

October 30, 2022  
Thirty-First Sunday in Ordinary Time

**Father Randal Kasel, Pastor** frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

**CHURCH OF ST. PAUL** 749 South Main St., Zumbrota, MN 55992

**Office:** 732-5324 **Fax:** (507) 732-5347 **Email:** stpauls@hcinet.net

**OFFICE HOURS:** Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

**CHURCH OF ST. MICHAEL** 451 5th St. SW, Pine Island, MN 55963

**Office:** 356-4280 **Fax:** (507) 356-2080 **Email:** stmichaeloffice@bevcomm.net

**OFFICE HOURS:** Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

**Website:** <http://www.stpaulstmichael.com>

**BULLETIN ARTICLE DEADLINE** All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

### From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

This coming Tuesday we celebrate the Solemnity of All Saints!

This Solemnity is a Holy Day of Obligation, meaning we must attend Holy Mass on this day. We have a number of options for Holy Mass times – please the times listed in this bulletin.

What does it mean to be a Saint? This is an all-important question!

No one will be a saint without choosing to be a saint. Our free will must be active in choosing to follow Jesus. However, it is also true that no one can 'will' him or herself into being a saint. Each one of us needs the grace of God to be holy, to be a saint! The common practice we have from those whom the Church acknowledges as saints is to ask of God for knowledge of His will and then following His plan for our lives. The basic blueprint for being a saint is the same for us each of us: follow the Ten Commandments and live in harmony with the specific teachings our good Lord Jesus has given us through Scripture and Tradition. Our Church gives us the explanation of how to follow Jesus in our Catechism. Our Lord Jesus desires that we search for His will in our daily life and that we courageously put what He desires into action.

Here is what our Catechism teaches us about being a saint (CCC 946-959):

#### The Communion of Saints

After confessing "the holy Catholic Church," the Apostles' Creed adds "the Communion of Saints." In a certain sense this article is a further explanation of the preceding: "What is the Church if not the assembly of all the saints?" (Nicetas, Expl. Symb., 10:PL 52:871B) The communion of saints is the Church.

"Since all the faithful form one body, the good of each is communicated to the others. . . . We must therefore believe that there exists a communion of goods in the Church. But the most important member is Christ, since he is the head. . . . Therefore, the riches of Christ are communicated to all the members, through the sacraments." (St. Thomas Aquinas, Symb. 10) "As this Church is governed by one and the same Spirit, all the goods she has received necessarily become a common fund." (Roman Catechism I, 10, 27)

The term "communion of saints" therefore has two closely linked meanings: communion in holy things (*sancta*) and "among holy persons (*sancti*)."

*Sancta sanctis!* ("God's holy gifts for God's holy people") is proclaimed by the celebrant in most Eastern liturgies during the elevation of the holy Gifts before the distribution of communion. The faithful (*sancti*) are fed by Christ's holy body and blood (*sancta*) to grow in the communion of the Holy Spirit (*koinonia*) and to communicate it to the world.

#### Communion in Spiritual Goods

In the primitive community of Jerusalem, the disciples "devoted themselves to the apostles' teaching and fellowship, to the breaking of the bread and the prayers." (Acts 2:42)

*Communion in the Faith.* The faith of the faithful is the faith of the Church, received from the apostles. Faith is a treasure of life which is enriched by being shared.

# Welcome to the Churches of

## St. Paul &

## St. Michael



*We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!*

### SACRAMENTS

**Confession** - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

**Baptism** - Please contact the parish office.

**Matrimony** - Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick** - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

#### WEEKEND HOLY MASS SCHEDULE:

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

**Church of Saint Michael - Sunday** Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

#### WEEKDAY HOLY MASS SCHEDULE

**Church of Saint Paul - Tuesday and Thursday**

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

**Church of Saint Michael - Wednesday and Friday**

Confession 8am and Mass 8:30am

*Communion of the Sacraments.* "The fruit of all the sacraments belongs to all the faithful. All the sacraments are sacred links uniting the faithful with one another and binding them to Jesus Christ, and above all Baptism, the gate by which we enter into the Church. The communion of saints must be understood as the communion of the sacraments. . . . The name 'communion' can be applied to all of them, for they unite us to God. . . . But this name is better suited to the Eucharist than to any other, because it is primarily the Eucharist that brings this communion about." (Roman Catechism I, 10, 24)

