

March 20, 2022 Third Sunday of Lent

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of March is dedicated to increased devotion to St. Joseph, the Spouse of the Virgin Mary and Foster Father of our Lord Jesus. Let us go to St. Joseph, open our hearts to his love for us and experience his great kindness! This weekend I share with you a reflection on Conversion from sin. I encourage you to reflect over this message a few times this week:

“Abhorrence of Sin - Our Sins and Redemption. The true evil in the world: God loved us and sent His Son to take away our sins. (Communion Antiphon, 1 John 4:10)

The liturgy these days brings us closer, little by little, to the central mystery of the Redemption. It presents to us personalities of the Old Testament who are types of Our Lord. In the book of Exodus we are told about Joseph. Through the betrayal of his brothers he providentially came to be the savior of his family and of the whole region. (Gen. 37:4, 12:13, 17:28) He is a figure of Christ the Redeemer.

Joseph was the favorite son of Jacob, and at his father's request went in search of his brothers. He travelled a long way before finding them. He brought them good news of their father and also food. At first his brothers, who hated and envied him for being their father's favorite, considered killing him. Later, they sold him as a slave, and as such he was taken to Egypt. God made use of these circumstances so that years later he would come to hold a high position there. In a time of famine he would be the savior of his brothers against whom he held no grudge despite their ill-treatment of him. He became a savior too of Egypt, where through Joseph's good offices the tribes of Israel settled and became, as it were, a cradle for the chosen people. All those who approached Pharaoh for help were directed to Joseph: *Go to Joseph*, he would say to them.

Our Lord, sent by the Father, also came to bring light to the world: *He came to His own and His own people received Him not.* (John 1:11) *Finally he sent his son to them. 'They will respect my son', he said. But when the tenants saw the son, they said to each other: 'This is the heir. Come on, let us kill him and take over his inheritance.'* So they seized him and threw him out of the vineyard and killed him. (Matt. 21:33-34, 45-46) This is exactly what they did to Our Lord - they took Him outside the city and crucified Him.

The sins of men have been the cause of the death of Jesus Christ. Every sin bears an intimate and mysterious relationship to the Passion of Jesus. We will recognize the evil of sin only if we know how to relate it to the mystery of the Redemption. Only then will we really be able to purify the soul and to grow in contrition for our sins and transgressions. The conversion which Our Lord insistently asks for, and in a special way during this period of Lent as we approach Holy Week, ought to start with a firm rejection of all sin and with the determination to avoid every occasion that could put us in danger of offending God. Moral renewal, which this world so much needs, begins with this profound conviction: *On earth there is but one evil, which you must fear and avoid with the grace of God - sin.* (J. Escriva, *The Way*, 386) On the other hand, *the loss of the sense of sin is thus a form of atheism, but also in the form of secularism. If sin is the breaking off of one's filial relationship to God in order to situate one's life outside of obedience to Him, then to sin is not merely to deny God. To sin is also to live as if He did not exist, to eliminate Him from one's daily life.* (St. John Paul

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

II, Apostolic Exhortation, *Reconciliatio et Poenitentia*, 18) We do not wish to eliminate Our Lord from our lives, but rather to recognize and be more and more aware of His presence with each passing day. *We can very well say*, says the Cure d' Ars, *that the Passion which the Jews made Christ suffer was almost nothing compared with what Christians make Him undergo with their insults of mortal sin... what horror there will be when Jesus Christ shows us the things for which we have abandoned Him!* (St. John Vianney, *Sermon on Sin*) What trash we will have preferred in exchange for so much good! Through Divine Mercy, with the help of Grace, we will not leave Him, and we will try to bring to Him many who are separated from Him.

Lent, and opportune occasion afforded us by the Church to help us in the fight against sin. The malice of venial sin: The effort of personal conversion which the Lord asks of us is an effort for each day of our lives. But in special periods or situations, as in Lent, we receive special Graces which we ought to make use of. This liturgical season is an extraordinary occasion for us to develop to a maximum the struggle against sin and to increase in ourselves the life of Grace with good works. To understand better the malice of sin we have to contemplate what Jesus Christ suffered for our sins. In the agony (continued on pg. 3)



Church of St. Paul St. Patrick's Ham Dinner
on Sunday, March 27, 2022



from 10:30am-1:00pm at VFW, Zumbrota. Details on page 3.

