

Father Randal Kasel, Pastor frkasel@bevcomm.net

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of June is dedicated to increased devotion to the Sacred Heart of Jesus. Let us ask the Virgin Mary and St. Joseph to teach us to love and console the Sacred Heart of Jesus!

This Sunday we celebrate Solemnity of the Most Holy Trinity! May each of us always be ready to praise the Holy Trinity, living within us by Grace! This week I share with you a meditation on the Holy Trinity. I encourage you to reflect over this message a few times this week:

“The Indwelling of the Holy Trinity in the Soul - The presence of God, One and Three, in the soul in Grace: At the Last Supper when one of His disciples asked Him why He would show Himself to them alone and not to the whole world, (which was how the Jews of the day were expecting the Messiah to manifest Himself), Jesus answered: *If a man love Me, he will keep My Word, and My Father will love him, and We will come to him and make Our home with him.* (John 14:23) Our Lord reveals that not only He but the Blessed Trinity itself would be present, *as in a temple*, (cf. 1 Cor. 6:19) in the souls of those who love Him. This revelation makes up the whole *substance of the New Testament*, (Tertullian, *Contra Praxeas*, 31) the very heart and quintessence of His teaching.

God - the Father, Son and Holy Spirit - dwells in our soul in Grace not only with a presence of immensity, as He is to be found in everything, but in a special way through sanctifying Grace. (cf. St. Thomas, *Summa Theologiae*, 1, q 43, a 3) This new presence fills the soul that travels along the paths of sanctity with love, and with an indescribable joy. Indeed, it is there, in the central depths of the soul, that we must accustom ourselves to seeking God, in every one of life’s situations, whether it be out in the street, at sport or whilst we are relaxing. *O, then, most beautiful soul who dost so much desire to know the place where your Beloved is in order to seek Him and to be united with Him, He tells you now that you yourself are the abode wherein He dwells, and the closet and hiding place where He is hidden. It is a matter of great contentment and joy for you to see that all your good and all your hope are so near that you cannot be without Them. ‘Behold’, says the Spouse, ‘the Kingdom of God is within you’ (Luke 17:21), and His servant the Apostle St. Paul says: ‘We are the temple of the living God’ (2 Cor. 6:16).* (St. John of the Cross, *The Spiritual Canticle*, 1, 7) The good fortune of having the presence of the Blessed Trinity in the soul is not meant only for extraordinary individuals, for people endowed with exceptional charisma or qualities, but for the ordinary Christian, who is called to sanctity in the midst of his or her professional activities and who wants to love God with all his being, even though, as St. Teresa of Avila points out, *there are many souls who remain in the outer courtyard of the castle (of the soul), which is the place occupied by the sentinels; they are not interested in entering it, and they have no idea of what there is in that wonderful place, or of Who dwells inside it...* (St. Teresa, *The Mansions*, 5, 6) In this wonderful place - in the soul illuminated by Grace - God is with us: the Father, the Son and the Holy Spirit.

This presence that theologians call *indwelling* differs only in quality from the blessedness of those who have already attained the state of Eternal Happiness in Heaven. (cf. Leo XIII, *Divinum illud munus*, 9 May 1897) Although it belongs to the Three Divine Persons, it is attributed to the Holy Spirit, for the work of sanctification is proper to Love.



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

This revelation that God made to men, as though in loving confidence, amazed the first Christians and filled their hearts with peace and supernatural joy. When we are convinced of this supernatural reality - that God, One and Three, dwells within us as individuals - we turn our lives, with all their troubles, and perhaps even because of such troubles, into a foretaste of Heaven: it is like entering into God’s inmost being and knowing and loving the Divine Life, of which we become sharers.

O unfathomable ocean of Divine Life! Driven on by Faith I have approached Your shores. Tell me, what is it in Your great depths that holds me by its charm? O bottomless ocean of Divine Life! I was swept along by your undertow... and already I am out of my depth! (Sister Cristina de Arteaga, *Sow!*, Seville, 1982)

Supernatural life leads a Christian to know and to converse intimately with the Blessed Trinity: The Christian (continued on page 3)

School Year-End Parish Picnic: Sunday, May 31

Dear Parishioners,

You are invited to a picnic at St. Michael for all parishioners and families on Sunday, May 31, beginning at 5pm.

