conscience. This requirement of *interiority* is all the more necessary as life often distracts us from any reflection, self-examination or introspection: 'Return to your conscience, question it. Turn inward, brethren, and in everything you do, see God as your witness.' (St. Augustine, In John. 8:9: Patrologia Latina 35, 2041)

1780 The dignity of the human person implies and requires *uprightness of moral conscience*. Conscience includes the perception of the principles of morality (synderesis); their application in the given circumstanc-

Welcome to the Churches of

St. Paul &

St. Michael

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

es by practical discernment of reasons and goods; and finally judgment about concrete acts yet to be performed or already performed. The truth about the moral good, stated in the law of reason, is recognized practically and concretely by the *prudent judgment* of conscience. We call that man prudent who chooses in conformity with this judgment.

1781 Conscience enables one to assume *responsibility* for the acts performed. If man commits evil, the just judgment of conscience can remain within him as the witness to the universal truth of the good, at the same time as the evil of his particular choice. The verdict of the judgment of conscience remains a pledge of hope and mercy. In attesting to the fault committed, it calls to mind the forgiveness that must be asked, the good that must still be practiced, and the virtue that must be constantly cultivated with the grace of God: 'We shall reassure our hearts before Him whenever our hearts condemn us; for God is greater than our hearts, and He knows everything.' (1 John 3:19-20)

1782 Man has the right to act in conscience and in freedom so as personally to make moral decisions. 'He must not be forced to act contrary to his conscience. Nor must he be prevented from acting according to his conscience, especially in religious matters.' (Dignitatis Humanae 3 § 2)

1783 Conscience must be informed and moral judgment enlightened. A well-formed conscience is upright and truthful. It formulates its judgments according to reason, in conformity with the true good willed by the wisdom of the Creator. The education of conscience is indispensable for human beings who are subjected to negative influences and tempted by sin to prefer their own judgment and to reject authoritative teachings.

1784 The education of the conscience is a lifelong task. From the earliest years, it awakens the child to the knowledge and practice of the interior law recognized by conscience. Prudent education teaches virtue; it prevents or cures fear, selfishness and pride, resentment arising from guilt, and feelings of complacency, born of human (continued on pg. 4)

The Church of St. Michael Men's Club Fish Fry

4:30pm-7:00pm on Friday, March 31

The next **Holy Hour for Women** will be Sunday, March 26, at 6pm at Church of St. Michael, Pl. Fr. Kasel will give a talk on: Finding strength in the Passion of our Lord. All women invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation class/session will be **Wednesday, April 12, 2023**, at the Church of St. Michael.

Topic for April: The Virtue of Meekness

Homeschool Co-op for Spring: The Church of St. Michael is offering an opportunity for children ages 3-14 to participate in a Homeschool Co-op on five (5) Fridays beginning April 21. Registration forms are available in the church entry, contact the Office at 507-356-4280 or stmichaeloffice@bevcomm.net. Fill out the registration form and give it to Fr. Kasel or turn it in to the church office.

Consecration Reception: There will be a reception at the Church of St. Michael, on Sunday, April 2, after the 10:30am Holy Mass in honor of Lynn Kemmetmueller's consecration to the Order of Virgins. All are invited!

WALK WITH JESUS THIS HOLY WEEK!

Individual Confession times for Holy Week

Tuesday, April 4	4:00-4:55pm	St. Paul
Tuesday, April 4	6:30-7:30pm	St. Paul
Wednesday, April 5	4:00-4:55pm	St. Michael
Wednesday, April 5	7:00-8:30pm	St. Michael
Holy Thursday, April 6	4:30-5:30pm	St. Paul
Good Friday, April 7	4:30-5:30pm	St. Michael
Good Friday, April 7	after evening Liturgy	St. Michael



Holy Week and Easter- 2023

Thursday, April 6 Holy Thursday Mass of Our Lord's Last Supper
6:00pm St. Paul
8:00pm St. Michael (Latin) Church open for prayer after

Friday, April 7 Good Friday Stations & Liturgy of Our Lord's Passion
12:00pm St. Paul - Stations of the Cross
3:00pm St. Michael (Latin)-Veneration of the Cross & Holy Communion
7:00pm St. Michael -Veneration of the Cross & Holy Communion

Saturday, April 8 Easter Vigil St. Michael 8:30pm

Sunday, April 9 Easter: regular Sunday Holy Mass Schedule

WORDS TO LIVE BY:

"If God sends you many sufferings, it is a sign that He has great plans for you and certainly wants to make you a saint." St. Ignatius Loyola
"The road is narrow. He who wishes to travel it more easily must cast off all things and use the Cross as his cane. In other words, he must be truly resolved to suffer willingly for the love of God in all things." St. John of the Cross

