

April 3, 2022 Fifth Sunday of Lent

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

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Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on **Wednesday**. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of April is dedicated to increased devotion to the Holy Eucharist and the Holy Spirit. Let us strive to grow in more fervent Love for our Lord Jesus, truly present in the Blessed Sacrament and the best friend of our souls, the Holy Spirit! This weekend I share with you a reflection on the Sacrament of Confession. I encourage you to reflect over this message a few times this week:

“Go and Sin No More - In the Sacrament of Penance it is Christ Who forgives: *Woman, where are they? Has no one condemned you? No one, Lord. Neither do I condemn you; go, and do not sin again.* (John 8:10-11) They placed her in the midst, says the Gospel. (cf. John 8:1-11) They have humiliated her and shamed her in the extreme, without the slightest concern for her. They remind Our Lord that the Law imposed the severe penalty of death by stoning for this sin. *What do you say*, they ask Him, disguising their ulterior motives so that *they might have some charge to bring against Him*. But Jesus surprises them all. He does not say anything; *He bent down and wrote with His finger on the ground*.

The woman is terrified by them all. The Scribes and Pharisees go on asking questions. Then, *Jesus stood up and said to them, ‘Let him who is without sin among you be the first to throw a stone at her.’ And once more He bent down and wrote with His finger on the ground*.

They all went away, one by one, *Beginning with the eldest*. Not one of them had a clear conscience and they were trying to set a trap for Our Lord. All of them went away. *And Jesus was left alone with the woman standing before Him. Jesus looked up and said to her, ‘Woman, where are they? Has no one condemned you?’*

Jesus’ words are full of gentleness and clemency, a manifestation of God’s infinite mercy and forgiveness. She answered straight away, *No one, Lord*. And Jesus said to her, *‘Neither do I condemn you; go, and do not sin again.’* We can imagine the enormous joy of that woman, her desire to begin again, her deep Love for Christ.

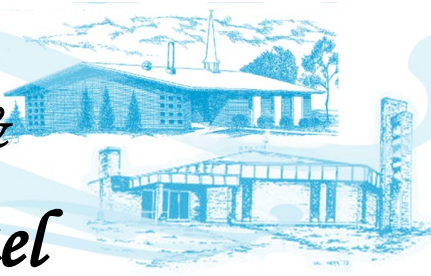
Such a deep change has taken place in that woman’s soul, stained by sin and suffused with her public shame, that we can only partly see the alteration in her with the light of Faith. The words of the prophet Isaiah are fulfilled: *Remember not the former things, nor consider the things of old. Behold I am doing a new thing... I will make a way in the wilderness and rivers in the desert... to give drink to My chosen people, the people whom I formed for Myself that they might declare My praise.* (Is. 43:16-21)

Every day, in every corner of the world, Jesus, through His ministers, the priests, continues to say *I absolve you from your sins...* ‘Go’, says our Lord, *‘and do not sin again.’* It is Christ Himself Who forgives. *The sacramental formula, I absolve you... and the imposition of the hand and the sign of the Cross made over the penitent show that at this moment the contrite and converted sinner comes into contact with the power and Mercy of God. It is the moment at which, in response to the penitent, the Trinity becomes present in order to blot out sin and restore innocence. And the saving power of the Passion, Death and Resurrection of Jesus is also imparted to the penitent... God is always the one Who is principally offended by sin - ‘tibi soli*

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

paccavi!’ - and God alone can forgive. (St. John Paul II, Apostolic Exhortation, *Reconciliatio et Poenitentia*, 2 December 1984, 31, III) The words pronounced by the priest are not just a prayer of supplication to ask God to forgive our sins, or a mere certification that God has deigned to grant us His pardon, but *at that moment every sin is forgiven and blotted out by the mysterious intervention of the Savior.* (*ibid.*) Few words have every produced more joy in the world than the words of absolution, *I absolve you from your sins...* St. Augustine affirms that the wonder they work is greater than the very creation of the world. (cf. St. Augustine, *Commentary on St. John’s Gospel*, 72) How glad are we to receive these words when we go to the sacrament of forgiveness? How grateful are we? How often have we thanked God for having this sacrament close at hand? In our prayer today we can show Our Lord our gratitude for this great gift. (continued on page 3)

