

NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) *into Me.* (St. Augustine, *Confessions*, 7, 10, 16; 7, 18, 24) Christ gives us His Life! He divinizes us! He transforms us into Himself! The infinite merits of the Passion are poured out into our soul. He sends us strength and consolation. He leads us to His Most Sacred Heart, to transform our sentiments into His sentiments. The Eucharist holds all the graces and fruits of eternal life for humanity and for each individual soul. This is because the Sacrament *contains all the spiritual good of the Church.* (Second Vatican Council, Decree, *Presbyterorum Ordinis*, 5) If we frequently consider the effects which this sacrament can have on the soul we will come to treasure Holy Communion and spiritual communions. We will see the value of receiving our Lord as often as we can, on a daily basis if possible. We will prepare ourselves well for each Communion. Each and every day we will say to Jesus, *Lord, give us this Bread always.* The soul will be raised to a supernatural plane. Christ's virtues will vivify it. Then we will be able to say with confidence, *It is no longer I who live, but Christ Who lives in me.* (Gal. 2:20) Those words of the Lord during the Last Supper are also fulfilled with every Communion: *If a man loves Me, he will keep My word, and My Father will Love him, and We will come to him and make Our home with him.* (John 14:23) The soul becomes the temple and tabernacle of the Holy Trinity. The life of the three Divine Persons will transform it, nurturing in it the Divine Seed that was implanted in Baptism. When we draw near to receive Him we should say, *Lord, I hope in You, I adore You, I love You, increase my Faith. Be the support of my weakness. You, Who have remained defenseless in the Eucharist so as to be the remedy for the weakness of Your creatures.* (J. Escriva, *op. cit.*, 832) We go to Holy Mary. For thirty-three years she was in His physical presence. She treated Him with the greatest respect and love imaginable. We unite ourselves to her sentiments of adoration and

love." (From: *In Conversation with God*, by Francis Fernandez) Through the intercession of the Immaculate Heart of Mary, St. Joseph, St. Michael and St. Paul, may God grant us the grace of true devotion to the Immaculate Heart of Mary! In Christ through Mary, Fr. Kasel

Synod process continuing soon!

The Synod process is taking place over three years in our Archdiocese, culminating at Pentecost 2022! We are grateful for the 8,000+ people who gave 30,000+ comments during the Prayer and Listening Events in fall 2019-winter 2020. Now it is time to take the next step: the Parish Consultation with small groups, which will take place in parishes across the Archdiocese this fall. Using the feedback from the Prayer and Listening Events, we will now come together to respond to and propose solutions that will help inform the next steps of the Synod process. These small group meetings will take place weekly for six weeks between September 19 and November 1 at our parishes. See more at archspm.org/synod.

Help spread the Pro-Life message! The Goodhue County MCCL (Minnesota Citizens Concerned for Life) fair booth is in need of volunteers to cover 2 hour shifts at the booth. Two workers for each shift would be ideal. All the information is written down, so no experience is necessary. Fair dates are August 10-14. Contact Maggie Eggerichs 507/951-2316, Ann Buck 651/764-3087, or Marlys McNamara 651/600-6660.

 <p>Buy one Blizzard at regular price, receive 2nd Blizzard of equal/lesser value FREE! 215 E. 18th St. Zumbrota 732-5910</p>	<p>Pine Haven Community Pine Haven Care Center: skilled nursing care, private rooms, rehabilitation & therapy services. Evergreen Place: senior housing with services.</p>  <p>210 3rd St NW • Pine Island • (507) 356-8304 www.PineHavenCommunity.org</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>Steve Johnson's ZUMBROTA Ford</p> <p>Hwy 52 & 58 in Zumbrota 507-732-5127 Home: 651-460-6706 www.zumbrotaford.com</p>	<p>ZUMBROTA MINI STORAGE Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota 507-696-4406</p>
 <p>TOM & SCOTT SHANE Commercial & Industrial 507-824-2191</p>	<p>Knollwood Apartments Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448</p>	<p>Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 www.mahnfamilyfuneralhome.com</p>	<p>HEMANN, GROVER & Company Ltd. Certified Public Accountants "Building & managing wealth for your business & family" Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800</p>	
				<p>St. Paul/ Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>
<p>Safe Environment: The Archdiocese of St. Paul/ Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net</p>	<p>Church of St. Michael Cemetery For Plot Information Call the Parish Office 507-356-4280</p>	<p>Church of St. Paul Cemetery For Plot Information Call the Parish Office 507-732-5324</p>	<p><i>"Remember To Pray For Our Beloved Departed."</i></p>

