

March 2, 2025 Eighth Sunday in Ordinary Time

Welcome to the Churches of

St. Paul &
St. Michael



Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net

OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507)356-2080 Email: stmichaeloffice@bevcomm.net

OFFICE HOURS: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of March is dedicated to increase devotion to St. Joseph, the Spouse of the Virgin Mary and Foster Father of our Lord Jesus.

Let us go to St. Joseph, open our hearts to his love for each of us and experience his great kindness!

This coming week Wednesday is Ash Wednesday and the beginning of Lent. I encourage all of our parishioners to attend Holy Mass on Ash Wednesday. Please see elsewhere in this bulletin for the full schedule of Holy Masses. Plan now to begin Lent with Our Lord at Holy Mass! With the beginning of Lent, our attention also turns to penances or sacrifices. Let us be determined in our efforts to make time for Jesus in prayer and be bold in our acts of Charity! First, I encourage all of us to pick some practices to give up or to do. The usual practices, like giving up dessert, candy, pop or television can be good. However, asking for the grace from our good Lord to change a bad habit in our relationship with God and others, may be much better. We can also 'think outside of the box' in other ways. A penance does not always have to be something we forgo or give up. It could also be something we add to our daily life. We could add such things as: do more acts of kindness in word or deed for one's spouse, children, or siblings; choose to forgive and let go of a grudge; ask for forgiveness from someone; visit relatives in the nursing home; call your parents more often; pray for patience and try to practice it more and more; pray for those who annoy you; thank God for His blessings each day; pray more and with greater love for God – in the morning, afternoon and night; and I think the list could go on. Here are a few more ideas that would bear great fruit: attend daily Holy Mass; monthly confession; daily family Rosary; Chaplet of Mercy; Stations of the Cross; spending time with Jesus in adoration of the Eucharist; praying the Liturgy of the Hours; praying with Sacred Scripture; 15-30 minutes of quiet prayer talking with Jesus and listening to Him in your home; a prayerful walk; talking with a spiritual director; and reading a good spiritual book - I recommend the Diary of St. Faustina, and the autobiography of St. Therese called Story of a Soul.

Second, for information on the practice of penance, here is what our Catechism of the Catholic Church (CCC) teaches us:

"The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms, fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. Alongside the radical purification brought about by Baptism or martyrdom they cite as means of obtaining forgiveness of sins: effort at reconciliation with one's neighbor, tears of repentance, concern for the salvation of one's neighbor, the intercession of the saints, and the practice of charity 'which covers a multitude of sins.' Conversion is accomplished in daily life by gestures of reconciliation, concern for the poor, the exercise and defense of justice and right, by the admission of faults to one's brethren, fraternal correction, revision of life, examination of conscience, spiritual direction, acceptance of suffering, endurance of persecution for the sake of righteousness. Taking up one's cross each day and following Jesus is the surest way of penance.

Daily conversion and penance find their source and nourishment in the Eucharist, for in it is made present the sacrifice (continued on page 4)

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

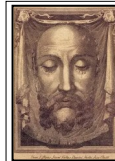
WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

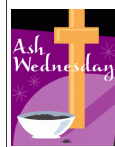


Holy Mass in Honor of the Most Holy Face of Our Lord Jesus Christ, Disfigured in His Passion - Tuesday, March 4:

All are invited to join in prayer at Holy Masses to offer reparation to our Lord Jesus for the many blasphemous sins and insults He has endured to the present time. Holy Mass will be offered at 8:30am at St. Paul in Zumbrota and at 5:30pm (Latin) at St. Michael in Pine Island, on Tuesday, March 4. The Holy Rosary will be offered before each Holy Mass. The Chaplet of the Holy Face will be offered after 8:30am Holy Mass and before the 5:30pm Holy Mass.

Holy Face of Jesus Feast and Social: The Padre Pio Knights of Columbus Council 16016 will host a Social Event for the parishioners of St. Michael and St. Paul on Mardi Gras Day -Tuesday, March 4, at the Church of St. Michael. (more details on page 4)

Ash Wednesday Holy Masses, March 5, 2025



Ash Wednesday is a day of Fasting & Abstinence

8:30am at St. Michael, Pine Island

12:00pm at St. Paul, Zumbrota

6:00pm at St. Michael, Pine Island

7:30pm at St. Michael, Pine Island (Latin)

The Church of St. Michael Men's Club Fish Fries begin Friday,

March 7, from 4:30-7:00pm and run each Friday of Lent.

