## March 13, 2022 Second Sunday of Lent

## Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992 Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net

OFFICE HOURS: Tues & Thurs 9am-noon,1-5pm, Wed Closed, Fri 9am-noon CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507)356-2080 Email: stmichaeloffice@bevcomm.net OFFICE HOURS: Tues-Thurs 9am-noon &1pm-5pm, Fri 9am-noon

Website: http://www.stpaulstmichael.com

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

**Wednesday.** Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

## From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

First, a reminder that next Saturday, March 19, is the Solemnity of St. Joseph! I will offer Holy Mass in the morning. The month of March is dedicated to increased devotion to St. Joseph, the Spouse of the Virgin Mary and Foster Father of our Lord Jesus. Let us go to St. Joseph, open our hearts to his love for us and experience his great kindness! This weekend I share with you a reflection on the power of Conscience present in each of us. I encourage you to reflect over this message a few times this week:

"Conscience - the Light of the Soul. Conscience throws light on all of one's life. It can be deformed and hardened: O that today you would hearken to His voice! Harden not your hearts! (Divine Office, Ps. 94:8) The liturgy repeats this to us every day of this liturgical period. And each day, in very different ways, God speaks to the heart of each one of us.

Our prayer, during Lent, aims at awakening consciences, at making them sensitive to God's voice. 'Harden not your hearts,' the Psalmist says. In fact, the numbing of consciences, their indifference to good and evil, their deviations, are a great threat for man. Indirectly, they are also a great threat for society, because in the last analysis the level of morality of society depends on the human conscience. (St. John Paul II, Angelus, 15 March 1981) Conscience is the light of the soul, of what is deepest in man's being; and if this light is put out, man is thrown into darkness and can commit the most dastardly abuses against himself and against others.

Your eye is the lamp of your body (Luke 11:34), says the Lord. Conscience is the lamp of the soul, and if it is well formed it lights up the way, a way which leads to God, and man can make progress because of it. Although he may weaken and fall, he can raise himself and continue onward. But one who has allowed this interior sensitivity 'to drowse' or 'to die' to the things of God, is now without signposts and is lost. It is one of the great misfortunes in this life which can befall a soul: Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter! (Is. 5:20-21) proclaims the prophet Isaiah.

Jesus compares the function of conscience in our life to that of the eye. When your eye is sound, your whole body is full of light; but when it is not sound, your body is full of darkness. Therefore be careful lest the light in you be darkness. (Luke 11:34-35) When the eye is healthy, things are seen as they are, undistorted. A sick eye either does not see or it distorts reality; it deceives its own subject and he can come to think that events and people are in fact as his defective vision views them. When one makes a mistake in ordinary life, having falsely interpreted some facts, it can lead to problems and difficulties which are, at times, of little importance. But when the error refers to matters regarding Eternal Life, its consequences have no limit. Conscience can be deformed through our not having used the means to get to know the Faith, or through an ill will dominated by pride, sensuality, laziness... When Our Lord complains that the Jews were not receiving His message, He particularly notes the deliberate nature of their decision - they did not want to believe (cf. Luke 13:34; John 10:38) - and He in no way accepted that the cause lay in a difficulty

# Welcome to the Churches of



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

#### **SACRAMENTS**

**Confession -** Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes. **Baptism -** Please contact the parish office.

**Matrimony -** Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick -** This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

**WEEKEND HOLY MASS SCHEDULE:** 

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

**WEEKDAY HOLY MASS SCHEDULE** 

Confession 8am and Mass 8:30am

Church of Saint Paul - Tuesday and Thursday Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass Church of Saint Michael - Wednesday and Friday

outside the will: this is a consequence of their refusal, freely chosen. Why do you not understand what I say? It is because you cannot bear to hear My word. (John 8:43) Passions and a lack of sincerity with oneself can come to force the intellect to think in a way more easily adapted to one's way of life, or to some defects or bad habits one does not want to give up. In such a case there is no good will; the heart is hardened, and conscience begins to drowse, for it no longer points in the right direction which would lead it to God. It is now like a broken compass which not only disorientates its owner but can also affect others. The man whose heart is hardened and whose conscience is degenerate, even if he is in full possession of his strength and physical capacities, is sick spiritually, and everything must be done to restore him to health of soul. (St. John Paul II, ibid.)

