February 26, 2023 First Sunday of Lent

Father Randal Kasel, Pastor frkosel@bevcomm.net Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992 Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net OFFICE HOURS: Tues & Thurs 9am-noon,1-5pm, Wed Closed, Fri 9am-noon CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963 Office: 356-4280 Fax: (507)356-2080 Email: stmichaeloffice@bevcomm.net OFFICE HOURS: Tues-Thurs 9am-noon & 1 pm-5pm, Fri 9am-noon

Website: http://www.stpaulstmichael.com

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

We are now at the First Sunday of Lent and entering the first full week of this time of penance and spiritual growth before Holy Week and Easter! If you have not taken some time to consider how you can grow closer to Jesus with the help of His Grace or if you have thought about it, but need more ideas, here are several suggestions that may be helpful to you this Lent:

1. Ask for God's will to be done in your life and then let Him lead. The best way to grow is to reflect on your life, talk it over with God and then follow Him. We need our Lord's grace to move forward in love with Him – so be sure to talk over your life with Him!

2. Go to the Sacrament of Confession. This is the Sacrament of Conversion and the Sacrament that brings about wonderful change in the soul. Remember the five elements of a good Confession: A. Examine your conscience; B. Have true contrition for having sinned against God; C. Make a firm resolution to not sin anymore; E. Confess all you sins, particularly mortal sins in number and kind; E. Complete the penance assigned by the priest.

3. Go to daily Holy Mass whenever possible. The Real Presence of our good Lord Jesus in the Holy Eucharist is the center of our Catholic Faith. Try to be with Him as much as possible!

4. Examine your interior life. Our Lord would very much like us to do this on a daily basis: what are my thoughts, feelings and desires? Then share what is in the heart with Jesus and Mary. We also need to look for our faults. In what areas of life is the heart resistant to the Will of God or the teachings of His Catholic Church?
5. Pray the Rosary (if possible in the Church) and pray with a greater conviction of God's personal love for you. We all have need for more contact with God, especially with how busy we let our lives become. Mary teaches us how to be open to God. Through the Holy Rosary Mary brings us closer to Jesus. Also, take time to prac-

tice the four core habits of the interior life of prayer (ARRR): <u>A</u>cknowledge (inside oneself: thoughts, feelings, desires), <u>R</u>elate what is in the soul to God; <u>R</u>eceive from God what He wills to communicate; <u>R</u>espond to what God shares with you.

6. Pray the Stations of the Cross in the Church or at home. Our Lord Jesus desires love from our hearts. Meditating on His Passion is a good way to love Him! He is consoled by this practice.

7. Fast from not only food, but anything that takes one away from awareness of God's loving presence. Is it too much 'facebook', internet, television, or video games? Is it a habit of negativity or a critical tongue? Whatever tends to take your attention off of God during the day, try to fast from it.

8. Give alms or tithe. The ancient practice sustains the Church and helps those who have less than we do. It also expands our souls to love God and our neighbor more. The sacrifice of alms giving helps us become more like God, who has given us all good things in life, including our time, talents and financial resources!

9. Apologize to someone you have offended and forgive the faults

Welcome to the Churches of



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes. **Baptism -** Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass Church of Saint Michael - Wednesday and Friday Confession 8am and Mass 8:30am

of others. Who needs to hear you say that you are sorry for what you have done or said? Think it through and really mean it from your heart when you apologize. Forgive grudges you have held onto. Let go of negative feelings. Forgive and let go of the debt of the lack of charity in any relationships.

10. Volunteer for God. What are you doing to build up the Kingdom of God? God delights in our effort to work with Him to build up His Church on earth. Volunteer to work for the salvation of souls! If you want know ways to get involved, ask your pastor!

11. Read a good book. Our minds and hearts need to be nourished with Love and Truth, who is God. Find a great Catholic spiritual book and enjoy it. Some suggestions: *The Diary of St. Faustina; The Story of a Soul; The Sanctifier; The Miracle of the Mountain; True Devotion to the Virgin Mary.*

Let us try some or even all of these 10 suggestions and then have the best Lent ever!

