

February 1, 2026
Fourth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 **Fax:** (507) 356-2080 **Email:** stmichaeloffice@bevcomm.net

OFFICE HOURS: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

This month of February is dedicated to increasing our devotion to the Holy Family of Jesus, Mary and Joseph and to imitating their practice of everyday holiness. The Holy Family lived and loved in a unity of Love for God and each other. The experience of the Holy Family was one of profound Grace that was given by God the Father in and through His Son, Jesus. This Grace was the Third person of the Holy Trinity, the Holy Spirit. The Holy Spirit lives and acts in a Christian home that is open to His Divine action - sanctifying and fostering in family life experiences of joy, forgiveness and peace. While our common experiences of family life may not have the constant blessedness found in the Holy Family, Christian families are, nonetheless, called to holiness through receiving and sharing many of the same Graces that were present in the life of the Holy Family. The Sacraments of our Church and a daily life of prayer is the heart of a joyful family life. Families that encounter Jesus through the Holy Eucharist, regular reception of the Sacrament of Confession, and daily communal prayer will inevitably become a more true reflection of the Holy Family. This will happen because Jesus will be the center and meaning of family life - just as it was for Mary and Joseph. I encourage all of us to make Jesus the center and King of our hearts, homes, family life and parish experiences. Making Jesus the center of our personal life is rooted in daily encounters with Jesus. Participation in our parish life is a key habit to grow in a Christ-centered life. I encourage you to make visits to Jesus in our parishes, and to seek the Sacrament of Confession at least once a month.

For family prayer in your home, I recommend above all the Holy Rosary. Devotion to St. Joseph, St. Michael the Archangel, and the Guardian Angels is excellent. Here are some other prayers that may be helpful during February, dedicated to devotion to the Holy Family:

Consecration to the Holy Family: O Jesus, our most loving Redeemer, who having come to enlighten the world with Thy teaching and example, did will to pass the greater part of Thy life in humility and subjection to Mary and Joseph in the poor home of Nazareth, thus sanctifying the Family that was to be an example for all Christian families; graciously receive our family as it dedicates and consecrates itself to Thee this day. Do Thou defend us, guard us and establish amongst us Thy Holy Fear, true Peace, and concord in Christian Love: in order that, by conforming ourselves to the Divine Pattern of Thy Family, we may be able, all of us without exception, to attain to Eternal Happiness.

Mary, dear Mother of Jesus and Mother of us, by thy kindly intercession make this our humble offering acceptable in the sight of Jesus, and obtain for us His Graces and Blessings.

O St. Joseph, most holy guardian of Jesus and Mary, assist us by

Welcome to the Churches of

St. Paul &



St. Michael

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

thy prayers in all our spiritual and temporal necessities; so that we may be enabled to praise our Divine Savior, Jesus Christ, together with Mary and thee, for all eternity. Our Father, Hail Mary and Glory be, *three times*.

In Honor of the Holy Family: O God, Heavenly Father, it was part of Thine Eternal Decree that Thine only-begotten Son, Jesus Christ, the Savior of the human race, should form a Holy Family with Mary, His blessed Mother, and His foster father, St. Joseph. In Nazareth, home life was sanctified, and a (continued on page 4)

Candlemas, or the Presentation of the Lord—Monday, February 2

Holy Mass (Latin) will be at 5pm at the Church of St. Michael.

"Now, Master, You may let Your servant go in peace, according to Your word, for my eyes have seen Your salvation, which You prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for Your people Israel." Luke 2: 29-32

You are welcome to bring candles from home to be blessed before the Holy Mass on February 2. Please have candles in place by 4:50pm before Holy Mass will begin.



St. Pio KC Seminarian Fundraiser:

The St. Padre Pio Council 16016 will host a "Grow a Priest" French Toast Breakfast fundraiser on February 1 at the Church of St. Paul in Zumbrota after the 8:45am Holy Mass. Free will donations will support seminarians studying for the priesthood. Thank you for supporting this and other good works by Knights of Columbus!



The next **Holy Hour and Social for Men** will be Sunday, February 1, at 6:00pm (note earlier start time) at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on: ***The Devotion to the Holy Face of Jesus***. All men are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation session will be on Wednesday, February 4, 2026, at the Church of St. Michael.

Topic for February: Part 2: Creation (PreK - Grade 6) and Part 2: Jesus Christ (Confirmation 1, 2, & Adults)

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Our program is open for all of our parishioners to attend and it will benefit all ages!