Lent is a good time to ask the Lord to help us form our consciences really well, and for us to examine ourselves to see whether we are being radically sincere with ourselves, with God and with those people who in His Name have the mission of advising us.

A well-formed conscience. Doctrine and life. Example: The Light which is in us does not spring up from within ourselves, from our subjectivity, but from Jesus Christ. *I am the Light of the world*, He has told us, *he who follows Me will not walk in darkness*. (John 8:12) His Light brightens our consciences; but even more, it can turn us ourselves into a light that will illuminate the (continued on page 3)

The Church of St. Michael Men's Club Fish Fries
4:30—7:00pm each Friday of Lent
STATIONS OF THE CROSS AT CHURCH OF ST. PAUL
Each Tuesday of Lent at 7:00pm
STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL
Each Friday of Lent at 7:30pm

The next **Holy Hour for Men** will be this Sunday, March 13, at 6:30pm at the Church of St. Michael, Pl. All men are invited!

## CHURCH OF SAINT MICHAEL NEWS

### CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation class/session will be on Wednesday, April 6, 6:00-7:45pm at the Church of St. Michael , Pl Topic for April: The Cardinal Virtue of Temperance Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

### Carry the Cross for Love of Jesus

'Does our life become from day to day more painful, more oppressive, more replete with afflictions? Blessed be he a thousand times who desires it so. If life be harder, love makes it also stronger, and only this love, grounded on suffering, can carry the Cross of my Lord Jesus Christ. Love without egotism, without relying on self, but enkindling in the depth of the heart an ardent thirst to love and suffer for all those around us: a thirst that neither misfortune nor contempt can extinguish.

### Litany to the Sacred Heart of Jesus – composed by Blessed Miguel Pro

I believe, O Lord; but strengthen my Faith. Heart of Jesus, I love you; but increase my Love. Heart of Jesus, I trust in you; but give greater vigor to my confidence. Heart of Jesus, I give my heart to you; but so enclose it in you that it may never be separated from you. Heart of Jesus, I am all yours; but take care of my promise so that I may be able to put it in practice even unto the complete sacrifice of my life." Blessed Miguel Augustin Pro (Blessed Miguel Agustín Pro († 1927) was a Mexican Jesuit priest who was martyred at the age of thirty-six. / From Blessed Miguel Pro: 20th-Century Mexican Martyr. © 1996 by TAN Books, Charlotte, NC.)

#### PRO LIFE QUOTE:

Beautiful is God, the Word with God... He is beautiful in Heaven, beautiful on earth; beautiful in the womb, beautiful in His parents' arms, beautiful in His miracles, beautiful in His sufferings; beautiful in inviting to life, beautiful in not worrying about death, beautiful in giving up His life and beautiful in taking it up again; He is beautiful on the Cross, beautiful in the tomb, beautiful in heaven. Listen to the song with understanding, and let not the weakness of the flesh distract your eyes from the splendor of His beauty." St. Augustine of Hippo

As far as abortion is concerned, it's part of the fifth, not the sixth, commandment: "Thou shalt not kill!" We have to presume this is obvious and always stress that the human person begins in the mother's womb and remains a human person until his or her last breath. The human person must always be respected as a human person. -Pope Benedict XV http://www.stdenischurch.org/oLifeQuotes.pdf

#### **GREAT LENT** (Lecture Series)

#### Our Journey to the Resurrection, Tuesdays, March 8 & 15

"In this world nothing is as beautiful and deep, as inspired and inspiring, as that which the Church, our Mother, reveals and freely gives to us once we enter the blessed season of the 'lenten spring.'" Fr. Alexander Schmemann

