

March 29, 2026  
**Palm Sunday of the Passion of the Lord**

**Father Randal Kasel, Pastor** frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

**CHURCH OF ST. PAUL** 749 South Main St., Zumbrota, MN 55992

**Office:** 732-5324 **Fax:** (507) 732-5347 **Email:** stpauls@hcinet.net

**OFFICE HOURS:** Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

**CHURCH OF ST. MICHAEL** 451 5th St. SW, Pine Island, MN 55963

**Office:** 356-4280 **Fax:** (507)356-2080 **Email:**

stmichaeloffice@bevcomm.net **OFFICE HOURS:** Tues-Thurs 9am-noon & 1 pm-5pm, Fri 9am-noon

**Website:** <http://www.stpaulstmichael.com>

**BULLETIN ARTICLE DEADLINE** All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

**From Father Kasel**

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

First, I encourage you to receive the Sacrament of Confession before Easter Sunday. There are several opportunities this coming week. Also, I urge you to prayerfully participate in the Sacred Liturgies of Holy Week! Holy Week is filled with spiritual riches that can be profoundly beneficial for one's soul. Please see details in this bulletin.

The month of March is dedicated to devotion to St. Joseph. Let us ask St. Joseph to defend and help us on our path toward Heaven and to grant us a love for Jesus and Mary like he has in his heart!

This weekend I share with you a reflection on the efficacy of meditation on the Passion of our Lord.

**"Meditating on the Passion - The custom of meditating on Our Lord's Passion:** *My people! What have I done, in what way have I offended you? Answer me. I gave you the water of salvation which flowed from My sorrow to drink and you gave me honey and vinegar. My people, what have I done to you?* (Liturgy, Good Friday)

The liturgy of these days during Lent brings us closer to the fundamental mystery of our Faith - the Resurrection of the Lord. If the liturgical year is centered upon Easter then this period *demand[s] an even greater devotion on our part, given its proximity to the sublime mysteries of Divine Mercy.* (St. Leo the Great, Sermon 47) *But we should not tread this path too hastily, lest we lose sight of a very simple fact which we might easily overlook. We will not be able to share in Our Lord's Resurrection unless we unite ourselves with Him in His Passion and death* (cf. Rom. 8:17). *If we are to accompany Christ in His glory at the end of Holy Week, we must first enter into His holocaust and be truly united to Him as He lies dead on Calvary.* (J. Escriva, *Christ Is Passing By*, 95) So during these days let us accompany Jesus, in our prayers, along His painful way to Calvary and His death on the Cross. As we keep Him company let us not forget that we too were protagonists in all those horrors, for Jesus bore the burden of our sins (cf. 1 Pet. 2:24), each and every one of them. We were freed from the hands of the devil and from eternal death at a great price (cf. 1 Cor. 6:20), that of the Blood of Christ.

The custom of meditating on the Passion began in the very earliest days of Christianity. Many of the faithful in Jerusalem had themselves been present as Christ passed through the streets of the city on the eve of the Pasch. They would never forget Jesus' sufferings as He made His way to Calvary. The Evangelists dedicated a good part of their writings to the detailed account of those events. *We should read our Lord's Passion constantly,* said St. John Chrysostom; *what great benefit we will gain by doing so. Even if you are as hard as stone, when you contemplate that He was sarcastically adorned, then ridiculed, beaten and subjected to the final agonies, you will be moved to cast all pride from you soul.* (St. John Chrysostom, *Homilies on the Gospel of St. Matthew*, 87, 1) How many people have been converted by careful meditation on the Passion!