STATIONS OF THE CROSS AT CHURCH OF ST. PAUL

Each Tuesday of Lent at 5:30pm

STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL

Each Friday of Lent at 7:30pm

The next **Holy Hour for Men** will be held Sunday, March 9, at 6:30pm at the Church of St. Michael. All men are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF St. Michael FAITH FORMATION:

The next **Faith Formation session** will be on Wednesday, **April 2**, at the Church of St. Michael, Pine Island.

Topics for April: *The Sins of Man & The New Life in the Spirit (PreK-Grade 3); The Sacrament of Matrimony & The Sins of Human Beings (Grades 4-6); & The Moral Life of Christians & The Perfection of Christian Love (Confirmation 1, 2, & Adults)*

Below is the schedule:

6:00-6:30pm - Meal
6:35-7:25pm - Children Class/Parent & Adult Session
7:30-7:45pm - Adoration in Church

Save the dates!

St. Michael Homeschool Co-op for Spring, 2025: The Church of St. Michael is offering an opportunity for children ages 3-14 to participate in a Homeschool Co-op on five (5) Fridays: April 25 and May 2, 9, 16, and 23. More details will be available next week. Contact the Office at 507-356-4280 or stmichaeloffice@bevcomm.net.



Go To Joseph! "Go, then to Joseph, and do all that he shall say to you; Go to Joseph, and obey him as Jesus and Mary obeyed him; Go to Joseph, and speak to him as they spoke to him; Go to Joseph, and consult him as they consulted him; Go to Joseph, and honor him as they honored him; Go to Joseph, and be grateful to him as they were grateful to him; Go to Joseph, and love him, as they love him still." *St Alphonsus Liguori*

Catholic Authors Book Study: Calling all bookworms! Join the Catholic Authors Book Study. We rotate between spiritual books, literature and writings of Doctors of the Church. On Tuesday, March 18, we will begin discussing *A Spiritual Psalter* or *Reflections on God*, by Doctor of the Church, St. Ephraim the Syrian. We meet every 2-3 weeks, usually on Tuesdays from 7 - 8:30 pm in Rochester. *Join us!* See <https://archspm.groupvitals.com/groupfinder/profile/72459> or contact the parish office.

PRO-LIFE QUOTES:

As far as abortion is concerned, it's part of the fifth, not the sixth, commandment: "Thou shalt not kill!" We have to presume this is obvious and always stress that the human person begins in the mother's womb and remains a human person until his or her last breath. The human person must always be respected as a human person. *Pope Benedict XV*

"Find the courage to proclaim Christ,... and the unchanging truths which have their foundation in Him. These are the truths that set us free! They are the truths which alone can guarantee respect for the inalienable dignity and rights of each man, woman and child in our world - including the most defenseless of all human beings, the unborn child in the mother's womb. *Pope Benedict XVI*

Young Adult Retreat: Rochester Catholic Young Adult Group is having a retreat March 7-9 at the Alverna Center in Winona for adults aged 18-early 30's. The retreat is for Lent, and the topic is *prayer!* For more information, see the flyer in the church entry or contact 507-218-5676, or email abbyeslater@gmail.com.

Institute of Catholic Culture Lecture Series:

An ICC Lenten Retreat: *Returning to the Heart*

Details: Monday - Wednesday, March 3 - 5

"...our heart is the ultimate judge, not of what we show or hide from others, but of who we truly are. It is the basis for any sound life project; nothing worthwhile can be undertaken apart from the heart." *Dilexit Nos* In this retreat, Fr. Boniface Hicks will guide us through the recent encyclical letter *Dilexit Nos*, exploring how authentic spiritual renewal flows from a heart-to-heart encounter with Christ's love.

Pre-Class Discussion: 7:30pm EST Lecture: 8:00pm EST
Instructor: Rev. Boniface Hicks, O.S.B. Registration is required.
<https://instituteofcatholicculture.org/events/returning-to-the-heart/>

Pine Island Food Shelf: items requested for **March:**

Baking Items: baking soda or powder, cornstarch, spices, etc

WEEKLY TITHING February 22-23, 2025

Sunday Envelopes:	\$ 2,350.00
Plate:	\$ 569.00
EFT:	\$ 960.00
Total:	\$ 3,879.00

COME AND JOIN US!



The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

(March 7, 14, 21, 28, April 4 & 11)

Both baked & fried fish will be offered!

Take out Available!

Prices: Adults \$15.00, Children 5-12 \$6.00, Family maximum \$45.00
Hosted by: The Church of St. Michael Men's Club

STATIONS OF THE CROSS Each Friday of Lent at 7:30pm



Quilting Bee Cause will meet Tuesday, March 4, at 9am in the church Hall. Everyone is welcome to help us make quilts! Then, join us for coffee and fellowship.