Individual Confession times for Holy Week

Tuesday, April 12	4:00-4:55pm	St. Paul
Tuesday, April 12	6:00-7:00pm	St. Paul
Wednesday, April 13	4:00-4:55pm	St. Michael
Wednesday, April 13	7:00-8:30pm	St. Michael
Holy Thursday, April 14	4:30-5:30pm	St. Paul
Good Friday, April 15	4:30-5:30pm	St. Michael
Good Friday, April 15	after Liturgy	St. Michael

The Church of St. Michael Men’s Club Fish Fries
on Friday during Lent (April 8) 4:30-7:00pm. All are invited!

STATIONS OF THE CROSS AT CHURCH OF ST. PAUL

Each Tuesday of Lent at 7:00pm

STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL

Each Friday of Lent at 7:30pm

The next **Holy Hour for Men** will be on Sunday, April 10, at 6:30pm at the Church of St. Michael, Pl. Fr. Kasel will give a talk on the Graces of Holy Week. All men are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation class/session will be on Wednesday, April 6, 6:00-7:45pm at the Church of St. Michael, PI

Topic for April: The Cardinal Virtue of Temperance

Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Fundraiser for Ukrainian Refugees - April 3

The Saint Padre Pio Knights of Columbus are hosting a brunch fundraiser on April 3 after the 7:00am and 10:30am Holy Masses. Funds will go to support the Knights of Columbus in Poland who are distributing supplies and providing shelter to refugees from Ukraine. The event will be a free will donation.

Strengthened through the Passion of our Lord Jesus

"In the Passion of our blessed Savior, six things chiefly are to be meditated upon.

First, the bitterness of His sorrow, that we may compassionate with Him.

Secondly, the greatness of our sins, which were the cause of His torments, that we may abhor them.

Thirdly, the greatness of the benefit, that we may be grateful for it.

Fourthly, the excellency of the Divine Charity and bounty therein manifested, that we may love Him more fervently.

Fifthly, the conveniency of the mystery, that we may be drawn to admiration of it.

Lastly, the multiplicity of virtues of our Blessed Savior which did shine in this stupendous mystery, that we may partly imitate and partly admire them; wherefore, in the midst of these meditations, let us sometimes compassionate with our Blessed Savior in the extremity of His sorrows; extreme indeed, both by reason of the tenderness of His Body, as also, for the great affection He bore unto our souls. He did suffer them without any manner of consolation, as we shall speak hereafter in its proper place. Sometimes let us stir up in ourselves compunction for our sins, which were the cause of His great sufferings. Sometimes let us kindle in our souls an ardent affection, considering His great affection towards us, which upon the Cross He declared and manifested to the whole world. And the benefit which He bestowed upon us in His Passion, because He bought us with the inestimable price of His Precious Blood, of which only, we reap the benefit and commodity." St. Peter of Alcantara, from: *Seven other meditations of the Passion of Our Lord, and the manner how it ought to be meditated upon. A Golden Treatise of Mental Prayer. Chapter IV.*

Good Friday Promotion

As we get closer to Holy Week and Easter, the St. Pio Council of the Knights of Columbus is encouraging families to particularly attend the Good Friday liturgy at St. Michael. Despite Good Friday's central nature in the heart of Christianity, attendance at this service across the country remains low. The Good Friday liturgy of our Lord's Passion and death brings us into the suffering Jesus endured, and that through His Passion and Resurrection, the gates of Heaven opened for each of us.