"One must not think that a person who is suffering is not praying. He is offering up his sufferings to God, and many a time he is praying much more truly than one who goes away by himself and meditates his head off, and, if he has squeezed out a few tears, thinks that is prayer." St. Teresa of Avila

"Blessed be He, Who came into the world for no other purpose than to suffer." St. Teresa of Avila

"Suffering is a great favor. Remember that everything soon comes to an end... and take courage. Think of how our gain is eternal." St. Teresa of Avila

"It is You Jesus, stretched out on the Cross, who gives me strength and are always close to the suffering soul. Creatures will abandon a person in his suffering, but You, O Lord, are faithful..." (Diary, 1508) St. Faustina

"I always want to see you behaving like a brave soldier who does not complain about his own suffering but takes his comrades' wounds seriously and treats his own as nothing but scratches." St. Therese of Lisieux, to her novices

Summer Camp Opportunity: Camp Summit is an overnight Catholic adventure camp for middle school youth entering grades 6-8. The Church of St. Michael would like to take a group of middle schoolers and high school leaders to Camp Summit this summer. Camp Summit is from July 31 to August 3 at Eagle Bluff in Lansboro, MN. We would like to see how many youth are interested in attending from our parish. Please let Father Kasel know by April 2 if you are interested.

WEEKLY TITHING March 18-19, 2023

Sunday Envelopes:	\$ 3,688.00
Plate:	\$ 1,276.30
EFT:	\$ 3,782.00
Total:	\$ 8,746.30

The Church of St. Michael Men's Club Fish Fry

March 31 from 4:30-7:00pm

Both baked & fried fish will be offered

Prices: Adults: \$13.00, Children 5-12: \$6.00,
Family maximum: \$45.00

TAKE OUT AVAILABLE!

STATIONS OF THE CROSS at 7:30pm



St. Joseph's Altar and Hospitality Sunday, March 26:

You are invited to the Annual St. Joseph's Altar and Hospitality on Sunday, March 26, after the 10:30am Holy Mass to celebrate the feastday of St. Joseph, hosted by hospitality team and Little Flowers Girls. The St. Joseph's Altar is a tradition in the Catholic Church to honor the foster father of Jesus. Come and honor the great St. Joseph in this very special way!

Holy Spirit Novena: April 1 to April 9

EASTER FLOWERS FOR THE ALTAR

There is an envelope in your contribution packet for Easter flowers in memory of a loved one. The suggested donation is \$13.

Please consider making a donation and place in the collection plate or return to the office by Sunday, April 2. Thank you!



Institute of Catholic Culture Lecture

BOUND BY THE LAW? Understanding Christ's Fulfillment of Judaism Rev. Sebastian Carnazzo, Ph.D.
Christ is the end of the law" (Rom 10:4). St. Paul makes this shocking statement in his closing remarks in his letter to the Church in Rome. What does he mean by the words "end" and "law"? The answers to these two questions will also explain why Mark's Gospel can say "Thus He declared all foods clean" (Mark 7:21). In this lecture, we will explore the relationship between the Old Covenant and the New and the meaning and means of salvation in the Christian Good News. Details: Monday, March 27, Pre-Class Discussion: 7:30 PM EST Lecture: 8:00PM EST Registration is required. Visit: <https://instituteofcatholicculture.org/events/bound-by-the-law>

Pine Island Food Shelf: items requested for March: Baking Items- baking soda or powder, cocoa, cornstarch, spices

HOLY MASS TIMES

Wednesday, March 29, 2023

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, March 31, 2023

8:00am Confessions/8:30am Holy Mass

Saturday, April 1, 2023

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, April 2, 2023

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

March 29, 2023 †Vicki Buckingham (Mary Sutton)

March 31, 2023 †Lyndell & Donna Stanton (Sharon Stanton)

April 1, 2023 †Michael Curtis (Lyle & Cori Paulson)

April 2, 2023 †Mary Thome (Gary Kasel family)

April 2, 2023 Parishioners



CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION

The next Faith Formation class/session will be **Wednesday, April 12, 2023**, at the Church of St. Michael.

Topic for April: The Virtue of Meekness

Holy Spirit Novena: April 1 to April 9

The Divine Mercy Novena will begin this coming Good Friday, April 7, and ends the Saturday after Easter Sunday, April 15. Please see Novena bulletin insert the weekend of April 1-2.

Consecration Reception: All are invited to a reception after Holy Mass at St. Paul this Sunday, March 26, to celebrate Lynn Kemmetmueller's consecration to the Life of Virginity Lived in the World. Lynn will give a brief explanation of the preparation needed for her vocation.



