

# NEWS FROM SAINT MICHAEL AND SAINT PAUL

**JULY DEVOTION:**  
**THE PRECIOUS BLOOD OF JESUS**  
 Almighty and Eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by His Blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in Heaven. Through the same Christ our Lord. Amen.



**PRAYER TO THE ETERNAL FATHER**  
 Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ in atonement for my sins, and in supplication for the holy souls in purgatory and for the needs of the Holy Catholic church.

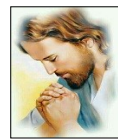
**PRAYER TO JESUS**  
 We pray dear Jesus, help Thy servants, whom Thou hast redeemed with Thy Precious Blood. (from [www.catholic.org](http://www.catholic.org))

## AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus?

Consider coming to Holy Mass on weekdays!

Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes. *Come to sanctify your weekdays with Jesus - He is waiting for you!*



**KC Meeting:** The next St. Pio Council Knights of Columbus membership meeting is Wednesday, July 12 at 7pm at the Church of St. Paul, Zumbrota. We will install our new officers for the next fraternal year. All members and their families are invited to attend!

## Celebrate St. James Coffee 11th Anniversary Event

Join us for a fun-filled morning as we celebrate the eleventh anniversary of St. James Coffee! All ages and families are welcome. We hope to see you there!

- Free Coffee and Lemonade
- Free Donuts from Sweet House Bakery
- 50% off specialty drinks
- Trivia and Door Prizes at 10am and 12pm
- Outside activities for kids and teens

When: Saturday, July 22, 2023 at 9am – 1pm  
 Where: 4156th 18th Ave NW, Rochester

## National Eucharistic Congress:

**July 17-24, 2024, Indianapolis, IN**

At this historic event, more than 80,000 Catholics of all ages will gather in Indianapolis to reconsecrate their hearts to the source and summit of our Catholic Faith. With thousands of pilgrims expected, the best time to secure your spot at this historic event is now. Right now the Archdiocese has a limited number of discounted tickets available! Find out about registration at [archspm.org/eucharisticrevival](http://archspm.org/eucharisticrevival).



July 9, 2023  
 Fourteenth Sunday in Ordinary Time

**Father Randal Kasel, Pastor** [frkasel@bevcomm.net](mailto:frkasel@bevcomm.net)

Josefina Meyer & Sara McNamara, Staff

**CHURCH OF ST. PAUL** 749 South Main St., Zumbrota, MN 55992

Office: 732-5324 Fax: (507) 732-5347 Email: [stpauls@hcinet.net](mailto:stpauls@hcinet.net)

OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

**CHURCH OF ST. MICHAEL** 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507)356-2080 Email: [stmichaeloffice@bevcomm.net](mailto:stmichaeloffice@bevcomm.net)

OFFICE HOURS: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

**BULLETIN ARTICLE DEADLINE** All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to [stpauls@hcinet.net](mailto:stpauls@hcinet.net) and Saint Michael articles to [stmichaeloffice@bevcomm.net](mailto:stmichaeloffice@bevcomm.net). The business office reserves the right to edit articles as time and space allows.

## From Father Kasel

Praised be Jesus Christ through Mary!

Dear Parishioners,

This coming Tuesday, July 11, we celebrate the Feast of St. Benedict of Nursia (Abbot and Founder; b. cir. 480 – d. 547)). He is known as the founder of the Benedictine Order and the monastery at Monte Cassino. He is called the Father of Western monasticism. He wrote the Rule of St. Benedict that eventually became the norm for monastic life throughout Europe. He was known for great sanctity and worked many great wonders in honor of God during his lifetime. His famous sister, Scholastica, also founded a women's monastic order. St. Benedict was named the *Patron Saint of all of Europe* by Pope St. Paul VI. Many people wear on their person or have the Medal of St. Benedict in their home. If you do not have a St. Benedict Medal, I encourage you to practice devotion to St. Benedict through the use of the St. Benedict Medal! I include a summary of the St. Benedict Medal to learn more about this great devotion:

"Many Catholics proudly wear the St. Benedict Medal. It is a sacramental containing many symbols and prayers that can remind us to hold fast against temptation.

During his life, Benedict was known to work many miracles through the power of the Holy Cross. These included his heroic conquering of temptations and his miraculous vanquishing of attempts to kill him. By making the Sign of the Cross over a glass of wine that had been poisoned, for example, the glass shattered and he was spared from drinking it.

These miracles, and his devotion to Christ's Cross, led to the creation of the St. Benedict Medal. It was a Jubilee medal first struck in 1880 by the Archabbey of Monte Cassino to commemorate the 14th centenary of St. Benedict's birth.