Living liturgically goes beyond a mere awareness of the Church's feasts and seasons, year in and year out—it entails a sincere effort to truly enter into the divine mysteries made present to us at each moment. Rediscover the richness of Lent with Fr. David Anderson as we explore its intrinsic connection to Easter, the "Feast of Feasts" that animates the entire liturgical life of the Church. Pre-Class Discussion: 6:30 PM Lecture: 7:00 PM. Registration is required. To Register, visit https://instituteofcatholicculture.org/ events/great-lent

Pine Island Food Shelf: items requested for March: Baking mixes (Pancakes, Muffins, Biscuits, Cakes)

#### WEEKLY TITHING for March 5-6, 2022

Sunday Envelopes: \$ 4,246.00 Plate: 701.00 1.692.50 EFT: Total: 6,639,50 Ash Wednesday Collection: \$1,173.00

The Church of St. Michael Men's Club Fish Fries Serving each Friday of Lent from 4:30-7:00pm

March 18 & 25, April 1 & 8

\*\*\*Both baked & fried fish will be offered! \*\*\* **Prices:** 

Adults—\$12.00, Children 5-12—\$6.00, Family maximum \$40.00 TAKE OUT AVAILABLE!

STATIONS OF THE CROSS at 7:30pm

#### WORDS TO LIVE BY:

"Devotion to St. Joseph is one of the choicest graces that God can give to a soul, for it is tantamount to revealing the entire treasury of our Lord's graces. When God wishes to raise a soul to greater heights, He unites it to St. Joseph by giving it a strong love for the good saint." St. Peter Julian Eymard

"Let us love Jesus above all, let us love Mary as our mother; but then, how could we keep from loving Joseph, who was so intimately united to both Jesus and Mary? And how can we honor him better than by imitating his virtues? Now, what else did he do in all his life but contemplate, study, and adore Jesus, even in the midst of his daily labors? Behold, therefore, our model." St. Madeliene Sophie Barat "A servant of Mary will have a tender devotion to St. Joseph, and by his pious homage of respect and love, will endeavor to merit the protection of this great saint." Bld. William Joseph Chaminade "Knowing by experience St. Joseph's astonishing influence with God, I would wish to persuade everyone to honor him with particular devotion. I have always seen those who honored him in a special manner make progress in virtue, for this heavenly protector favors in a striking manner the spiritual advancement of souls who commend themselves to him." St. Teresa of Avila

#### AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus? Consider coming to Holy Mass on weekdays! Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes. Come to sanctify your weekdays with Jesus - He is waiting for you!



#### **HOLY MASS TIMES**

#### Wednesday, March 16, 2022

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

### Friday, March 18, 2022

8:00am Confessions/8:30am Holy Mass

#### Saturday, March 19, 2022

4:00pm-4:50pm Confessions

5:00pm Holy Mass

### Sunday, March 20, 2022

7:00am (Latin) Holy Mass

10:30am Holy Mass

#### **HOLY MASS INTENTIONS**

March 16, 2022 †Andrew, †David, †Lily, & †Joseph Bermudez York

March 18, 2022 †Robert Sowada (Nancy Sowada)

March 19, 2022 †Antonio Nassaralla

March 20, 2022 (Latin)†Joyce Brazil

March 20, 2022 Parishioners



### CHURCH OF SAINT PAUL NEWS

#### **CHURCH OF ST. PAUL FAITH FORMATION**

The next Faith Formation class/session will be on Wednesday, April 6, 6:00-7:45pm at the Church of St. Michael, Place Topic for April: The Cardinal Virtue of Temperance Below is the schedule:

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament & Benediction.

