

September 20, 2026
Twenty-Fifth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

Office: 732-5324 **Email:** stpauls@hcinet.net

Office Hours: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 **Email:** stmichaeloffice@bevcomm.net

Office Hours: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE: All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

During this month of September, Catholics are encouraged to grow in our devotion to the Triumph of the Holy Cross of our Lord Jesus (September 14) and the Sorrows of the Blessed Virgin Mary (September 15). Next week we will celebrate the Feast of one of our great patrons, St. Michael – along with St. Gabriel and St. Raphael (September 29)! On Wednesday, September 23, we celebrate the feast of St. Padre Pio. I encourage you to have devotion to this great Saint! “Padre Pio was born on May 25, 1887 in Pietrelcina, southern Italy. He was tutored privately until his entry to the novitiate of the Capuchin Friars at the age of 15. Of feeble health but strong will, with the help of Grace, he completed the required studies and was ordained a priest in 1910.

On September 20, 1918 the five wounds of our Lord’s Passion appeared on his body, making him the first stigmatized priest in the history of the Catholic Church. Countless persons were attracted to his confessional and many more received his saintly counsel and spiritual guidance through correspondence.” (<https://saintpiofoundation.org>)

“Here are five habits St. Padre Pio believed all Catholics should practice, based on advice he gave to his spiritual children.

I. Weekly Confession: ‘Confession is the soul’s bath. You must go at least once a week. I do not want souls to stay away from confession more than a week. Even a clean and unoccupied room gathers dust; return after a week and you will see that it needs dusting again!’

II. Daily Communion: ‘It is quite true, we are not worthy of such a gift. However, to approach the Blessed Sacrament in a state of mortal sin is one thing, and to be unworthy is quite another. All of us are unworthy, but it is He who invites us. It is He who desires it. Let us humble ourselves and receive Him with a heart contrite and full of love.’

III. Examination of Conscience Every Evening: ‘Someone once told Padre Pio that he thought a nightly examination of conscience was pointless because he knew what was sin as it was committed. To this, Padre Pio replied, “That is true enough. But every experienced merchant in this world not only keeps track throughout the day of whether he has lost or gained on each sale. In the evening, he does the bookkeeping for the day to determine what he should do on the morrow. It follows that it is indispensable to make a rigorous examination of conscience, brief but lucid, every night.’

IV. Daily Spiritual Reading: ‘The harm that comes to souls from the lack of reading holy books makes me shudder... What power spiritual reading has to lead to a change of course, and to make even worldly people enter into the way of perfection.’

V. Mental Prayer Twice Daily: ‘If you do not succeed in meditating well, do not give up doing your duty. If the distractions are numerous, do not be discouraged; do the meditation of patience, and you will still profit. Decide upon the length of your meditation, and do not leave your place before finishing, even if you have to be crucified. Why do you worry so much because you do not know how to meditate as you would like? Meditation is a means to attaining God,

Welcome to the Churches of

**St. Paul &
St. Michael**

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE:

Church of Saint Paul - Tuesday and Thursday
Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday
Confession 8am and Mass 8:30am

but it is not a goal in itself. Meditation aims at the love of God and neighbor. Love God with all your soul without reserve, and love your neighbor as yourself, and you will have accomplished half of your meditation.” (St. Padre Pio’s five point rule was taken from the article, Saint Padre Pio, by Rev. Father Jean, OFM., Cap.)
Through the intercession of Mary, Our Lady of Sorrows, St. Joseph, St. Paul, St. Michael and St. Padre Pio, may God bless our families, all our parishioners and our Archdiocese with His Peace and Joy!
In Christ through Mary,
Fr. Kasel

Pancake Breakfast Fundraiser:

The St. Pio Knights of Columbus will host a Pancake Breakfast after the 7am and the 10:30am Holy Masses on Sunday, September 27, at the Church of St. Michael, Pine Island.



Church of St. Michael OKTOBERFEST October 2 & 4

Friday, October 2: 4:00-7:30pm

Our fabulous St. Michael Fish Fry!

Mums available for sale! Silent Auction & Art & Craft Vendors!