On the front of the medal, St. Benedict can be seen holding a cross in his right hand and the Rule he wrote for his monks in his left. To the right there is an image of the poisoned cup which he was once given.

On the other side of Benedict, a raven can be seen. This is because an enemy once sent him poisoned bread; God sent a raven to take the loaf and fly off with it, thereby protecting Benedict from harm. The letters on the medal contain either whole phrases in Latin or the first letter of each word in these phrases. What do they mean in English?

### Front of the Medal:

*Crux Sancti Patris Benedicti*

The Cross of our Holy Father Benedict

*Eius in obitu nostro praesentia muniamur*

May we at our death be fortified by his presence

### Back of the Medal:

*Pax*

Peace

### On the cross in the center:

C.S.S.M.L.—N.D.S.M.D.

Welcome to the Churches of

St. Paul &

St. Michael



*We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!*

## SACRAMENTS

**Confession** - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

**Baptism** - Please contact the parish office.

**Matrimony** - Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick** - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

## WEEKEND HOLY MASS SCHEDULE:

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

**Church of Saint Michael - Sunday** Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

## WEEKDAY HOLY MASS SCHEDULE

**Church of Saint Paul - Tuesday and Thursday** Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

**Church of Saint Michael - Wednesday and Friday** Confession 8am and Mass 8:30am

*Crux Sacra Sit Mihi Lux*

*Non Draco Sit Mihi Dux*

May the Holy Cross be my light

Let not the dragon be my guide

**Circled letters at each corner of the cross:**

C.S.P.B.

*Crux Sancti Patris Benedicti*

The Cross of our Holy Father Benedict

**Initials around the perimeter:**

V.R.S.N.S.M.V.—S.M.Q.L.I.V.B.

*Vade Retro Satana, Nunquam Suade Mihi Vana*

*Sunt Mala Quae Libas, Ipse Venena Bibas*

Begone Satan! Never tempt me with your vanities!

What you offer me is evil. Drink the poison yourself!"

(from [www.catholiccompany.com](http://www.catholiccompany.com))

Basically, this is a medal that tells the devil to go back to hell where he belongs. If you obtain this medal, it should be blessed before you begin devotional use. If you have any questions, you can contact me.

Through the intercession of Mary, Our Lady of Mount Carmel, St. Joseph, St. Michael, St. Paul, St. Benedict and St. Scholastica, may our good Lord grant us to be always from the influence of the devil and all evil spirits!

In Christ through Mary,

Fr. Kasel

**Holy Hour and Social for Men:** Sunday, July 9, at 6:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on current events in the Church. All men are invited!

**The next Holy Hour for Women** will be Sunday, July 23, at 6pm at the Church of St. Michael, Pine Island. All women are invited!

