

October 18, 2026
Twenty-Ninth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

Office: 732-5324 **Email:** stpauls@hcinet.net

Office Hours: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 **Email:** stmichaeloffice@bevcomm.net

Office Hours: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE: All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of October is dedicated to growing in devotion to the Holy Rosary. The Holy Rosary may be the most popular devotion for Catholics. However, there are still many Catholics who either do not know how to pray the Holy Rosary or pray it infrequently.

In 1917 our Blessed Mother Mary appeared to the three shepherd children in Fatima, Portugal. During her apparitions she asked that the Holy Rosary be prayed for peace. Do you know how to pray the Holy Rosary? If not, I encourage you to learn today! Do you pray the Holy Rosary rarely or not at all? If so, I encourage you to begin praying the Holy Rosary every day!

It has long been held in the Church that Our Blessed Mother appeared to St. Dominic in the year 1208 and, later, around the year 1460, our Lord Jesus spoke to Blessed Alan de la Roche to urge preaching of the prayer devotion of the Holy Rosary. Monks of that era were already accustomed to daily praying from memory all 150 Psalms as found in the Book of Psalms. Our Blessed Mother urged promoting the Holy Rosary so that this prayer would become a daily habit offered by all the faithful, not just those in the religious life.

The Virgin Mary offers Promises to those who pray the Holy Rosary daily
Our Blessed Mother made 15 promises to those who recite it daily.

These are big promises and the Graces we can receive through a prayerful recitation of the Holy Rosary can help any Catholic live a holy life. Here are the promises of our Blessed Mother:

1. To all those who shall pray my Rosary devoutly, I promise my special protection and great graces.
2. Those who shall persevere in the recitation of my Rosary will receive signal Graces.
3. The Rosary will be a very powerful armor against Hell; it will destroy vice, deliver from sin, and dispel heresy.
4. The Rosary will make virtue and good works flourish, and will obtain for souls the most abundant Divine Mercies. It will draw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. Those who trust themselves to me through the Rosary will not perish.
6. Whoever recites my Rosary devoutly, reflecting on the mysteries, shall never be overwhelmed by misfortune. He will not experience the anger of God nor will he perish by an unprovided death. The sinner will be converted; the just will persevere in Grace and merit eternal life.
7. Those truly devoted to my Rosary shall not die without the Sacraments of the Church.
8. Those who are faithful to recite my Rosary shall have during their life and at their death the Light of God and the plenitude of His Graces and will share in the merits of the blessed.
9. I will deliver promptly from Purgatory souls devoted to my Rosary.
10. True children of my Rosary will enjoy great glory in Heaven.
11. What you shall ask through my Rosary you shall obtain.
12. To those who propagate my Rosary I promise aid in all their necessities.
13. I have obtained from my Son that all the members of the Rosary Confraternity shall have as their intercessors, in life and in death, the entire Celestial Court.

Welcome to the Churches of

St. Paul &

St. Michael

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE:

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

14. Those who recite my Rosary faithfully are my beloved children, the brothers and sisters of Jesus Christ.

15. Devotion to my Rosary is a special sign of predestination.

Regarding the Holy Rosary, Blessed Archbishop Fulton Sheen said, "The Rosary is the book of the blind, where souls see and there enact the greatest drama of love the world has ever known; it is the book of the simple, which initiates them into mysteries and knowledge more satisfying than the education of other men; it is the book of the aged, whose eyes close upon the shadow of this world, and open on the substance of the next. The power of the Rosary is beyond description." Finally, if the promises of our Blessed Mother were not enough to demonstrate the goodness of praying the Rosary, here are seven reasons from St. Louis de Montfort on why to pray the Rosary, as found in his book 'The Secret of the Rosary':

- 1) It gradually gives us a perfect knowledge of Jesus Christ.
- 2) It purifies our souls, washing away sin.
- 3) It gives us victory over all our enemies.
- 4) It makes it easy for us to practice virtue.
- 5) It sets us on fire with love of Our Blessed Lord.
- 6) It enriches us with Graces and merits.
- 7) It supplies us with what is needed to pay all our debts to God and to our fellow men, and finally, it obtains all kinds of Graces for us from Almighty God.