The Church of St. Michael Men's Club Fish Fries

4:30—7:00pm each Friday of Lent

STATIONS OF THE CROSS AT CHURCH OF ST. PAUL

Each Tuesday of Lent at 7:00pm

STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL

Each Friday of Lent at 7:30pm

The next **Holy Hour for Women** will be **Sunday, March 27**, at 6:00pm at Church of St. Michael, PI. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation class/session will be on Wednesday, April 6, 6:00-7:45pm at the Church of St. Michael, PI
Topic for April: The Cardinal Virtue of Temperance

St. Joseph's Altar and Hospitality Sunday, March 20:

You are invited to the Annual *St. Joseph's Altar and Hospitality* this Sunday, March 20, after the 10:30am Holy Mass to celebrate the feastday of St. Joseph, hosted by hospitality team and Little Flowers Girls. The St. Joseph's Altar is a tradition in the Catholic Church to honor the foster father of Jesus. Come and honor the great St. Joseph in this very special way!



Prayer to St. Joseph: Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in you all my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. Oh, St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls - pray for me. Amen.

Fundraiser for Ukrainian Refugees - April 3

The Saint Padre Pio Knights of Columbus are hosting a brunch fundraiser on April 3 after the 7:00am and 10:30am Holy Masses. Funds will go to support the Knights of Columbus in Poland who are distributing supplies and providing shelter to refugees from Ukraine. The event will be a free will donation.

Salvation in the Passion of our Lord Jesus

"O my powerful God and merciful Father of my soul, Creator of all the things of the earth! Since you are my only good, I firmly believe without the possibility of doubt that I am to be saved through the infinite merits of the Passion and death of my Lord Jesus Christ, no matter how very great may be the sins of my youth and all that I have committed since then. You, Lord, created me and gave me my body and soul and all that I have; and you, my God, have made me to your likeness, and not the false gods of the gentiles. O Christians, let us give thanks and praise to God, Three and One, who has given us to know the Faith and true Law of His Son Jesus Christ!

O my Lady, Saint Mary, Hope of Christians, Queen of Angels and of all the saints who are with God our Lord in Heaven! I now recommend myself to you, my Lady, and to all the saints at the hour of my death, so that you may protect me from the world, the flesh, and the devil, which are my enemies. O Lord Saint Michael, defend me from the devil at the hour of my death, when I shall have to render an account to God of all my past life.

Weigh, Lord, my sins against the merits of the Passion and death of my Lord Jesus Christ, and not against my few deserts; and I shall thus be delivered from the power of the enemy and shall go to enjoy forever the glory of Paradise. Amen Jesus. St. Francis Xavier (St. Francis Xavier († 1552) was a great Spanish Jesuit missionary to Asia. From *The Letters and Instructions of Francis Xavier*, M. Joseph Costelloe, S.J. Tr. © 1992, The Institute of Jesuit Sources, Boston College Institute for Advanced Jesuit Studies, Brighton, MA.

PRO LIFE QUOTE: "Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person – among which is the inviolable right of every innocent being to life." *Catechism of the Catholic Church 2270*

SACRIFICIAL LOVE (Lecture Series) Tuesday, March 22

Marriage, Monasticism, & Martyrdom in the Early Church: In this talk, Fr. Josiah Trenham will address the unique Christianization of marriage and the explosion of monastic life that followed the Resurrection of Jesus Christ from the dead. Pre-class Discussion: 7:30pm, Lecture: 8:00pm. Registration is required <https://instituteofcatholicculture.org/events/sacrificial-love>

Pine Island Food Shelf: items requested for March: Baking mixes (Pancakes, Muffins, Biscuits, Cakes)

WEEKLY TITHING for March 12-13, 2022

Sunday Envelopes:	\$ 2,310.00
Plate:	\$ 1,099.00
EFT:	\$ 647.50
Total:	\$ 4,056.50
Kitui Mission Collection: \$ 310.75	

The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

March 25, April 1 & 8

Both baked & fried fish will be offered!