*Communion of charisms.* Within the communion of the Church, the Holy Spirit "distributes special graces among the faithful of every rank" for the building up of the Church. (Lumen Gentium 12) Now, "to each is given the manifestation of the Spirit for the common good." (1 Corinthians 12:7)

*"They had everything in common."* (Acts 4:32) "Everything the true Christian has is to be regarded as a good possessed in common with everyone else. All Christians should be ready and eager to come to the help of the needy . . . and of their neighbors in want." (Roman Catechism I, 10, 27) A Christian is a steward of the Lord's goods. (Cf. Luke 16:1, 3)

*Communion in charity.* In the sanctorum communio, "None of us lives to himself, and none of us dies to himself." (Romans 14:7) "If one member suffers, all suffer together; if one (continued on page 3)



**Holy Masses for All Saints Day** (a Holy day of obligation this year)

Tuesday, November 1 at 8:30am- St. Paul, Zumbrota

Tuesday, November 1 at 4:00pm- St. Michael, Pine Island (Latin)

Tuesday, November 1 at 5:15pm- St. Michael, Pine Island

#### Holy Masses for All Souls Day

Wednesday, November 2 at 8:30am-St. Michael, Pine Island

Wednesday, November 2 at 12noon-St. Paul, Zumbrota

Wednesday, November 2 at 6:30pm-St. Michael, Pine Island (Latin)

The next **Holy Hour for Women** will be **Sunday, October 30**, at 6:00pm at the Church of St. Michael, Pl. Fr. Kasel will give a talk on Miracles of the Holy Rosary. All women are invited!

## CHURCH OF SAINT MICHAEL NEWS

### CHURCH OF ST. MICHAEL FAITH FORMATION

**Faith Formation sessions** will start on **Wednesday, Nov. 9**, at the Church of St. Michael. Please return the registration form to the Parish office.

**Topic for November: The Virtue of Honesty**

**Below is the schedule:**

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

### Holy Spirit Novena: November 1 to November 9

### Celebrate the Saints at the Church of St. Michael!

All families are invited to attend our All Saints Day party to be held on **Tuesday, November 1**, at the Church of St. Michael, Pine Island. The Latin Holy begins at 4pm and the English Holy Mass at 5:15pm. Food and games will follow. The parish will provide old fashioned hot dogs. Please bring a side dish to pass.

### Save the date! November 20: Pancake Breakfast!

St. Pio Knights of Columbus Council 16016 will host a Pancake Breakfast on Sunday, November 20, from 8:00am-12:30pm at the Church of St. Michael.

### Act of Consecration of the Human Race to the Sacred Heart of Jesus

Most Sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thine altar. We are Thine, and Thine we wish to be; but to be more surely united to Thee, behold each one of us freely consecrates ourselves today to Thy Most Sacred Heart. Many indeed have never known Thee; Many too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart. Be Thou King, O Lord, not only of the faithful children, who have never forsaken Thee, but also of the prodigal children, who have abandoned Thee; Grant that they may quickly return to their Father's house lest they die of wretchedness and hunger. Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbor of truth and unity of faith, so that there may be but one flock and one Shepherd. Be Thou King of all those who are still involved in the darkness of idolatry or of Islamism, and refuse not to draw them into the light and kingdom of God. Turn Thine eyes of mercy towards the children of the race, once Thy chosen people: of old they called down upon themselves the Blood of the Savior; may it now descend upon them a laver of redemption and of life. Grant, O Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry; praise to the Divine Heart that wrought our salvation; To it be glory and honor forever.