Through the intercession of Our Lady of the Rosary, St. Joseph, St. Michael and St. Paul, may God bless you, our families, parishes, our Archdiocese and the whole Church!

In Christ through Mary,

Fr. Kasel

French Toast Breakfast: The St. Padre Pio Knights of Columbus Council 16016 will host a French Toast Breakfast fundraiser at the Church of St. Paul, Zumbrota on Sunday, October 18, after the 8:45am Holy Mass. See more details on page 4.



The next Holy Hour for Women will be Sunday, October 25, at 6:00pm at the Church of St. Michael, Pine Island. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Formation session will be on Wednesday, November 4, at the Church of St. Michael.

Topics for October:

Pre-K: Chapters 2-4: *Creation, A Visit to the Zoo, One God in Three Persons*
Kindergarten: Chapter 2: *God Made Us*
Grades 1-2: Lessons 2 & 3: *God is Great, The Blessed Trinity*
Grades 3-4: Lessons 3 & 4: *The Unity & Trinity of God, Creation & the Angels*
Grades 5-6, Confirmation 1 & 2: Lessons 3 & 4: *The Unity & Trinity of God, Creation & the Angels*

Below is the schedule:

6:00-6:30pm - Meal
6:35-7:25pm - Children Class/Parent & Adult Session
7:30-7:45pm - All students, parents and teachers gather in the Church for Adoration & Benediction of the Blessed Sacrament.

Our program is open for all of our parishioners to attend and it will benefit all ages!

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night Wednesday, October 28, from 6:30-9pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

All Saints' Day Party! Celebrate All Saints at the Church of St. Michael! All families are invited to attend our All Saints' Day party to be held on Sunday, November 1, at the Church of St. Michael, Pine Island after the 10:30am Holy Mass, with food and games after. We will pray the Litany of the Saints - be sure to dress as your favorite Saint!

Quilting Bee Cause will meet Tuesdays, October 20 and October 27. We meet in the church hall at 9 a.m. and welcome anyone wishing to help make quilts for the needy. We have all the supplies. Please join us. Any questions, please contact Bea Rauhen, 507-356-4858.

40 Days For Life Campaign - Sunday, October 25

All parishioners are invited to join Fr. Kasel to pray the Holy Rosary for an end to abortion at the Rochester Planned Parenthood (1212 7th St NW) on Sunday, October 25, at 2:00pm. Plan now to give witness that all are called to honor and protect the gift of Life!



†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota, on Tuesdays from 9am-5pm and at St. Michael, Pine Island, on Wednesdays from 9am-5pm.

Words to Live By:

"Some people are so foolish that they think they can go through life without the help of the Blessed Mother. Love the Madonna and pray the Rosary, for her Rosary is the weapon against the evils of the world today. All graces given by God pass through the Blessed Mother. You must always hold fast to the Rosary. When you do so, the Blessed Mother will wrap you in her mantle and draw you closer to the Sacred Heart of her Son." *St. Padre Pio*

"The Rosary, though clearly Marian in character, is at heart a Christocentric prayer. In the sobriety of its elements, it has all the depth of the Gospel message in its entirety, of which it can be said to be a compendium. With the Rosary, the Christian people sit at the school of Mary and are led to contemplate the beauty on the Face of Christ and to experience the depths of His Love. Through the Rosary the faithful receive abundant Grace, as though from the very hands of the Mother of the Redeemer." *St. John Paul II*

"Cling to the Rosary as the creeper clings to the tree - for without Our Lady we cannot stand. The family that prays together, stays together, and if you want peace in your heart and your home, pray the Rosary every day. Our Lady has never refused me anything I have asked through the Rosary. She is our tender Mother, eager to grant all we need if only we will come to her with trust and love." *St. Mother Teresa of Calcutta*