Prices: Adults—\$12.00, Children 5-12—\$6.00,
Family maximum \$40.00 TAKE OUT AVAILABLE!

STATIONS OF THE CROSS at 7:30pm



Please pray for the repose of the soul of long-time parishioner, **Nancy McKay**, who passed away March 14. Visitation will be on Monday, March 21, from 4-7pm and Funeral Holy Mass will be on Tuesday, March 22 at 11am, both at the Church of St. Michael, Pine Island. *Eternal rest grant unto her, O Lord; and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.*



Please pray for the repose of the soul of **Richard Thamert** (father of Katie Holmstadt, parishioner), who passed away March 13. *Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen. May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.*

WORDS TO LIVE BY:

"And even if the sins of soul are as dark as night, when the sinner turns to My Mercy he gives Me the greatest praise and is the glory of My Passion." Words of Jesus to St. Faustina

"The most holy Passion of Jesus Christ is the most efficacious means to convert obstinate sinners." St. Paul of Cross

"True reverence for the Lord's Passion means fixing the eyes of our heart on Jesus crucified and recognizing in Him our own humanity." St. Leo the Great

"The Blessed Eucharist is the perfect Sacrament of the Lord's Passion, since It contains Christ Himself and His Passion." St. Thomas Aquinas

"As to the Passion of our Lord, ...never in anything follow your own will and your own inclination, for that was the cause of His death and Passion." St. John of the Cross

"Mount Calvary is the academy of love." St. Francis de Sales

"The Passion of Christ is the greatest and most stupendous work of Divine Love. The greatest and most overwhelming work of God's Love." St. Paul of the Cross

HOLY MASS TIMES

Wednesday, March 23, 2022

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, March 25, 2022

8:00am Confessions/8:30am Holy Mass

Saturday, March 26, 2022

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, March 27, 2022

7:00am (Latin) Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

March 23, 2022 Arlene Faber (Nancy Sowada)

March 25, 2022 Rita Kaiya

March 26, 2022 †Bob McCutcheon (Pat McCutcheon)

March 27, 2022 (Latin) Bill & Nicole McCoy & Family

March 27, 2022 Parishioners



CHURCH OF ST. PAUL FAITH FORMATION

The next Faith Formation class/session will be on Wednesday, April 6, 6:00-7:45pm at the Church of St. Michael, PI
Topic for April: The Cardinal Virtue of Temperance

Stations of the Cross at the Church of St. Paul:
 Each Tuesday of Lent at 7:00pm



(from page 1) of Gethsemane, we see Him suffering the indescribable. For our sake He made Himself to be sin Who knew no sin (2 Cor. 5:21), says St. Paul: He burdened Himself with all the atrocities we have committed, until His body ran with the sweat of blood. *Jesus, alone and sad, suffers and soaks the earth with His blood. Kneeling on the hard ground He perseveres in prayer... He weeps for you... and for me. The weight of the sins of men overwhelms Him.* (J. Escriva, *Holy Rosary*, First Sorrowful Mystery) It is a scene we should often recall, but especially when temptations get more severe. Our Lord has called us to holiness for us to love with deeds. And on the approach we adopt towards deliberate venial sin will depend the progress we make in our interior life. For when we do not struggle to avoid venial sins or when there is not enough contrition for them, they damage the soul grievously. These venial sins make the soul insensitive to the inspirations and motions of the Holy Spirit. They weaken the life of Grace and make the virtues more difficult to practice, and incline one towards mortal sin.