KC Meeting

Our next meeting is 7:00pm, April 20, at the Church of St. Michael

THE PIETÀ (Lecture Series) Sunday, April 10, 2022

Entering into the Passion of Christ (Instructor: Amy Giuliano)

Perhaps the most famous work of Renaissance statuary, Michelangelo's Pietà has inspired awe in viewers for centuries. Just in time for Holy Week, join the ICC for a 3D virtual visit to this masterpiece of devotional sculpture to discover its deep theological and liturgical meaning. Pre-Class Discussion: 6:30 PM, Lecture: 7:00 PM. Registration is required <https://instituteofcatholicculture.org/events/sacrificial-love>

Pine Island Food Shelf: items requested for April: Cleaning products (household & clothing)

WEEKLY TITHING for March 26-27, 2022

Sunday Envelopes:	\$ 1,867.00
Plate:	\$ 612.57
EFT:	\$ 647.50
Total:	\$ 3,127.07

The Church of St. Michael Men's Club Fish Fry

on April 8 from 4:30-7:00pm

Both baked & fried fish will be offered!

Prices: Adults—\$12.00, Children 5-12—\$6.00,

Family maximum \$40.00 TAKE OUT AVAILABLE!

STATIONS OF THE CROSS at 7:30pm

Congratulations to:

Brian & Jaime Sorum on the baptism of their son

Slade William-Andrew Sorum on March 27, 2022.



EASTER FLOWERS FOR THE ALTAR



There is an envelope in your contribution packet for Easter flowers in memory of a loved one. The suggested donation is \$13. Please consider making a donation and place in the collection plate or return to the office by Sunday, April 10. Any money collected over the cost of the Easter flowers will be used for flowers in the sanctuary throughout the year. *Thank you and God bless you!*

WORDS TO LIVE BY:

"He (St. Francis of Assisi) was one day found by a gentleman shedding tears, and crying out with a loud voice: being asked the cause: 'I weep,' he answered, 'over the sorrows and disgraces of my Lord: and what causes me the greatest sorrow is, that men, for whom He suffered so much, live in forgetfulness of Him.' And on saying this he wept the more, so that this gentleman began also himself to weep." St. Alphonsus Liguori

"One day, while St. Francis (of Assisi) was praying, Jesus Christ appeared to him fastened to the Cross. And the memory of Christ's Passion was so impressed on the innermost recesses of his heart that from that hour, whenever Christ's Crucifixion came to mind, he could scarcely contain his tears and sighs." St. Bonaventure

"But especially I commend earnest mental prayer to you, more particularly such as bears upon the Life and Passion of our Lord. If you contemplate Him frequently in meditation, your whole soul will be filled with Him, you will grow in His Likeness, and your actions will be moulded on His. He is the Light of the world; therefore in Him, by Him, and for Him we shall be enlightened and illuminated." St. Francis de Sales

"The remembrance of the most holy Passion of Jesus Christ is the door through which the soul enters into intimate union with God, interior recollection and most sublime contemplation." St. Paul of the Cross

HOLY MASS TIMES

Wednesday, April 6, 2022

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, April 8, 2022

8:00am Confessions/8:30am Holy Mass

Saturday, April 9, 2022

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, April 10, 2022

7:00am (Latin) Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

April 6, 2022

Michael Kaiya

April 8, 2022

†Sonia Nassaralla, Joau Nassaralla, and all souls of purgatory

April 9, 2022

Mike Rolfson (Les & Barb Rolfson)

April 10, 2022 (Latin)

†Mike Hofland

April 10, 2022

Parishioners



CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION

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Topic for April: The Cardinal Virtue of Temperance

Below is the schedule:

6:00-6:30pm - Meal
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 7:30-7:45pm - Church for Adoration
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Stations of the Cross at the Church of St. Paul:
 Each Tuesday of Lent at 7:00pm



Congratulations to our St. Patrick Ham Dinner Raffle Winners!