"The Blessed Virgin held a beautiful rosary in her hands at Lourdes, and from her example I learned to love it. The Rosary is a sweet chain linking us to Heaven. It is the prayer of the simple and the great alike. I have found no surer way to maintain a spirit of recollection and peace of heart than to meditate on the mysteries of the Rosary. It is Our Lady's school, where her children learn the secrets of the Gospel through her eyes and heart." *St. Bernadette Soubirous*

WEEKLY TITHING October 10-11, 2026

Sunday Envelopes:	\$ 2,492.00
Plate:	\$ 680.11
EFT:	\$ 1,140.00
Total:	\$ 4,312.11

Save the Date! Church of St. Michael 53rd Holiday Tea

Peace on Earth to People of Good Will

Saturday, December 5, 2026

9:00-11:30 AM



Calling all bookworms! Join the Catholic Authors Book Study. We rotate between spiritual books, literature and writings of Doctors of the Church. On October 27, we will begin discussing Anselm of Canterbury: The Major Works by St. Anselm. We meet every 2 - 3 weeks, on Tuesdays from 7 - 8:30 pm in Rochester. Join us! See <https://archspm.groupvitals.com/groupfinder/profile/72459> or contact the parish office.

Quilting Bee Cause Display: Our parish mission quilters have been busy! Before delivering quilts to the needy this fall, there will be an opportunity for parishioners to view the fruits of their labors on the weekend of November 7 and 8, when the quilts will be displayed in the church hall. Stop down after Holy Mass to take a peek!

Congratulations to:

Luke & Jennifer Plenge on the baptism of their son Cyril Remigius Plenge on October 9, 2026 at the Church of St. Michael.

Thomas & Helen Conlin on the baptism of their daughter Josephine Clare Conlin on July 30, 2026 in Rochester, Minnesota, with ceremonies supplied on October 10, 2026 at the Church of St. Michael.

Institute of Catholic Culture Lecture

I Give You This Land: The Inheritance of Abraham and its Purposes

The promise of the Holy Land to Abraham and his descendants, as an "everlasting possession," has been used and abused throughout salvation history to justify wars and excuse humanitarian atrocities. In this study, we will consider the original context for the gift of the land of Canaan, its original purpose as intended by God and revealed in Sacred Scripture, and how that inheritance can be properly understood, respected, and celebrated today.

Date: Tuesday, October 20, 2026

Pre-Class Discussion: 7:30PM, Lecture: 8:00 PM. Registration required.

Instructor: Dr. John Bergsma, Ph.D.

Visit: <https://instituteofcatholicculture.org/events/i-give-you-this-land/>

Pine Island Food Shelf: Items requested for October: Cooking Spices: salt, pepper, Italian, cinnamon, etc.

Holy Mass Times

Wednesday, October 21, 2026

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, October 23, 2026

8:00am Confessions/8:30am Holy Mass

Saturday, October 24, 2026

4:00-4:50pm Confessions

5:00pm Holy Mass

Sunday, October 25, 2026

7:00am Holy Mass (Latin)

10:30am Holy Mass

Holy Mass Intentions

October 21, 2026 †Larry & Julie Hobbs

October 23, 2026 Kim Maria Le & family

October 24, 2026 †Tom Hess (Nancy Sowada)

October 25, 2026 Rita Kaiya

October 25, 2026 Parishioners



CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION

The next Formation session will be on Wednesday, November 4, at the Church of St. Michael.

Topics for October:

Pre-K: Chapters 2-4: *Creation, A Visit to the Zoo, One God in Three Persons*
Kindergarten: Chapter 2: *God Made Us*
Grades 1-2: Lessons 2 & 3: *God is Great, The Blessed Trinity*
Grades 3-4: Lessons 3 & 4: *The Unity & Trinity of God, Creation & the Angels*
Grades 5-6, Confirmation 1 & 2: Lessons 3 & 4: *The Unity & Trinity of God, Creation & the Angels*

Below is the schedule:

6:00-6:30pm - Meal
6:35-7:25pm - Children Class/Parent & Adult Session
7:30-7:45pm - All students, parents and teachers gather in the Church for Adoration & Benediction of the Blessed Sacrament.

