

Father Randal Kasel, Pastor frkasel@bevcomm.net

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of May is dedicated to increased devotion to the Blessed Virgin Mary. Let us ask Jesus and St. Joseph to teach us to practice great love for the Immaculate Heart of Mary!

This Sunday we celebrate Pentecost – the Gift of the Holy Spirit and founding of the Church! This week I share with you a meditation on the Holy Spirit and the Gift of Fear. I encourage you to reflect over this message a few times this week:

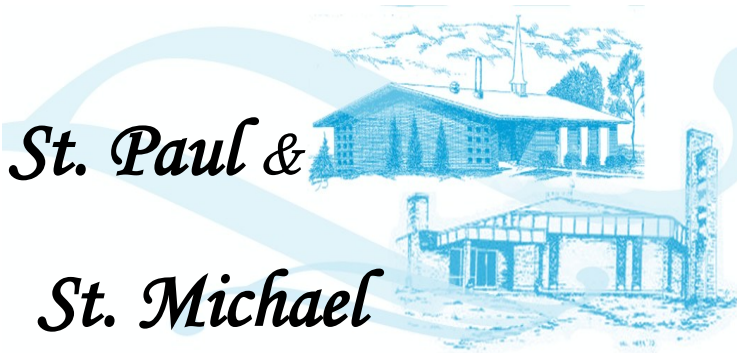
The Holy Spirit - "The Gift of Fear: Servile fear and the Holy Fear of God. Effects of this Gift in the soul: St. Teresa says that God bestows two remedies for all the temptations and trials that we have to endure: Love and fear... Love will make us quicken our steps, while fear will make us look where we are setting our feet so that we shall not fall. (St. Teresa, The Way of Perfection, 40, 1)

But not every fear is good. There is the worldly fear (cf. M.M. Philipon, The Gifts of the Holy Spirit, Madrid) of those who fear physical evil above all else, or the social disadvantages which can beset them in this life. They flee from all earthly inconveniences; as soon as they foresee that fidelity to a Christian way of living can cause them any hardship, they show themselves ready to abandon Christ and His Church. From this fear springs human respect and it is the origin of countless surrenders and of betrayal itself.

That fear which is called servile is quite different. This turns the soul from sin because of fear of the punishment of hell or for some other self-interested supernatural motive. This is a good fear, since for many who are far from God, this can be the first step toward their conversion, and the beginning of love. (Sir. 25:12) This should not be the chief motive of the Christian, but in many cases, it will be a great defense against temptation and the allurements of evil. He who fears in not perfected in love (John 4:18), writes the Apostle St. John, because the true Christian acts through love and is created to love. The Holy Fear of God, Gift of the Holy Spirit, is that which dwelt, with the other gifts, in the most holy Soul of Christ and which also filled the Most Blessed Virgin. It is the Gift of holy souls, which persists eternally in Heaven and leads the blessed, together with the Angels, to give continual praise to the Most Blessed Trinity. St. Thomas teaches that this Gift is a consequence of the Gift of Wisdom and is, as it were, its outward sign. (St. Thomas, Summa Theologiae, II-II, 45, 1 and 3)

This filial Fear is proper to children who feel themselves protected by their Father, whom they do not wish to offend. Its results are twofold. An immense respect for God's majesty, a deep discernment of what is sacred and a limitless rejoicing in His goodness as a Father, is the more important of the two, since it was the only one present in Christ and in our Lady. This Gift enables holy souls to acknowledge their nothingness before God. We may also repeat frequently, recognizing our nothingness, perhaps as an aspiration, those words so often repeated by St. Josemaria Escriva: I am worth nothing, I have nothing, I can do nothing, I know nothing, I am nothing, nothing at all! (Quoted by A. Vasquez de Prada, The Founder of Opus Dei, Madrid) at the same time as he realized the incalculable grandeur of knowing oneself and of being a Child of God.

During our life on earth there is another effect that derives from this



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

gift: a great horror of sin, and the liveliest contrition if one has had the misfortune to commit it. By the Light of Faith, illumined by the splendor of the other Gifts, the soul grasps something of the transcendence of God and of the infinite distance and the abyss which sin opens between man and God.