\$300 Winner: (1) Steve Kingsbury
 \$200 Winner: (1) Ben Eirikson
 \$100 Winner: (1) Jeff Schotzko
 \$40 Winners: (10) Marie Robinson, Steve Kasel, John Mann, Nick Kasel, Jim Richards, Stu Ohr, Peter Moe, Darleen Gillard, Ben Eirikson, Paul Sutton

(from page 1) **Gratitude for absolution; the apostolate of Confession:** Through absolution, man is united to Christ the Redeemer, Who willed to take our sins upon Himself. Through this union the sinner shares once again in that fountain of Grace that springs without ceasing from the open side of Jesus.

At the moment of absolution we will intensify our sorrow for our sins, saying perhaps one of the prayers from the ritual, such as the words of St. Peter, *Lord, You know all things, You know that I love You.* We will renew our purpose of amendment. We will listen attentively to the priest's words which grant us God's forgiveness. It is the moment of savoring the joy of having Grace restored (if we have lost it) or of receiving an increase of Grace and greater union with God. St. Ambrose says: *See [the Father] comes out to meet you. He will fall on your neck and will give you a kiss, the pledge of love and tenderness. He will make them bring you a cloak, shoes for your feet... You still fear a reprimand... you are afraid of hearing words filled with anger, and He prepares a banquet for you.* (St. Ambrose, *Commentary on St. Luke's Gospel*, 7) Our Amen turns into a longing to start again, even though we may have confessed only venial sins.

After each Confession we must *thank God* for His Mercy towards us and stop, even though only momentarily, to decide exactly how we are going to put into practice the advice or indications we have received, or how to make our purpose of amendment more effective. Another manifestation of our gratitude is to make sure our friends, too, come to this well-spring of Grace, and that we bring them close to Christ, as the Samaritan woman did. She ran to tell her people so that they too should benefit from the unique opportunity that Jesus' journey through their town afforded them. (cf. John 4:28)

It would be hard to find a greater act of Charity than that of announcing to those who are covered in mud and lacking strength, the source of salvation that we have discovered, when we are purified and reconciled to God.

Do we use the means to carry out an effective apostolate of Confession? Do we take our friends to the Tribunal of Divine Mercy? Do we increase our own desire to purify ourselves by going frequently to the Sacrament of Penance? Do we sometimes leave this meeting with God's Mercy for 'later'?

The need to carry out the penance given by the Confessor. Generosity in our reparation: *Satisfaction is the final act which crowns the sacramental sign of Penance. In some countries the act which the forgiven and absolved penitent agrees to perform after receiving absolution is precisely called his penance.* (St. John Paul II, *loc. cit.*)

Our sins, even after they have been forgiven, deserve a temporal punishment which has to be undergone in this life, or after death in Purgatory, which is where those souls go who die in a State of Grace, but without having made full satisfaction (continued on page 4)

WEEKLY TITHING for March 27, 2022

Sunday Envelopes:	\$ 560.00
Plate:	\$ 632.00
Total:	\$ 1,192.00

St. Patrick's Ham Dinner: Thank you...

The St Paul's Annual Ham Dinner Committee extends a huge **THANK YOU** to all volunteers who contributed to this event. Without your generous support of time, talents and/or money, this event could not come together as well as it does year after year. This fundraiser continues to support the important work of the church and essential causes. Your attendance and invitations to others to attend and participate in the camaraderie is equally important to making this a success. **Thank you again!**

St. Patrick's Ham Dinner Committee 2022:

Maggie Eggerichs and Sue Hinrichs, Shirley Gregory and Linda Kazmierczak, & Karen Hodgman, and Fr. Kasel

EASTER FLOWERS FOR THE ALTAR

There is an envelope in your contribution packet for Easter flowers in memory of a loved one. The suggested donation is \$13. Please consider making a donation and place in the collection plate or return to the office by Sunday, April 10. Any money collected over the cost of the Easter flowers will be used for flowers in the sanctuary throughout the year. *Thank you and God bless you!*



Spring Cleaning: Spring pew cleaning at the Church of St. Paul will be Wednesday, April 6, 2022 starting at 9:15am. All are invited. Please bring your own bucket and cloth for washing and rubber gloves, if you wish. Many hands will make the work go faster. Please contact Mary Kingsbury at kingsburymary@gmail.com or the parish office if you have any questions. Thank you!