Catholic Services Appeal for 2025: *Giving is Faith in Action!*

It is such a great reminder of what the Lord has done and calls us to do. Your continued generosity to the Catholic Services Appeal and your faith in our ministries are proof that by offering the Lord what we can, He will provide what we need. The way the Lord gave of Himself for us is a great reminder that we are united as one Church that when we come together and support our ministries we can do so much good. Each of us has benefited from our ministries.

Catholic Healthcare Professionals are invited to CURATIO's Lenten Retreat: *God Alone Heals!* Saturday, March 15, from 8:00am to 1:15pm at Epiphany Catholic Church in Coon Rapids, MN. (Includes light continental breakfast & catered lunch.) Starting with Mass, enjoy a dynamic talk by Deacon Patrick Spencer FNP, who worked a long medical career in the US Airforce and now works for AALFA pro-life Christian Clinic. Experience Stations of the Cross designed for Healthcare, Q&A session, lunch, and time for fellowship. Register by March 7. \$59/person. Complimentary tickets for religious & healthcare students: contact CuratioEvent@gmail.com. Register online at: <https://www.wesharegiving.org/App/Form/5c346219-ee9b-4b0c-b450-7baf1aa35555>

HOLY MASS TIMES

Tuesday, March 4, 2025

5:30pm Holy Mass in Honor of the Most Holy Face of Jesus

Wednesday, March 5, 2025 Ash Wednesday

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament
6:00pm Holy Mass
7:30pm Holy Mass (Latin)

Friday, March 7, 2025

8:00am Confessions/8:30am Latin First Friday Holy Mass

Saturday, March 8, 2025

4:00pm-4:50pm Confessions
5:00pm Holy Mass

Sunday, March 9, 2025

7:00am Latin Holy Mass
10:30am Holy Mass

HOLY MASS INTENTIONS

March 4, 2025 Conversion of Communists
March 5, 2025 Jackson Joubert
March 5, 2025 Sonia Ocariz (Carolyn Ocariz)
March 5, 2025 St. Michael families
March 7, 2025 Paul & Mary Sutton
March 8, 2025 †Les Rolfson (Barb Rolfson)
March 9, 2025 Chad Kritzberger
March 9, 2025 Parishioners



CHURCH OF SAINT PAUL NEWS

CHURCH OF St. Paul FAITH FORMATION:

The next **Faith Formation session** will be on Wednesday, **April 2**, at the Church of St. Michael, Pine Island.

Topics for April: *The Sins of Man & The New Life in the Spirit (PreK-Grade 3); The Sacrament of Matrimony & The Sins of Human Beings (Grades 4-6); & The Moral Life of Christians & The Perfection of Christian Love (Confirmation 1, 2, & Adults)*

Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Adoration in Church



Baskets/Items for St. Patrick's Ham Dinner SILENT AUCTION

Calling all parishioners! We are looking for silent auction baskets and items for this fundraiser held during **St. Patrick's Ham Dinner**. Any type of themed basket or items - including religious items, gift cards/certificates, homemade or purchased items will be appreciated! If you have any questions, contact Josefina or Sara in the parish office. Please drop off any items at the office. **Thank you in advance for your generosity!**

Dear Friends of St. Paul- Thank you so much for your participation in the recent Catholic Daughters of America Diaper Drive for Christ Choice. We are just in awe of the generous outpouring of diapers, wipes and other baby items that you donated. Please know that you have blessed our families with some of their greatest needs. May God richly bless all of you! Sincerely, The Staff of First Choice Clinic

The Blessing of Prayer:

"Prayer and converse with God is a supreme good: it is a partnership and union with God. As the eyes of the body are enlightened when they see light, so our spirit, when it is intent on God, is illumined by His Infinite Light. I do not mean the prayer of outward observance but prayer from the heart, not confined to fixed times or periods but continuous throughout the day and night.

Our spirit should be quick to reach out toward God, not only when it is engaged in meditation; at other times also, when it is carrying out its duties, caring for the needy, performing works of Charity, giving generously in the service of others, our spirit should long for God and call Him to mind, so that these works may be seasoned with the salt of God's Love, and so make a palatable offering to the Lord of the universe. Throughout the whole of our lives we may enjoy the benefit that comes from prayer if we devote a great deal of time to it. Prayer is the light of the spirit, true knowledge of God, mediating between God and man. The spirit, raised up to Heaven by prayer, clings to God with the utmost tenderness; like a child crying tearfully for its mother, it craves the milk that God provides. It seeks the satisfaction of its own desires, and receives gifts outweighing the whole world of nature.