Many pious souls, says a present-day author, are in an unfaithful state almost continuously as regards 'little things'; they are impatient, hardly charitable in their thoughts, judgements and words, false in their conversations and attitudes, slow and lax in their piety; they don't control themselves and are excessively frivolous in their language, or treat the good name of their neighbor lightly. They know their own defects and infidelities, and perhaps even accuse themselves in Confession; but they do not seriously repent of them, nor do they make use of the means to avoid them in the future. They do not realize that each one of these 'imperfections' is like a leaden weight that drags them down. They do not realize that they are beginning to think in a purely human way and to work only for human reasons, or that they habitually resist the inspirations of Grace and misuse them. The soul thus loses the splendor of its true beauty, and God is increasingly distanced from it. Little by little the soul loses contact with God: in Him it does not see a loving and lovable Father to whom it should give itself with filial affection; something has been allowed to place itself between the two. (B. Baur, *In Silence with God*) This is the beginning of the road to lukewarmness.

In a committed fight to banish all sin from our lives, we will show Our Lord our love and our readiness to correspond with His Grace. *How sad you make me feel when you are not sorry for your venial sins! For until you are, you will not begin to live a real interior life.* (J. Escriva, *The Way*, 330)

Let us ask Our Lady to grant us a loathing not only for mortal sin, but also for deliberate venial sin.

The fight against deliberate venial sin. Sincerity. Examination.

Contrition: *The restoration of 'a proper sense of sin' is the first step that must be taken in facing the grave spiritual crisis looming over man today.* (St. John Paul II, *loc. cit.*)

To face up to this fight against venial sin in a determined way one must recognize venial sin for what it is: an offense against God which delays and can prevent union with Him. One must call it by its name, without excuses, without reducing the transcendental importance it has for a soul truly wishing to go to God. Flashes of anger, promptings of envy or sensuality not immediately rejected; a desire to be the center of attention or attraction; not being concerned with anyone but oneself of with anything but our own interest and losing the (continued on page 4)

Knights of Columbus Council 2751 are holding a **Breakfast for the people of Ukraine at the Church of St. Peter & Paul in Mazepa on Sunday, March 20**, serving from **9:00am to 12:30pm**. Half of proceeds will go to Supreme Knights Organization, who match up to \$500,000. Total donation to be \$1.5 million. The other half will be donated to a friend of Deacon Paul Tschann who lives in Poland and belongs to a parish who are taking refugees into their homes and providing for their needs.

WEEKLY TITHING for March 13, 2022

Sunday Envelopes:	\$ 1,180.00
Plate:	\$ 97.00
Total:	\$ 1,277.00

St. Patrick's Ham Dinner at the Zumbrota VFW
March 27, 10:30am -1:00pm at the Zumbrota VFW

Prices: Adults or Take Out \$12.00, Children 6-12--\$6.00, Under 6 -free

Available for Dine-In & Take Out



Please take time to sign up for donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at stpauls@hcinet.net or call the Parish Office 732-5324 to sign up. For those who wish to give a cash donation, there is a box and envelopes located by the Ham Dinner sign-up sheet or you may drop your donation in the collection basket.



*Food items can be dropped off at the Church of St Paul on Saturday from 10am-3pm or at the VFW Sunday from 7-9am. Workers should check the sign-up board for times to arrive to help. Buffet servers should arrive at 10am.

Advanced dinner tickets are available at the Church office.

If you have any questions, contact your committee members:

Maggie Eggerichs and Sue Hinrichs, Shirley Gregory and Linda Kazmierczak, Karen Hodgman, and Fr. Kasel

Thank you in advance for your willingness to make this endeavor a success!



Spring Cleaning: Spring pew cleaning at the Church of St. Paul will be Wednesday, April 6, 2022 starting at 9:15am. All are invited. Please bring your own bucket and cloth for washing and rubber gloves, if you wish. Many hands will make the work go faster. Please contact Mary Kingsbury at kingsburymary@gmail.com or the parish office if you have any questions. Thank you!

PRAYER WARRIORS NEEDED at Rochester Planned Parenthood on March 21, 28, & April 4.

40 Days for Life has started and will continue until April 10. Rochester does not have a campaign this year, but please consider praying on Mondays at Planned Parenthood, as that is when the chemical abortion pill is given. Planned Parenthood is open Mondays from 10-5:30. There are no designated prayer times. Bring a friend and stop by to pray whenever it works for you. Contact Maggie at maggieggerichs@hotmail.com or the parish office with questions.