St. Thomas Aquinas said that *the Passion of Christ is enough to serve as a guide and model throughout our lives.* (St. Thomas, *About the Creed*, 6) One day while he was visiting St. Bonaventure, St. Thomas asked him where he had acquired such good doctrine as the one that he set out in his works. It is said that St. Bonaventure showed him a crucifix which was blackened from all the kisses he had given it, and explained *This is*

**Welcome to the Churches of**

**St. Paul &**

**St. Michael**



*We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!*

**SACRAMENTS**

**Confession** - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

**Baptism** - Please contact the parish office.

**Matrimony** - Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick** - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

**WEEKEND HOLY MASS SCHEDULE:**

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

**Church of Saint Michael - Sunday** Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

**WEEKDAY HOLY MASS SCHEDULE**

**Church of Saint Paul - Tuesday and Thursday**

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

**Church of Saint Michael - Wednesday and Friday**

Confession 8am and Mass 8:30am

*the book that tells me what I should write; the little I know I have learned from it.* (St. Alphonsus Liguori, *Meditations on Christ's Passion*, 1:4) From the crucifix the saints learned how to suffer and truly love Christ. We too should learn from it. *Your crucifix... As a Christian, you should always carry your crucifix with you. And place it on your desk. And kiss it before going to bed and when you wake up; and when you poor body rebels against you soul, kiss it again.* (J. Escriva, *The Way*, 302)

Our Lord's Passion should be a frequent theme in our prayer, but especially so in these days leading up to the central Mystery of Redemption.

**How we should meditate on the Passion:** *In our meditation, the Passion of Christ comes out of its cold historical frame and stops being a pious consideration, presenting itself before our eyes as terrible, brutal, savage, bloody... yet full of love.* (J. Escriva, *Furrow*, 993) We do well then to contemplate our Lord's Passion: in our personal meditation, when reading the Gospel, in the sorrowful mysteries of the Holy Rosary, in The Way of the Cross... sometimes we imagine ourselves to be there, present amongst those who witnessed those moments. We take a seat among the Apostles during the Last Supper, when (continued on page 3)

**WALK WITH JESUS THIS HOLY WEEK!**

**Additional Individual Confession times for Lent:**

Tuesday, March 31	7:00-8:30pm	St. Michael
Holy Thursday, April 2	4:30-5:30pm	St. Paul
Good Friday, April 3	4:30-5:30pm	St. Michael
Good Friday, April 3	8:30-9:30pm	St. Michael



**Holy Week and Easter- 2026**

**Thursday, April 2 -Holy Thursday Mass of Our Lord's Last Supper** 6:00pm St. Paul

8:00pm St. Michael (Latin) - Church open for prayer after Holy Mass

**Friday, April 3-Good Friday Stations & Liturgy of Our Lord's Passion**

12:00pm St. Paul - Stations of the Cross

3:00pm St. Michael (Latin)-Veneration of the Cross & Holy Communion

7:00pm St. Michael -Veneration of the Cross & Holy Communion

**Saturday, April 4 - Easter Vigil** St. Michael 8:30pm

**Sunday, April 5- Easter:** Regular Sunday Holy Mass Schedule

**Divine Mercy Sunday - April 12, 2026**

2:00-4:00pm at the Church of St. Michael, Pine Island

# CHURCH OF SAINT MICHAEL NEWS

## CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation session will be on **Wednesday, April 8, 2026**, at the Church of St. Michael.

TOPIC for April:

**PreK-Grade 3:** Part 4: *The Holy Spirit - The Holy Spirit in the Church*  
**Grades 4-6:** Part 4: *The Holy Spirit - The Holy Spirit in the Church & in the Life of the Christian*

**Grades 7-Adult:** Chapter 11: *Religious Instruction on the Sacraments*  
**6:00-6:30pm - Meal**

**6:35-7:25pm - Children Class/Parent & Adult Session**

**7:30-7:45pm - Church for Adoration**

**40 Days for Life Campaign:** All parishioners are invited to join Fr. Kasel to pray for an end to abortion at the Rochester Planned Parenthood (1212 7th St. NW, Rochester) on Sunday, **March 29**, at 2:00pm. Plan now to give witness to honor and protect the gift of Life!

