February 19, 2023 Seventh Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992 Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net OFFICE HOURS: Tues & Thurs 9am-noon,1-5pm, Wed Closed, Fri 9am-noon CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507)356-2080 Email: stmichaeloffice@bevcomm.net
OFFICE HOURS: Tues-Thurs 9am-noon &1pm-5pm, Fri 9am-noon

Website: http://www.stpaulstmichael.com

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

In a few days is Ash Wednesday and the beginning of Lent. I encourage all of our parishioners to attend Holy Mass on Ash Wednesday. Please see elsewhere in this bulletin for the full schedule of Holy Masses. Plan now to begin Lent with Our Lord at Holy Mass!

With the beginning of Lent our attention also turns to penances or sacrifices. Let us be determined in our efforts to make time for Jesus in prayer and be bold in our acts of Charity! First, I encourage all of us to pick some practices to give up or to do. The usual practices, like giving up dessert, candy, pop or television can be good. However, asking for Grace from our good Lord to change a bad habit in our relationship with Him and others may be much better. We can also think of other possibilities. A penance does not have to be something we give up. It could also be something we add to our daily life. We could add such things as: more acts of kindness in word or deed for one's spouse, children, or siblings; choosing to forgive and let go of a grudge; ask for forgiveness from someone; visit relatives in the nursing home; call your parents more often; pray for patience and try to practice it more readily; pray for those who annoy you; thank God for His blessings each day; increase prayer time and do so with greater love for God in the morning. afternoon and night. Here are a few more ideas that would bear great spiritual fruit: monthly confession; attend daily Holy Mass; daily family Rosary; daily Chaplet of Mercy; weekly Stations of the Cross; spending time with Jesus in Adoration of the Eucharist; praying the Liturgy of the Hours; praying with Sacred Scripture; 15 minutes of quiet prayer talking with Jesus and listening to Him; a prayerful walk; talking with a spiritual director; signing up to our FORMED online Catholic website and digging into some of the great resources; or reading a good spiritual book - I recommend the Diary of St. Faustina and the autobiography of St. Therese called Story of a Soul.

Here is what our Catechism of the Catholic Church (CCC) teaches us on the practice of penance:

"The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms, fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. Alongside the radical purification brought about by Baptism or martyrdom they cite as means of obtaining forgiveness of sins: effort at reconciliation with one's neighbor, tears of repentance, concern for the salvation of one's neighbor, the intercession of the Saints, and the practice of Charity 'which covers a multitude of sins.' Conversion is accomplished in daily life by gestures of reconciliation, concern for the poor, the exercise and defense of justice and right, by the admission of faults to one's brethren, fraternal correction, revision of life, examination of conscience, spiritual direction, acceptance of suffering, endurance of persecution for the sake of righteousness. Taking up one's cross each day and following Jesus is the surest way of penance.

Welcome to the Churches of



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday
Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass
Church of Saint Michael - Wednesday and Friday
Confession 8am and Mass 8:30am

Daily conversion and penance find their source and nourishment in the Eucharist, for in it is made present the Sacrifice of Christ which has reconciled us with God. Through the Eucharist those who live from the Life of Christ are fed and strengthened. 'It is a remedy to free us from our daily faults and to preserve us from mortal sins.' Reading Sacred Scripture, praying the Liturgy of the Hours and the Our Father - every sincere act of worship or devotion revives the spirit of conversion and repentance within us and contributes to the forgiveness of our sins. The seasons and days of penance in the course of the liturgical year (Lent, and each Friday in memory of the death of the Lord) are intense moments of the Church's penitential practice. These times are particularly appropriate for spiritual exercises, penitential liturgies, pilgrimages as signs of penance, voluntary self-denial such as fasting and almsgiving, (continued on page 4)