Prayer stands before God as an honored ambassador. It gives joy to the spirit, peace to the heart. I speak of prayer, not words. It is the longing for God, love too deep for words, a gift not given by man but by God's Grace. The Apostle Paul says: *We do not know how we are to pray but the Spirit Himself pleads for us with inexpressible longings.* (Rom 8:26)

When the Lord gives this kind of prayer to a man, He gives him riches that cannot be taken away, heavenly food that satisfies the spirit. One who tastes this food is set on fire with an eternal longing for the Lord: his spirit burns as in a fire of utmost intensity. Practice prayer from the beginning. Paint your house with the colors of modesty and humility. Make it radiant with the light of justice. Decorate it with the finest gold leaf of good deeds. Adorn it with the walls and stones of Faith and generosity. Crown it with the pinnacle of prayer. In this way you will make it a perfect dwelling place for the Lord. You will be able to receive Him as in a splendid palace, and through His Grace you will already possess Him, His Image enthroned in the temple of your spirit." -*St. John Chrysostom, Bishop*

WEEKLY TITHING February 23, 2025

Sunday Envelopes:	\$ 898.00
Plate:	\$ 138.00
Total:	\$ 1,036.00

54th Annual St. Patrick's Ham Dinner and SILENT AUCTION

at Zumbrota VFW on Sunday, March 16

10:30 AM to 1:00 PM

Available for Dine-In & Take Out

Prices: Adults -- \$16.00 Children 6-12--\$6.00,
Under 6 -- free



Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at stpauls@hcinet.net or call the parish office at 732-5324 to sign up. *Thank you in advance for your willingness to make this endeavor a success!*



Stations of the Cross at the Church of St. Paul:
Each Tuesday of Lent at 5:30pm

WORDS TO LIVE BY:

"Devotion to St Joseph is one of the choicest Graces that God can give to a soul, for it is tantamount to revealing the entire treasury of our Lord's Graces. When God wishes to raise a soul to greater heights, he unites it to St Joseph by giving it a strong love for the good saint." *St. Peter Julian Eymard*

"Knowing by experience St Joseph's astonishing influence with God, I would wish to persuade everyone to honor him with particular devotion. I have always seen those who honored him in a special manner make progress in virtue, for this heavenly protector favors in a striking manner the spiritual advancement of souls who commend themselves to him." *St. Teresa of Avila*

"St Joseph was chosen among all men, to be the protector and guardian of the Virgin Mother of God; the defender and foster-father of the Infant God, and the only co-operator upon earth, the one confidant of the secret of God in the work of the redemption of mankind." *St. Bernard of Clairvaux*

"There are many Saints to whom God has given the power to assist us in the necessities of life, but the power given to St Joseph is unlimited: it extends to all our needs, and all those who invoke him with confidence are sure to be heard." *St. Thomas Aquinas*

"Truly, I doubt not that the Angels, wondering and adoring, came thronging in countless multitudes to that poor workshop to admire the humility of him who guarded that dear and Divine Child, and labored at his carpenter's trade to support the Son and the Mother who were committed to his care." *St. Francis de Sales*

HOLY MASS TIMES

Tuesday, March 4, 2025

8:00am Confessions/8:30am Holy Mass in Honor of the Most Holy Face of Jesus

9:00am-5:00pm Adoration of the Blessed Sacrament

Wednesday, March 5, 2025 Ash Wednesday

12:00pm Holy Mass

Thursday, March 6, 2025

8:00am Confessions/8:30am Holy Mass

Sunday, March 9, 2025

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

March 4, 2025 Paula & Ron Breid & family (St. Paul CCW)

March 5, 2025 Melissa Gerken (Gary & Louise Gerken)

March 6, 2025 †Kathy Bucher (Bing Bucher)