Holy Spirit Novena: February 1 to February 9

Adult Bowling and Social - Couples & Singles are invited!

Saturday, February 14, at Pine Island Pool & Pins/Trailhead Grill & Lanes (416 3rd Ave. NE, Pine Island). Gather at 6:30pm for bowling, fellowship, and food. Please RSVP by signing up on the sign-up sheet in the church entry. The cost will be approximately \$15 per person.

Homeschool Bowling Party and Valentine Exchange

Monday, February 16, 10:00-12:00pm at BowloCity Entertainment Center in Rochester, MN

Cost is \$4.00 per child/hour plus \$1.50/shoe rental

This is open to all homeschool children and teens!

For more information, contact Sarah Bauer: teddyandsarah@gmail.com or (507) 398-3928.

To be included in the counts for the valentine exchange, you must RSVP to Sarah Bauer by Sunday, February 1. If you want to just come and bowl, please RSVP anytime before the day of the party.

WORDS TO LIVE BY:

“For our sake He was presented to the Lord that we may learn to offer ourselves to God.” St.

Thomas Aquinas

“Be a lamp then in heart, in hand, in lips. The lamp in your heart will shine for you, the lamp in your hand or on your lips will shine out for your neighbors. The lamp in the heart, is loving Faith, the lamp in the hand, is the example of good works, the lamp on the lips, is edifying speech.” Bl. Guereric of Igny

“The glorious St Simeon also was very happy... to carry Him as did Our Lady... we do this when we endure with love, the labors and pains He sends us, that is to say, when the love which we bear to the Law of God, makes us find His yoke easy and pleasing, so that we love these pains and labors and gather sweetness in the midst of bitterness. This is nothing else but to carry Our Lord in our arms. Now if we carry Him in this way, He will, without doubt, Himself carry us.” St. Francis de Sales

“Simeon gave back Jesus to His Mother, he was only suffered to keep Him for one moment. But we are far happier than Simeon. We may keep Him always if we will. In Communion He comes, not only into our arms but into our hearts.”

St. John Vianney

“The Son of God became man, and was circumcised in the flesh, not for His own sake, but that we might be circumcised in spirit.” St. Thomas Aquinas

“Is there anything that could be more humiliating for the Son of God than to appear as a sinner, although He was holiness Itself.” St. John Baptist de la Salle

“Christ willed to be thus offered as a sign of humility; so that by the merit of humility He might teach us to become worthy of Divine Favor.” St. Thomas Aquinas

Pine Island Food Shelf: items requested for February: Soups of any kind

WEEKLY TITHING January 24-25, 2026

Sunday Envelopes:	\$ 1,820.00
Plate:	\$ 881.50
EFT:	\$ 960.00
Total:	\$ 3,661.50

Ash Wednesday, the beginning of Lent, is February 18.

The Church of St. Michael Men's Club



Fish Fries will be held each Friday of Lent from 4:30-7:00pm.

(February 20, 27, March 6, 13, 20, & 27)



Prayer to the Virgin Mary: My Queen, my Mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day my eyes, my ears, my mouth, my heart, my entire self without reserve. As I am your own, my good Mother, guard me and defend me as your property and possession. Amen.

Calling all bookworms! Join the Catholic Authors Book Study.

We rotate between spiritual books, literature and writings of Doctors of the Church. On February 10, we will begin discussing

Come be My Light by St. Mother Teresa. We meet every 2 - 3

weeks, on Tuesdays from 7 - 8:30 pm in Rochester.

Lent is more than a countdown to Easter: Take time to reflect and grow by listening to Real Presence Radio. Our local programming offers prayerful conversations, teachings, and stories that help you enter the season with intention. Tune in on **970 AM in Austin/Rochester** or listen online at RealPresenceRadio.com

Institute of Catholic Culture Lecture

Monday - Thursday, February 16 - 19

LENT WITH THE MONKS: An ICC Retreat

The Rule of St. Benedict states, “...in these days of Lent the brethren should lead lives of great purity, and should also in this sacred season expiate the negligences of other times. This will be worthily done if we refrain from all sin and apply ourselves to prayer with tears, to reading, to compunction of heart, and to abstinence.” Join the ICC for this four-day retreat to learn from the wisdom of the monks for how to prepare our hearts for the Resurrected Christ.

Details: Pre-Class Discussion: 5:30pm EST Lecture: 6:00pm EST Instructor: Rev. Boniface Hicks, O.S.B.

Registration is required.