### Celebrate National Vocations Awareness Week November 6 – 12, 2022

National Vocation Awareness Week is an annual week-long celebration of the Catholic Church in the United States dedicated to promote vocations to the priesthood, diaconate and consecrated life through prayer and education, and to renew our prayers and support for those who are considering one of these particular vocations. *Please pray for Vocations!* To learn more about vocations promotions in the Archdiocese, see 10000vocations.org



### †ADORATION of the BLESSED SACRAMENT† Can you spend an hour with Jesus?

Adoration is held at St. Paul, Zumbrota on Tuesdays 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

**Pine Island Food Shelf:** items requested for November: Canned Meats –tuna, chicken, Spam, salmon

### WEEKLY TITHING October 22-23, 2022

Sunday Envelopes:	\$ 2,470.00
Plate:	\$ 1,424.41
EFT:	\$ 897.50
<b>Total:</b>	<b>\$ 4,791.91</b>
Hurricane Relief Collection:	\$ 1,250.00



### SAVE THE DATE!

**Holiday Tea on Saturday, December 3, 2022  
at 9:00-11:00am**



**Please pray** for the repose of the soul of Lynda Fitzgerald (mother of Kelly Noser, parishioner), who passed away October 17, 2022. A Funeral Holy Mass will be held on Monday, October 31, at 11:30am at the Church of St. Michael, Pine Island. *'Eternal rest grant unto her, O Lord; and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*

### Prayer for Vocations:

O God, we earnestly beseech Thee to bless this Archdiocese with many priests, deacons, brothers, and sisters who will love Thee with their whole strength, and gladly spend their entire lives to serve Thy Church and to make Thee known and loved.

**Leader:** Bless our families, bless our children.

**Response:** Choose from our homes those who are needed for Thy work.

**Leader:** Mary, Queen of the Clergy!

**Response:** Pray for us, pray for our priests and religious. Obtain for us many more.

**SAVE THE DATE!** The parishes of St. Michael and St. Paul will be celebrating Father Kasel's 50th birthday with an Open House on Sunday, December 4, for parishioners, family and friends. More details will come soon.

### HOLY MASS TIMES

#### Tuesday, November 1, 2022 All Saints Day

4:00pm- Holy Mass (Latin)

5:15pm- Holy Mass

#### Wednesday, November 2, 2022 All Souls Day

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

6:30pm-Holy Mass (Latin)

#### Friday, November 4, 2022

8:00am Confessions/8:30am Holy Mass

6:30pm First Friday Holy Mass (Latin)

#### Saturday, November 5, 2022

4:00pm-4:50pm Confessions

5:00pm Holy Mass

#### Sunday, November 6, 2022

7:00am Latin Holy Mass

10:30am Holy Mass

### HOLY MASS INTENTIONS

<b>November 1, 2022</b>	Parishioners
<b>November 1, 2022</b>	Fr. Kasel's Intention
<b>November 2, 2022</b>	†Eugene Roberts
<b>November 2, 2022</b>	Intentions of the Holy Father
<b>November 4, 2022</b>	Kristina Hoerle (Julie Hoerle)
<b>November 4, 2022</b>	Thomas York
<b>November 5, 2022</b>	Andy Schindhelm (Mary Amiot)
<b>November 6, 2022</b>	Michael Kaiya
<b>November 6, 2022</b>	Parishioners





## CHURCH OF SAINT PAUL NEWS

### CHURCH OF ST. PAUL FAITH FORMATION

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### Holy Spirit Novena: November 1 to November 9

(from page 1) member is honored, all rejoice together. Now you are the body of Christ and individually members of it." (1 Corinthians 12:26-27) "Charity does not insist on its own way." (1 Corinthians 13:5) In this solidarity with all men, living or dead, which is founded on the Communion of Saints, the least of our acts done in charity redounds to the profit of all. Every sin harms this communion.