Ash Wednesday Holy Masses, February 22, 2023



Ash Wednesday is a day of Fasting & Abstinence 8:30am at St. Michael, Pine Island 12:00pm at St. Michael, Pine Island 6:00pm at St. Paul, Zumbrota 7:30pm (Latin) at St. Michael, Pine Island

The Church of St. Michael Men's Club Fish Fries begin Friday, February 24, from 4:30pm-7:00pm and each Friday of Lent

STATIONS OF THE CROSS AT CHURCH OF ST. PAUL
Each Tuesday of Lent at 6:00pm
STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL
Each Friday of Lent at 7:30pm

The next **Holy Hour for Women** will be Sunday, February 26, at 6pm at Church of St. Michael, Pine Island. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation class/session will be Wednesday, March 1, 2023, at the Church of St. Michael.

Topic for March: The Virtue of Respect Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

St. Pio KC Pancake Breakfast

of Columbus are sponsoring a Pancake Breakfast after Holy Masses (7am and 10:30am) on Sunday, February 19, at Church of St. Michael. This will be a fundraiser for children's

playground equipment to be built at the Church of St. Michael. All are welcome to the breakfast!

Quilters Group

9 pancake

The Quilting Bee Cause will meet Tuesday, February 21, at 9am in the church hall. We have many tops to tie - everyone welcome! We are in need of used/worn bed sheets. If you have any to donate, please contact Bea Rauen at 356-4858 or leave in the church lower entry on coat rack and marked for the quilting group. Thank you!

Schoenstatt Women's Lenten Retreat: Come on pilgrimage to the shrine for a women's Lenten day retreat! No need to pack a suitcase or get a passport. The cost is reasonable and spiritually rewarding. All women are welcome to attend.

Theme: With Mary - I Bear the Features of Christ

Date: Thursday, March 9, 2023

Time: 10am to 2pm

Where: Schoenstatt on the Lake Center, Sleepy Eye, MN

Please call the Center at 507-794-7727 to register by March 6th.

Visit our website: www.schoenstattmn.com

WORDS TO LIVE BY:

'No one will have any other desire in Heaven than what God wills; and the desire of one will be the desire of all; and the desire of all and of each one will also be the desire of God." St. Anselm 'Faith in action is Love, and Love in action is service. By transforming that Faith into living acts of Love, we put ourselves in contact with God Himself, with Jesus our Lord."St. Mother Teresa 'Jesus Christ, Lord of all things! You see my heart, you know my desires. Possess all that I am - you alone. I am your sheep; make me worthy to overcome the devil." St. Agatha

"He who trusts in himself is lost. He who trusts in God can do all things... What does it cost us to say, 'My God help me! Have mercy on me!' Is there anything easier than this? And this little will suffice to save us if we be diligent in doing it." St. Alphonsus

'At His Transfiguration Christ showed His disciples the splendor of His beauty, to which He will shape and color those who are His: 'He will reform our lowness configured to the body of His glory." St. Thomas Aquinas

Prayer for Priests by St. Therese of Lisieux, Carmelite O Jesus, eternal Priest, keep Your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the Priesthood. Let Your holy Love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their joy and consolation here and in Heaven their beautiful and everlasting crown. Amen

WEEKLY TITHING February 11-12, 2023

Sunday Envelopes: 2,258.00 Plate: 860.27 890.00 EFT: Total: \$ 4,008.27

The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm February 24, March 3, 10, 17, 24, & 31 ***Both baked & fried fish will be offered!*** **Prices:**

> Adults-\$13.00, Children 5-12-\$6.00, Family maximum \$45.00 TAKE OUT AVAILABLE!

STATIONS OF THE CROSS at 7:30pm

Please pray for the repose of the soul of George Fitterer, (father of Terri Pass, parishioner), who passed away February 14, 2023. Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen.' May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.