The Gift of Fear enlightens us to understand that sin is at the root of the moral evils which divide and ravage society. (John Paul II, Letter presenting the 'Instrumentum Laboris' of the VI Synod of Bishops, 25 January 1983) And the Gift of Fear leads us (continued on page 3)

The next Holy Hour for Women will be Sunday, May 24, at 6:00pm at the Church of St. Michael. I will give a talk on: My pilgrimage to Greece and a chance for questions and answers. All women are invited!

Memorial Day Holy Masses - Monday, May 25

+8:00am Latin Holy Mass at St. Michael, Pine Island, followed by military honors and prayers for the faithful departed at the St. Michael Cemetery at 9:00am. (note earlier times)

+11:30am Holy Mass at St. Rose, Cherry Grove (8778 County Highway 11 Blvd., Kenyon, MN 55946), followed by prayers at the St. Rose Cemetery.



School Year-End Parish Picnic: Sunday, May 31

Dear Parishioners,

You are invited to a picnic at St. Michael for all parishioners and families on Sunday, May 31, beginning at 5pm.

We will eat around 5:30pm. There will be games, a bonfire with the Holy Rosary and a chance to meet fellow parishioners! The parish will provide hamburgers, hotdogs, buns, plates, cups, silverware and water/coffee.

You can bring: a dish to pass, a lawn chair or two, soda pop or other beverage! Weather permitting, we will pray the Holy Rosary around a bonfire.

In Christ through Mary, Fr. Kasel



CHURCH OF SAINT MICHAEL NEWS

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night Wednesday, **May 27**, from 6:30-9pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

There will be a **Homeschool Social** on Friday, May 29, after the 8:30 am Mass at the Church of St. Michael. All homeschoolers are welcome!



A Memorial Day Prayer:

O Most Holy Trinity: Father, Son and Holy Spirit, as our nation pauses to remember those members of the military who have sacrificed their lives to preserve the freedoms we enjoy, we pray that You grant us the grace to be grateful each day for your Providence and Goodness to our country. May we each day seek from you the strength and wisdom to love You above all and generously serve others out of love for You. We ask You to bless the members of our Armed Forces and their families with your love. Grant them safety through Your unflinching protection. May Your peace prevail between all nations. By Your mercy we ask You to forgive our sins and bring our hearts to acknowledge with thanksgiving Your past goodness on our country. If it be Your Holy Will, preserve the lives of the men and women in uniform as they defend us. Most of all, we ask that You would turn the hearts of all-military and civilian – toward You and that we, as one nation, under You, our God, may daily find the true peace that can only come from You. Keep us in Your care in the days ahead. Grant us the grace we need to glorify You in all we do and to readily share with others the love You have so generously shown to us. We ask this through Christ our Lord. Amen.

WORDS TO LIVE BY:

“Come, Holy Spirit. Spirit of Truth, You are the reward of the Saints, the comforter of souls, Light in the darkness, riches to the poor, treasure to lovers, food for the hungry, comfort to those who are wandering; to sum up, You are the One in whom all treasures are contained. Come! As you descended upon Mary that the Word might become flesh, work in us through Grace as You worked in her through nature and Grace. Come! Food of every chaste thought, fountain of all mercy, sum of all purity. Come! Consume in us whatever prevents us from being consumed in You.” *St. Mary Magdalene de Pazzi*

“Virtues are formed by prayer. Prayer preserves temperance. Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit, and raises man to Heaven.” *St. Ephraem*

“If we approach with Faith, we too will see Jesus... for the Eucharistic table takes the place of the crib. Here the Body of the Lord is present, wrapped not in swaddling clothes but in the rays of the Holy Spirit.” *St. John Chrysostom*

“Enrich your soul in the great goodness of God: The Father is your table, the Son is your food, and the Holy Spirit waits on you and then makes His dwelling in you.” *St. Catherine of Siena*

“He pours Light into our minds, arouses our desire and gives us strength... As the soul is the life of the body, so the Holy Spirit is the Life of our souls.” *St. Peter Damian*