We will eat around 5:30pm. There will be games, a bonfire with the Holy Rosary and a chance to meet fellow parishioners! The parish will provide hamburgers, hotdogs, buns, plates, cups, silverware and water/coffee.

You can bring: a dish to pass, a lawn chair or two, soda pop or other beverage! Weather permitting, we will pray the Holy Rosary around a bonfire.

In Christ through Mary, Fr. Kasel



Corpus Christi Sunday will be June 7!

Procession of the Holy Eucharist: We will have a procession of the Holy Eucharist after the Sunday, June 7, 8:45am Holy Mass at the Church of St. Paul, Zumbrota and after the Sunday 10:30am Holy Mass at the Church of St. Michael, Pine Island. Let us join together in public adoration and witness of our Lord’s True Presence in the Holy Eucharist!

The next Holy Hour and Social for Men: Sunday, June 14, at 6:30pm at the Church of St. Michael, Pine Island. All men are invited!

CHURCH OF SAINT MICHAEL NEWS

Catholic Vacation Bible School—Save the Dates!

The *Filiae Laboris Mariae* Sisters will be back this summer to conduct our Catholic Vacation Bible School at the Church of St. Michael!

Save the dates of **Monday-Wednesday, July 20-22, 2026!** The Sisters will also be here for our July Youth Group meeting to be held the evening of July 22. Registration forms will be available soon.

Holy Spirit Novena: June 1 to June 9



O My God, Trinity Whom I Adore

O my God, Trinity whom I adore, help me forget myself entirely so to establish myself in You, unmovable and peaceful as if my soul were already in Eternity. May nothing be able to trouble my peace or make me leave You, O my unchanging God, but may each minute bring me more deeply into Your mystery! Grant my soul peace. Make it Your Heaven, Your beloved dwelling and the place of Your rest. May I never abandon You there, but may I be there, whole and entire, completely vigilant in my Faith, entirely adoring, and wholly given over to Your creative action. (By St. Elizabeth of the Trinity)

WORDS TO LIVE BY:

“I vow and consecrate to God all that is in me: My memory and my actions to God the Father; My understanding and my words to God the Son; My will and my thoughts to God the Holy Spirit.” St. Francis de Sales

Francis de Sales

“The Father loves not only the Son but also Himself and us, by the Holy Ghost.” St. Thomas Aquinas

“When One of the Three Persons communicates with a soul, by the power of that one Will, it finds itself united with the Three Persons and is inundated in the happiness flowing from the Most Holy Trinity, the same happiness that nourishes the Saints. This same happiness that streams from the Most Holy Trinity makes all creation happy; from It springs that life which vivifies and bestows all life which takes its beginning from Him.” St. Faustina

“For to have the fruition of God the Trinity, after Whose Image we are made, is indeed the fullness of our joy, than which there is no greater.” St. Augustine

“Today I put on a terrible strength invoking the Trinity, confessing the Three with Faith in the One as I face my Maker.” St. Patrick

Carmelite Spirituality Silent Retreat:

You are invited to prayerfully consider attending the Carmelite Spirituality Silent Retreat, taking place July 24–26, 2026, at the Franciscan Retreat Center in Prior Lake.

The retreat will be led by Fr. Elias Mary of Mt. Carmel and the Immaculate Heart, FI, and will focus on the theme:

“The Practice of the Presence of God in Union with Mary.”

To register: see registration form at the entrance of the Church.

Deadline to register is on June 24, 2026.

Institute of Catholic Culture Lecture PARTNERS IN THE ALTAR:

The Moral Implications of St. Paul's Eucharistic Theology

While the Catholic Church's doctrine on the real presence of Christ in the Eucharist is well known, too often the moral implications of this doctrine are ignored or outright rejected by many. In this study, we will discover the biblical foundations for the Church's teachings which both lead to a worthy reception of the Eucharist and those teachings which flow from it—transforming not only how we receive, but how we live.

Date: Tuesday, June 2, 2026

Pre-Class Discussion: 7:30 PM ET Lecture: 8:00 PM ET

Instructor: Rev. Paul Scalia Registration is required.