Through the intercession of the Holy Family: Jesus, Mary and Joseph, St. Michael and St. Paul, may our good Lord bless our parishes, our Archdiocese, and the whole Church!

In Christ through Mary, Fr. Kasel

> The Church of St. Michael Men's Club Fish Fries 4:30pm-7:00pm each Friday of Lent

STATIONS OF THE CROSS AT CHURCH OF ST. PAUL Each Tuesday of Lent at 6:00pm STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL Each Friday of Lent at 7:30pm

The next **Holy Hour for Women** will be Sunday, February 26, at 6pm at Church of St. Michael, Pine Island. Fr. Kasel will give a talk on: How you can influence your family and friends to believe in Jesus. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION The next Faith Formation class/session will be Wednesday, March 1, 2023, at the Church of St. Michael.

March 1, 2023, at the Church of St. Michael. Topic for March: The Virtue of Respect Below is the schedule: 6:00-6:30pm - Meal 6:35-7:25pm - Children Class/Parent & Adult Session 7:30-7:45pm - Church for Adoration At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Holy Spirit Novena: March 1 to March 9

Schoenstatt Women's Lenten Retreat: Come on pilgrimage to the shrine for a women's Lenten day retreat! No need to pack a suitcase or get a passport. The cost is reasonable and spiritually rewarding. All women are welcome to attend.

Theme: With Mary - I Bear the Features of Christ

Date: Thursday, March 9, 2023

Time: 10am to 2pm

Where: Schoenstatt on the Lake Center, Sleepy Eye, MN Cost: \$25

Please call the Center at 507-794-7727 to register by March 6th. Visit our website: www.schoenstattmn.com

WORDS TO LIVE BY:

"He so hated and despised sin that He avenged it on His own body with great pain, derision, torture, and reproach, His Passion and death - and not for Himself (for the poison of sin was not in Him) but only as a service to us, to satisfy for our sins. He gives us back the light of Grace and relieves us of the darkness that had entered our soul because of sin." St. Catherine of Siena

"I say we have been given a guide. I mean the only-begotten Incarnate Word, God's Son, who shows us how to walk along this road that is so well lighted. He says, you know 'I am the Way and Truth and Life. Whoever walks in me walks not in darkness but in light.' He is Truth, and there is no falsehood in Him." St. Catherine of Siena

"He who wishes to find Jesus should seek Him, not in the delights and pleasures of the world, but in mortification of the senses." St. Alphonsus Maria de Liguori

"Let us read the lives of the Saints; let us consider the penances which they performed, and blush to be so... fearful of mortifying our flesh." St. Alphonsus Maria de Liguori

Some subordinate their progress in perfection, which consists in denying their desires and likings out of Love for God, to their own tastes and whims. So strong is this inclination that even if they are commanded by obedience to do something which is to their liking. they immediately lose their desire for it, and all interest in it, because their one desire is to do their own will. The Saints did not act this way." St. John of the Cross

Institute of Catholic Culture Lecture

THY KINGDOM COME: A Study of the Gospel of Matthew by: John Bergsma, Ph.D

Writing primarily to a Jewish audience, St. Matthew focuses on Jesus Christ's identity as the Messiah and the inauguration of the Kingdom of God. This Lent, dive into God's Word with Dr. John Bergsma as we explore the rich themes of the Gospel of Matthew. This ICC "mini-retreat" will take place over four consecutive evening sessions. Recordings will be provided to those who cannot join one or more of the sessions live.

Event Details: Monday, February 27 - Thursday, March 2, Pre-Class Discussion: 7:30 PM EST Lecture: 8:00PM EST Registration is required. https://instituteofcatholicculture.org/events/thy-kingdomcome

Pine Island Food Shelf: items requested for February: Personal Hygiene- toothpaste, soap, lotion, female hygiene products

WEEKLY TITHING February 18-19, 2023

Sunday Envelopes: Plate: EFT: Total:

\$ 969.85 \$ 3,310.00 \$ 9,608.85

\$ 5.329.00

Kitui Mission Donation: 589.00

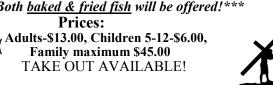
The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm March 3, 10, 17, 24, & 31

Both baked & fried fish will be offered!