### Stations of the Cross at the Church of St. Paul: Each Tuesday of Lent at 7:00pm



(from page 1) lives of others: you are the light of the world. (Matt. 5:14) The Lord puts us Christians in the world so that, with the Light of Christ, we can point the way to others. We will do so by word, but especially through our behavior as regards professional, family and social obligations. We should therefore get to know very well the limits beyond which we cannot go with respect to our honor and Christ's morality: we should become aware of the good we can do and are doing, know clearly how an honest professional and a good Christian cannot permit himself to act, and to avoid any such action; if we have made a mistake we should know how necessary it is to seek pardon, to make amends for it, and reparation also, if such is needed. The mother of a family, who has the running of her home as her sanctifying task, ought to ask herself in her prayer if she is exemplary in fulfilling her obligations towards God, if she lives sobriety, if she is managing to dominate any tendency to ill-humor, if she dedicates the necessary time to her children and to the home... The businessman ought frequently to consider whether he is using all the means necessary to get to know the social doctrine of the Church, whether he make the effort to put this teaching into effect in his business dealings, whether he pays just wages...

Christian life is enriched when the teachings Our Lord conveys to us through His Church are put into effect in daily life. Doctrine then assumes all its inherent power. Doctrine and life are realities for a well-formed conscience. When, through a more or less culpable ignorance the doctrine is not known, or when although known it is not put into practice, Christian living becomes impossible, and real advance along the road to sanctity is out of the question.

We all need to form for ourselves a true and refined conscience, which readily listens to the voice of God in everyday matters. Doctrine (as regards the knowledge of moral and social teaching) and life (the effort to practice the Christian virtues) are two essential requisites for educating one's conscience. On occasion, faced with the 'grey areas', that are not unfamiliar in our professional work, we have to consider the situation in the presence of God: whenever necessary we should insist on receiving the best and most opportune advice from those who can clarify such matters for our conscience, and then put into practice the decisions we have made on our own responsibility.

We learn to be sincere with ourselves in the general and particular examination of conscience, to call our errors, weaknesses and faults against generosity by their real names, without masking them with false justifications or disregarding them as non-issues. A conscience which does not recognize its faults leaves man at the mercy of his own caprice.

**Being a light for others. Responsibility:** Every traveler who is serious about wanting to reach his destination must know the route clearly. He is grateful for clear sign-posting, (continued on page 4)

Knights of Columbus Council 2751 are holding a Breakfast for the people of Ukraine at the Church of St. Peter & Paul in Mazeppa on Sunday, March 20, serving from 9:00am to 12:30pm. Half of proceeds will go to Supreme Knights Organization, who match up to \$500,000. Total donation to be \$1.5 million. The other half will be donated to a friend of Deacon Paul Tschann who lives in Poland and belongs to a parish who are taking refugees into their homes and providing for their needs.

#### **WEEKLY TITHING for March 6, 2022**

 Sunday Envelopes:
 \$ 1,170.00

 Plate:
 \$ 661.00

 EFT:
 \$ 1,765.00

 Total:
 \$ 3,596.00

 Ash Wednesday Collection:
 \$ 169.00

# St. Patrick's Ham Dinner at the Zumbrota VFW March 27, 10:30am -1:00pm at the Zumbrota VFW

Prices: Adults or Take Out \$12.00, Children 6-12--\$6.00, Under 6 -free

#### Available for Dine-In & Take Out

Please take time to sign up for donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at <a href="stpauls@hcinet.net">stpauls@hcinet.net</a> or call the Parish Office 732-5324 to sign up. For those who wish to give a cash donation, there is a box and envelopes located by the Ham Dinner sign-up sheet or you may drop your donation in the collection basket.

Advanced dinner tickets are available at the Church office.

If you have any questions, contact your committee members: Maggie Eggerichs and Sue Hinrichs, Shirley Gregory and Linda Kazmierczak, Karen Hodgman, and Fr. Kasel

Thank you in advance for your willingness to make this endeavor a success!