<https://instituteofcatholicculture.org/events/partners-in-the-altar>

Pine Island Food Shelf: Items requested for June:

Drinks - juice boxes, teas, coffees, waters

WEEKLY TITHING May 23-24, 2026

Sunday Envelopes:	\$ 3,100.00
Plate:	\$ 1,127.35
EFT:	\$ 1,110.00
Total:	\$ 5,337.35
Kitui Mission Collection:	\$ 128.00

Please pray for the repose of the soul of William Beaulieu (parishioner), who passed away May 25, 2026. *'Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen. May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*



SACRED HEART: His Reign has No End is a new docudrama showing in theaters from **June 9 - 14** (the nearest theatre is in Rochester). This film invites you to more about entering into the Heart of Jesus as revealed to Saint Margaret Mary Alacoque 350 years ago. Today, the mystery of the Sacred Heart of Jesus continues to draw men and women from around the world. A special bonus presentation will feature U.S. clergy and laity on the power of the devotion to the Sacred Heart, including more about the United States Bishops' plan to consecrate the United States this year to the Sacred Heart of Jesus. Learn more and get tickets at FathomEntertainment.com.

Homesteading Conference! Saturday, July 25, 2026

8:30 am-4:00 pm Canby, Minnesota The countryside is calling! Please join us for the **2026 MN Catholic Land Movement Conference!** Get inspired with talks on **Homesteading, Distributism and Clean Food for a healthier future!**

Register at: Zeffy.com/en-US/ticketing/2026-mn-catholic-land-movement-conference

\$35/Adult, \$10/Child | \$100 Family Max | Under 5, FREE *Meal & Beverage included in the ticket price.

Sponsor & Vendor Inquiries, contact

Andrew Drees email:

Minnesota.CatholicLandMovement@gmail.com

Call or Text: (952) 465-9841



St. Michael's Garden Plots - Now Available!

Need a patch of dirt to plant a garden? The 2026 growing season has begun and garden plots are now available to Parishioners at no cost. There are nine 10x20 ft. plots available on a first come, first served basis. Multiple plots can be claimed. Call or text Andy Drees at (952) 465-9841 for more information or to reserve a plot.

HOLY MASS TIMES

Wednesday, June 3, 2026

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, June 5, 2026

8:00am Confessions/8:30am Holy Mass

6:30pm First Friday Holy Mass (Latin)

Saturday, June 6, 2026

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, June 7, 2026

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

June 3, 2026 Jan & Dave Merhar (Santi & Carolyn Ocariz)

June 5, 2026 Laurie Schultz

June 5, 2026 The family of Luke & Jennifer Plenge

June 6, 2026 †Sarah Murray (Bonnie Radke)

June 7, 2026 Nancy Stroh (Lynette Stroh)

June 7, 2026 Parishioners



CHURCH OF SAINT PAUL NEWS

Catholic Vacation Bible School—Save the Dates!

The *Filiae Laboris Mariae* Sisters will be back this summer to conduct our Catholic Vacation Bible School at the Church of St. Michael!

Save the dates of **Monday-Wednesday, July 20-22, 2026!** The Sisters will also be here for our July Youth Group meeting to be held the evening of July 22. Registration forms will be available soon.

(*From Father Kasel* - from page 1) begins his life in the name of the Father and of the Son and of the Holy Spirit; and in this same Name he leaves this world to find in Heaven the fullness of the vision of these Divine Persons whom he has tried to get to know here on earth. One God and three Divine Persons: this is the profession of our Faith that the Apostles heard from Jesus' lips and handed down. It is the Faith that Christians have held from the very first moment, the Faith that the Magisterium of the Church has always taught. As they advance along their journey towards God, Christians of all times have felt the need to meditate on this first Truth of our Faith, and to try to get to know each one of the Three Persons. St. Teresa of Avila tells us in her *Life* how, as she was meditating precisely on one of the oldest instructions of Faith in the mystery of the Trinity - the Athanasian Creed or *Quicumque*, as it is called - she received special Graces to go deeper into this marvelous reality. The saint writes: *Once when I was reciting the 'Quicumque vult', I was shown so clearly how it was possible for there to be one God alone and three Persons that it caused me both amazement and much comfort. It was of the greatest help to me in teaching me to know more of the greatness of God and of His marvels. When I think of the Most Holy Trinity, or hear it spoken of, I seem to understand how there can be such a mystery, and it is a great joy to me.* (St. Teresa, *Life*, 39, 25)

The whole of a Christian's supernatural life is directed towards this knowledge of and intimate conversation with the Trinity, who become eventually the *fruit and the end of our whole life*. (St. Thomas, *Commentary on Book IV of the Sentences*, 1, d2, q1) It is for this end that we have been created and raised to the supernatural order: to know, to talk to and to love God the Father, God the Son and God the Holy Spirit, who dwell in the soul in Grace.