August 1, 2021 Eighteenth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net
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Website: <http://www.stpaulstmichael.com>
BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!
Dear Brothers and Sisters in Christ Jesus,
The month of August is dedicated to devotion to the Immaculate Heart of Mary. Let us ask our good Lord and St. Joseph for the grace to know and understand the Flame of Love of the Immaculate Heart of Mary and to place our trust in our Blessed Mother's loving intercession!
This Sunday I share with you a meditation on the Holy Eucharist. I encourage you to reflect over this message a few times this week:
"The Bread of Life - Manna is the symbol and figure of the Holy Eucharist, which is the true spiritual food: Jesus said to them, I am the Bread of Life; he who comes to Me shall not hunger, and he who believes in Me shall never thirst." (Communion Antiphon, John 6:35)
Following the miracle of the multiplication of the loaves and the fishes, the enthusiastic multitude went again in search of Jesus. When they discovered that He and His disciples had already departed, they got into their boats and sailed for Capharnaum. According to St. John in today's Gospel it was there that the revelation of the Holy Eucharist took place. (John 6:24-35)
With the miracle of the previous day, Jesus had awakened the crowd's deepest hopes and longings. Thousands of people had left the comfort of their homes to come and hear Him. They wanted to make Him their king. But the Lord departed from them. Upon meeting them again, Jesus says to the people, *Truly, truly, I say to you, you seek Me, not because you saw signs, but because you ate your fill of the loaves.* St. Augustine comments: *You seek Me for worldly motives, not for spiritual ones. How many people there are who seek Jesus solely for worldly ends!... Rarely does someone look for Jesus for the sake of Jesus.* (St. Augustine, *Commentary on St. John's Gospel*, 25, 10) We want to be among those few.
This attachment to earthly goods is not what Jesus is looking for in men. With great courage and an infinite Love, He presents to the people the ineffable treasure of the Holy Eucharist, in which He becomes Food for us. It does not matter to Him that many of His loyal followers will abandon Him as a result of this revelation. Jesus begins the discourse by hinting at the great mystery: *Do not labor for the food which perishes, but for the food which endures to eternal life, which the Son of man will give to you... Then they said to Him, 'What must we do, to be doing the works of God?'* Jesus answered them, *'This is the work of God, that you believe in Him Whom He has sent.'*
Despite the fact that many of those present had only the previous day witnessed a great miracle, they said, *Then what sign do You do, that we may see, and believe in You? What work do You perform? Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from Heaven to eat.'*
In today's First Reading we are shown how Yahweh manifested His Providence to the Israelites in the desert. (Ex. 16:2-4; 12-15) He sent down manna from Heaven to feed them. This bread is a symbol

Welcome to the Churches of St. Paul & St. Michael

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.
Baptism - Please contact the parish office.
Matrimony - Please call Father Kasel at least six months prior to make arrangements.
Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.
WEEKEND HOLY MASS SCHEDULE:
Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:25am, Mass at 8:45am
Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm
Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am
WEEKDAY HOLY MASS SCHEDULE
Church of Saint Paul - Tuesday and Thursday
Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass
Church of Saint Michael - Wednesday and Friday
Confession 8am and Mass 8:30am

and figure of the Holy Eucharist which Christ first announced in this small city on the shores of the Sea of Galilee. Jesus Christ is the true Food which transforms us and gives us the strength to live our Christian vocation. St. John Paul II has pointed out in this regard: *It is only by means of the Eucharist that we are able to live the heroic virtues of Christianity, such as charity to pardon one's enemies, the love which enables us to suffer, the capacity to give one's life for another; chastity at all times of life and in all situations; patience in the face of suffering and the apparent silence of God in human history or our very own existence. Therefore, strive to always be eucharistic souls so as to be authentic Christians.* (St. John Paul II, *Homily*, 19 August 1979)
With the words of the poet Dante, we petition the Lord, *Give us this day the daily manna, without which he goes backward through this harsh wilderness who most labors to advance.* (Dante Alighieri, *The Divine Comedy: Purgatory*, XI, 13-15) Truly, life without Christ is a harsh wilderness. It is a way of life where it is especially difficult to reach the journey's end.
The Bread of Life: When the Jews tell Jesus that Moses had given them the bread of heaven, Jesus replies that it was not Moses, but His Father Who had given them *the true bread from Heaven.* *For the bread of God is that which comes down from Heaven, and gives life to the world.* (continued on page 3)

