

July 18, 2021
Sixteenth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net

OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507) 356-2080 Email: stmichaeloffice@bevcomm.net

OFFICE HOURS: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:25am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

us: it is part of the human condition and very often simply a sign that we are working hard. *There come days*, says St. Teresa in all simplicity, *when a single word distresses me and I long to leave the world altogether, for everything in it seems to weary me.* (St. Teresa, *The Way of Perfection*, 38, 6) Moments like these are for turning to God, because it means that Our Lord is very close to us and wants us to take the appropriate remedy: to go to the doctor perhaps, and do what he tells us; to get a little more sleep; to go for a walk or maybe read a good book. God allows things like this to happen to us to make us more detached from our health, or to get us to grow in Charity, to make the effort to smile even though it may be hard - perhaps very hard. Offering this situation to God can be extremely meritorious, even though we may feel totally dry and with no appetite for devotional practices.

Come away... and rest awhile, says the Master. Far from being an excuse to get wrapped up in ourselves, relaxation is an occasion to seek Christ, because there are no holidays in Love. St. Augustine tells us that *whichever way the soul of man turns, if it be not towards Thee it encounters pain* (St. Augustine, *Confessions*, 4, 10, 15) - at the very least, the pain of having pushed God aside.

Holiday time isn't meant to be a time for doing nothing. *Rest means recuperation - to gain strength, to form ideals and make plans. In other words, it means a change of occupation, so that you can come back later to your daily job with a renewed energy.* (cf. J. Escriva, *Furrow*, 514) It has to be a time of interior enrichment, a time when Love of God is given a chance to grow in a climate of careful attention to our devotional practices and self-effacing acts of service, and when we try in a special way to make life more (cont. on pg. 3)

The next Holy Hour for Women will be Sunday, July 25, at 6:00pm at Church of St. Michael, Pine Island. All women invited!

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of July is dedicated to increased devotion to the Precious Blood of our Lord Jesus. Let us ask our good Lord for the grace to know and understand the power of His Precious Blood over evil! This Sunday I share with you a meditation on the importance of rest and leisure. I encourage you to reflect over this message a few times this week:

Rest and Recreation: Sanctifying rest and recreation: In the First Reading (Jer. 23:1-6) the prophet Jeremiah tells us: *I will gather the remnant of my flock... and I will bring them back to their fold, and they shall be fruitful and multiply.* The prophecy is referring to the Messiah's careful attention to every member of the human race. *Near restful waters He leads me, to revive my drooping spirit*, we read in the Responsorial Psalm. (Ps. 22:1-6) The Gospel (Mark 6:30-34) on this Sunday shows us Jesus' solicitude for His disciples, tired out as they are after an apostolic mission to the neighboring towns and villages. *Come away by yourselves to a lonely place, and rest awhile*, He says to them. And the Evangelist explains that there were so many people coming and going at that time that *they had no leisure even to eat. And they went away in the boat to a lonely place by themselves. What marvelous things Jesus must have asked them and told them!* (J. Escriva, *Furrow*, 470)

Our life, like theirs, is one of service to Christ, to our family and to society; it is a life of work and of dedication to souls. And so we shouldn't be surprised if we sometimes feel tired and need a rest. In our free time we need to recuperate our energies if we are to serve better and also avoid injuring our health. If this latter were to happen it would, among other considerations, have repercussions on the people around us, on the quality of what we offer to God and on our apostolic task; it would affect the proper attention to children, to husband or wife, to our brothers or sisters, to our friends; our apostolate, and the attention and formation of the people whom Our Lord has placed under our care, would all suffer as a result.

On occasion we may be seriously obliged to take a rest. St. Gregory Nazianzen comments that *a cord cannot endure constant tension, and an archer needs to loosen the ends of a bow if he wants to be able to draw it again later on.* (St. Gregory Nazianzen, *Prayer* 26) God wills that as far as we ourselves are concerned we should take care to be in good physical condition, because He expects a lot of us. *See how much God loves us, my brethren*, says St. Augustine, *because when we rest, it is really He Who rests!* (St. Augustine, *Commentary on the Psalms*, 131, 12) But we have to rest like good Christians, in the first place by sanctifying our loss of energy and loving God in our tiredness when circumstances force us to work without a break for a long period. In situations of this sort we can draw special comfort from having recourse to Jesus Our Lord, Who Himself so often ended His day exhausted. He understands us well.

The Christian attitude to recreation: Very often, perhaps for long stretches at a time, we may not feel in great form and yet have to soldier on at our business, housework or study. This shouldn't upset

Catholic Vacation Bible School 2021

AUGUST 9-13, 2021

8:30am-12:00noon at

Church of St. Michael, Pine Island

for children 4 yrs old-6th gr.