### Solemn Good Friday Prayer Vigil at Planned Parenthood

April 3 @ 8:30 am - 4:00 pm, 671 Vandalia Street, St. Paul, MN  
Join us on Good Friday as we remember the unborn victims of abortion while meditating on the Passion of our Lord Jesus Christ. We will gather beside one of the largest abortion facilities in the Midwest, Planned Parenthood.

Pastors of various denominations lead us in Scripture and prayer every half hour. **Father Kasel** will be leading prayers at **10:00 am**. There is no protesting or signs, just solemn prayer, a wooden cross, and our sorrowful hearts. Come and go as you like to this event; spending a few hours or all day with us and our Lord.

Parking is not available near the Planned Parenthood on Good Friday. We have reserved free parking at the University of St. Thomas Anderson parking deck located at the intersection of Cretin Avenue and Grand Avenue in St. Paul. We will be running shuttle buses all day to and from the vigil site. Many volunteers are needed for this day! Please contact Brian Walker with questions at 651-797-6363 or send an email to [brian.walker@plam.org](mailto:brian.walker@plam.org).

### The Prayer Before a Crucifix to Jesus Christ Crucified

(«*En ego, O bone et dulcissime Iesu*»):

Behold, O kind and most sweet Jesus,  
I cast myself upon my knees in thy sight,  
and with the most fervent desire of my soul,  
I pray and beseech thee that thou wouldst impress upon my heart lively sentiments of faith, hope, and charity, with true contrition for my sins and a firm purpose of amendment; while with deep affection and grief of soul I ponder within myself and mentally contemplate thy five wounds, having before my eyes the words which David the prophet put on thy lips concerning thee: "My hands and my feet they have pierced, they have numbered all my bones."

*Prayer Before a Crucifix: The Plenary Indulgence you can obtain on Fridays during Lent— ewtn.co.uk*

**The Divine Mercy Novena** will begin this coming Good Friday, April 3, and end Saturday, April 11. Please see novena bulletin insert this weekend of March 28-29.

### Save the dates! St. Michael Homeschool Co-op for Spring, 2026:

The Church of St. Michael is offering an opportunity for children ages 3-14 to participate in a Homeschool Co-op on five Fridays: April 17 & 24 and May 8, 15, 22. More details will be available soon. Contact the parish office at 507-356-4280 or [stmichaeloffice@bevcomm.net](mailto:stmichaeloffice@bevcomm.net). Registration forms are in the church entry.

**Easter Flower Donations:** Help to beautify our sanctuary and remember a loved one through a contribution for Easter Flowers! There is an envelope contribution packet for Easter flowers. The suggested donation is \$13. Please consider making a donation and put it in the Sunday collection or return to the office by Sunday, March 29. Thank you!

### Institute of Catholic Culture Lecture

**Mystical Supper: A Biblical Study of Holy Thursday Palm Sunday, March 29**

Pre-Class Discussion: 7:30, Lecture: 8:00 PM ET  
Instructor: Jared Staudt, Ph.D. Registration is required.  
<https://instituteofcatholicculture.org/events/mystical-supper>

**Pine Island Food Shelf:** Items requested for April: Cleaning products: for house & clothes.

## WEEKLY TITHING March 21-22, 2026

Sunday Envelopes:	\$ 5,010.00
Plate:	\$ 758.00
EFT:	\$ 1,060.00
<b>Total:</b>	<b>\$ 6,828.00</b>

## Holy Spirit Novena: April 1 to April 9

### WORDS TO LIVE BY:

"Why did You suffer for me, dear Jesus? For Love! The nails... the crown... the Cross... all for the Love of me! For You I sacrifice everything willingly. I offer You my body with all of its weakness, and my soul with all its Love." *St. Gemma Galgani*

"Whoever truly wishes to venerate the Passion of the Lord should contemplate Jesus crucified with the eyes of his soul, and in such a way that he identifies his own body with that of Jesus." *St. Leo the Great*