Visit: <https://instituteofcatholicculture.org/events/lent-with-the-monks/>

HOLY MASS TIMES

Wednesday, February 4, 2026

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, February 6, 2026

8:00am Confessions/8:30am First Friday Holy Mass (Latin)

Saturday, February 7, 2026

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, February 8, 2026

7:00am Latin Holy Mass

10:30am Holy Mass

HOLY MASS INTENTIONS

February 4, 2026 Lucy Simones (Paul Lorentz)

February 6, 2026 †Chuck Mattke (Rob & Sue Bestgen)

February 7, 2026 †Sarah Murray (Brian & Laurie Murray)

February 8, 2026 Parishioners

February 8, 2026 Dan & Barb Kasel families



CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION

The next Faith Formation session will be on Wednesday, February 4, 2026, at the Church of St. Michael. Topic for February: Part 2: Creation (PreK - Grade 6) and Part 2: Jesus Christ (Confirmation 1, 2, & Adults) 6:00-6:30pm - Meal 6:35-7:25pm - Children Class/Parent & Adult Session 7:30-7:45pm - Church for Adoration At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction. Our program is open for all of our parishioners to attend and it will benefit all ages!

St. Paul CCW will have their next meeting on Tuesday, February 10, with Holy Mass at 6 pm, followed by the meeting. All ladies are invited and needed. Please plan to attend.

Book Study: Please join us for a book study using the book: *WALK IN HER SANDALS—Experiencing Christ's Passion through the Eyes of Women*. We meet on Wednesdays at 6pm starting January 21 and into February and March. If questions or you would like a copy of the book, please contact Mary Kingsbury at 952-448-7115.

Adult Bowling and Social - Couples & Singles are invited! Saturday, February 14, at Pine Island Pool & Pins/Trailhead Grill & Lanes (416 3rd Ave. NE, Pine Island). Gather at 6:30pm for bowling, fellowship, and food. Please RSVP by signing up on the sign-up sheet in the church entry. The cost will be approximately \$15 per person.

PRO-LIFE QUOTES:

"As far as abortion is concerned, it's part of the fifth, not the sixth, commandment: "Thou shalt not kill!" We have to presume this is obvious and always stress that the human person begins in the mother's womb and remains a human person until his or her last breath. The human person must always be respected as a human person." *Pope Benedict XV*

"...while there are many issues the Catholic must consider in forming moral judgments, Abortion is different. It is always intrinsically evil. There are no circumstances that justify abortion. Its victims are innocent and defenseless, and number in the millions. Abortion is the fallacious foundation upon which the culture of death builds its ugly edifice." *Bishop Thomas Tobin, Bishop of the Diocese of Providence, Rhode Island*

"A great prayer for life is urgently needed, a prayer which will rise up throughout the world. Through special initiatives and in daily prayer, may an impassioned plea rise to God, the Creator and lover of life, from every Christian community, from every group and association, from every family and from the heart of every believer." *St. John Paul II, Evangelium Vitae, No. 100*

"God, the Lord of life, has entrusted to men the noble mission of safeguarding life, and men must carry it out in a manner worthy of themselves. Life must be protected with the utmost care from the moment of conception: abortion and infanticide are abominable crimes." Second Vatican Council, Church in the Modern World, #51 Some people argue that changing laws will not eliminate abortions. It is certainly true that a change of heart is more important than a change of law. What is forgotten, however, is that the law is the great teacher. Children grow up believing that if a practice is legal, it must be moral." *John Cardinal O'Connor*



†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

WEEKLY TITHING January 25, 2026

Sunday Envelopes:	\$ 2,135.00
Plate:	\$ 76.00
Total:	\$ 2,211.00

Holy Spirit Novena: February 1 to February 9

SAVE THE DATE!

55th Annual St. Patrick's Ham Dinner at Zumbrota VFW

Sunday, March 15, 2026 10:30am -1:00pm

Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at stpauls@hcinet.net or call the parish office at 732-5324 to sign up. Save the date for a day of fun and fellowship.



Baskets or Items for the Ham Dinner Silent Auction

Calling all parishioners! We are looking for silent auction baskets and items for this fundraiser held during **St. Patrick's Ham Dinner**. Any type of themed basket or items - including religious items, gift cards/certificates, homemade or purchased items will be appreciated! If you have any questions, contact Josefina or Sara in the parish office. Please drop off any items at the office. Thank you!