In this life the Christian comes to have an *experiential knowledge* of these three Divine Persons, a knowledge that, far from being something extraordinary, is appreciable within the normal paths of sanctity, (cf. R. Garrigou-Lagrange, *The Three Ages of the Interior Life*, 1) a sanctity to which are called the mother of a family who scarcely finds enough hours in the day to look after her home and to make ends meet, the workman who starts his work before daybreak, the sick whose illness prevents them from doing anything... God, in His infinite Love for each individual person, ardently desires to make Himself known in this intimate and loving way to all those who really follow in the footsteps of His Son.

On this path towards the Blessed Trinity to which all our efforts must tend, we have as our Guide and Teacher the Holy Spirit. Our Lord promised - and His Word never fails: *I will ask the Father, and He will give you another Counselor, to be with you for ever, even the Spirit of Truth, Whom the world cannot receive, because it neither sees Him nor knows Him; you know Him for He dwells with you, and will be in you. I will not leave you desolate; I will come to you.* (John 14:16-18) In this 'you' are fortunately included all of us who have been baptized, and particularly those of us who want to follow Jesus closely, in the very place and circumstances where life has placed us. It is sweet to meditate that this mystery, which is inaccessible to human reason alone, is made clear to us by the Light of the Faith and the help of the Holy Spirit. *To you it has been given to know the secrets of the Kingdom of Heaven.* (Matt. 13:11) Let us then ask God today to guide us along this path which is filled with Light.

Temples of God: As well as asking the Holy Spirit to give us a great desire to purify our hearts, we have to desire with real sincerity this intimate meeting with the Holy Trinity, without being put off because perhaps we see our weaknesses and the deficiencies of our attitude towards God more clearly. St. Teresa tells us that as she considered the presence of the Three Divine Persons in her soul she was *amazed at seeing so much majesty in a thing as lowly as my soul;* then Our Lord said to her: *It is not lowly, my* (continued on page 4)

WEEKLY TITHING May 24, 2026

Sunday Envelopes:	\$ 1,935.00
Plate:	\$ 431.00
Total:	\$ 2,366.00

Holy Spirit Novena: June 1 to June 9



Baccalaureate Holy Mass and Reception—May 31 *Congratulations to our Graduate: Gunner Mancilman*

Please join me in congratulating Gunner on his achievement and please keep him in your prayers as he moves to new challenges and learning experiences.

May God bless you! Fr. Kasel

A reception will follow downstairs in the community room after the Sunday, 8:45am Holy Mass on May 31. **Everyone is invited!**

Please pray for the repose of the soul of Layne Bucher (parishioner), who passed away May 24, 2026. *'Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen. May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*



Prayer to the Virgin Mary: My Queen, my Mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day my eyes, my ears, my mouth, my heart, my entire self without reserve. As I am your own, my good Mother, guard me and defend me as your property and possession. Amen.

Zeale for America 250 Prayer Rally: As part of Zeale for America 250, thousands will gather for America 250 Rally, a patriotic celebration of faith and country featuring speakers from sports, media, culture, faith, and public life, including Cardinal Raymond Burke. There will also be a time for prayer before a relic of the True Cross of Christ, confession, and prayer for the renewal of our nation. Find more information at catholicvote.org/america250-travel.

The Church of St. Dominic is pleased to be offering the Catechetical Institute Pillars Program in the Fall of 2026 offered by The Saint Paul Seminary in the Archdiocese of St. Paul and Minneapolis. We are reaching out to invite neighboring parishes to welcome parishioners to join us in Northfield. St. Dominic is one of the satellite sites for the 2-year study. There will be an **open house on Thursday, June 11**, at 6:30-7:30pm in the lower level of the church, located at 104 Linden Street North, Northfield. Representatives from the Catechetical Institute will be present to explain more information about the program.