Please pray for the repose of the soul of Richard Kohn, (brother of Mary Herring, parishioner), who passed away February 15, 2023. 'Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen.' May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'

Institute of Catholic Culture Lecture PACKING YOUR BAGS

Preparing for the Journey of Lent by: Rev. Hezekias Carnazzo Lent is a journey—a pilgrimage with Christ to the Cross and His Resurrection. As with all journeys in this life, we must pack our bags well. Join Father Hezekias and the ICC to identify the critical provisions we will need along the way, and to discard the unnecessary attachments that will make us stumble under their weight. Event Details: Monday, February 20, Pre-Class Discussion: 7:30 PM EST Lecture: 8:00PM EST Registration is required. https:// instituteofcatholicculture.org/events/packing-your-bags

Pine Island Food Shelf: items requested for February: Personal Hygiene-toothpaste, soap, lotion, female hygiene products

HOLY MASS TIMES

Wednesday, February 22, 2023 (Ash Wednesday)

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

12:00pm Holy Mass

7:30pm (Latin) Holy Mass

Friday, February 24, 2023

8:00am Confessions/8:30am Holy Mass

Saturday, February 25, 2023

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, February 26, 2023

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

Mike York February 22, 2023

February 22, 2023 †Vicki Buckingham (Mary Sutton)

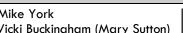
February 22, 2023 †Jose Ocariz (the Ocariz family) February 24, 2023 †Charlene Merten (Gary Kasel family)

February 25, 2023 †Jimmy Graves (Betty Clemens & family)

February 26, 2023 Elijah Mew (Kathy Winkels)

February 26, 2023 **Parishioners**







CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION

The next Faith Formation class/session will be Wednesday, March 1, 2023, at the Church of St. Michael.

Topic for March: The Virtue of Respect Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Baskets/Items for St. Patrick's Ham Dinner SILENG AUCGION

Calling all parishioners! We are looking for silent auction baskets and items for our silent auction fundraiser held

during **St. Patrick's Ham Dinner.** Any type of "baskets" that you like or individual items, including religious items, gift cards/certificates, homemade or purchased items will be appreciated. Please drop off any items at the parish office. *Thank you for your generosity*.

Why We Fast

I think that this is the reason for fasting - that since the first Adam, when he was in Paradise, had forfeited the glory of immortality through his gluttonous intemperance, Christ, the second Adam, might restore the same immortality through His abstinence. And now, because he had incurred the sin of death by going against the commands of God and tasting of the forbidden tree, the Lord in His fasting, in conformity with the commandment, might merit the righteousness of life... For this reason He wished to be born according to the likeness of Adam in every respect, so that in the likeness of Adam He might destroy all the sins of humanity. For Adam was born of the virgin earth and Christ was begotten of the Virgin Mary... Adam is formed from mire by the hands of God, while Christ is formed in the womb by the Spirit of God. Each comes forth with God as Father, then; each has a virgin for mother; each, as the Evangelist says, is a son of God, but Adam is a creature and Christ is a Son in substance...

In the desert the Savior fulfills the command of God, so that He might save the wandering Adam in the very place where he had been dispossessed of paradise. Adam, when he was cast out of paradise, endured the desert places of a harsh world. It is in the desert, then, that salvation is first restored to mankind - there where there are no rich foods, where there are no pleasures... In paradise the devil contends with Adam, and in the desert the devil struggles with Christ... The very body of the Christian is in a sense a desert when it is not filled with food and cheered with drink... Then Christ the Lord inhabits the desert of our body when He has found that our land is desolate because of hunger and parched because of thirst. Then the Savior dwelling in this desert of our body overcomes there all the factions of the devil, and safe and secure from the thoughts of this world He takes it for His habitation, so that from then on we might see Heaven and earth within ourselves... That is to say, we might think of nothing other than the Lord of the Heavenly Kingdom and the Author of earthly Resurrection. St. Maximus of Turin (St. Maximus († c. 465) was the first Bishop of Turin, Italy.)