"It is good for us to try to understand better the meaning of Christ's death. We must get beyond external appearances and clichés. We need to put ourselves really and truly into the scenes which we are re-living; to witness the sorrow of Jesus, His mother's tears, the disciples' flight, the courage of the holy women, the daring of those two Joseph and Nicodemus who ask Pilate for the Body of Our Lord." *St. Jose Maria Escriva*

"He who desires to go on advancing from virtue to virtue, from Grace to Grace, should meditate continually on the Passion of Jesus... there is no practice more profitable for the entire sanctification of the soul than the frequent meditation of the sufferings of Jesus Christ." *St. Bonaventure*

"Let us, above all, come close to Jesus in His death, close to His Cross which stands out in silhouette above the summit of Golgotha. But we must approach Him sincerely and with the interior recollection that is a sign of Christian maturity. The Divine and human events of the Passion will then pierce our soul as words spoken to us by God to uncover the secrets of our heart and show us what He expects of our lives." *St. Jose Maria Escriva*

"The death of the Lord our God should not be a cause of shame for us; rather, it should be our greatest hope, our greatest glory. In taking upon Himself the death that He found in us, He has most faithfully promised to give us Life in Him, such as we cannot have of ourselves." *St. Augustine*

"If it were only possible I would like to feel all that You feel. But You are perfect Man and Your sensitivity is so much greater than mine. At Your side I see, yet again, that I don't know how to suffer. And so I am amazed by Your ability to give everything without reserve. Jesus, I must tell You just how cowardly I am. Yet seeing You nailed to the Cross 'suffering all that can be suffered, Your arms spread in one gesture of an Eternal Priest.'" *St. Jose Maria Escriva*

## HOLY MASS TIMES

### Wednesday, April 1, 2026

8:00am Confessions/8:30am Holy Mass  
9:00am-5:00pm Adoration of the Blessed Sacrament

### Thursday, April 2, 2026

8:00pm (Latin) Holy Thursday Mass of the Lord's Last Supper

### Friday, April 3, 2026 (No Holy Mass in the morning)

3:00pm (Latin) Veneration of the Cross & Holy Communion  
7:00pm Veneration of the Cross & Holy Communion

### Saturday, April 4, 2026

8:30pm Easter Vigil Holy Mass

### Sunday, April 5, 2026 Easter Sunday

7:00am Latin Holy Mass  
10:30am Holy Mass

## HOLY MASS INTENTIONS

<b>April 1, 2026</b>	David & Tricia Boyum family (Nicole McCoy)
<b>April 2, 2026</b>	All priests of Jesus Christ, living & deceased
<b>April 4, 2026</b>	†Charlyne Lenn (Duane & June Andrist)
<b>April 5, 2026</b>	Parishioners
<b>April 5, 2026</b>	Jonathan Schultz (Laurie Schultz)



**CHURCH OF ST. PAUL FAITH FORMATION**

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**Grades 7-Adult:** Chapter 11: *Religious Instruction on the Sacraments*

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

**Our program is open for all of our parishioners to attend and it will benefit all ages!**

**Holy Spirit Novena: April 1 to April 9**

**40 Days for Life Campaign:** All parishioners are invited to join Fr. Kasel to pray for an end to abortion at the Rochester Planned Parenthood (1212 7th St. NW, Rochester) on Sunday, **March 29**, at 2pm. Plan now to give witness to honor and protect the gift of Life!

**Easter Flower Donations:** Help to beautify our sanctuary and remember a loved one through a contribution for Easter Flowers! There is an envelope contribution packet for Easter flowers. The suggested donation is \$13. Please consider making a donation and put it in the Sunday collection or return to the office by Sunday, March 29. Thank you!



(From *Father Kasel* - from page 1) our Lord washed their feet and spoke to them with infinite tenderness, at the supreme moment of the institution of the Sacred Eucharist. We picture ourselves as one more among the three who slept at Gethsemane when the Lord hoped that we would accompany Him in His infinite loneliness; as one amongst those who heard Peter swear that he did not know Jesus; as one who heard the false testimonies at that travesty of a judgement and saw the chief priest make a great show of being shocked at Jesus' words; as one in the thick of the mob that screamed out for His death and saw Him hoisted up on the Cross on Calvary. We put ourselves among the on-lookers and see the disfigured yet noble Face of Jesus. Astonishingly, we feel His infinite patience.