BAKED HAM & ROAST BEEF DINNER Palm Sunday, April 10
 Join the 62nd Annual Dinner at Zumbrota VFW from 11am -1pm
 Sponsored by American Legion Zumbrota Post No. 183
 Adults Tickets- - (advance) \$ 15 - - (door) \$16.00
 Children under 12 - - \$6, Pre-School - - free

Come and See, Come and Share!

St. Paul and Minneapolis Archdiocesan Council of Catholic Women invites you to the 89th Convention on April 29, 2022 at St. Albert Catholic Church, 11400 57th St NE, Albertville, MN 55301. Cost is \$55 if you register by April 14, after \$65, or register on-line at www.archspm.org/accw2022conv. Registration forms are available at the church entrance. For more information, go to www.accwarchspm.org.

PRAYER WARRIORS NEEDED at Rochester Planned Parenthood on April 4. **40 Days for Life** will continue until April 10. Rochester does not have a campaign this year, but please consider praying on Mondays at Planned Parenthood, as that is when the chemical abortion pill is given. Planned Parenthood is open Mondays from 10-5:30. There are no designated prayer times. Bring a friend and stop by to pray whenever it works for you. Contact Maggie at maggieeggerichs@hotmail.com or the parish office with questions.

HOLY MASS TIMES

Tuesday, April 5, 2022

8:00am Confessions/8:30am Holy Mass
 9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, April 7, 2022

8:00am Confessions/8:30am Holy Mass

Sunday, April 10, 2022

8:20am Rosary/8:25am Confessions
 8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month
 versus populum; 2nd & 4th ad Orientem

HOLY MASS INTENTIONS

April 5, 2022 Jerry & Donna Wintz
April 7, 2022 †Roy & Gloria Bradley
April 10, 2022 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) for their sins. (cf. Council of Florence, *Decree for the Greeks*, Dz. 673)

Moreover, after its reconciliation with God, there are still left in the soul the remains of sin; a weakness of the will to abide in good. There will remain also a certain facility for making wrong judgments: a certain disorder in the sensual appetite... They are the weakened scars of actual sin and the disordered tendencies left in man by original sin, which are brought to a head by our personal sins. *It is not enough to remove the arrow from the body; we also have to heal the wound caused by the arrow. It is the same with the soul; after we have received forgiveness for our sins, we have to heal the wound that remains through penance.* (St. John Chrysostom, *Homily on the Gospel of St. Matthew*, 3, 5)

Even after absolution, St. John Paul II teaches, *there remains in the Christian a dark area, due to the wound of sin, to the imperfection of love in repentance, to the weakening of the spiritual faculties. It is an area in which there still operates an infectious source of sin which must always be fought with mortification and penance. This is the meaning of the humble but sincere act of satisfaction.* (St. John Paul II, *loc. cit.*, cf. also *General Audience*, 7 March 1984)

For all of these reasons we must put a lot of Love into fulfilling the penance the priest gives us before granting absolution. It is usually easy to perform and, if we really Love God, we will be aware of the great disparity there is between our sins and the penance we have been given. It is yet another reason for increasing our spirit of penance during this Lent, when the Church calls us to it in a special way.

'Cor Maria perdolentis, miserere nobis!' - Invoke the Heart of Holy Mary, with the purpose and determination of uniting yourself to her sorrow, in reparation for your sins and the sins of men of all times. And pray to her - for every soul - that her sorrow may increase in us our aversion from sin, and that we may be able to love the physical or

KITUI UPDATE: Living Water Program- Lent 2022

Give Change...Change Lives.