ARCHDIOCESAN EVANGELIZATION PRAYER

Holy Spirit, renew your wonders in our time, as though in a new Pentecost, and grant that this Archdiocese, united in prayer around Mary, the Mother of Jesus, and guided by St. Peter, may spread the Kingdom of the divine Savior, a Kingdom of truth, of justice, of love, and of peace. Amen. Saint Paul, our great missionary patron, pray for us!

Give the gift of an Hour of Adoration for someone. Cards are in the vestibule to send to the recipient.

WEEKLY TITHING February 12, 2023

 Sunday Envelopes:
 \$ 870.00

 Plate:
 \$ 16.00

 Total:
 \$ 886.00

St. Patrick's Ham Dinner at the Zumbrota VFW

March 19 at the Zumbrota VFW, serving from 10:30am -1:00pm

Prices:

Adults or Take Out \$14.00, Children 6-12--\$6.00, Under 6 -free Available for Dine-In & Take Out

Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at stpauls@hcinet.net or call the Parish Office at 732-5324 to sign up.

If you have any questions, contact the Ham Dinner committee members: Shirley Gregory and Linda Kazmierczak, Karen Hodgman & Gene Leifeld, Steve & Mary Kingsbury, and Fr. Kasel

St. Paul CCW will be having a meeting on Tuesday, February 21, at the Church of St. Paul. There will be a Holy Mass at 5:00pm followed by the meeting. All ladies are invited! **Please note the change in time.**

PRO LIFE QUOTE:

........

"You are called to stand up for life! To respect and defend the mystery of life always and everywhere, including the lives of unborn babies, giving real help and encouragement to mothers in difficult situations. You are called to work and pray

to mothers in difficult situations. You are called to work and pray against abortion." St. John Paul II, in New York, 1995 abortion and infanticide are abominable crimes." [nefanda sunt crimina] Vatican Council II, Church in the Modern World #51"Nothing we do to defend the human person, no matter how small, is ever unfruitful or forgotten. Our actions touch other lives and move other hearts in ways we can never fully understand in this world. Don't ever underestimate the beauty and power of the witness you give in your pro-life work." Archbishop Charles Chaput, Archbishop of Philadelphia, April 8, 2011

†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

HOLY MASS TIMES

Tuesday, February 21, 2023

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

5:00pm St. Paul CCW Holy Mass

Wednesday, February 22, 2023 (Ash Wednesday)

6:00pm Holy Mass

Thursday, February 23, 2023

8:00am Confessions/8:30am Holy Mass

Sunday, February 26, 2023

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

February 21, 2023 Maria Nguyen

February 21, 2023 †Helen & Warren Moe (Steve & Mary Kingsbury)

February 22, 2023 †Richard Thamert (Katie Holmstadt)

February 23, 2023 Clare Taylor (T & J Meyer)

February 26, 2023 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 1) and fraternal sharing (charitable and missionary works). The process of conversion and repentance was described by Jesus in the parable of the prodigal son, the center of which is the merciful father: The fascination of illusory freedom, the abandonment of the father's house: the extreme misery in which the son finds himself after squandering his fortune; his deep humiliation at finding himself obliged to feed swine, and still worse, at wanting to feed on the husks the pigs ate; his reflection on all he has lost; his repentance and decision to declare himself guilty before his father; the journey back; the father's generous welcome; the father's joy - all these are characteristic of the process of conversion. The beautiful robe, the ring, and the festive banquet are symbols of that new life - pure, worthy, and joyful - of anyone who returns to God and to the bosom of His Family, which is the Church. Only the heart of Christ Who knows the depths of His Father's Love could reveal to us the abvss of His Mercy in so simple and beautiful a way." (CCC 1434-1439) Through the intercession of the Virgin Mary, St. Joseph and our patrons, St. Michael and St. Paul, may God bless you, your families and our parishes this Lent!

In Christ through Mary.

Fr. Kasel

Want to grow in our Catholic Faith?