Zumbrota Food Shelf Assistance: The Zumbrota Area Food Shelf will participate in the Minnesota March Food Share Campaign. The annual effort raises money and food to stock nearly 300 food shelves in MN. Our food shelf service area includes Zumbrota, Wanamingo, Bellechester, and Goodhue. Throughout the month of March, giving food or money to the local food shelf is the perfect way to help people who are in need. Please consider helping out. Donations can be mailed to Zumbrota Area Food Shelf, PO Box 43, Zumbrota, MN 55992. Volunteers will be available at the food shelf every Monday during the month of March from 8-10am for donations.

HOLY MASS TIMES

Tuesday, March 22, 2022

8:00am Confessions/8:30am Holy Mass
 9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, March 24, 2022

8:00am Confessions/8:30am Holy Mass

Sunday, March 27, 2022

8:20am Rosary/8:25am Confessions
 8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month
 versus populum; 2nd & 4th ad Orientem

HOLY MASS INTENTIONS

March 22, 2022 †Elmer Mullenbach
March 24, 2022 †Dory Kazmierczak
March 27, 2022 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) capacity for being interested in others; acts of pity performed out of routine, with little attention and even less love; inconsiderately rash and less than charitable judgements about others... these are not faults or mere imperfections, but *venial sins*.

We ought to ask the Holy Spirit to help us sincerely recognize our faults and our sins, to have a sensitive conscience which seeks pardon and does not look for ways to justify our errors. As St. Augustine says: *He who has a healthy intuition of soul will feel how sins hurt.* (St. Augustine, *Commentary on Psalm 37*)

The saints have understood with noon-day clarity, in the light of Love and of Faith, that a single sin - especially mortal, but venial too - is a disorder greater than any cataclysm which lays waste the natural world, *for the goodness of Grace in one single person is greater than the material good of the entire universe.* (St. Thomas, *Summa Theologiae*, I-II, q.133, a) May we foster a sincere repentance for our faults and sins; may we fight to eradicate routine when we turn to the Sacrament of Divine Mercy. *However small the sins that you may confess may be, always have sincere sorrow for them, together with a firm resolution to correct them in the future. Many who confess their venial sins out of custom and concern for order, but without thought of amendment, remain burdened with them for their whole lives and thus lose many spiritual benefits and advantages.* (St. Francis de Sales, *Introduction to the Devout Life*, II, 19) The Virgin Mary, *Refuge of Sinners*, will help us to have a refined conscience, to love Christ and all men, to be sincere with ourselves, and in Confession to recount our weaknesses and to know how to repent promptly for them." (From *In Conversation with God*, by Francis Fernandez) Through the intercession of Mary, Refuge of Sinners, St. Joseph, the Terror of demons, St. Michael, St. Paul, and our Guardian Angels, may our good Lord grant us the grace to deeply repent from all sin, especially deliberate venial sin!

In Christ through Mary,
Fr. Kasel

A Consecration to the Immaculate Heart of Mary will take place at the Church of St. Michael on Friday, March 25, at 11:00 a.m. Pope Francis has invited all bishops, along with their priests, to join him as he consecrates Russia and the Ukraine to the Immaculate Heart of Mary. All are invited to attend and join in prayer.

THE ANGELUS (The Solemnity of the Annunciation, March 25)

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace, The Lord is with Thee;

Blessed art thou among women,

And blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, Pray for us sinners,

Now and at the hour of our death. Amen

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word. *Hail Mary, etc.*

V. And the Word was made Flesh.

R. And dwelt among us. *Hail Mary, etc.*

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.



Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night Wednesday, March 23, from 6:30-8:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on Lent. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!



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Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.

Parish Safe Environment Coordinator: Sara McNamara
St. Michael: 507-356-4280
stmichaeloffice@bevcomm.net
St. Paul: 507-732-5324
stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:
(651) 291-4475

Church of St. Michael Cemetery
For Plot Information
Call the Parish Office
507-356-4280
"Remember To Pray For Our Beloved Departed."

Church of St. Paul Cemetery
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