With the help of Grace, moreover, we can also try to contemplate the Passion of Christ as He Himself lived it. (cf. R. A. Knox, *A Retreat for Lay People*) It seems impossible, and of course it will always be a very impoverished view compared with the reality of what in fact took place, but it can become for us an extraordinarily rich source of prayer.

**The fruits of such meditation:** If we are to know and follow Christ we must be moved by His pain and helplessness; we must feel the lashes, the thorns, the insults, the neglect, the degradation.

And this should be not as mere on-lookers, but as protagonists; for it was our sins that led Him to Calvary. Therefore, *it is good for us to try to understand better the meaning of Christ's death. We must get beyond external appearances and clichés. We need to put ourselves really and truly into the scenes which we are re-living; to witness the sorrow of Jesus, His mother's tears, the disciples' flight, the courage of the holy women, the daring of those two Joseph and Nicodemus who ask Pilate for the Body of Our Lord.* (J. Escriva, *Christ Is Passing By*, 101)

*If it were only possible I would like to feel all that You feel. But You are perfect Man and Your sensitivity is so much greater than mine. At Your side I see, yet again, that I don't know how to suffer. And so I am amazed by Your ability to give everything without reserve. Jesus, I must tell You just how cowardly I am. Yet seeing You nailed to the Cross 'suffering all that can be suffered, Your arms spread in one gesture of an Eternal Priest' (Holy Rosary, J. Escriva), I am going to tell You something which may seem crazy; I want to imitate You, Lord. I want to give myself truly to You, once and for all, and be ready to do all that You ask of me. I know I am not nearly strong enough to be making such a request. But I know that I love You, Jesus.* (C. O'Shea, *The Way of the Cross*, 11)

*Let us, above all, come close to Jesus in His death, close to His Cross which stands out in silhouette above the summit of Golgotha. But we must approach Him sincerely and with the interior recollection that is a sign of Christian maturity. The Divine and* (continued on page 4)

**WEEKLY TITHING March 22, 2026**

Sunday Envelopes:	\$ 1,155.00
Plate:	\$ 367.00
<b>Total:</b>	<b>\$ 1,522.00</b>

**The Divine Mercy Novena** will begin this coming Good Friday, April 3, and end Saturday, April 11. Please see novena bulletin insert this weekend of March 28-29.



**Stations of the Cross at the Church of St. Paul**  
 Tuesday, March 31, at 5:30pm & Friday, April 3, at Noon

**(POSTPONED DUE TO SNOWSTORM)**

**55th Annual St. Patrick's Ham Dinner and SILENT AUCTION at Zumbrota VFW**

**Sunday, April 19, 2026 10:30 AM to 1:00 PM**

**Available for Dine-In & Take Out**



**Prices: Adults -- \$16.00, Children 6-12--\$6.00, Under 6 -- free**  
 Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at [stpauls@hcinet.net](mailto:stpauls@hcinet.net) or call the parish office at 507-732-5324 to sign up.

*Thank you in advance for your willingness to make this endeavor a success!*

**Baskets or Items for the Ham Dinner Silent Auction**

You still have the chance to drop silent auction baskets and items for this fundraiser. Any type of themed basket or items - including religious items, gift cards/certificates, homemade or purchased items will be appreciated! If you have any questions, contact Josefina or Sara in the parish office. Please drop off any items at the office on or before April 17. Thank you!

**Spring Church Cleaning:** Please join us for a Spring Church Cleaning party, Thursday, April 16, at 9:15am (after Holy Mass). We will be washing the pews and some windows and walls, and vacuuming. We will have buckets, rags, and cleaning solutions. Please bring gloves if you prefer. We are extending a special invitation to any gentlemen that would like to join us ladies.