Dear Parishioners,
Archbishop Hebda will be at the Church of St. Michael on August 8 for the 10:30AM Holy Mass to dedicate our new altar. All are invited to attend! - Fr. Kasel

The next **Holy Hour for Men** will be on Sunday, August 8, at 6:30pm at the Church of St. Michael, Pine Island. All men invited!

CHURCH OF SAINT MICHAEL NEWS

Catholic Vacation Bible School 2021

AUGUST 9-13, 2021

8:30am-12:00noon at

Church of St. Michael, Pine Island

for children 4 yrs old-6th gr.

A Radical Ride on the Wings of Prayer ... with Amazing Angels & Super Saints!

The overall goal of this week-long program is to help children learn more about prayer and how to put it into action.

Daily Mass is offered in Church each weekday at 8:30am

Registration form is available at the entrance of the Church

**Come and experience the CVBS at the
Church of St. Michael this summer!**

The Holy Eucharist and Confession: All spiritual writers agree that the best sign you can have of solid devotion is amendment of life and perseverance in good. I began to amend my life by frequenting Holy Communion after having tried every other way and failed. When I went rarely to Holy Communion I had no end of bad habits and imperfections which appeared to me insurmountable. I uprooted these by multiplying my Communion. Every time I omitted frequent Communion I felt my weakness more. When I received Communion again I felt fervor rekindle in my heart.... No fervent soul has ever relaxed who did not first leave off receiving the Holy Eucharist. If I found that when going frequently to Communion I became no better, was still just as weak, just as prone to evil, just as indifferent about sin, I should conclude not that I ought to leave off going, but that I ought to receive our Lord with better dispositions. I should see if my confessions were wanting in sincerity, contrition, or purpose of amendment. If you are sinful, repent so that you can receive Communion often. If you are imperfect, go often to Communion that you may amend your faults. My daily Mass and Communion is my only hope and resource. Jesus Christ... will counsel me and give me new strength; He will instruct, console, and encourage me and give me all the graces for which I pray. -St. Claude La Colombière

(† 1682) was a French Jesuit priest and the spiritual director of St. Margaret Mary Alacoque.

Congratulations to

Jacob and Charlotte Berner on the baptism of their daughter Aurora Lis Berner on July 25!



Altar Server Training: There will be an Altar Server training session at the Church of St. Michael for those who were unable to attend previous training sessions on **Tuesday, August 3 from 10:30am – 11:30am**. Please contact Fr. Kasel or the parish office with any questions.

Historic Church of St. Rose 2021 Ice Cream Social Sunday, August 15, 1:00 to 5:00pm

Join us as we celebrate the Annual Ice Cream Social at the Church of St. Rose. Bring your sweet tooth while you enjoy this historic site with the growing number of supporters known as the Friends of St. Rose. Mark your calendar to join us on this summer afternoon in Cherry Grove Township (8778 Cty. Hwy 11 Blvd., Kenyon, MN, 55946) to enjoy this rural setting and catch up on the latest progress. Historic presentations will occur at 1:30pm and 4:00pm. More information can be found at www.friendsofstrose.org.

Please Mark your Calendars! SEPTEMBER 18-19, 2021

Church of St. Michael FALL FESTIVAL

Pine Island Food Shelf: The items requested for August: Paper products (Toilet tissue, Kleenex, Paper towels)

WEEKLY TITHING for July 24-25, 2021

Sunday Envelopes: \$ 4,839.00
Plate: \$ 774.00
EFT: \$ 607.50
Total: \$ 6,220.50

Additional Missionary Cooperation donations for Kitui: \$ 880.00

Holy Spirit Novena for the month of August: August 1 to August 9.