EASTER FLOWERS FOR THE ALTAR: There is an envelope in your contribution packet for Easter flowers in memory of a loved one. The suggested donation is \$13. Please consider making a donation and place in the collection plate or return to the office by Sunday, April 2. Thank you!

The Annunciation

“Lowliness is assured by majesty, weakness by power, mortality by eternity. To pay the debt of our sinful state, a nature that was incapable of suffering was joined to one that could suffer. Thus, in keeping with the healing that we needed, one and the same mediator between God and men, the man Jesus Christ, was able to die in one nature, and unable to die in the other.



He who is true God was therefore born in the complete and perfect nature of a true man, whole in His own nature, whole in ours. By our nature we mean what the Creator had fashioned in us from the beginning, and took to Himself in order to restore it.

For in the Savior there was no trace of what the deceiver introduced and man, being misled, allowed to enter. It does not follow that because He submitted to sharing in our human weakness He therefore shared in our sins.

He took the nature of a servant without stain of sin, enlarging our humanity without diminishing His Divinity. He emptied Himself; though invisible He made Himself visible, though Creator and Lord of all things He chose to be one of us mortal men. Yet this was the condescension of compassion, not the loss of omnipotence. So He who in the nature of God had created man, became in the nature of a servant, man himself.

Thus the Son of God enters this lowly world. He comes down from the throne of Heaven, yet does not separate Himself from the Father's glory. He is born in a new condition, by a new birth.

He was born in a new condition, for, invisible in His own nature, He became visible in ours. Beyond our grasp, He chose to come within our grasp. Existing before time began, He began to exist at a moment in time. Lord of the universe, He hid His infinite glory and took the nature of a servant. Incapable of suffering as God, He did not refuse to be a man, capable of suffering. Immortal, He chose to be subject to the laws of death.

He who is true God is also true man. There is no falsehood in this unity as long as the lowliness of man and the pre-eminence of God coexist in mutual relationship.

As God does not change by His condescension, so man is not swallowed up by being exalted. Each nature exercises its own activity, in communion with the other. The Word does what is proper to the Word, the flesh fulfills what is proper to the flesh.

One nature is resplendent with miracles, the other falls victim to injuries. As the Word does not lose equality with the Father's glory, so the flesh does not leave behind the nature of our race.

One and the same person - this must be said over and over again - is truly the Son of God and truly the son of man. He is God in virtue of the fact that *in the beginning was the Word, and the Word was with God, and the Word was God.* He is man in virtue of the fact that *the Word was made flesh, and dwelt among us.* From a Letter by St. Leo the Great

WEEKLY TITHING March 19, 2023

Sunday Envelopes:	\$ 790.00
Plate:	\$ 36.00
EFT:	\$ 1,350.00
Total:	\$ 2,176.00

St. Patrick's Ham Dinner: Thank you!

The Church of St. Paul Annual Ham Dinner Committee extends a huge **THANK YOU** to all volunteers who contributed to this event. Without your generous support of time, talents and/or money, this event could not come together as well as it does year after year. This fundraiser continues to support the important work of the church and essential causes. Your attendance and invitations to others to attend and participate in the camaraderie is equally important to making this a success. **Thank you again!**

St. Patrick's Ham Dinner Committee 2023: Shirley Gregory & Linda Kazmierczak, Karen Hodgman & Gene Leifeld, Steve & Mary Kingsbury, and Fr. Kasel

Mark your calendars: Wednesday, March 29, at 9:30 AM for Spring cleaning of the Church upstairs. Men and ladies are all invited—many hands make light work! Please bring your own bucket and cleaning cloths. Hope to finish before noon or sooner. Contact Barb Boraas at 507-696-7997 with any questions.



Stations of the Cross at the Church of St. Paul:

Each Tuesday of Lent at 6:00pm

PRO LIFE QUOTE:



The right to life does not depend, and must not be declared to be contingent, on the pleasure of anyone else, not even a parent or sovereign. *Blessed Mother Teresa*

PRAYER WARRIORS NEEDED at Rochester Planned Parenthood on March 27. 40 Days for Life will continue until April 2. Rochester does not have a campaign this year, but please consider praying on Mondays at Planned Parenthood, as that is when the chemical abortion pill is given. Planned Parenthood is open Mondays from 9-4:30. There are no designated prayer times. Bring a friend and stop by to pray whenever it works for you. Contact Maggie at maggiereggers@hotmail.com or the parish office with questions.

Catholic Daughters Court St. Mary Peter #1864 will meet Monday, March 27, at 6:30 pm in Mazeppa. We will have a light meal at 6:30 pm, with a Q&A session with the Zumbrota Food Shelf at 6:45 pm and our meeting to follow at 7 pm. Please bring food pantry items to donate to our local food shelves. If you would like to learn about Catholic Daughters, call Linda Kazmierczak 612-759-6399 for more information.