Kitui Water Bottle Project: Please continue filling your water bottles with change and return to the church when full or by the end of Lent to help those in the Kitui Diocese in Africa with their water shortage. *Questions regarding the Kitui Partnership may be directed to Parish Office 507-356-4280*



PRO LIFE QUOTE

"Any country that accepts abortion is not teaching its people to love but to use violence to get what they want." *St. Mother Teresa*

Thank you from the Retirement Fund for Religious:

"Your generous parish-contribution of [\$850 from the Church of St. Michael and \$464 from the Church of St. Paul] will enable many religious communities to meet their pressing retirement needs and also support the retirement planning for newer religious communities. On behalf of all retired men and women religious, brothers and religious order priest, I thank you for your annual Retirement Fund for Religious Appeal. Your generosity, especially during these unprecedented times, is a real blessing in support of all those who have witnessed to a lifetime of dedicated service!"

With sincere gratitude, Sister Lynore Girmscheid, SSND Coordinator, RFR

moral contradictions of each day as a means of expiation. (St. J. Escriva, *Furrow*, 258)" (From *In Conversation with God*, by Francis Fernandez)

Through the intercession of Mary, Mother of the Eucharist, St. Joseph, Guardian of our Redeemer, St. Michael, St. Paul, and our Guardian Angels, may our good Lord grant us the Grace to repent of our sins! In Christ through Mary,
Fr. Kasel

 <p>Buy one Blizzard at regular price, receive 2nd Blizzard of equal/lesser value FREE! 215 E. 18th St. Zumbrota 732-5910</p>	<p>Pine Haven Community Pine Haven Care Center: skilled nursing care, private rooms, rehabilitation & therapy services. Evergreen Place: senior housing with services.</p>  <p>210 3rd St NW • Pine Island • (507) 356-8304 www.PineHavenCommunity.org</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>Steve Johnson's</p>  <p>Hwy 52 & 58 in Zumbrota 507-732-5127 Home: 651-460-6706 www.zumbrotaford.com</p>	<p>ZUMBROTA MINI STORAGE Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota 507-696-4406</p>
 <p>TOM & SCOTT SHANE Commercial & Industrial 507-824-2191</p>	<p>Knollwood Apartments Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448</p>	<p>Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com</p>	<p>HEMANN, GROVER & Company Ltd. Certified Public Accountants <i>"Building & managing wealth for your business & family"</i> Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800</p>	<p>Owen Locker Plant</p>  <p>110 2nd St. NE Pine Island, MN 55963 507-356-8612</p>
 <p>Robert D. Ziller LPL Financial Advisor Investments - Insurance - Retirement Planning 2657 Overlook Blvd. SW Rochester MN 55902 www.discoveryfinancial.com 507-289-2691 <small>Securities and advisory services offered through LPL Financial Member FINRA/SIPC</small></p>	<p>Lab guided, drug-free, all-natural treatment programs to restoring health.</p>  <p>Debbie O'Meara Practitioner 507-258-4465 AutoImmuneAngels.com 3143 Superior Dr. NW, Rochester, MN</p>	<p>Gadient Garage Doors Doors & Openers Sales Service & Repair Exceptional Customer Service GadientGarageDoors.com</p>  <p>651-388-0550 <i>"When You Expect the Very Best"</i> Teresa & Todd Gadient</p>	 <p>Mobile Foot Care Service 507-269-7827 footcareprofessionalsllc@gmail.com <i>Care provided by</i> Sheila Buehler, APRN, CNP, CFCS Certified Foot Care Specialist <i>Helping YOU live well with YOUR feet!</i></p>	
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>		<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>	<p>Church of St. Michael Cemetery For Plot Information Call the Parish Office 507-356-4280 <i>"Remember To Pray For Our Beloved Departed."</i></p>	<p>Church of St. Paul Cemetery For Plot Information Call the Parish Office 507-732-5324</p>