Institute of Catholic Culture Lecture

The Canterbury Tales: ICC Book Club *The Canterbury Tales* by Geoffrey Chaucer follows a group of pilgrims traveling from London to Canterbury Cathedral—telling each other stories along the way. These tales offer a vivid portrait of medieval society, from knights and clergy to merchants and millers, each revealing timeless truths about human nature. Join their pilgrimage in the ICC Book Club to read and discuss what is undoubtedly one of the greatest works of Medieval literature. Instructor: Ben Reinhard, Ph.D. Registration required. Date: Tuesdays, May 26, June 16, and July 7
Pre-Class Discussion: 7:30 PM ET Lecture: 8:00 PM ET
Required ICC Book Club Text: *The Canterbury Tales* by Geoffrey Chaucer
<https://instituteofcatholicculture.org/events/icc-book-club-the-canterbury-tales>

WEEKLY TITHING May 16-17, 2026

Sunday Envelopes:	\$ 4,473.00
Plate:	\$ 1,071.00
EFT:	\$ 3,705.00
Total:	\$ 9,249.00



Prayer for Priests by St. Therese of Lisieux, Carmelite

O Jesus, eternal Priest, keep Your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the Priesthood. Let Your holy Love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their joy and consolation here and in Heaven their beautiful and everlasting crown. Amen

Homesteading Conference! Saturday, July 25, 2026
8:30 am-4:00 pm Canby, Minnesota The countryside is calling! Please join us for the 2026 MN Catholic Land Movement Conference! Get inspired with talks on Homesteading, Distributism and Clean Food for a healthier future!

Register at: [Zeffy.com/en-US/ticketing/2026-mn-catholic-land-movement-conference](https://zeffy.com/en-US/ticketing/2026-mn-catholic-land-movement-conference)

\$35/Adult, \$10/Child | \$100 Family Max | Under 5, FREE

***Meal & Beverage included in the ticket price.**

Sponsor & Vendor Inquiries, contact Andrew Drees email:

Minnesota.CatholicLandMovement@gmail.com

Call or Text: (952) 465-9841



St. Michael's Garden Plots - Now Available!

Need a patch of dirt to plant a garden? The 2026 growing season has begun and garden plots are now available to Parishioners at no cost. There are nine 10x20 ft. plots available on a first come, first served basis. Multiple plots can be claimed. Call or text Andy Drees at (952) 465-9841 for more information or to reserve a plot.

Pine Island Food Shelf: Items requested for May:

Condiments—ketchup/mustard, salad dressings, mayo

HOLY MASS TIMES

Monday, May 25, 2026 Memorial Day
8:00am Latin Holy Mass (*note earlier time*)

Wednesday, May 27, 2026
8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, May 29, 2026
8:00am Confessions/8:30am Holy Mass

Saturday, May 30, 2026
4:00pm-4:50pm Confessions
5:00pm Holy Mass

Sunday, May 31, 2026
7:00am Latin Holy Mass
10:30am Holy Mass

HOLY MASS INTENTIONS

May 25, 2026 †Ted Kasel (Joan Krause)
May 27, 2026 Joyce Merten
May 29, 2026 James Van Hoven (Sarah Bauer)
May 30, 2026 Charlie & Julie Miller (Cecilia Miller)
May 31, 2026 Eric & Dawn Berns
May 31, 2026 Parishioners



(*From Father Kasel* - from page 1) also to a hatred for deliberate venial sin and to an energetic reaction against the first symptoms of lukewarmness, carelessness or mediocrity. At particular moments of our life we may feel the need to repeat insistently, as an urgent petition: *I don't want to be lukewarm, 'confige timore tuo carnes meas.'* Grant me, my God, a Filial Fear that will make me react! (cf. J. Escriva, *The Way*, 326)

The Holy Fear of God and readiness to reject all sin: Love and Fear. These must be the accompaniments of our way. *When love banishes fear, fear itself is changed into love.* (St. Gregory of Nyssa, *Homily 15*) It is the Fear of a child who loves his Father without reserve, and who will allow nothing in the world to distance him from that Father. Then the soul understands better the infinity which separates it from God and at the same time its condition as a Child of God. Never until now has it trusted more in God; never, either, has it respected and venerated Him more. When the Holy Fear of God is lost, the sense of sin becomes diluted or vanishes. Then tepidity easily enters the soul. It fails to discern the power and majesty of God, and the honor due to Him.