Palm Sunday Baked Ham and Roast Beef Dinner sponsored by the American Legion Post 183 at the Zumbrota VFW on Sunday, April 2, serving 11AM to 1PM.

Knights of Columbus Pancake Breakfast Fundraiser: Help raise money for the food shelf! Pancakes, eggs, sausage, coffee, and juice will be served on Sunday, March 26, from 9am-12:30pm at Saints Peter and Paul Catholic Church in Mazeppa. All are invited.

HOLY MASS TIMES

Tuesday, March 28, 2023

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, March 30, 2023

8:00am Confessions/8:30am Holy Mass

Sunday, April 2, 2023

8:20am Rosary/8:25am Confessions
8:45am Holy Mass

HOLY MASS INTENTIONS

March 28, 2023 Lynn Kemmetmueller (T&J Meyer)
March 30, 2023 †Robert Hanzel (Beth Giesen)
April 2, 2023 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 1) weakness and faults. The education of the conscience guarantees freedom and engenders peace of heart.

1785 In the formation of conscience the Word of God is the light for our path (Cf. Ps 119:105), we must assimilate it in Faith and prayer and put it into practice. We must also examine our conscience before the Lord's Cross. We are assisted by the gifts of the Holy Spirit, aided by the witness or advice of others and guided by the authoritative teaching of the Church. (Cf. Dignitatis Humanae 14)

1786 Faced with a moral choice, conscience can make either a right judgment in accordance with reason and the Divine Law or, on the contrary, an erroneous judgment that departs from them.

1787 Man is sometimes confronted by situations that make moral judgments less assured and decisions difficult. But he must always seriously seek what is right and good and discern the will of God expressed in Divine Law.

1788 To this purpose, man strives to interpret the data of experience and the signs of the times assisted by the virtue of prudence, by the advice of competent people, and by the help of the Holy Spirit and His gifts.

1789 Some rules apply in every case:

- One may never do evil so that good may result from it;
- the Golden Rule: 'Whatever you wish that men would do to you, do so to them.' (Matthew 7:12; cf. Luke 6:31; Tobit 4:15)

- Charity always proceeds by way of respect for one's neighbor and his conscience: 'Thus sinning against your brethren and wounding their conscience - you sin against Christ.' (1 Corinthians 8:12) Therefore 'it is right not to... do anything that makes your brother stumble.' (Romans 14:21)

1790 A human being must always obey the certain judgment of his conscience. If he were deliberately to act against it, he would condemn himself. Yet it can happen that moral conscience remains in ignorance and makes erroneous judgments about acts to be performed or already committed.

Pray for an End to Abortion: All parishioners are invited to join Fr. Kasel to pray for an end to abortion at the Rochester Planned Parenthood (1212 7th St NW, Rochester, MN 55901) on Sunday, March 26, 2023 at 2:00pm.

1791 This ignorance can often be imputed to personal responsibility. This is the case when a man 'takes little trouble to find out what is true and good, or when conscience is by degrees almost blinded through the habit of committing sin.' (*Guadium et Spes* 16) In such cases, the person is culpable for the evil he commits.

1792 Ignorance of Christ and his Gospel, bad example given by others, enslavement to one's passions, assertion of a mistaken notion of autonomy of conscience, rejection of the Church's authority and her teaching, lack of conversion and of charity: these can be at the source of errors of judgment in moral conduct.








1793 If - on the contrary - the ignorance is invincible, or the moral subject is not responsible for his erroneous judgment, the evil committed by the person cannot be imputed to him. It remains no less an evil, a privation, a disorder. One must therefore work to correct the errors of moral conscience.

1794 A good and pure conscience is enlightened by true Faith, for charity proceeds at the same time 'from a pure heart and a good conscience and sincere Faith.' (1 Timothy 5; cf. 8:9; 2 Timothy 3; 1 Peter 3:21; Acts 24:16)

The more a correct conscience prevails, the more do persons and groups turn aside from blind choice and try to be guided by objective standards of moral conduct. (*Guadium et Spes* 16)" (CCC 1776-1794)

Through the intercession of Mary, the Queen of all Hearts, St. Joseph and our patrons, St. Michael and St. Paul, may the Holy Spirit guide each of us in forming and following a well-formed conscience!

In Christ through Mary,
Fr. Kasel

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<p>Knollwood Apartments Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448</p>				
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>	<p>Church of St. Michael Cemetery For Plot Information Call the Parish Office 507-356-4280 <i>"Remember To Pray For Our Beloved Departed."</i></p>	<p>Church of St. Paul Cemetery For Plot Information Call the Parish Office 507-732-5324</p>	