Prices:





STATIONS OF THE CROSS at 7:30pm

Open Window Theatre Play

The original Open Window Theatre saint drama that started it all. This critically acclaimed play is back for its 10-year anniversary this Lent!

Mercy Unrelenting tells the remarkable true story of the young Italian martyr, St. Maria Goretti. The play starts on June 23rd, 1950, the eve of Maria's canonization as a saint of the Catholic Church, a ceremony that attracted an unprecedented half-a-million people to Rome. In light of renewed interest in the story, controversies around her canonization, and rumors of an astounding miracle in the life of Maria's killer, an ambitious female journalist arrives at an obscure monastery seeking answers from the mouth of the reclusive murderer himself. Difficult questions lead to unexpected answers, forcing both of them to confront the demons of their past. This play runs Thursday through Sunday every weekend from February 24 through March 26.

Content Advisory: Intense subject matter and stage violence. Recommended age: 13+. Minimum age: 4.

†ADORATION of the BLESSED SACRAMENT[†]

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

HOLY MASS TIMES

Wednesday, March 1, 2023 8:00am Confessions/8:30am Holy Mass 9:00am-5:00pm Adoration of the Blessed Sacrament Friday, March 3, 2023 8:00am Confessions/8:30am (Latin) Holy Mass (First Friday) Saturday, March 4, 2023 4:00pm-4:50pm Confessions 5:00pm Holy Mass Sunday, March 5, 2023 7:00am Latin Holy Mass 10:30am Holy Mass

HOLY MASS INTENTIONS

March 1, 2023 †John Tauzell

March 3, 2023 †Alfred Ganther (Anna Taubel) March 4, 2023 *†*Mary Thome (Gary Kasel family) March 5, 2023 [†]Robert & Kathleen Gaylor (Sharon Stanton) March 5, 2023 Parishioners

CHURCH OF SAINT PAUL NEWS

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Topic for March: The Virtue of Respect Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Holy Spirit Novena: March 1 to March 9

Stations of the Cross at the Church of St. Paul: Each Tuesday of Lent at 6:00pm





Baskets/Items for St. Patrick's Ham Dinner SILENG AUCGION

Calling all parishioners! We are looking for silent auction baskets and items for our silent auction fundraiser held during **St. Patrick's Ham Dinner.** Any type of "baskets" that you like or individual items, including religious items, gift cards/ certificates, homemade or purchased items will be appreciated. Please drop off any items at the parish office. *Thank you for your generosity.*



<u>Prayer to the Virgin Mary</u>: My Queen, my Mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day my eyes, my ears, my mouth, my heart, my entire self without reserve. As I am your own, my good Mother, guard me and defend me as your property and possession. Amen

Pray for Divine Light

"No one can be saved without Divine Light. Divine Light causes us to begin and to make progress, and it leads us to the summit of perfection. Therefore if you want to begin and to receive this Divine Light, pray. If you have begun to make progress and want this Light to be intensified within you, pray. And if you have reached the summit of perfection, and want to be illumined so as to remain in that state, pray.

If you want Faith, pray. If you want Hope, pray. If you want Charity, pray. If you want poverty, pray. If you want obedience, pray. If you want chastity, pray. If you want humility, pray. If you want meekness, pray. If you want fortitude, pray. If you want some virtue, pray. And pray in this fashion, namely, always reading the Book of Life, that is, the life of the God-man Jesus Christ, whose life consisted of poverty, pain, contempt, and true obedience.