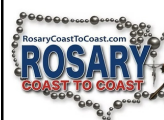
Sunday, October 4: 10:00am-3:00pm

Kids outdoor games (approx. 11:45am), Pine Car Derby Race (1:00pm),

Fall Mums for Sale, Silent Auction, Art & Craft Vendors,

Brats & food available for free-will offering

(See page 2 for details)



Rosary Coast To Coast Event: Join us on Sunday, October 4, at the Church of St. Michael to pray the Rosary together at approximately 3:00pm as part of a nationwide Rosary rally. See page 2.

The next Holy Hour for Women will be Sunday, September 27, at 6:00pm at the Church of St. Michael, Pine Island. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Formation session will be on Wednesday, October 7, at the Church of St. Michael.

Below is the schedule:

6:00-6:30pm - Meal
6:35-7:25pm - Children Class/Parent & Adult Session
7:30-7:45pm - Church for Adoration (At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction).

Our program is open for all of our parishioners to attend and it will benefit all ages!

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night Wednesday, September 23, from 6:30-9pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

Consecration to your Guardian Angel

Would you like to learn more about the Holy Angels? Did you know the Catholic Church promotes Consecration to your Guardian Angel through a Catholic Apostolate called Opus Angelorum? You are invited to learn more!

The Holy Angels – An Introductory Talk

Join us on Sunday, September 27, at 4:00pm at the Church of St. Michael for an introductory talk on the Holy Angels and their role in our spiritual lives. All are welcome. If you are interested in learning more, please contact Fr. Kasel or call or text Cindy at 507-273-9847.

Rosary Coast To Coast Event - Sunday, October 4, 2026:

Join us on Sunday, October 4, for the Rosary Coast to Coast Event at the Church of St. Michael. This event is part of a nationwide prayer campaign for the healing of our Church and our Nation, culminating in the public recitation of the Rosary by a multitude of prayer warriors in many locations across the United States on October 4. The Rosary will start at approximately 3pm when the Fall Festival activities are finished. Please call the parish office.

Quilting Bee Cause will meet Tuesday, September 22. We meet in the church hall at 9 a.m. We welcome anyone wishing to help make quilts for the needy. We have all the supplies. Please join us. Any questions, please contact Bea Rauen, 507 356 4858.

Powerful Tools for Caregivers

(for caregivers of Adults with Chronic Conditions)

Are you a caregiver? Join us for a six-week workshop, led by trained staff and volunteers, to help as you care for an older adult at home, in a nursing home, care facility, or across the country. Sessions will be Tuesdays, September 22-October 27, 9:30-11:00 am, at the Van Horn Public Library in Pine Island. You will receive a caregiver workbook/reference book to use in the sessions and keep at home. **Powerful Tools for Caregivers** is an evidence-based program that helps you develop a wealth of tools to reduce stress, change negative self-talk, communicate more effectively, recognize the messages in emotions, and make tough caregiving decisions. Class size is limited and registration is required. Workbook has a minimal cost. Class cost is by donation. Please register by calling Elder Network at 507-285-5272.

Institute of Catholic Culture Lecture

Blessed Fulton Sheen: Missionary to Nations

While St. John Paul II is widely credited with the call for a "New Evangelization," we can rightly say that it is Blessed Fulton Sheen who is its father. By using the airways to evangelize the world with the Gospel of Jesus Christ, Sheen reached millions of Catholics and non-Catholics alike, renewing young and old in the saving truths of our Faith. Join Monsignor Roger Landry as we celebrate the beatification of Fulton Sheen and launch the ICC's new curriculum year.

Wednesday, September 30

Pre-Class Discussion: 7:30PM, Lecture: 8:00 PM. Registration required. Instructor: Very Rev. Roger Landry

Visit: <http://instituteofcatholicculture.org/events/blessed-fulton-sheen/>

Queen of the Americas Guild Conference: Join the Queen of the Americas Guild for a 2-day conference examining Our Lady's role as *Compassionate Mother to All That Live Together in This Land*. Open to all those who wish to enhance their faith and learn more about this important topic. Date: October 16 and 17; Location: Shrine of Our Lady of Guadalupe, LaCrosse, WI; Cost: \$125

Pine Island Food Shelf: Items requested for September: Cereals - including oatmeal

WEEKLY TITHING September 12-13, 2026

Sunday Envelopes:	\$ 8,025.00
Plate:	\$ 662.00
EFT:	\$ 1,140.00
Total:	\$ 9,827.00

Join us for our
Oktoberfest at the Church of St. Michael
October 2 - 4, 2026

FALL FISH FRY - Friday, October 2, from 4-7:30pm
Join us for our fabulous St. Michael Fish Fry!
Both baked & fried fish will be offered!
Take out available!