Our program is open for all of our parishioners to attend and it will benefit all ages!

40 Days For Life Campaign - Sunday, October 25

All parishioners are invited to join Fr. Kasel to pray the Holy Rosary for an end to abortion at the Rochester Planned Parenthood (1212 7th St NW) on Sunday, October 25, at 2:00pm. Plan now to give witness that all are called to honor and protect the gift of Life!

Congratulations to:

Sergio Gasca Valltier & Yvonne Mendoza on the baptism of their daughter Natalia Alejandra Gasca Mendoza on October 10, 2026 at the Church of St. Paul.

You are invited to join our small group that meets here at the Church of St. Paul as scheduled after the Thursday morning Holy Mass. We will begin to read Archbishop Hebda's pastoral letter **ONLY ONE THING IS NECESSARY**, and then discuss it as a group at our October 22 meeting. If you are interested, contact either Barb Boraas (507 732 5877) or Maggie Eggerichs (507 951 2316) for details.

Thank you to all the wonderful people who came to my birthday celebration. It was a beautiful way to spend the day. It is only by the grace of God that I made it this far. May God bless you all.
Rita Huneke

Church of St. Paul Men's Club Pancake Breakfast

and the St. Paul CCW Annual Bake Sale

Sunday, November 15, 8:00am-12:30pm
at the Church of St. Paul, Zumbrota, MN

All CCW Ladies: Your baked goods are needed for the CCW bake sale during the Men's Club pancake breakfast! Baked goods can be dropped off on Saturday, 10am-3pm or on Sunday morning before the Holy Mass. Pies and baked goods that freeze well and are packaged in small amounts sell very well. Thank you for your help!

PRO-LIFE QUOTE:

"Life is a Gift From God. The Church's teaching on the dignity of human life is clear. 'Human life' states the Catechism of the Catholic Church, 'must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person—among which is the inviolable right of every innocent being to life.'" -Archbishop Samuel J. Aquila

WEEKLY ROSARY: You are invited to join in praying the weekly Holy Rosary with Zumbrota Care Center residents on Mondays at 1:30pm. We meet in the South Day Room. If you have any questions, call Barb Boraas at 507 732 5877.

WEEKLY TITHING October 11, 2026

Sunday Envelopes:	\$ 895.00
Plate:	\$ 183.00
Total:	\$1,078.00

SAVE the DATE!!

Second Annual Lasagna Supper

Thursday, November 5, from 4:30-7:00pm
at the Church of St. Paul, Zumbrota.

Enjoy the Lasagna, Salad, French Bread, and Pie!

Gluten-Free & Takeout Available

PRICES: Adults—\$13, Ages 6-12—\$7

5 & under—Free, Family max.—\$39

Hosted by: The Church of St. Paul Council of Catholic Women

ALL ARE INVITED!

Appalachian Mission Project

Dear fellow parishioners, the time to demonstrate the generosity of our hearts through supporting the Appalachian Christmas Program has again arrived. We will collect items from Sunday, September 27, to Sunday, October 25. Donations may be left in the baskets at the back of the Church or can also be taken to the parish office during open hours. A list of desired donations is posted above the baskets.

Suggested items for donation: Dolls, balls, stuffed animals, small musical instruments, slinkies, play-doh, crayons, colored pencils, coloring books, school supplies, notebooks, paints, barrettes, hair ties, headbands, shoes, socks, underwear, bags or purses, bracelets, sunglasses, lip balm, mirrors, watches, flip-flops, sweatshirts, sweatpants, nightgowns or pajamas, puzzles, books, flashlights, deodorant, hats, scarves, mittens, sewing kits, picture frames, playing cards, small blankets, blocks, stickers, kitchen items for cooking, and baking, stickers, tennis balls, combs, brushes, toothbrushes, washclothes, small cars and trucks, interactive toys (please include extra batteries), hacky sacks, nail clippers, small tools, games, cosmetics, wallets, jewelry, slippers, batteries.