FORMED You can learn about our Catholic Faith online at any time through FORMED! You will have access

to thousands of enriching Catholic movies, programs, audio, & books instantly on FORMED when you sign up through our parishes. There is no cost for you! Just follow these easy steps:

1. Visit: signup.formed.org 2. Enter your parish zip code or name (St. Michael 55963 or St. Paul 55992) 3. Grow in our Catholic Faith!



Thirty-Day Prayer to St. Joseph

Dear Parishioners,

Join us starting Saturday, February 18, for the 30-Day Prayer to St. Joseph for any Special Intention. The Solemnity of St. Joseph is on March 19.

Catholic Services Appeal 2023

Commitment weekend for the Catholic Services Appeal is coming soon. Your gift to the Catholic Services Appeal supports an array of ministries that include pro-life, seminarian support, Catholic education, services to those most in need and Synod evangelistic priorities in the building up of our local church. Please prayerfully consider making a gift that will impact the lives of so many people throughout the Archdiocese of St. Paul and Minneapolis through your abundant generosity. To learn more about the Catholic Services Appeal please visit the CSAF website: csafspm.org.

United for Life

Tuesday, February 28, 10am - 2:30pm, at the Minnesota State Capitol, Saint Paul: Join us for United for Life, a pro-life advocacy day at the Minnesota State Capitol, bringing together pro-life Minnesotans. This free event at the Capitol will include a rally, educational opportunities, and meetings with your lawmakers. Find further details at unitedforlifemn.eventbrite.com.

Mardi Gras Fundraiser: Holy Trinity Parish in Goodhue will be hosting a Mardi Gras fundraiser on Sunday, February 19, from Noon-4pm at the Goodhue Lions Community Center. There will be a corn hole competition and children's games. All are invited. 90% of the proceeds will go to the parish's youth and family ministry and 10% will go to First Choice Clinic in Red Wing.



Buy one Blizzard at regular price, get 2nd Blizzard at 99¢!

215 E. 18th St. Zumbrota 732-5910

ZUMBROTA MINI STORAGE Lighting—Paved

24 Hour Access 1550 Jefferson Drive, Zumbrota

507-696-4406



Hub Food Center

228 West Ave. Zumbrota 507-732-7329

https://www.nilssensfoods.com

Steve Johnson's

Hwy 52 & 58 in Zumbrota 507-732-5127

Home: 651-460-6706 www.zumbrotaford.com



Foot Care Service 507-269-7827 125 Elton Hills Dr. NW Suite 112, Rochester, MN 55901

footcareprofessionalsllc@gmail.com Care provided by

Sheila Buehler, APRN, CNP, CFCS Certified Foot Care Specialist Helping YOU live well with YOUR feet!

TOM & SCOTT SHANE Commercial & Industrial 507-824-2191

Gadient Garage Doors

Doors & Openers Sales Service & Repair Exceptional Customer Service . GadientGarageDoors.com



651-388-0550

When You Expect the Very Best"

Teresa & Todd Gadient

Mahn Family

Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444

Mahler Chapel 209 NW 1st Ave. Pine Island, MN

(507) 356-4620 mahnfamilyfuneralhome.com

HEMANN, GROVER & Company Ltd.

Certified Public Accountants "Building & managing wealth for your business & family'

Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800

Owen Locker **Plant**

110 2nd St. NE Pine Island, MN 55963 507-356-8612

Knollwood Apartments

Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information

Parish Safe Environment

St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475

Church of St. Michael Church of St. Paul Cemetery

For Plot Information Call the Parish Office 507-356-4280

Cemetery

For Plot Information Call the Parish Office 507-732-5324

"Remember To Pray For Our Beloved Departed."

(507)-356-8448 Safe Environment: The Archdiocese of St. Paul/ Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every

three years while serving. Please contact the Safe Envi-

ronment Coordinator for details on how to register for a

VIRTUS class, complete the Essential 3, or do updates.

Coordinator: Sara McNamara