# **PRAYER WARRIORS NEEDED** at Rochester Planned Parenthood on March 14, 21, 28, & April 4.

**40 Days for Life** has started and will continue until April 10. Rochester does not have a campaign this year, but please consider praying on Mondays at Planned Parenthood, as that is when the chemical abortion pill is given. Planned Parenthood is open Mondays from 10-5:30. There are no designated prayer times. Bring a friend and stop by to pray whenever it works for you. Contact Maggie at <a href="maggieeggerichs@hotmail.com">maggieeggerichs@hotmail.com</a> or the parish office with questions.

**Zumbrota Food Shelf Assistance:** The Zumbrota Area Food Shelf will participate in the Minnesota March Food Share Campaign. For more than three decades, the March Campaign has been making a major difference in relieving hunger throughout the state. The annual effort raises money and food to stock nearly 300 food shelves in MN. The contributions from this annual effort, which brings together families, companies, faith communities, schools, and civic groups, raises so much of the food distributed each year by those food shelves. Thank you to all who have graciously donated in the past. This has been a year of many different circumstances and all food and monetary donations have been greatly appreciated. This helpful community is what makes our food shelf continue to be able to serve the people. All food and monetary donations given to the Zumbrota Area Food Shelf stays and is used locally. Our food shelf service area includes Zumbrota, Wanamingo, Bellechester, and Goodhue. Throughout the month of March, giving food or money to the local food

shelf is the perfect way to help people who are in need. Please consider helping out. Donations can be mailed to Zumbrota Area Food Shelf, PO Box 43, Zumbrota, MN 55992. Volunteers will be available at the food shelf every Monday during the month of March from 8-10am for donations.

#### **HOLY MASS TIMES**

#### Tuesday, March 15, 2022

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

#### Thursday, March 17, 2022

8:00am Confessions/8:30am Holy Mass

### Sunday, March 20, 2022

8:20am Rosary/8:25am Confessions

8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month versus populum; 2nd & 4th ad Orientem

#### **HOLY MASS INTENTIONS**



March 15, 2022 †Charlene Callens (Judy Jacobs)

March 17, 2022 †Carl Lindmark (Lenny & LaVonne Feuling)

March 20, 2022 Parishioners

## **NEWS FROM SAINT MICHAEL AND SAINT PAUL**

(from page 3) although these pointers may, at times, indicate a narrow path through a more difficult terrain; he will steer well clear of routes which although seeming to be quicker or less arduous lead nowhere - or to a precipice. We ought to have a great desire to form our conscience well, for it is the Light that enables us to distinguish good from evil; it enables us to seek forgiveness and find our way back to the true path if we have lost sight of it. The Church offers us the means, but she does not exempt us from the effort required to use these means responsibly. In our prayer today we can ask ourselves: Do I dedicate sufficient time to my religious formation, or do I allow myself to become absorbed by the other things that fill each day? Do I have a plan for reading, reviewed in spiritual guidance, which will help me make progress in doctrinal formation according to my age and background? Am I faithful to the Magisterium of the Church, knowing that there I find the Light of Truth rather than the contradictory opinions I often come across in matters of Faith, social teaching etc.? Do I try to get to know the teachings of the Popes and to make them known? Do I respect them with piety and docility? Do I frequently rectify my intention, offering up all my actions to God, taking into account our tendency to seek applause, recognition and praise for what we do? Am I constantly aware that this is often where the deformation of one's conscience begins?

We need Light and clarity, both for ourselves and for those around us. This is our big responsibility. The Christian has been placed by God as a lamp to light up, for others, the way towards God. We ought to educate ourselves to face the rush of people who are going to press upon us with a specific and urgent question: 'Well, then, what must I do?' (J. Escriva, Furrow, 221) Children, relatives, colleagues, friends - they all look to our behavior, and we have the responsibility of leading them to God. And so that the blind person's guide is not himself also blind (cf. Matt. 15:14), it is not enough to have second-hand knowledge or mere hearsay. To lead our friends and relatives to God, a vague and superficial