#### The Communion of the Church of Heaven and Earth

*The three states of the Church.* "When the Lord comes in glory, and all His Angels with Him, death will be no more and all things will be subject to him. But at the present time some of his disciples are pilgrims on earth. Others have died and are being purified, while still others are in glory, contemplating 'in full light, God Himself triune and one, exactly as He is'" (Lumen Gentium 49)

All of us, however, in varying degrees and in different ways share in the same Charity towards God and our neighbors, and we all sing the one hymn of glory to our God. All, indeed, who are of Christ and who have His Spirit form one Church and in Christ cleave together. (Lumen Gentium 49)

"So it is that the union of the wayfarers with the brethren who sleep in the peace of Christ is in no way interrupted, but on the contrary, according to the constant Faith of the Church, this union is reinforced by an exchange of spiritual goods." (Lumen Gentium 49)

*The intercession of the Saints.* "Being more closely united to Christ, those who dwell in Heaven fix the whole Church more firmly in holiness... They do not cease to intercede with the Father for us, as they proffer the merits which they acquired on earth through the one mediator between God and men, Christ Jesus... So by their fraternal concern is our weakness greatly helped." (Lumen Gentium 49)

*Do not weep, for I shall be more useful to you after my death and I shall help you then more effectively than during my life.* (St Dominic) *I want to spend my heaven in doing good on earth.* (St Therese of Lisieux)

*Communion with the Saints.* "It is not merely by the title of example that we cherish the memory of those in heaven; we seek, rather, that by this devotion to the exercise of fraternal Charity the union of the whole Church in the Spirit may be strengthened. Exactly as Christian communion among our fellow pilgrims brings us closer to Christ, so our communion with the saints joins us to Christ, from whom as from its fountain and head issues all Grace, and the life of the People of God itself" (Lumen Gentium 50):

We worship Christ as God's Son; we love the martyrs as the Lord's disciples and imitators, and rightly so because of their matchless devotion towards their king and master. May we also be their companions and fellow disciples! (Martyrdom of Polycarp)

*Communion with the dead.* "In full consciousness of this communion of the whole Mystical Body of Jesus Christ, the (continued on page 4)

#### PRO LIFE QUOTE:

"Abortion kills twice. It kills the body of the baby and it kills the conscience of the mother. Abortion is profoundly anti-women. Three quarters of its victims are women: Half the babies and all the mothers." St. Mother Teresa of Calcutta

**Annual Deer Hunter Suppers:** Friday, Nov. 4 & 18 from 5:00-8:00pm at the Bellechester Community Center. Serving turkey and ham with all the trimmings! Adults--\$17, kids ages 5-10--\$7, under 5-Free. Everyone welcome! Take-outs available call 651-923-4416.

### WEEKLY TITHING October 23, 2022



Sunday Envelopes:	\$ 1,225.00
Plate:	\$ 16.00
<b>Total:</b>	<b>\$ 1,241.00</b>
Hurricane Relief Collection:	\$ 898.00

### Church of St. Paul Men's Club Pancake Breakfast and

#### the St. Paul CCW Annual Bake Sale

**Sunday, November 13, 8:00am-12:30pm at the Church of St. Paul**

(Free will offering for Pancake Breakfast)

 All CCW Ladies: Your baked goods are needed for the CCW bake sale during the Men's club pancake breakfast on Sunday. Baked goods can be dropped off in the Church's library room on Saturday 10:00am-3:00pm or on Sunday morning before the Holy Mass. Pies and baked goods that freeze well and packaged in small amounts sell very well. *Thank you for your help!* 

WE ARE HAVING A CLERGY APPRECIATION CELEBRATION AFTER HOLY MASS ON OCTOBER 30. EVERYONE IS INVITED!

### APPALACHIAN MISSION PROJECT

**Reminder: Oct. 30 –Last day of Appalachian mission Collection**

Donations may be left in the baskets at the front of the Church or on the table in the Church Basement entrance.

**Checks** should be made out to Queen of All Saints Church, 90 Railroad St. P.O. Box 5643, Beattyville, KY 41311, St. Francis of Assisi Church, 147 Bryan St. Pikeville, KY 41501, Catholic Church of the Good Shepherd, Sr. Susan Marie Pleiss, OSF, P.O. Box 473, Campton, KY 41301, or Holy Family Catholic Church, Sr. Marge Eilerman, OSF 1439 KY-11S, Booneville, KY 41314. Please be generous to the Lord's poorest of the poor. Remember, everything must be new. Thank you for your generosity. For questions, please contact Louise Gerken or Rick & Jan Ryan.