WORDS TO LIVE BY:

“Very harmful effects can follow accepting the philosophy which denies personal guilt or sin and thereby makes everyone nice. By denying sin, the nice people make a cure impossible. Sin is most serious, and the tragedy is deepened by the denial that we are sinners... The really unforgivable sin is the denial of sin, because, by its nature, there is now nothing to be forgiven. By refusing to admit to personal guilt, the nice people are made into scandalmongers, gossips, talebearers, and supercritics, for they must project their real if unrecognized guilt to others. This, again, gives them a new illusion of goodness: the increase of faultfinding is in direct ratio and proportion to the denial of sin.” *Venerable Archb. Fulton Sheen*

“In the Eucharist we have Jesus, we have His Redemptive Sacrifice, we have His Resurrection, we have the Gift of the Holy Spirit, we have adoration, obedience, and Love of the Father. Were we to disregard the Eucharist, how could we overcome our own deficiency?” *St. John Paul II*

"When the bee has gathered the dew of Heaven and the earth's sweetest nectar from the flowers, it turns it into honey, then hastens to its hive. In the same way, the priest, having taken from the altar the Son of God (who is as the dew from Heaven, and true Son of Mary, flower of our humanity), gives Him to you as delicious Food." *St. Francis de Sales*

"All the good works in the world are not equal to the Holy Sacrifice of the Mass because they are the works of men; but the Mass is the work of God. Martyrdom is nothing in comparison for it is but the sacrifice of man to God; but the Mass is the Sacrifice of God for man." *St. John Vianney*

"If angels could be jealous of men, they would be so for one reason: Holy Communion." *St. Maximilian Kolbe*

St. Pio KC Family Night – August 11! The St. Pio KC Family Night will be on August 11th!! All current knights and men interested in joining the Knights and families are welcome! It will be a steak dinner for adults and hot dogs for kids. All sides and drinks are included. (All free). Just come and have fun. Please RSVP to Grand Knight Ben by August 9th at beneirikson@gmail.com. We will pray the Rosary at 5:30pm and the meal will be at 6pm.

HOLY MASS TIMES

Wednesday, August 4, 2021

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, August 6, 2021

8:00am Confessions/8:30am Holy Mass
6:30pm (EF) First Friday Holy Mass

Saturday, August 7, 2021

4:00pm-4:50pm Confessions
5:00pm Holy Mass

Sunday, August 8, 2021

7:00am Extraordinary Form Holy Mass
10:30am Holy Mass

HOLY MASS INTENTIONS

August 4, 2021 †Wendy Moreland (Carolyn Ocariz)
August 6, 2021 Michael Kaiya
August 6, 2021 (EF) Tristan O'Reilly
August 7, 2021 †Peter Schreier Jr. (Char & Jon Lenn)
August 8, 2021 (EF) Sara McNamara
August 8, 2021 Parishioners



CHURCH OF SAINT PAUL NEWS

WEEKLY TITHING for July 25, 2021

Sunday Envelopes: \$ 525.00
Plate: \$ 542.00
Total: \$ 1,067.00

Holy Spirit Novena for the month of August: August 1 to August 9.



St. Paul CCW Salad Luncheon August 11, 2021

The Annual CCW Salad Luncheon will be held Wednesday, August 11, from 11am - 1pm at the Church of St. Paul, Zumbrota!

Assorted Salads, Cheese Tray, Deviled Eggs,
French Bread, and Beverages

Adults : \$10.00

Children 6-12: \$4.00

Preschool FREE



St. Paul CCW Ladies: Please pull out your favorite recipes and plan to supply a salad on August 11th for the **Annual CCW Salad Luncheon**. There is a **signup sheet** at the back of church for you to indicate what you wish to bring and when you wish to work. Your salad should serve 20. Please drop off the salad on Tuesday, August 10, 6:30 to 7:30 pm or Wednesday, August 11, 8:00-10:00am. **Cash donations** will be greatly appreciated. It will be used to purchase the cheese, dessert, and beverages. *Thank you for your participation. God bless you!*

PRO LIFE QUOTE

“Beautiful is God, the Word with God... He is beautiful in Heaven, beautiful on earth; beautiful in the womb, beautiful in His parents’ arms, beautiful in His miracles, beautiful in His sufferings; beautiful in inviting to life, beautiful in not worrying about death, beautiful in giving up His life and beautiful in taking it up again; He is beautiful on the Cross, beautiful in the tomb, beautiful in heaven. Listen to the song with understanding, and let not the weakness of the flesh distract your eyes from the splendor of His beauty.”