Note: Try to include a "wow" item, a personal care item, a useful item, and a fun item. Other needs: Towels, laundry soap, large t-shirts and sweatshirts, blankets and bedding, hunting clothes, coats and shoes for kids, wrapping paper, craft kits, ornaments, toiletries (please put lotion and shampoo in a zip-loc bag to prevent spills).

Checks should be made out to: Queen of All Saints Church, 90 Railroad St. P.O. Box 563, Beattyville, KY 41311, St. Francis of Assisi Church, 147 Bryan St. Pikeville, KY 41501, Catholic Church of the Good Shepherd, P.O. Box 742, Campton, KY 41301, or Holy Family Catholic Church, 1439 KY-115 Booneville, KY 41314. **Please be generous to the Lord's poorest of the poor.** Remember, everything must be new. Thank you for your donations and please keep all the families in your prayers. For questions, please contact Louise Gerken.

Holy Mass Times

Tuesday, October 20, 2026

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, October 22, 2026

8:00am Confessions/8:30am Holy Mass

Sunday, October 25, 2026

8:20am Rosary/8:25am Confessions
8:45am Holy Mass

Holy Mass Intentions

October 20, 2026

†Layne Bucher (Andy & Maggie Eggerichs)

October 22, 2026

†Rita Morgan (St. Paul CCW)

October 25, 2026

Parishioners





Prayer for National Elections

Most glorious and Triune God, at this moment of much contention within our world, we turn to You. Bestow Your grace in abundance. Heal our land, give direction to our leaders, dispel all darkness and restore charity. This day, dear Lord, I join with all Your faithful and consecrate my life to You. Fill my mind with Your Truth.

Strengthen my resolved with Your will. Endow my spirit with Your mercy. This day, dear Lord, I also join the Communion of Saints in my prayers for the United States (my nation). May Your will and Your will alone be done in our elections. May You and You alone guide the legislators and those with executive office. May Your Truth and Your Truth alone guide our judges. May You and You alone guide every voter. Have mercy on our great nation. Fill all citizens with clear direction in their civic duty. Help all who lead to bring forth Your Kingdom. Direct those in the media toward Your Truth alone.

Spare the lives of the unborn and bring an end to abortion. Protect our religious liberty. Protect the innocent, poor, neglected and most vulnerable. Comfort those who are suffering. Help our country to prosper in Your grace.

Mother Mary, take up your queenship in our lives and in our country. Saint Joseph, be our protector now and always. Angels of God, guard us against all evil.

Most Holy and Triune God, have mercy on us. God the Father, have mercy on us. God the Son, have mercy on us. God the Holy Spirit, have mercy on us. Amen.

World Mission Sunday: World Mission Day was first established by Pope Pius XI, beginning in October 1927. This year the Church celebrates the 100th World Mission Day on Sunday, October 18, 2026. **There will be a second collection this weekend to support the mission work of the Catholic Church.**

French Toast Breakfast fundraiser: The St. Padre Pio Knights of Columbus Council 16016 will host a French Toast Breakfast fundraiser with French toast, sausage, and eggs, at the Church of St. Paul, Zumbrota, on Sunday, October 18, after the 8:45am Holy Mass. Please bring your appetites! Our fundraiser will be a free-will offering. The breakfast will raise funds for Coats for Kids, Pro-Life work, and other charitable works of the Knights of Columbus. Thank you for your support!



Pray with us! We will be praying two consecutive Divine Mercy Chaplet Novenas before the mid-term elections. Please pray the Divine Mercy Chaplet for holy men and women to be elected. The first novena will begin October 17 and conclude on October 25, and the second begins October 26, ending November 3, Election Day.