Join the Pine Car Derby RACE!

OKTOBERFEST, Sunday, October 4

(Registration begins at 12pm and Race starts 1pm).

Food available for free-will offering (delicious Brats)!



Dear Parishioners:

Mums are available for sale! Prices are: \$20 for a solid color and \$25 for a tri-color mum. Thank you for supporting this fundraiser and our Oktoberfest!

In Christ through Mary, Fr. Kasel



Baskets/Items for the Fall Festival Silent Auction:



Calling all parishioners! We are looking for silent auction baskets and items for our silent auction fundraiser. We are in need of baskets to be donated for the Silent Auction held during the Festival this Fall. Please make up any type of "basket" that you like or any individual items, including religious items, gift certificates, gift cards, homemade items or purchased items.

Please drop off any items at the parish office. Thank you!



St. Mary CCW Harvest Bazaar: Saturday, October 3, 9am-2pm at Bellechester Community Center. Come and enjoy the church ladies' Bake Sale and Lunch! Fresh-baked Sweet Rolls -Homemade Soups -Sandwiches Large Assortment of Pies -Coffee- Milk- Pop- Drawing Tickets- Face Painting -Door Prizes. Vendors will be selling: Wood Items, Christmas Items, Jewelry, Norwex Products, Jam/Pumpkins, Homemade Items, Greeting Cards, Sewing Items, Toys, Goat milk products, Rugs, Bird houses, Blankets, Scentsy, Books...

Holy Mass Times

Wednesday, September 23, 2026

8:00am Confessions/8:30am

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, September 25, 2026

8:00am Confessions/8:30am Holy Mass

Saturday, September 26, 2026

4:00-4:50pm Confessions

5:00pm Holy Mass

Sunday, September 27, 2026

7:00am Holy Mass (Latin)

10:30am Holy Mass

Holy Mass Intentions

September 23, 2026 †Larry Flaharty (Sarah Bauer)

September 25, 2026 Tim Schultz (Laurie Schultz)

September 26, 2026 †Char Lenn (Karen McGinnis)

September 27, 2026 Henry Buehler

September 27, 2026 Parishioners



CHURCH OF ST. PAUL FAITH FORMATION

The next Formation session will be on Wednesday, October 7, at the Church of St. Michael.

Below is the schedule:

6:00-6:30pm - Meal
6:35-7:25pm - Children Class/Parent & Adult Session
7:30-7:45pm - Church for Adoration (At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction).

Our program is open for all of our parishioners to attend and it will benefit all ages!

Small Group Study: All are invited to a small group study using Archbishop Hebda's pastoral letter *Only One Thing is Necessary*. Meeting five Wednesdays: September 23 & 30, and October 14, 21, & 28, at 6:00pm, at the Church of St. Paul, Zumbrota. Books will be provided.

Poland Pilgrimage - Prayer Intentions: I have the privilege of traveling on Pilgrimage to Poland on Sunday, October 11, and would be honored to bring your prayer intentions to St. Faustina's shrine and other Divine Mercy religious sites. Please share your requests by calling, emailing or by leaving a sealed envelope at the church office. Keep me in your prayers as I make this journey of faith.
Karen Hodgman 507-259-6936 hodgman.karen@mayo.edu

Appalachian Mission Project starts September

Dear fellow parishioners, the time to demonstrate the generosity of our hearts through supporting the Appalachian Christmas Program has again arrived. We will collect items from Sunday, September 27 to Sunday October 25. Donations may be left in the baskets at the front of the Church or can also be taken to the parish office during open hours. A list of desired donations is posted above the baskets.