### WORDS TO LIVE BY:

"Think well. Speak well. Do well. These three things, through the Mercy of God, will make a man go to Heaven." *St. Camillus de Lellis*  
"It is a dangerous thing to be satisfied with ourselves." *St. Teresa of Avila*

"Those who have themselves for a spiritual director have a fool for a spiritual director." *St. Philip Neri*

"You cannot be half a saint. You must be a whole saint or no saint at all." *St. Thérèse of Lisieux*

"Why don't you give yourself to God once and for all... really... NOW!" *St. Josemaria Escrivá*

"Follow the saints, because those who follow them will become saints." *Pope St. Clement I*

"There is no saint without a past, and no sinner without a future." *St. Augustine*

"Do not be satisfied with mediocrity." *Pope St. John Paul the Great*

### HOLY MASS TIMES

**Tuesday, November 1, 2022 All Saints Day**

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

**Wednesday, November 2, 2022 All Souls Day**

12:00pm Holy Mass

**Thursday, October 27, 2022**

8:00am Confessions/8:30am Holy Mass

**Sunday, October 30, 2022**

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

### HOLY MASS INTENTIONS

**November 1, 2022** Parishioners

**November 2, 2022** †All the faithful departed

**November 3, 2022** †Sonia Maria Nassaralla

**November 6, 2022** Parishioners



## NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) Church in its pilgrim members, from the very earliest days of the Christian religion, has honored with great respect the memory of the dead; and 'because it is a holy and a wholesome thought to pray for the dead that they may be loosed from their sins' she offers her suffrages for them." (Lumen Gentium 50) Our prayer for them is capable not only of helping them, but also of making their intercession for us effective.

*In the one family of God.* "For if we continue to Love one another and to join in praising the Most Holy Trinity - all of us who are sons of God and form one family in Christ - we will be faithful to the deepest vocation of the Church." (Lumen Gentium 51)

Through the intercession of Mary, Queen of all Saints, St. Joseph, St. Michael and St. Paul, may good Lord bless our families, parishes, Archdiocese and the whole Church!

In Christ through Mary,  
Fr. Kasel

**Bi-Parish Mission Talk:** Plan now to attend Bi-Parish Mission talks on "Put on the Whole Armor of God" by Fr. David Gunter, MIC, on the evenings of November 14-16, 2022. Fr. Gunter will also speak at all the Holy Masses on November 12 and 13.

### Schedule of Events:

Monday, November 14 – 7:00pm Presentation- Topic: End of an Age

Tuesday, November 15 – 7:00pm Presentation- Topic: Armor of God

Wednesday, November 16 – 7:00pm Adoration with Divine Mercy  
Prayers for Healing

This program, "Put on the Whole Armor of God" brings to light our trouble times and how to strengthen our faith as the world awaits the coming triumph.

### Plenary Indulgence for Souls in Purgatory – November 1-8

Dear Parishioners, According to the Enchiridion of Indulgences of the Catholic Church a Plenary Indulgence is available each day from November 1-8 for Catholics who devoutly visit and pray for the departed in any cemetery. The usual conditions for a Plenary Indulgence apply: A plenary indulgence can be gained only once a day. In order to obtain it, the faithful must, in addition to being in the state of grace:








- have the interior disposition of complete detachment from sin, even venial sin;
- have made a sacramental confession of their sins;
- receive the Holy Eucharist;
- pray for the intentions of the Supreme Pontiff.

- 1) Receive the Sacrament of Confession within 20 days before or after the pious work of mercy or prayerful action;
- 2) Receive Holy Communion within 20 days before or after the pious work of mercy or prayerful action;
- 3) Pray for the Holy Father as part of each Plenary Indulgence (Our Father and Hail Mary are suggested)

**Suggested prayer for a visit to a cemetery:** 'Eternal rest grant unto them O Lord; and let perpetual light shine upon them. May they rest in peace. Amen. May all the souls of the faithful departed rest in peace. Amen.