Prayer of St. John de Brebeuf, American Martyr (Feastday Oct. 19)

Jesus, my Lord and Savior, what can I give you in return for all the favors you have first conferred on me? I will take from your hand the cup of your sufferings and call on your name. I vow before your eternal Father and the Holy Spirit, before your most holy Mother and her most chaste spouse, before the angels, apostles and martyrs, before my blessed fathers Saint Ignatius and Saint Francis Xavier—in truth, I vow to you, Jesus my Savior, that as far as I have the strength, I will never fail to accept the grace of martyrdom, if someday you in your infinite mercy should offer it to me, your most unworthy servant...My beloved Jesus, here and now I offer my body and blood and life. May I die only for you, if you will grant me this grace, since you willingly died for me. Let me so live that you may grant me the gift of such a happy death. In this way, my God and Savior, I will take from your hand the cup of your sufferings and call on your name: Jesus, Jesus, Jesus! Amen.

MAXON FAMILY
PARISHIONER

CREMATION & LIFE CELEBRATIONS
1624 37TH STREET NW, ROCHESTER, MN 55901

Nilssen's
SINCE 1905

HUB FOOD CENTER
228 West Ave., Zumbrota
507-732-7329
www.nilssensfoods.com

ZUMBROTA MINI STORAGE

**LIGHTING—PAVED
24 HOUR ACCESS**

507-696-4406

Catholic United Financial
A Trusted Fraternal Life Brand

Pete Herold
Local Member Advisor
952-994-7558
pherold@catholicunited.org

Rates better than CD's?
Catholic United offers 5.5% first year, then 4.5% and zero fees.

Pork & Plants Heritage Farm
ERIC KREIDERMACHER & FAMILY
Red Wattle Pork* Grass-fed Beef*
Pastured Chicken*

*no corn, no soy, non-GMO, and vaccine free
Meat is available year-round as individual cuts, bundles, and whole or half animals.
Pickup and limited delivery available (507) 458-2175
Email: eric@porkandplants.com www.porkandplants.com
"Healthy Land, Healthy Meat, Healthy Families"

Mahn Family Funeral Homes
Larson Chapel
1475 Jefferson Dr.
Zumbrota, MN
(507) 732-5444

Mahler Chapel
209 NW 1st Ave.
Pine Island, MN
(507) 356-4620
mahnfamilyfuneralhome.com

QUARRY HILL FAMILY DENTAL
DR. MOLLY JARRETT
PARISHIONER
Monday and Tuesday 7-5pm,
Wednesday 7:30-5pm, Thursday 11-5pm
www.quarryhillfamilydental.com
507-216-9891
828 11th Ave NE, Rochester, MN
Comfortable, Convenient Dental Care for the Entire Family

Reliable
HEATING & COOLING

507-732-4777
24 Hour Emergency Service

Residential & Light Commercial
Serving Zumbrota & Surrounding Communities

OWENS
LOCKER PLANT

110 2nd St. NE
Pine Island, MN 55963
507-356-8612

ST. PIO KNIGHTS OF COLUMBUS
COUNCIL 16016

JOIN US

Brother Knights of our Council invite you to join us.

Contact the Parish Office;
visit: www.kofc.org/join

DO YOU OR A LOVED ONE STRUGGLE TO CARE FOR YOUR FEET?

Welcome to Foot Care Professionals!
Providing medical care for your feet

- Toenail trimming & debridement
- Callus paring
- Swift microwave therapy for wart removal
- KeryFlex Nail Reconstruction
- OnyFix NonSurgical Ingrown Toenail Correction
- InHome or InOffice appts; Day, evening, weekend

Call **507-269-7827** for appointment or book online at footcaremn.com

Sheila Buehler, APRN, CNP, CFC
Nurse Practitioner, Certified Foot Care Specialist

helping YOU live well with YOUR feet!
3708 Broadway Ave. N, Ste. 130 Rochester, MN
Located on North Broadway at Haley Center, next to Active PT and purple goat

Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3, or do updates.

Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.

Parish Safe Environment Coordinator:
Sara McNamara
St. Michael: 507-356-4280
stmichaeloffice@bevcomm.net
St. Paul: 507-732-5324
stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:
(651) 291-4475

FRANDSEN BANK & TRUST

Pine Island 507.405.2423
Zumbrota 507.361.6099

FrandsenBank.com | Member FDIC