St. Augustine of Hippo

Please pray for the repose of the soul of Catherine Ann Steger (mother of Tom Steger, parishioner), who passed away July 24, 2021. *‘Eternal rest grant unto her, O Lord; and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.’*



HOLY MASS TIMES

Tuesday, August 3, 2021

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, August 5, 2021

8:00am Confessions/8:30am Holy Mass

Sunday, August 8, 2021

8:20am Rosary/8:25am Confessions
8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month
populum; 2nd & 4th ad Orientem

HOLY MASS INTENTIONS

August 3, 2021 †Peter Schmitz
August 5, 2021 †Carl Patros (Louise Gerken)
August 8, 2021 Parishioners



Catholic Vacation Bible School 2021

AUGUST 9-13, 2021 8:30am-12:00noon

Church of St. Michael for children 4 yrs old-6th gr.

A Radical Ride on the Wings of Prayer ... with Amazing Angels & Super Saints!



The overall goal of this week-long program is to help children learn more about prayer and how to put it into action.

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Registration form is available at the entrance of the Church

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(from page 1) *The Lord presents Himself as superior to Moses. Not even Moses had had the audacity to claim that he himself gave the food which never perishes, which lasts unto eternal life. Jesus promises much more than Moses. Moses promised a kingdom, a land of milk and honey, earthly peace, numerous sons, physical health and all the other earthly goods... Thus you would fill your bodies here on earth with perishable goods. In contrast, Christ promised a food which would never perish but would last forever.* (St. Augustine, *Commentary on St. John's Gospel*, 25, 12)

Those present at the synagogue of Capharnaum knew that the manna was a symbol of the messianic goods. It was for that reason that they asked Jesus to work a similar sign. Yet they had no idea that the manna was indeed a figure of that great messianic good, the Holy Eucharist. (cf. *The Navarre Bible*, in loc.)

Jesus tells the Jews that the manna in the desert was not the true Bread from Heaven since those who ate of it did die. He says that His Father will give them the true Bread from Heaven. They respond, ‘Lord, give us this bread always.’ *Jesus said to them, ‘I am the Bread of Life; he who comes to Me shall not hunger, and he who believes in Me shall never thirst’.* Our Lord leaves no room for doubt that this Bread is a reality. He repeats the verb to eat eight times. Christ will become food so that we might gain a new life, the life which He has brought to us: *The Bread which I shall give for the life of the world is My Flesh.* This is not a bread from the earth. It is a Bread *which came down from Heaven, not such as the fathers ate and died; he who eats this Bread will live forever.* In the Holy Eucharist we become *flesh of His Flesh and blood of His Blood.* (St. Cyril of Jerusalem, *Catechesis*, 22, 1) The Eucharist is the supreme realization of those words of Holy Scripture that have God *rejoicing in His inhabited world and delighting in the sons of men.* (Prov. 8:31) The Blessed Sacrament is *Emmanuel*, ‘God with us’, the Food of Eternal Life.

*He was the greatest madman of all times. What greater madness could there be than to give oneself as He did, and for such people? It would have been mad enough to have chosen to become a helpless Child. But even then, many wicked men might have been softened, and would not have dared to harm Him. So this was not enough for Him. He wanted to make Himself even less, to give Himself more lavishly. He made Himself Food; He became Bread. Divine Madman! How do men treat You? How do I treat You? (J. Escriva, *The Forge*, 824) How do I prepare to receive You, Lord? How is my Faith, my joy, my desire? We should make some resolutions in preparation for our next Communion, perhaps within the next few minutes or hours. It cannot be like so many of the previous times. We have to receive with greater love.*

We receive the same Christ in every Communion. His presence in the soul: When we receive Communion, we receive Christ Himself with His Body, His Blood, His Soul and His Divinity. He gives Himself to us in an intimate union which binds us to Him in a real way. Our life is transformed into His life. In Holy Communion Christ is not only God *with* us, but God *in* us.

After we receive Communion, Christ is truly, really, substantially present in our soul. We can apply here those words of the Lord to St. Augustine: *I am the Food of grown men. Grow, and you shall feed upon Me. You will not change Me into yourself, as you change food into your flesh, but you will be changed* (continued on page 4)