A Radical Ride on the Wings of Prayer ... with Amazing Angels & Super Saints!

The overall goal of this week-long program is to help children learn more about prayer and how to put it into action.

Daily Mass is offered in Church each weekday at 8:30am

Registration form is available at the entrance of the Church

Come and experience the CVBS at the Church of St. Michael this summer!

Prayer for any time of day to defeat temptation

Popular tradition holds that St. Anthony of Padua taught a prayer to a poor woman who sought help against the temptations of the devil. The Franciscan Pope, Sixtus V, had the prayer - also called "the motto of St. Anthony" - engraved into the base of the obelisk erected in St. Peter's Square in Rome.

In the original Latin, the prayer says:

*Ecce Crucem Domini!
Fugite partes adversae!
Vicit Leo de tribu Juda,
Radix David! Alleluia!*

And translated, it reads

*Behold, the Cross of the Lord!
Begone, all evil powers!
The Lion of the tribe of Judah,
The Root of David, has conquered! Alleluia!*



†ADORATION of the BLESSED SACRAMENT† Can you spend an hour with Jesus?

Adoration is held at St. Paul, Zumbrota on Tuesdays 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

WORDS TO LIVE BY:

"The world can still set itself right and always will be able to, because the Voice and Blood of Christ cry out for pity and mercy... Devotion to the Precious Blood is the devotion of our time... It is a devotion for all souls, for the whole world." St. Gaspar del Bufalo

"The first end I propose in our daily work is to do the Will of God; secondly, to do it in the manner He wills it; and thirdly, to do it because it is His Will." St. Elizabeth Ann Seton

"Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections but instantly set about remedying them - every day begin the task anew." St. Francis de Sales

"Our entire good consists not only in accepting the Truth of God's Word, but in persevering in it." St. Francis de Sales

"Disorder in society is the result of disorder in the family." St. Angela Merici

"The only reason for my being killed is that I have taught the Doctrine of Christ. I thank God it is for this reason that I die." St. Paul Miki (martyr)

WEEKLY TITHING for July 10-11, 2021

Sunday Envelopes:	\$ 4,124.00
Plate:	\$ 1,042.10
EFT:	\$ 582.50
Total:	\$ 5,748.60

Missionary Cooperation Collection for Kitui: \$ 1,376.00



Mothers and Daughters are invited to join the Little Flowers Girls Club! Little Flowers is a national Catholic girls organization where girls ages 5-13 are taught how to live virtuous lives by emulating the lives of saints. We meet monthly on the 2nd Thursday of the month at the Church of St. Michael in Pine Island. Girls have lessons, do crafts or learn hospitality skills, and have social time. If you think Little Flowers might be a fit for your daughter or for more information, please email authenticcatholicgirls@gmail.com or contact Ally Drees. *Little Flowers - Growing Holier One Virtue at a Time*

Go to Joseph

"Go, then to Joseph, and do all that he shall say to you; Go to Joseph, and obey him as Jesus and Mary obeyed him;

Go to Joseph, and speak to him as they spoke to him;

Go to Joseph, and consult him as they consulted him;

Go to Joseph, and honor him as they honored him;

Go to Joseph, and be grateful to him as they were grateful to him;

Go to Joseph, and love him, as they love him still." *St. Alphonsus Liguori*

"Some Saints are privileged to extend to us their patronage with particular efficacy in certain needs, but not in others; but our holy patron St. Joseph has the power to assist us in all cases, in every necessity, in every undertaking." *St. Thomas Aquinas*

Prayer for Vocations Oh God, we earnestly beseech Thee to bless this Archdiocese with many priests, brothers, and sisters who will love Thee with their whole strength and gladly spend their entire lives to serve Thy Church and to make Thee known and loved. Bless our families. Bless our children. Choose from our homes those who are needed for Thy work. Mary, Queen of the Clergy, pray for us. Pray for our priests and religious. Obtain for us many more. Amen.

Pine Island Food Shelf: The items requested for July: Peanut Butter & Jelly.

HOLY MASS TIMES

Wednesday, July 21, 2021

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, July 23, 2021

8:00am Confessions/8:30am Holy Mass

Saturday, July 24, 2021

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, July 25, 2021

7:00am Extraordinary Form Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

July 21, 2021	AnneRose Wanjiru
July 23, 2021	Neil & Joyce Melquist Family
July 24, 2021	†Feliciana Ong (Leah Chavers)
July 25, 2021	(EF) Parishioners
July 25, 2021	Barclay Eirikson & Family (Clare & Bridget Koezly)



CHURCH OF SAINT PAUL NEWS

Catholic Vacation Bible School 2021

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(From *Father Kasel*...from pg. 1) pleasant for the people around us; their contentment and happiness can contribute greatly to our own relaxation.