March 9, 2025 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 1) of Christ which has reconciled us with God. Through the Eucharist those who live from the life of Christ are fed and strengthened. 'It is a remedy to free us from our daily faults and to preserve us from mortal sins.' Reading Sacred Scripture, praying the Liturgy of the Hours and the Our Father - every sincere act of worship or devotion revives the spirit of conversion and repentance within us and contributes to the forgiveness of our sins. The seasons and days of penance in the course of the liturgical year (Lent, and each Friday in memory of the death of the Lord) are intense moments of the Church's penitential practice. These times are particularly appropriate for spiritual exercises, penitential liturgies, pilgrimages as signs of penance, voluntary self-denial such as fasting and almsgiving, and fraternal sharing (charitable and missionary works). The process of conversion and repentance was described by Jesus in the parable of the prodigal son, the center of which is the merciful father: The fascination of illusory freedom, the abandonment of the father's house; the extreme misery in which the son finds himself after squandering his fortune; his deep humiliation at finding himself obliged to feed swine, and still worse, at wanting to feed on the husks the pigs ate; his reflection on all he has lost; his repentance and decision to declare himself guilty before his father; the journey back; the father's generous welcome; the father's joy - all these are characteristic of the process of conversion. The beautiful robe, the ring, and the festive banquet are symbols of that new life - pure worthy, and joyful - of anyone who returns to God and to the bosom of his family, which is the Church. Only the heart of Christ Who knows the depths of his Father's love could reveal to us the abyss of his mercy in so simple and beautiful a way." (CCC 1434-1439)

Through the intercession of the Virgin Mary, St. Joseph and our patrons, St. Michael and St. Paul, may God bless you, your families and our parishes!

In Christ through Mary,
Fr. Kasel

Holy Face of Jesus Feast and Social: The Padre Pio Knights of Columbus Council 16016 will host a Social Event for the parishioners of St. Michael and St. Paul on Mardi Gras Day - Tuesday, March 4, at the Church of St. Michael. Holy Mass will be offered, starting at 5:30pm, celebrating the Feast of the Holy Face of Jesus. The Knights will serve Gumbo, rice and beans, cornbread and cake with ice cream after the evening Holy Mass. Please bring Mardi Gras enthusiasm and an appetite as we celebrate one day before Lent begins! Households are requested to consider a non-perishable food item donation for our food shelves. Thank you!

KC Food Drive to benefit our Food Shelves: Our St. Pio KC Council is sponsoring a non-perishable food drive for the weekend of March 1/2 through Tuesday, March 4. We ask households to consider some donation of food as we prepare for the Season of Lent. Please bring any donations to the lower level of either church for easy collection.



40 Days for Life Prayer Campaign will begin with an Opening Prayer Vigil on Tuesday, March 4, at 5pm on the public right-of-way in front of Planned Parenthood at 1212 7th Street NW. Please park north of 7th Street NW on side streets or at Cook Park and walk over. Join us to pray for an end to abortion.

Kitui Living Water Program- Lent 2025

Give change... change lives

Here we are at another season of Lent! Water bottles are again available to support our brothers and sisters in Kitui, Kenya through the Partnership of Kitui program. The people in the vicinity of Kitui regularly experience rain and water shortages. This collection is a way for us to help them! Questions regarding the Kitui Partnership may be directed to the parish office. Thank you, ahead of time, for any contributions you are able to make!



 <p>Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota 732-5910</p>	<p>ZUMBROTA MINI STORAGE</p> <p>LIGHTING—PAVED 24 HOUR ACCESS</p> <p>507-696-4406</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>MAXON FAMILY Parishioner</p>  <p>Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901</p>
 <p>Pork & Plants Heritage Farm ERIC KREIDERMACHER & FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken*</p> <p>*no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals. Pickup and limited delivery available (507) 458-2175 Email: eric@porkandplants.com www.porkandplants.com "Healthy Land, Healthy Meat, Healthy Families"</p>	<p>Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com</p>	<p>QUARRY HILL FAMILY DENTAL DR. MOLLY JARRETT PARISHIONER Mondays 7am-5pm, Tuesdays 8am-5pm, Wednesdays 7am-5pm, Thursdays 1-7pm 507-216-9891 828 11th Ave NE, Rochester, MN www.quarryhillfamilydental.com</p>	
 <p>Foot Care Service 507-269-7827 3708 Broadway Ave N, Suite 130, Rochester, MN 55906</p> <p>footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN, CNP, CFCSS Certified Foot Care Specialist Helping YOU live well with YOUR feet!</p>	<p>Owen Locker Plant</p>  <p>110 2nd St. NE Pine Island, MN 55963 507-356-8612</p>	 <p>Reliable HEATING & COOLING 507-732-4777 24 Hr. Emergency Service</p> <p>Residential & Light Commercial Serving Zumbrota & Surrounding Communities</p>	<p>Comfortable, Convenient Dental Care for the Entire Family!</p> 
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net</p> <p>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>	<p>For Plot Information Call the Parish Office Church of St. Michael Cemetery 507-356-4280 Church of St. Paul Cemetery 507-732-5324 <i>"Remember To Pray For Our Beloved Departed."</i></p>	<p>ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016</p>  <p>JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join</p>