We cannot bring the supernatural world nearer by trying vainly to eliminate God's transcendence. The way to do it is through the divinization wrought in us by Grace, through humility and love expressed in the struggle to banish all sin from our life.

If we are to banish this evil... we must first try to ensure that our dispositions, both habitual and actual, are those of a clear aversion to sin. Sincerely, in a manly way, we must develop, both in our heart and in our mind, as sense of horror for mortal sins. We must also cultivate a deep-seated hatred of deliberate venial sin, those negligences which while they don't deprive us of God's Grace, do serve to obstruct the channels through which Grace comes to us. (J. Escriva, *Friends of God*, 243) Nowadays, many people seem to have lost the Holy Fear of God. They forget Who God is and who they are, they forget Divine Justice and so they are encouraged to persist in their follies. (cf. J. Escriva, *The Way*, 747) The consideration of our final end, of the Last Things, of that reality which we will encounter perhaps before long, the definitive meeting with God, disposes us to receive more fully from the Holy Spirit this Gift which is so near to love.

The link between this Gift and the virtues of humility and temperance. Sensitivity of soul and the sense of sin: Our Lord tells us in many ways that we should be afraid of nothing except sin, which takes away our friendship with God. Confronted with any difficulty, any situation, an uncertain future, we shouldn't feel afraid. We should be strong and courageous as befits children of God. A Christian cannot live in terror, but should have in his heart a Holy Fear of God, Whom nonetheless he loves madly.

Throughout the Gospel, *Christ repeats several times 'Do not fear... do not be afraid.'* And at the same time, together with these appeals for fortitude resounds the exhortation: *'rather fear Him Who can destroy both body and soul in hell' (Matt. 10:28).* We are called to fortitude and at the same time to Fear of God, and this should be a Fear that comes of love, a Filial Fear. And only when this Fear sinks into our hearts can we be really strong with the strength of the Apostles, the martyrs and the confessors. (John Paul II, *Address to the New Cardinals*, 30 April 1979)

Among the principal effects which the Fear of God works in the soul are detachment from created things, and an interior attitude of vigilance to avoid the least occasion of sin. The soul acquires a particular sensitivity to discern whatever *can grieve the Holy Spirit.* (Eph. 4:30) The Gift of Fear lies at the root of humility since it shows the soul its own fragility and teaches it the need of maintaining a will faithfully and lovingly subjected to the infinite Majesty of God. So we do not want to oust God from His place; happy to stay in ours, we do not want honors which are for His glory. One of the signs of pride is ignorance of the Fear of God.

The gift of the Fear of God, like humility, has an affinity with the virtue of temperance. It leads us to use human goods in moderation, in secondary place to our supernatural end. The root of sin is most frequently found in the disordered search for sense pleasures or for material things. And here this Gift is active, (continued on page 4)

WEEKLY TITHING May 17, 2026

Sunday Envelopes:	\$ 755.00
Plate:	\$ 117.00
EFT:	<u>\$ 940.00</u>
Total:	\$ 1,812.00

Come, Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.
V. Send forth your Spirit and they shall be created.
R. And you shall renew the face of the earth.

Let us pray:

O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation.
Through Christ our Lord. Amen.



Baccalaureate Holy Mass and Reception—May 31 **Congratulations to our Graduate: Gunner Mancilman**



Please join me in congratulating Gunner on his achievement and please keep him in your prayers as he moves to new challenges and learning experiences.

May God bless you! Fr. Kasel

A reception will follow downstairs in the community room after the Sunday, 8:45am Holy Mass on May 31.

Everyone is invited!



Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and game night Wednesday, **May 27**, from 6:30-9pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk. All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish offices! God bless you!

Ordination to the Priesthood

Date: Saturday, May 30 at 10:00am

Location: Cathedral of St. Paul, St. Paul and via livestream (*Facebook & YouTube*) All are welcome to attend the Presbyteral Ordination at the Cathedral of St. Paul. Five seminarians in the Theology IV class from the Archdiocese of St. Paul and Minneapolis are scheduled to be ordained to the Priesthood of Jesus Christ!



†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and at St. Michael, Pine Island on Wednesdays from 9am-5pm.