Nowadays one gets the impression that many people leave their supernatural life totally to one side when planning where to go for their holidays: they often choose resorts which are so paganized that no good-living Christian should be seen there. It would be very silly of someone who normally tries to live in the presence of God, to tacitly endorse that sort of environment by holidaying there, not to mention the danger of leaving themselves open to offending God grievously. It would be even worse in the case of parents allowing their children and other dependents to do so, and as a result suffering what will possibly be irreparable damage to their souls: they would then have on their consciences their own sins and the sins of their children.

For situations like these one could quote the words of St. Augustine: *What mean you thus to travail and trudge on through these hard and painful ways? There is no rest where you are seeking it. Seek still that which you seek, but seek it not there where you seek it. You seek for a happy life in the very region of death. Not there is it to be found. For how can a happy life be found there, where there is not so much as any life at all?* (St. Augustine, *Confessions*, 4 12, 18; cf. *Commentary on the Psalms*, 33, 2)

In some environments people seem to be totally unaware of the morality of cooperation in evil, and so if we want to live like good Christians, and to have others do so too, we need to refresh their minds about it as the occasion arises, always putting things to them very positively. We shouldn't forget that the obligation to rest is not something absolute, because our spiritual welfare - and our neighbor's - comes before bodily well-being. The unity that there should be in a Christian's life between Faith and behavior demands that the time spent recovering physical energies should not cause the soul to become sick and paralyzed, or at least enfeebled. Moreover, with a little bit of good will it is always possible to find or to set up ways and means of taking a break while having God very close to us in our soul in grace, and to make good use of the time to deepen friendships and to do a fruitful apostolate.

Observance of Holy Days: *Christians... should cooperate in the cultural framework and collective activity characteristic of our times, to humanize them and imbue them with a Christian spirit.* (Second Vatican Council, *Gaudium et Spes*, 61) In present-day society many people enjoy more free time thanks to the tendency to shorten the working week with longer weekends and holiday periods, and it is up to us to offer them upright and attractive alternatives in the use of such additional leisure. We also have to get across to them the essentially religious nature of Holy Days of obligation, without which those very special times would lose their meaning - Christmas, Holy Week, Sundays and the other Feasts of Our Lord and the Blessed Virgin. This is an urgent apostolate, because as time goes on more and more people are making use of these days to take a break from their daily duties, and perhaps also from God. Holy Days have a decisive role in helping *Christians receive better the action of Divine Grace and in enabling them to respond to it more generously.* (Spanish Episcopal Conference, (cont. on pg. 4))

WEEKLY TITHING for July 11, 2021

Sunday Envelopes:	\$ 1,595.00
Plate:	\$ 532.00
Total:	\$ 2,127.00

Missionary Cooperation Collection for Kitui: \$ 601.00



St. Paul CCW Salad Luncheon August 11, 2021

The Annual CCW Salad Luncheon will be held
Wednesday, August 11th from 11am - 1pm at the
Church of St. Paul, Zumbrota!

Assorted Salads, Cheese Tray, Deviled Eggs,
French Bread, and Beverages

Prices: Adults \$10.00, Children 6-12 \$4.00,
Preschool FREE



St. Paul CCW Ladies: Pull out your favorite recipes and plan to supply a salad on August 11th for the Annual CCW Salad Luncheon. Your salad should serve 15. There is a signup sheet at the back of church for you to indicate what you wish to bring and when you wish to work. *Thank you!*

Pro-life Fundraiser: First Choice Clinic in Red Wing is having their 5K Walk/Run & Silent Auction on July 31. It's a fun event for the whole family with free games and activities, a bounce house, face painting, and a youth and adult run/walk. All proceeds go to continue to provide free life-affirming services to the community. Register: Text "WALK4LIFE" TO 651-615-4114 OR

www.firstchoiceclinic.org/events . Questions: info@firstchoiceclinic.org

PRO LIFE QUOTES

"Formal co-operation in an abortion constitutes a grave offence. The Church attaches the canonical penalty of excommunication to this crime against human life. 'A person who procures a completed abortion incurs excommunication 'latae sententiae' (Code of Canon Law, 1398) 'by the very commission of the offence', (Canon Law 1314) and subject to the conditions provided by Canon Law. (Canon Law 1323-1324) The Church does not thereby intend to restrict the scope of mercy. Rather, she makes clear the gravity of the crime committed, the irreparable harm done to the innocent who is put to death, as well as to the parents and the whole of society." From the Catechism of the Catholic Church - 2272

"The Gospel of Life is for the whole of human society. To be actively pro-life is to contribute to the renewal of society through the promotion of the common good." (#101) *quotes from 'Gospel of Life, St. John Paul II)*