A soul thus exercised in cleansing itself goes with greater confidence to Confession to have its sins washed away. And so that nothing impure may remain, it puts itself to a kind of scrutiny. It enters into prayer and examines the good and evil it has done. As a result, you begin to feel the presence of God more fully than usual because your palate is more disposed to savor God's presence than before. It is through prayer, then, that one will be given the most powerful Light to see God and self." St. Angela of Foligno († 1309) St. Angela was a wife and mother who later became a Franciscan tertiary and an esteemed mystical writer. From Angela of Foligno: Complete Works (CWS), translated with an introduction by Paul Lachance, O.F.M. © 1993 by Paul Lachance, O.F.M. Paulist Press, Inc., New York/Mahwah, NJ.

Catholic Daughters Court St. Mary Peter #1864 will meet Monday, February 27, 6:30 pm at Holy Trinity in Goodhue. We will have a light meal at 6:30 pm, Norwex party at 7 pm, then our meeting at 7:30 pm. If you would like to learn about Catholic Daughters, call Linda Kazmierczak 612-759-6399 for more information.

WEEKLY TITHING February 19, 2023

Sunday Envelopes:	\$ 345.00
Plate:	\$ 137.00
EFT:	\$ 1,250.00
Total:	\$ 1,732.00

St. Patrick's Ham Dinner at the Zumbrota VFW

March 19 at the Zumbrota VFW, serving from 10:30am -1:00pm

Available for Dine-In & Take Out

Prices: Adults: \$14.00, Children 6-12: \$6.00, Under 6: free Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at <u>stpauls@hcinet.net</u> or call the Parish Office at 732-5324 to sign up.

For those who wish to give a cash donation, there is a box and envelopes located by the entrance of the Church or you may drop your donation in the collection basket.

If you have any questions, contact the Ham Dinner committee members: Shirley Gregory & Linda Kazmierczak, Karen Hodgman & Gene Leifeld, Steve & Mary Kingsbury, and Fr. Kasel *Thank you in advance for your willingness to make this endeavor a success!*

A thank you from Holy Family Catholic Church, Booneville, KY **"Dear Friends in Minnesota,**

We want to thank you for the many wonderful gifts that we received from you shortly before Christmas. Your care and thoughtfulness assisted us in bringing much Christmas joy to 88 elderly/families here in the Booneville, Kentucky area. We are most grateful to you for all that you do, and pray each day that God will bless you for your generosity.

Sincerely,

Holy Family Catholic Church, Booneville, KY"

CURATIO Apostolate Catholic Healthcare Workers Lenten Retreat "Jesus the Great Physician: Catholic Witness in a Secularized Medical Profession"

Saturday, March 11, 2023

Come renew your spirit 10:30am - 3:15pm. Join fellow Catholics in healthcare and Fr. Byron Hagan, hospital chaplain. Holy Mass at 11am, followed by lunch, talks, Stations for Healthcare, Adoration, Q&A at the Church of St Mary - Lowertown, 261 E 8th St., St. Paul, MN 55101. Register online at: <u>https://curatioapostolate.</u> com/2023/02/2023-lenten-retreat/ by March 6.

ARCHDIOCESAN EVANGELIZATION PRAYER

Holy Spirit, renew your wonders in our time, as though in a new Pentecost, and grant that this Archdiocese, united in prayer around Mary, the Mother of Jesus, and guided by St. Peter, may spread the Kingdom of the divine Savior, a Kingdom of truth, of justice, of love, and of peace. Amen. Saint Paul, our great missionary patron, pray for us!

HOLY MASS TIMES

Tuesday, February 28, 2023 8:00am Confessions/8:30am Holy Mass 9:00am-5:00pm Adoration of the Blessed Sacrament Thursday, March 2, 2023 8:00am Confessions/8:30am Holy Mass Sunday, March 5, 2023 8:20am Rosary/8:25am Confessions 8:45am Holy Mass

HOLY MASS INTENTIONS

February 28, 2023	†John Perra (St. Padre Pio KOC)
March 2, 2023	John Nguyen
March 5, 2023	Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

Kitui Living Water Program- Lent 2023 Give Change...Change Lives

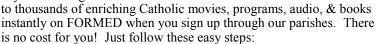
Here we are at another season of Lent! Water bottles are again available to support our Partnership of Kitui with much-needed water. Each time you turn your faucet on to take a drink of water, remember there is a child or persons who may be dying because of lack of water. Questions regarding the Kitui Partnership may be directed to the Parish Office.