#### Kitui Living Water Program- Lent 2022 Give Change... Change Lives

Water bottles are available to support our brothers and sisters in the Diocese of Kitui, Kenya through raising funds for water preservation. Each time you turn your

faucet on to take a drink of water, remember there are people who are gravely suffering due to a lack of water. You can return the bottles with a donation at any time before Easter. If you have questions regarding the Kitui Partnership, contact either parish office.

knowledge of the route is not enough: we need to have walked it ourselves... It is essential for us to have closer dealings with Our Lord, to get to know His doctrine better, to struggle against our own specific defects... In a word, it means making progress ourselves in interior life and example. Whoever has the mission of proclaiming great things, says St. Gregory the Great, is also under obligation to practice them. (St. Gregory the Great, Pastoral Care, 2, 3) And only if we personally put things into practice will we be effective when we come to talk about them.

When Jesus Christ wanted to teach His disciples how to acquire a spirit of service to one another, He wrapped a towel around Himself and washed their feet. (cf. John 13:15) This is what we have to do: to make Christ known, we ourselves have to be exemplary in our daily obligations, putting into practice the doctrine of Our Lord." (From In Conversation with God, by Francis Fernandez)

Through the intercession of Mary, Our Lady of Victory, St. Joseph, the Terror of demons, St. Michael, St. Paul, and our Guardian Angels, may our good Lord grant us the grace to possess well-formed consciences!

In Christ through Mary, Fr. Kasel



Buy one Blizzard at regular price, receive 2nd Blizzard of equal/lesser value FREE! 215 E. 18th St. Zumbrota 732-5910

#### Pine Haven Care Center: skilled nursing care, private rooms rehabilitation & therapy services **Evergreen Place:** senior housing with services. **©**Pine Haven 210 3rd St NW • Pine Island • (507) 356-8304

Pine Haven Community

**Hub Food Center** 

228 West Ave. Zumbrota 507-732-7329

https://www.nilssensfoods.com

## Steve Johnson's



Hwy 52 & 58 in Zumbrota 507-732-5127

> Home: 651-460-6706 www.zumbrotaford.com

## **ZUMBROTA MINI STORAGE**

Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota 507-696-4406



TOM & SCOTT SHANE Commercial & Industrial 507-824-2191

## Knollwood **Apartments**

Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information (507)-356-8448

## **Mahn Family**

**Funeral Homes** Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel

209 NW 1st Ave. Pine Island. MN (507) 356-4620

mahnfamilyfuneralhome.com

## HEMANN, GROVER & Company Ltd.

Certified Public Accountants "Building & managing wealth for your business & family'

Glen P. Hemann, CPA ghemann@zumbrotacpa.com 404 Main St. S. Zumbrota 732-7800

## **Owen** Locker Plant



110 2nd St. NE Pine Island, MN 55963 507-356-8612

## DISCOVERY FINANCIAL Robert D. Ziller

LPL Financial Advisor Investments - Insurance - Retirement Planning

2657 Overlook Blvd. SW Rochester MN 55902 www.discoveryfinancial.com

507-289-2691

Securities and advisory services offered through LPL Financial Member FINRA/SIPC

## Lab guided, drug-free, all-natural treatment programs to restoring health.



**Debbie O'Meara Practitioner** 

507-258-4465

AutoImmuneAngels.com

3143 Superior Dr. NW, Rochester, MN

## **Gadient Garage Doors**

Doors & Openers Sales Service & Repair Exceptional Customer Service . GadientGarageDoors.com



651-388-0550

When You Expect the Very Best"

Teresa & Todd Gadient



Mobile Foot Care Service

507-269-7827

footcareprofessionalsllc@gmail.com Care provided by Sheila Buehler, APRN, CNP, CFCS

Certified Foot Care Specialist Helping YOU live well with YOUR feet!

#### Safe Environment: The Archdiocese of St. Paul/ Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.

**Parish Safe Environment** Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475

## Church of St. Michael Church of St. Paul Cemeterv

For Plot Information Call the Parish Office 507-356-4280

# Cemeterv

For Plot Information Call the Parish Office 507-732-5324

"Remember To Pray For Our Beloved Departed."