HOLY MASS TIMES

Tuesday, July 20, 2021

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, July 22, 2021

8:00am Confessions/8:30am Holy Mass

Sunday, July 25, 2021

8:20am Rosary/8:25am Confessions

8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month
populum; 2nd & 4th ad Orientem

HOLY MASS INTENTIONS

July 20, 2021 †Adrienne Nodland (Marie Robinson)

July 22, 2021 †Delvina & Lawrence Dahlheimer

July 25, 2021 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from pg. 3) *Holy Days of Obligation*, 13 December 1982, 1, 5) The Holy Mass is *the heart of the Christian Feast (ibid.)*, and in it we offer Our Lord everything that makes up our day. Nothing else can have any meaning if we neglect this, our first duty to God, or if it is left to be 'fitted in' at some spare moment, and the rest of the day filled with things which are reckoned to be more important. In a Christian who wants God to be the center of his or her life, to behave like this would, at the very least, be a sign of lukewarmness. We have to give Him the best we have, especially on Feast Days, even if to do so means having to make some changes in our plans. If we are generous, we will experience the deep joy that always comes from responding to the Love of our Father God.

When Jesus headed off in the boat with His disciples to get away from it all, the Gospel of the Holy Mass continues to tell us that many saw where they were making for and went there on foot *and got there ahead of them*. When Jesus landed He saw a great throng, and He had compassion on them *because they were like sheep without a shepherd; and He began to teach them many things*. That day neither Jesus nor His disciples managed to get any rest. Our Lord's example teaches us here that the needs of others come before our own. On many occasions we too have to forgo our rest, postponing it till later because of people who are expecting care and attention from us. Let us do it as readily as Our Lord looked after that multitude who needed Him, putting to one side the plans He had made. It is a good example of detachment for us to apply to our own situation."

(From: *In Conversation with God* by Francis Fernandez)
Through the intercession of Mary, Immaculate Conception, St. Joseph, St. Michael and St. Paul, may God grant us the grace of holy rest and leisure!

In Christ through Mary,
Fr. Kasel

Novena for Chastity and Purity – begins Sunday, July 18
Join the Archdiocese of St. Paul and Minneapolis Office of Marriage, Family, and Life in praying a **novena for chastity and purity** in the world. We will **begin on Sunday, July 18 and ends on July 26** in preparation for Natural Family Planning Awareness Week and the novena will end on the Feast of Saints Joachim and Anne, the parents of the Blessed Virgin Mary. The dates of Natural Family Planning Awareness Week highlight the anniversary of the papal encyclical *Humanae Vitae* (July 25) which articulates Catholic beliefs about human sexuality, conjugal love and openness to new life. Please the insert in the bulletin this weekend!




NFP Awareness Week Begins July 25, 2021

To have, To hold, To honor

Celebrate and reverence God's vision of human sexuality
The United States Conference of Catholic Bishops has designated the last week of July as NFP Awareness Week. NFP stands for Natural Family Planning, and offers a scientific and marriage building opportunity by learning about one's fertility. NFP Awareness Week supports couples by bringing awareness of spousal love. This year NFP Week runs from July 25-31. This week includes the anniversary of the papal encyclical *Humanae Vitae* (July 25) and the feast of Saints Joachim and Anne (July 26).

Human life is a beautiful gift and is to be cherished!

For additional information please visit: <https://www.usccb.org/topics/natural-family-planning/national-nfp-awareness-week>

 <p>Buy one Blizzard at regular price, receive 2nd Blizzard of equal/lesser value FREE! 215 E. 18th St. Zumbrota 732-5910</p>	<p>Pine Haven Community Pine Haven Care Center: skilled nursing care, private rooms, rehabilitation & therapy services. Evergreen Place: senior housing with services.</p>  <p>210 3rd St NW • Pine Island • (507) 356-8304 www.PineHavenCommunity.org</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>Steve Johnson's  Hwy 52 & 58 in Zumbrota 507-732-5127 Home: 651-460-6706 www.zumbrotaford.com</p>	<p>ZUMBROTA MINI STORAGE Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota 507-696-4406</p>
<p> TOM & SCOTT SHANE Commercial & Industrial 507-824-2191</p>	<p>Knollwood Apartments Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448</p>	<p>Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 www.mahnfamilyfuneralhome.com</p>	<p>HEMANN, GROVER & Company Ltd. Certified Public Accountants <i>"Building & managing wealth for your business & family"</i> Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800</p>	
				<p style="text-align: center;">St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>		<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net</p>	<p>Church of St. Michael Cemetery For Plot Information Call the Parish Office 507-356-4280</p>	<p>Church of St. Paul Cemetery For Plot Information Call the Parish Office 507-732-5324</p> <p style="text-align: center;"><i>"Remember To Pray For Our Beloved Departed."</i></p>