<p>Buy one Blizzard at regular price, get 2nd Blizzard at 99¢!                  215 E. 18th St. Zumbrota  <b>732-5910</b></p>	<p><b>ZUMBROTA MINI STORAGE</b>                  Lighting—Paved                  24 Hour Access                  1550 Jefferson Drive,                  Zumbrota  <b>507-696-4406</b></p>	<p><b>Hub Food Center</b>                  228 West Ave. Zumbrota  <b>507-732-7329</b>  <a href="https://www.nilssensfoods.com">https://www.nilssensfoods.com</a></p>	<p><b>Steve Johnson's ZUMBROTA Ford</b>                  Hwy 52 &amp; 58 in Zumbrota  <b>507-732-5127</b>                  Home: 651-460-6706  <a href="http://www.zumbrotaford.com">www.zumbrotaford.com</a></p>	<p><b>FOOT CARE PROFESSIONALS</b>  <b>Foot Care Service</b>  <b>507-269-7827</b>                  3708 Broadway Ave N,                  Suite 130,                  Rochester, MN 55906  <a href="mailto:footcareprofessionalsllc@gmail.com">footcareprofessionalsllc@gmail.com</a>                  Care provided by  <b>Sheila Buehler, APRN, CNP, CFCS</b>                  Certified Foot Care Specialist                  Helping YOU live well with YOUR feet!</p>
<p><b>SHANE ELECTRIC INC.</b>  <b>TOM &amp; SCOTT SHANE</b>                  Commercial &amp; Industrial  <b>507-824-2191</b></p>	<p><b>Gadient Garage Doors</b>                  Doors &amp; Openers Sales                  Service &amp; Repair                  Exceptional Customer Service  <a href="http://GadientGarageDoors.com">GadientGarageDoors.com</a></p> <p> <b>651-388-0550</b>                  "When You Expect the Very Best"                  Teresa &amp; Todd Gadient</p>	<p><b>Mahn Family Funeral Homes Larson Chapel</b>                  1475 Jefferson Dr. Zumbrota, MN                  (507) 732-5444</p> <p><b>Mahler Chapel</b>                  209 NW 1st Ave. Pine Island, MN                  (507) 356-4620  <a href="http://mahnfamilyfuneralhome.com">mahnfamilyfuneralhome.com</a></p>	<p><b>HEMANN, GROVER &amp; Company Ltd.</b>                  Certified Public Accountants                  "Building &amp; managing wealth for your business &amp; family"  <b>Glen P. Hemann, CPA</b>  <a href="mailto:ghemann@zumbrotacpa.com">ghemann@zumbrotacpa.com</a>                  404 Main St. S. Zumbrota  <b>732-7800</b></p>	<p><b>Owen Locker Plant</b></p> <p>110 2nd St. NE                  Pine Island, MN 55963  <b>507-356-8612</b></p>
<p><b>Knollwood Apartments</b>                  Located next door to the Church of St. Michael                  Walk to Sunday Mass!                  Call for more information  <b>(507)-356-8448</b></p>				
<p><b>Safe Environment:</b> The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p><b>Parish Safe Environment Coordinator:</b> Sara McNamara  <b>St. Michael:</b> 507-356-4280  <a href="mailto:stmichaeloffice@bevcomm.net">stmichaeloffice@bevcomm.net</a>  <b>St. Paul:</b> 507-732-5324  <a href="mailto:stpauls@hcinet.net">stpauls@hcinet.net</a></p> <p><b>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:</b>                  (651) 291-4475</p>	<p><b>Church of St. Michael Cemetery</b>                  For Plot Information                  Call the Parish Office                  507-356-4280</p> <p><i>"Remember To Pray For Our Beloved Departed."</i></p>	<p><b>Church of St. Paul Cemetery</b>                  For Plot Information                  Call the Parish Office                  507-732-5324</p>	



**CATHOLIC VACATION BIBLE SCHOOL  
AUGUST 21-24 (MONDAY-THURSDAY)**

The Filiae Laboris Mariae (Daughters of the Works of Mary) Sisters will teach in our CVBS this Summer. Plan now to attend and experience the CVBS at the Church of St. Michael, Pine Island. Registration form will be available soon!

**Our Lady of Mount Carmel** - Sunday, July 16

On July 16, members of the Community of the Pure Heart of St. Joseph Carmelite Group in Discernment will be present after the 10:30am Holy Mass to share information about the Carmelite Charism with anyone who is interested. The Community of the Pure Heart of St. Joseph Carmelite Group in Discernment meets at St. Michael and is in the process of establishing a Carmel Secular Third Order Community. Fr. Kasel will offer enrollment in the Brown Scapular after Holy Masses this weekend. We will also complete the Consecration Prayers to the Virgin for those who have completed the preparation.

**Mothers and Daughters** are invited to join the Little Flowers Girls Club! Little Flowers is a national Catholic girls organization where girls ages 5-13 are taught how to live virtuous lives by emulating the lives of saints. We meet monthly on the second Thursday of the month at the Church of St. Michael in Pine Island. Girls have lessons, do crafts or learn hospitality skills, and have social time. If you think Little Flowers might be a fit for your daughter or for more information, please email [authentic-catholicgirls@gmail.com](mailto:authentic-catholicgirls@gmail.com)  
Little Flowers Girls Club - Growing Holier One Virtue at a Time!

**Journey through the Catechism as a Story from Blessing to Blessing!**

Applications are now being accepted for the class of St. Therese Lisieux in the Catechetical Institute's popular two-year Pillars Program beginning this fall!

- \*Monday Evenings 7-9pm
- \*Four 11-week modules following the *Four Pillars*
- \*Two formative sessions per module
- \*Live streamed at the Church of St. Michael, Pine Island
- \*Application deadline is August 1.



Join over 3,000 graduates!

For more info: [SAINTPAULSEMINARY.ORG/CI](http://SAINTPAULSEMINARY.ORG/CI)

**Institute of Catholic Culture Lecture Series:  
Modernity and the Common Good**

Discover the Church's teaching on the modern political order in our upcoming free, online course at the ICC. Enrollment is now open for our next in-depth course: *Modernity & the Common Good* with Dr. Chad Pecknold! This course will examine the late medieval and early modern challenges to Catholic political theory, the rise of modern social contract theorists, and Catholic responses to the new liberal order. Join us to gain a better grasp of the Church's teaching on politics and its consequences for modern debates over Americanism, Separationism, and Integralism. Lectures will take place in the ICC's online classroom on Thursday evenings from 8:00 - 9:15 PM Eastern time, July 27 - December 7, 2023. A special course orientation session will be held on July 20. Recordings will be made available after each class for those who miss the live session. All required reading assignments will be provided. Registration required by July 13 at: <https://instituteofcatholicculture.org/events/catholic-political-thought-102>

**Pine Island Food Shelf:** items requested for July: Drinks of all kinds during this hot season for our elders and children.