PRO-LIFE QUOTE:

“Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person – among which is the inviolable right of every innocent being to life.”
Catechism of the Catholic Church 2270

HOLY MASS TIMES

Tuesday, June 2, 2026

8:00am Confessions/8:30am

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, June 4, 2026

8:00am Confessions/8:30am Holy Mass

Sunday, June 7, 2026

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

June 2, 2026	Rick & Colette Zillgitt (St. Paul CCW)
June 4, 2026	†Rita Morgan (Louise Rivieccio)
June 7, 2026	Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(From *Father Kasel* - from page 3) daughter, because it is made in My Own Image. (St. Teresa, *Matters of Conscience*, 41) And the saint was filled with consolation. It can do us a great deal of good to consider these words as being spoken to us, and they will encourage us to continue along this path that ends in God. We must treat every person we come across each day as the possessor of an immortal soul, the Image of God, which is or can become *the Temple of God*.

St. Elizabeth of the Trinity, wrote to her sister on receiving news of the birth and baptism of her first niece: *I feel full of respect for this little Temple of the Blessed Trinity... If I were near her I would kneel down to adore Him who dwells within her.* (St. Elizabeth of the Trinity, *Letter to her sister Margaret*, Complete Works, 2)

The Church recommends us to nourish our piety with solid food, and this is why we should meditate on these instructions on the Faith and recite the prayers composed in honor of the Trinity. Such prayers are the Athanasian Creed or *Quicumque*, the *Trisagium Angelicum*, said especially on this solemnity, the *Glory be to the Father, and to the Son and to the Holy Spirit...* When, with the help of Grace, we learn to go deep into these practices of devotion, it is as if we heard again the words of Our Lord: *Blessed are your eyes, for they see, and your ears, for they hear. Truly I say to you, many prophets and righteous men have longed to see what you see, and did not see it, and to hear what you hear, and did not hear it.* (Matt. 13:16-17)

We finish this time of prayer repeating in our hearts, with St. Augustine: *My Lord and my God, my only Hope, hear my prayer so that I may not give in to discouragement and cease to seek You. May I desire always to see Your Face. Give me strength for the search. You who caused me to find You and gave the Hope of a more perfect knowledge of You, I place before You my steadfastness, that You may preserve it, and my weakness, that You may heal it. I place before You my knowledge, and my ignorance. If You open the door to me, welcome the*

Prayer for the Visitation of the Blessed Virgin Mary, May 31



Almighty ever-living God, who, while the Blessed Virgin Mary was carrying Your Son in her womb, inspired her to visit Elizabeth, grant us, we pray, that, faithful to the promptings of the Holy Spirit, we may magnify Your Greatness with the Virgin Mary at all times. Through our Lord Jesus Christ, your Son, who lives and reigns with You in the unity of the Holy Spirit, God, forever and ever. Amen.

one who enters. If You have closed the gate, open it to the one who calls. Make me always remember You, understand You and Love You. Increase those Gifts in me until I am completely changed... When we come up into Your presence, these many things we talk about now without understanding them will cease, and You alone will remain everything in everyone, and then we will sing as one an eternal hymn of praise and we too will become one with You. (St. Augustine, *De Trinitate*, 15, 28, 51)

The substance of our Supernatural Life is the contemplation and praise of the Blessed Trinity, which is the object of our life, for in Heaven, close to our Mother, Mary - Daughter of God the Father, Mother of God the Son, Spouse of God the Holy Spirit: Greater than she none but God! (cf. J. Escriva, *The Way*, 496) - our joy and our happiness will give eternal praise to the Father, through the Son, in the Holy Spirit." (From: *In Conversation with God* by Francis Fernandez) Through the intercession of Mary, the Mother of God, St. Joseph, St. Michael and St. Paul, may God grant us the Grace to Love God in His indwelling in our souls!
In Christ through Mary,
Fr. Kasel

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Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.

Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.

Parish Safe Environment Coordinator: Sara McNamara
St. Michael: 507-356-4280
stmichaeloffice@bevcomm.net
St. Paul: 507-732-5324
stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:
(651) 291-4475

ST. PIO KNIGHTS OF COLUMBUS
COUNCIL 16016

JOIN US
Brother Knights of our Council invite you to join us.
Contact the Parish Office
visit: www.kofc.org/join