### Military Services Second Collection—November 5-6

Our parish will take up the Collection for the Archdiocese for the Military Services, USA (AMS), next weekend. The AMS provides pastoral care to Catholic men and women serving in the U.S. Armed Forces, enrolled at a U.S. Military Academy, being treated as a patient at any of the 153 U.S. Department of Veterans Affairs Medical Centers, or who work for the federal government beyond U.S. borders - including those from our own parish and diocese. The AMS does not receive any funding from the government or military, and has no parishes from which to receive a weekly assessment. To learn more about the AMS, go to [www.milarch.org/nationalcollection](http://www.milarch.org/nationalcollection)

 <p>Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota <b>732-5910</b></p>	<p><b>ZUMBROTA MINI STORAGE</b> Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota <b>507-696-4406</b></p>	 <p><b>Hub Food Center</b> 228 West Ave. Zumbrota <b>507-732-7329</b> <a href="https://www.nilssensfoods.com">https://www.nilssensfoods.com</a></p>	<p>Steve Johnson's</p>  <p>Hwy 52 &amp; 58 in Zumbrota <b>507-732-5127</b> Home: 651-460-6706 <a href="http://www.zumbrotaford.com">www.zumbrotaford.com</a></p>	 <p><b>Foot Care Service</b> <b>507-269-7827</b> 125 Elton Hills Dr. NW Suite 112, Rochester, MN 55901 <a href="mailto:footcareprofessionalsllc@gmail.com">footcareprofessionalsllc@gmail.com</a> Care provided by <b>Sheila Buehler, APRN, CNP, CFCS</b> Certified Foot Care Specialist Helping YOU live well with YOUR feet!</p>
 <p><b>TOM &amp; SCOTT SHANE</b> Commercial &amp; Industrial <b>507-824-2191</b></p>	<p><b>Gadient Garage Doors</b> Doors &amp; Openers Sales Service &amp; Repair Exceptional Customer Service <a href="http://GadientGarageDoors.com">GadientGarageDoors.com</a></p>  <p><b>651-388-0550</b> "When You Expect the Very Best" Teresa &amp; Todd Gadient</p>	<p><b>Mahn Family Funeral Homes Larson Chapel</b> 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 <b>Mahler Chapel</b> 209 NW 1st Ave. Pine Island, MN (507) 356-4620 <a href="http://mahnfamilyfuneralhome.com">mahnfamilyfuneralhome.com</a></p> 	<p><b>HEMANN, GROVER &amp; Company Ltd.</b> Certified Public Accountants "Building &amp; managing wealth for your business &amp; family" <b>Glen P. Hemann, CPA</b> <a href="mailto:ghemann@zumbrotacpa.com">ghemann@zumbrotacpa.com</a> 404 Main St. S. Zumbrota <b>732-7800</b></p>	<p><b>Owen Locker Plant</b></p>  <p>110 2nd St. NE Pine Island, MN 55963 <b>507-356-8612</b></p>
<p><b>Knollwood Apartments</b> Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information <b>(507)-356-8448</b></p>	<p><b>Lab guided, drug-free, all-natural treatment programs to restoring health.</b></p>  <p><b>Debbie O'Meara Practitioner</b> <b>507-258-4465</b> <b>AutoImmuneAngels.com</b> 3143 Superior Dr. NW, Rochester, MN</p>			
<p><b>Safe Environment:</b> The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>		<p><b>Parish Safe Environment Coordinator:</b> Sara McNamara <b>St. Michael:</b> 507-356-4280 <a href="mailto:stmichaeloffice@bevcomm.net">stmichaeloffice@bevcomm.net</a> <b>St. Paul:</b> 507-732-5324 <a href="mailto:stpauls@hcinet.net">stpauls@hcinet.net</a> <b>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:</b> (651) 291-4475</p>		
		<p><b>Church of St. Michael Cemetery</b> For Plot Information Call the Parish Office <b>507-356-4280</b> "Remember To Pray For Our Beloved Departed."</p>	<p><b>Church of St. Paul Cemetery</b> For Plot Information Call the Parish Office <b>507-732-5324</b></p>	