Prayer to the Virgin Mary: My Queen, my Mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day my eyes, my ears, my mouth, my heart, my entire self without reserve. As I am your own, my good Mother, guard me and defend me as your property and possession. Amen.



HOLY MASS TIMES

Tuesday, May 26, 2026

8:00am Confessions/8:30am

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, May 28, 2026

8:00am Confessions/8:30am Holy Mass

Sunday, May 31, 2026

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

May 26, 2026

†Craig Scheffler

May 28, 2026

Fr. Kasel (T&J Meyer)

May 31, 2026

Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(From *Father Kasel* - from page 3) purifying the heart and keeping it entire for God.

The Gift of Fear is above all the struggle against sin. All the other Gifts help in this specific mission: the insight bestowed by the Gifts of Understanding and Wisdom show one the greatness of God and the true meaning of sin. The practical directives of the Gift of Counsel maintain one in an untiring battle against evil. (cf. M. M. Philipon, *op. cit.*)

This Gift, which was infused along with the others in Baptism, increases in the measure in which we are true to the Graces the Holy Spirit grants us. It does so specifically when we consider the greatness and majesty of God, when we conduct an examination of conscience in depth, discovering our faults and sins and giving them the importance which they have. The Holy Fear of God will lead us easily to contrition and repentance arising from Filial Love. *Love and Fear of God! These are two strong castles whence we can wage war on the world and on the devils.* (St. Teresa, *op. cit.*, 40, 2)

The Holy Fear of God will gently lead us to a prudent mistrust of ourselves, to flee quickly from the occasions of sin. And it will incline us to a greater sensitivity for God and all that refers to God. Let us ask the Holy Spirit to help us by means of this Gift to recognize our faults sincerely and to feel true sorrow for them. May He make us react as the Psalmist: *My eyes shed streams of tears, because men do not keep Thy law.* (Ps. 118:136) Let us pray that, with a sensitive soul, we always keep alive our sense of sin." (From: *In Conversation with God*, by Francis Fernandez)

Through the intercession of Mary, Mother of the Church, St. Joseph, St. Michael and St. Paul, may God bless us and grant us the Grace to follow the Holy Spirit!

In Christ through Mary,
Fr. Kasel

Catholic Vacation Bible School—Save the Dates!

The *Filiae Laboris Mariae* Sisters will be back this summer to conduct our Catholic Vacation Bible School at the Church of St. Michael! Save the dates of **Monday-Wednesday, July 20-22, 2026!** The Sisters will also be here for our July Youth Group meeting to be held the evening of July 22. Registration forms will be available soon.



Carmelite Spirituality Silent Retreat:

You are invited to prayerfully consider attending the Carmelite Spirituality Silent Retreat, taking place July 24–26, 2026, at the Franciscan Retreat Center in Prior Lake.

The retreat will be led by Fr. Elias Mary of Mt. Carmel and the Immaculate Heart, FI, and will focus on the theme:

“The Practice of the Presence of God in Union with Mary.”

To register: see registration form at the entrance of the Church. Deadline to register is on June 24, 2026.

PRO-LIFE QUOTES:

“Any country that accepts abortion is not teaching its people to love, but to use violence to get what they want. That is why the greatest destroyer of love and peace is abortion.” *St. Teresa of Calcutta*

Our Lord Jesus Christ ascended into Heaven; let our hearts ascend with Him.” *St. Augustine*

“Had Christ remained on earth, sight would have taken the place of Faith.” *Venerable Fulton Sheen*

“The Ascension was the triumph of redeemed man. It is the completion of His redemption. It was the last act, making the whole sure, for now man is actually in Heaven.” *St. John Henry Newman*

 <p>MAXON FAMILY Parishioner</p>  <p>Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>ZUMBROTA MINI STORAGE</p> <p>LIGHTING—PAVED 24 HOUR ACCESS</p> <p>507-696-4406</p>	 <p>Catholic United Financial A Trusted Fraternal Life Brand</p> <p>Pete Herold Local Member Advisor 952-994-7558 Pherold@Catholicunited.org</p>  <p>Rates better than CD's? Catholic United offers 5% first year, then 4.25% and zero fees.</p>
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<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.</p> <p>Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net</p> <p>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>		<p>ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016</p> <p>JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join</p> 