Here is a list of suggested items for donation: Dolls, balls, stuffed animals, small musical instruments, slinky, play-doh, crayons, colored pencils, coloring book, school supplies, notebooks, paints, barrettes, hair ties, headbands, shoe, socks, underwear, bag or purse, bracelets, some sunglasses, lip balm, mirror, watch, flip-flops, sweatshirt, sweatpants, nightgown or pajamas, puzzles, books, flashlight, deodorant hat, scarf, mittens, sewing kit, picture frame, playing cards, small blanket, blocks, stickers, kitchen items for cooking, and baking, stickers, tennis balls, comb, brush, toothbrush, a washcloth, small cars and trucks, interactive toys (please include extra batteries), hacky sack, nail clipper, small tools, games, cosmetics, wallets, jewelry, slippers, batteries.

Note: Try to include a "wow" item, a personal care item, a useful item, and a fun item. Other needs: Towels, laundry soap, large t-shirts and sweatshirts, blankets and bedding, hunting clothes, coats and shoes for kids, wrapping paper, craft kits, ornaments, toiletries (please put lotion and shampoo in a zip-loc bag to prevent spills).

Checks should be made out to: Queen of All Saints Church, 90 Railroad St. P.O. Box 563, Beattyville, KY 41311, St. Francis of Assisi Church, 147 Bryan St. Pikeville, KY 41501, Catholic Church of the Good Shepherd, P.O. Box 742, Campton, KY 41301, or Holy Family Catholic Church, 1439 KY-115 Booneville, KY 41314. **Please be generous to the Lord's poorest of the poor.** Remember, everything must be new. Thank you for your donations and please keep all the families in your prayers. For questions, please contact Louise Gerken

40 Days for Life Fall Campaign

begins with an opening prayer vigil on Monday, September 21, at 6:30 p.m. in front of Planned Parenthood, 1212 7th St. NW, Rochester. Join us as we start the 40 days Fall campaign (Sept. 23 - Nov. 1st) of prayer, fasting, and public witness to end abortion. Please park on the street or in the St. Pius parking lot not in the shopping center lot. Reserve a vigil hour at www.40daysforlife.com/rochester. Contact Patrice Steier at 40days4life26@gmail.com with questions or for assistance in signing up for vig hours. Please join us to pray for an end to abortion!

40 DAYS FOR LIFE



WEEKLY TITHING September 13, 2026

Sunday Envelopes:	\$ 940.00
Plate:	\$ 189.00
Total:	\$ 1,129.00

Words to Live By:

(All quotes from St. Padre Pio)

"Humility and purity of life are the wings that lift us up to God."
"Prayer is the best weapon we possess - the key that opens the Heart of God."
"Don't ever fall back on yourself when the storm is raging. Place all your Hope in our most sweet Jesus. Renew your Faith continually and never give up, for Faith never abandons anyone, much less a soul that is yearning to Love God."
"Try to be always ready and prepared to do the Divine Will which invariably has in view God's glory and the good of our souls. Oh, how delightful is the thought of doing God's will in all things!"
"Take courage. Don't be frightened and don't stop halfway on your road. Go forward all the time with fresh courage. You have nothing to fear... Jesus will be the helmsman that will steer your little spiritual ship and Mary will be the anchor."
"Don't allow sadness to dwell in your soul, for sadness prevents the Holy Spirit from acting freely. If we insist on being sad, then let it be a holy sadness at the sight of the evil that is spreading more and more in society nowadays."
"Don't worry to the point of losing your inner peace. Pray with perseverance, with Faith, with calmness and serenity."
"Love Jesus; when you Love Him much, you will Love sacrifice even more."
"Do not fear adversity; because by it, your soul is placed at the foot of the Cross which takes you to the doors of Heaven. There you will find Him Who triumphed over death, Who will introduce you to Eternal Happiness."
"Bear in mind that the more pleasing a soul is to God, the more he must be tried. Therefore, courage, and go forward, always."
"Where there is no obedience, there is no virtue; where there is no virtue, there is no good; where there is no good, there is no Love; where there is no Love, there is no God, and where there is no God, there is no Paradise."
"Love, and practice simplicity and humility, and don't worry about the opinion of the world, because if this world had nothing to say against us, we would not be true servants of God."
"Always remain close to the Catholic Church, because it alone can give you True Peace, since it possesses Jesus in the Blessed Sacrament, the true Prince of Peace."