**WEEKLY TITHING July 1-2, 2023**

Sunday Envelopes:	\$ 5,760.00
Plate:	\$ 2,314.17
EFT:	\$ 2,567.00
<b>Total:</b>	<b>\$ 10,641.17</b>

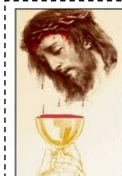


**PRO LIFE QUOTES:**

*"America you are beautiful...and blessed.... The ultimate test of your greatness is the way you treat every human being, but especially the weakest and most defenseless. If you want equal justice for all and true freedom and lasting peace, then America, defend life." -Pope John Paul II*

*"The fundamental human right, the presupposition of every other right, is the right to life itself. This is true of life from the moment of conception until its natural end. Abortion, consequently, cannot be a human right -- it is the very opposite. It is a deep wound in society." -Pope Benedict XVI*

*"To dissociate the child from love is, for our species, a methodological error: contraception, which is to make love without making a child; artificial (in vitro) fertilization, which is to make a child without making love; abortion, which is to unmake the child; and pornography, which is to unmake love: all these, to varying degrees, are incompatible with natural law." -Servant of God Jerome LeJeune*



**Devotion to our Lord's Precious Blood**

Eternal Father, I offer Thee the most Precious Blood of Jesus Christ, in satisfaction for my sins, in supplication for the holy souls in Purgatory and for the needs of Holy Church [especially for the soul of (Name)].

IMMACULATE Heart of Mary, do thou offer to the Eternal Father the Precious Blood of Our Lord Jesus Christ, for the conversion of sinners, especially [Name].

**A Prayer by Saint Benedict (Feast: July 11)**

Gracious and Holy Father, give us the wisdom to discover You, the intelligence to understand You, the diligence to seek after You, the patience to wait for You, eyes to behold You, a heart to meditate upon You, and a life to proclaim You, through the power of the Spirit of Jesus, our Lord. Amen.



**HOLY MASS TIMES**

- Wednesday, July 12, 2023**  
8:00am Confessions/8:30am Holy Mass  
9:00am-5:00pm Adoration of the Blessed Sacrament
- Friday, July 14, 2023**  
8:00am Confessions/8:30am Holy Mass
- Saturday, July 15, 2023**  
4:00pm-4:50pm Confessions  
5:00pm Holy Mass
- Sunday, July 16, 2023**  
7:00am Latin Holy Mass  
10:30am Holy Mass

**HOLY MASS INTENTIONS**

- July 12, 2023** Sheila Buehler & family  
**July 14, 2023** Lynn Sommers  
**July 15, 2023** Leah Monosmith  
**July 16, 2023** Fr. Kasel  
**July 16, 2023** Parishioners



**CATHOLIC VACATION BIBLE SCHOOL  
AUGUST 21-24 (MONDAY-THURSDAY)**

The Filiae Laboris Mariae (Daughters of the Works of Mary) Sisters will teach in our CVBS this Summer. Plan now to attend and experience the CVBS at the Church of St. Michael, Pine Island. Registration form will be available soon!

**Dennis and Betty Stromback  
Celebrate 50 years of Marriage**

Dear Parishioners, You are invited to celebrate with Dennis and Betty as they celebrate 50 years of Marriage next Saturday, July 15! There will be a special Anniversary Holy Mass at 3pm at the Church of St. Paul in Zumbrota. You are welcome to attend! God bless you!  
Fr. Kasel



**Songs of Hope:** The free concert is on July 20, at 7pm, at the United Redeemer Lutheran Church, Zumbrota, MN. Songs of Hope offers participants a unique opportunity to live in community with kids from other countries and cultures while learning and performing music from many countries. Each summer, a select group of around 70 children and young adults venture to Minnesota from Europe, Asia, Africa, Latin America, the Middle East, and the U.S. They arrive as strangers but soon find themselves embraced in a closely-knit, supportive community as they learn popular songs and dances from each other's cultures. Then, they take these songs of peace, love, and respect into neighboring communities in a joyous celebration of the different cultures in the human family. For more info, visit: <https://www.soundsofhope.org/>

**ARCHDIOCESAN EVANGELIZATION PRAYER**

Holy Spirit, renew your wonders in our time, as though in a new Pentecost, and grant that this Archdiocese, united in prayer around Mary, the Mother of Jesus, and guided by St. Peter, may spread the Kingdom of the divine Savior, a Kingdom of truth, of justice, of love, and of peace. Amen. Saint Paul, our great missionary patron, pray for us!