The next **Vianney Visit** is Thursday, February 12, to Saturday, February 14, 2026. If you are a high school sophomore through college-age man, who has not completed undergraduate studies (up to age 24), the priests and seminarians at Saint John Vianney College Seminary invite you to take a closer look at seminary life. Beginning on Thursday night and concluding Saturday morning, a Vianney Visit offers an ideal look into our spiritual, academic, and fraternal life. You will hear testimonies from current seminarians, attend spiritual conferences with SJV priests, pray with the community, and tour the University of St. Thomas. You may also have the option to meet individually with priests on staff or the rector. And, you won't leave without having some fun! Find more information and registration at www.10000vocations.org/vianney

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How do I create an account?: To create an account (for free!), go to <https://formed.org/> signup and type in 55992 or 55963. Click on the Church of St. Paul or the Church of St. Michael, enter your name and email. That is it! The Catholic programming on FORMED will enrich, deepen, and inspire your Faith to a new level!

HOLY MASS TIMES

Tuesday, February 3, 2026

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, February 5, 2026

8:00am Confessions/8:30am Holy Mass

Sunday, February 8, 2026

8:20am Rosary/8:25am Confessions
8:45am Holy Mass

HOLY MASS INTENTIONS

February 3, 2026 †Beverly Odegaard

February 5, 2026 †Renae Kassel

February 8, 2026 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 1) perfect example was given to every Christian family. Grant, we beseech Thee, that we may fully comprehend and faithfully imitate the virtues of the Holy Family so that we may be united with them one day in their heavenly Glory. Through the same Christ our Lord. Amen.

Invocation: Jesus, Mary, and Joseph most kind, bless us now and in death's agony.

For the Prayerful Protection of the Holy Family: Grant unto us, Lord Jesus, ever to follow the example of Thy Holy Family, that in the hour of our death Thy glorious Virgin Mother together with blessed Joseph may come to meet us and we may be worthily received by Thee into everlasting dwellings: who lives and reigns forever and ever. Amen. *Roman Missal*

Prayer Source: *The Prayer Book*, by Reverend John P. O'Connell, M.A., S.T.D. and Jex Martin, M.A., The Catholic Press, Inc., Chicago, Illinois, 1954.

Through the intercession of the Holy Family and our patrons, St. Michael and St. Paul, may God bless you, your families and our parishes! In Christ through Mary, Fr. Kassel

The next **St. Pio Knights of Columbus Council 16016** membership meeting will be on Wednesday, February 11, at 7:00pm, at the Church of St. Paul, Zumbrota. All members are invited to attend.

St. Pio KC Seminarian Fundraiser: The St Pio Knights of Columbus will host a **Pancake Breakfast Fundraiser for Seminarians** after the 7:00am and 10:30am Holy Masses on Sunday, February 8, at the Church of St. Michael, Pine Island. This fundraiser will support Seminarians through our Council.

Be a Voice for Life and Dignity!

Attend your local precinct caucus on February 3 at 7:00 pm! Precinct caucuses are an important step in the political process where parties nominate candidates and form party platforms. A unified Catholic voice at the caucus level can play a large role by urging political parties to adopt positions that align with Catholic teaching. Minnesota now faces the very real possibility of both major-party candidates for governor supporting abortion, and unborn babies would pay the price! *That's one reason why the precinct caucuses on Feb. 3 are so pivotal!* Visit MNcatholic.org/caucus to find your caucus location, a "how-to" guide for caucusing, and caucus resolution suggestions.

Catholic Services Appeal 2026 is coming soon!

Giving is Faith in Action! The Catholic Services Appeal is our yearly fundraising campaign that responds to the needs of our local communities and its people. The CSA funds support Catholic ministries and services that no single parish could accomplish on its own. Your gift to the Catholic Services Appeal supports our parishes, schools, and dozens of Catholic ministries like Catholic Schools and faith formation, hospital ministry and care for those in crisis, college campus ministry, room and board for seminarians, respect life, support for the imprisoned, and so much more. Let us prayerfully consider a gift to the Appeal so that the Light of Christ continues to shine for those who are in need. To learn more, visit: hope.archspm.org or scan the QR code:



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Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.

Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.

Parish Safe Environment
Coordinator: Sara McNamara
St. Michael: 507-356-4280
stmichaeloffice@bevcomm.net
St. Paul: 507-732-5324
stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:
(651) 291-4475

**ST. PIO KNIGHTS
OF COLUMBUS**
COUNCIL 16016



JOIN US

Brother Knights of our Council
invite you to join us.
Contact the Parish Office
visit: www.kofc.org/join