St. Joseph's Business Guild is sponsoring a **Catholic Artisan Market** on Saturday, October 3, from 10:00 am - 4:00 pm in the courtyard of St. Mark's Church in St. Paul (2001 Dayton Avenue). Supporting local Catholic Makers, one handmade item at a time. Featuring Forgetful Listener Music, Papa's Woodworks, Yarn at Play, She Sells Sanctuary, Holy Face Gifts, Alden Candles, Holy Family Greetings, Laura Ann's Agates & Art...
Want to be a vendor? Reach out at the QR code. (Vending for registered Guild members only.)
sjbusinessguild.org



Holy Mass Times

Tuesday, September 22, 2026

8:00am Confessions/8:30am
9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, September 24, 2026

4:00pm Holy Mass (note: change of time this week only)

Sunday, September 27, 2026

8:20am Rosary/8:25am Confessions
8:45am Holy Mass

Holy Mass Intentions

September 22, 2026 Katie & Phil Minter & family (Dawn Udenberg)
September 24, 2026 †Holy Souls in Purgatory (Karen Hodgman)
September 27, 2026 Parishioners



A Prayer for Healing

Heavenly Father, I thank You for loving me. I thank You for sending Your Son, Our Lord Jesus Christ, to the world to save and to set me free. I trust in Your Power and Grace that sustain and restore me. Loving Father, touch me now with Your healing hands, for I believe that Your Will is for me to be well in mind, body, soul and spirit. Cover me with the most Precious Blood of Your Son, our Lord, Jesus Christ from the top of my head to the soles of my feet. Cast out anything that should not be in me. Root out any unhealthy and abnormal cells. Open any blocked arteries or veins and rebuild and replenish any damaged areas. Remove all inflammation and cleanse any infection by the power of Jesus' Precious Blood. Let the fire of Your healing Love pass through my entire body to heal and make new any diseased areas so that my body will function the way You created it to function. Touch also my mind and my emotions, even the deepest recesses of my heart. Saturate my entire being with Your Presence, Love, Joy and Peace and draw me ever closer to You every moment of my life. And Father, fill me with Your Holy Spirit and empower me to do Your works so that my life will bring Glory and Honor to Your Holy Name. I ask this in the Name of the Lord Jesus Christ. Amen. *(Attributed to St. Padre Pio)*

AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus? Consider coming to Holy Mass on weekdays! Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes. Come to sanctify your weekdays with Jesus - He is waiting for you!



A Prayer for Trust and Confidence in God's Mercy

by St. Pio of Pietrelcina (Feast day: September 23)
O Lord, we ask for a boundless confidence and trust in Your Divine Mercy, and the courage to accept the crosses and sufferings which bring immense goodness to our souls and that of Your Church. Help us to love You with a pure and contrite heart, and to humble ourselves beneath Your Cross, as we climb the mountain of holiness, carrying our Cross that leads to Heavenly Glory. May we receive You with great Faith and Love in Holy Communion, and allow You to act in us as You desire for your greater Glory. O Jesus, most adorable Heart and eternal fountain of Divine Love, may our prayer find favor before the Divine Majesty of Your Heavenly Father. Amen.



PRO-LIFE QUOTES:

"Abortion is the rejection of God's gift of life and the denial of love."
Ven. Archbishop Fulton Sheen

"In each child, God whispers a new secret to the world, adds a new dimension of immortality to creation." *Ven. Archbishop Fulton Sheen*
"Some people argue that changing laws will not Eliminate abortions. It is certainly true that a change of heart is more important than a change of law. What is forgotten, however, is that the law is the great teacher. Children grow up believing that if a practice is legal, it must be moral." *John Cardinal O'Connor*

Want to grow in our Catholic Faith?

You can learn about our Catholic Faith online at any time through FORMED! You will have access to thousands of enriching Catholic movies, programs, audio, & books instantly on FORMED when you sign up through our parishes. There is no cost for you! Just follow these easy steps: 1. Visit: signup.formed.org, 2. Enter your parish zip code or name (St. Michael 55963 or St. Paul 55992), 3. Grow in our Catholic Faith!

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visit: www.kofc.org/join

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Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3, or do updates.

Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.

Parish Safe Environment Coordinator:
Sara McNamara
St. Michael: 507-356-4280
stmichaeloffice@bevcomm.net
St. Paul: 507-732-5324
stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:
(651) 291-4475

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