**Daily Offering to our Heavenly Father**

- by St Gertrude the Great (1256-1302)

Eternal Father, I offer Thee the most Precious Blood of Thy Divine Son, Jesus, in union with the Holy Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal Church, for those in my own home, and in my family. Amen.

**Seminary Information Night:** Tuesday, August 15, 5-8 p.m., Saint John Vianney College Seminary, Saint Paul  
The Seminary Information Night is for Catholic Junior and Senior High School men and their parents who would like to learn more about St. John Vianney College Seminary. The event, sponsored by the Archdiocese of St. Paul and Minneapolis Office of Vocations, will be held on the Solemnity of the Assumption of the Blessed Virgin Mary, will begin with 5 p.m. Mass, followed by dinner, informational program and seminary tour. RSVP is required at [10000vocations.org/assumption](mailto:10000vocations.org/assumption).

Give the gift of an Hour of Adoration for someone. Cards are in the vestibule to send to the recipient.

**Weekly Rosary:** You are invited to join in praying the weekly Rosary with Zumbrota Care Center residents on Mondays at 1:30 pm. We meet in the South Day Room. If you have questions, call Barb Boraas at 507-732-5877.

**WEEKLY TITHING July 2, 2023**

Sunday Envelopes:	\$ 544.00
Plate:	\$ 406.00
EFT:	\$ 1,515.00
<b>Total:</b>	<b>\$ 2,465.00</b>

**CCW Salad Luncheon: August 16, 2023**

The Annual CCW Salad Luncheon will be on August 16, from 11:00am-1:00pm at Church of St. Paul, Zumbrota. **St. Paul CCW Ladies: Please start pulling out your favorite recipes and plan to supply a salad for the Salad Luncheon.**

**WORDS TO LIVE BY:**

*"For at all times we must so serve Him with the good things He has given us, that He may not, as an angry Father, disinherit His children, nor as a dread Lord, provoked by our evil deeds, deliver us to everlasting punishment as wicked servants who refuse to follow Him to glory." St. Benedict of Nursia*  
*"He, who labors as he prays, lifts his heart to God, with his hands." St. Benedict of Nursia*  
*"The first degree of humility is prompt obedience." St. Benedict of Nursia, The Rule of Saint Benedict*  
*"He should first show them in deeds rather than words all that is good and holy." St. Benedict of Nursia, The Rule of Saint Benedict*  
*St. Benedict was accustomed to visit his sister, Scholastica, every year, for "she could not be sated or wearied with the words of grace which flowed from his lips." On his last visit, three days before she was to be called to Heaven, after a full day passed in spiritual converse, St Scholastica, knowing that her end was near, said, "My brother, leave me not, I pray you, this night, but discourse with me till dawn on the bliss of those who see God in Heaven. When she heard her brother refuse her request, the holy woman joined her hands on the table, laid her head on them and began to pray. As she raised her head from the table, there were such brilliant flashes of lightning, such great peals of thunder and such a heavy downpour of rain that neither Benedict nor his brethren could stir across the threshold of the place where they had been seated. Sadly he began to complain: "May God forgive you, sister. What have you done?" "Well," she answered, "I asked you and you would not listen, so I asked my God and He did listen. So now go off, if you can, leave me and return to your Monastery." From a summary of the life of St. Benedict by St. Gregory*

**Want to grow in our Catholic Faith?**

You can learn about our Catholic Faith online at any time through FORMED! You will have access to thousands of enriching Catholic movies, programs, audio, & books instantly on FORMED when you sign up through our parishes. There is no cost for you! Just follow these easy steps:  
1. Visit: [signup.formed.org](http://signup.formed.org) 2. Enter your parish zip code or name (St. Michael 55963 or St. Paul 55992) 3. Grow in our Catholic Faith!

**HOLY MASS TIMES**

- Tuesday, July 11, 2023**  
8:00am Confessions/8:30am Holy Mass  
9:00am-5:00pm Adoration of the Blessed Sacrament
- Thursday, July 13, 2023**  
8:00am Confessions/8:30am Holy Mass
- Sunday, July 16, 2023**  
8:20am Rosary/8:25am Confessions  
8:45am Holy Mass

**HOLY MASS INTENTIONS**

- July 11, 2023** John Nguyen  
**July 13, 2023** †Robert Hanzel (Beth Giesen)  
**July 16, 2023** Parishioners