Catholic Services Appeal 2023 For the Love of Christ Impels Us...to Believe in the **Power of Giving**

Your gift to the Catholic Services Appeal supports an array of ministries that include pro-life, seminarian support, Catholic education, services to those most in need and Synod evangelistic priorities in the building up of our local church. Please praverfully consider making a gift that will impact the lives of so many people throughout the Archdiocese of St. Paul and Minneapolis through your abundant generosity. To learn more about the Catholic Services Appeal please visit the CSAF website: csafspm.org.

Want to grow in our Catholic Faith?

You can learn about our Catholic Faith online at any time through FORMED! You will have access



1.Visit: signup.formed.org 2. Enter your parish zip code or name (St. Michael 55963 or St. Paul 55992) 3. Grow in our Catholic Faith!

Thank you to all who supported the playground project fundraiser! We collected \$3,471. We appreciate all your help with this project - thank you! St. Padre Pio Knights of Columbus Council

PRO LIFE QUOTE:

"Abortion kills twice. It kills the body of the baby and it kills the con-science of the mother. Abortion is profoundly anti-women. Three quarters of its victims are women: Half the babies and all the mothers." St. Mother Teresa of Calcutta "Never tire of firmly speaking out in defense of life from its conception and do not be deterred from the commitment to defend the dignity of every human person with courageous determination. Christ is with you: be not afraid!" - St. John Paul II

"The hairsplitting difference between formed and unformed makes no difference to us. Whoever deliberately commits abortion is subject to the penalty for homicide."-St. Basil the Great (329-379), Father and Doctor of the Church

"Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person among which is the inviolable right of every innocent being to life." Catechism of the Catholic Church 2270

United for Life

FORMED

Tuesday, February 28, 10am - 2:30pm, at the Minnesota State Capitol, Saint Paul: Join us for United for Life, a pro-life advocacy day at the Minnesota State Capitol, bringing together pro-life Minnesotans. This free event at the Capitol will include a rally, educational opportunities, and meetings with your lawmakers. Find further details at unitedforlifemn.eventbrite.com.

Grille Chille Buy one Blizzard at regular price, get 2nd Blizzard at 99¢! 215 E. 18th St. Zumbrota 732-5910	ZUMBROTA MINI STORAGE Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota 507-696-4406	Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com	Steve Johnson's Steve	Foot Care Service 507-269-7827 125 Elton Hills Dr. NW Suite 112, Rochester, MN 55901 footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN,CNP,CFCS Certified Foot Care Specialist Helping YOU live well with YOUR feet!
TOM & SCOTT SHANE Commercial & Industrial 507-824-2191	Gadient Garage Doors Doors & Openers Sales Service & Repair Exceptional Customer Service GadientGarageDoors.com 651-388-0550 "When You Expect the Very Best" Teress & Todd Gadient	Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com	HEMANN, GROVER & Company Ltd. Certified Public Accountants "Building & managing wealth for your business & family" Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800	Owen Locker Plant 110 2nd St. NE Pine Island, MN 55963 507-356-8612
Knollwood Apartments Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448				
Safe Environment: The Minneapolis requires all volu nors or vulnerable adults to (background check, Code of ing) before beginning their s three years while serving. P ronment Coordinator for det VIRTUS class, complete the	Inteers who interact with mi- complete the Essential 3 Conduct, and VIRTUS train- service, and to renew every lease contact the Safe Envi- cails on how to register for a	Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Arch- diocese Victim Assistance Program Hotline: (651) 291-4475	Church of St. Michael Cemetery For Plot Information Call the Parish Office 507-356-4280 "Remember To Pray For	Church of St. Paul Cemetery For Plot Information Call the Parish Office 507-732-5324 Our Beloved Departed."