Thank you in advance for agreeing to help with this. Any questions, contact Mary Kingsbury at 952-448-7115.

**Save the Date! Tuesday, May 5, 2026**

**Church of St. Paul CCW Madonna Dinner**

We will have Holy Mass, a meeting, and speaker Debra Braun from Pro-Life Action Ministries. More details will be forthcoming.

**Catholic Services Appeal 2026 - Giving is Faith in Action!** Your continued generosity to the Catholic Services Appeal and your faith in our ministries are proof that by offering the Lord what we can, He will provide what we need. The way the Lord gave of Himself for us is a great reminder that we are united as one Church and that when we come together and support our ministries we can do so much good. Each of us has benefited from our ministries. To make your gift today, visit [Love.ArchSPM.org](http://Love.ArchSPM.org)

**HOLY MASS TIMES**

**Tuesday, March 31, 2026**

8:00am Confessions/8:30am Holy Mass  
 9:00am-5:00pm Adoration of the Blessed Sacrament

**Thursday, April 2, 2026** (No Holy Mass in the morning)

6:00pm Holy Thursday Mass of the Lord's Last Supper

**Sunday, April 5, 2026** Easter Sunday

8:20am Rosary/8:25am Confessions  
 8:45am Holy Mass

**HOLY MASS INTENTIONS**

**March 31, 2026** †Dorothy Wedler

**April 2, 2026** All priests of Jesus Christ, living & deceased

**April 5, 2026** Parishioners



# NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) *human events of the Passion will then pierce our soul as words spoken to us by God to uncover the secrets of our heart and show us what He expects of our lives.* (J. Escriva, *Christ Is Passing By*, 101) By meditating on Christ's Passion we will gain countless rewards. Firstly, it will help us to maintain a great aversion to all sin, since *He was wounded for our iniquities, He was bruised for our sins.* (Is. 53:5) Jesus crucified should be the book which we, in the manner of the saints, read constantly so as to learn to detest sin and really grow in love for such a loving God; for it is in Christ's wounds that we learn of the evil of sin which condemned Him to suffer such a cruel and ignominious death so that Divine Justice might be carried out. It is in Christ's wounds that we find proof of His great love for us, for He endured such terrible pain and suffering precisely so as to show us just how much He loved us. (St. Alphonsus Liguori, *Meditations on Christ's Passion*, I, 4)

*And we feel that sin cannot be regarded as just a trivial mistake. To sin is to crucify the Son of God, to tear His hands and feet with hammer blows, to make His heart break.* (J. Escriva, *Furrow*, 993) A sin, therefore, is so much more than a simple 'human error'. Christ's sufferings will encourage us to avoid all that might be described as bourgeois attitudes, unwillingness and laziness. It will inflame our love and keep lukewarmness at bay. It will help us to mortify our soul and guard better all our senses.

If the Lord sometimes lets us suffer illness, pain or contradictions which are especially intense and serious, then it will be of great help and relief to consider the pain which Christ endured in His Passion. He experienced every kind of physical and moral pain since *He suffered at the hands of the Gentiles and the Jews, of men and women - an example being the maids who accused Peter. He suffered at the hands of princes and their officials, and at the hands of the ordinary people too. He suffered at the hands of relatives and friends and acquaintances, on account of Judas who betrayed Him and of Peter who denied Him.* →

**Partners in Compassion Bottles:** Please remember to return your filled bottles for the "**Partners in Compassion**" to the church or the parish office at this time.

**You may also help** by writing a check to the church, noting "**Partners in Compassion**" on the memo line. We thank you for your donations and your generosity. God bless you!

**PRO-LIFE QUOTE:** How can it be that the most Wondrous and Sacred Human Space - the Womb - has become a place of unutterable violence? *Pope Benedict XVI*

**Holy Land Appeal: Friday, April 3, 2026:** Good Friday is the annual Holy Land collection. Please help support Catholics in the Holy Land, which also includes Damascus. Funds directly support efforts to maintain sacred shrines, parishes, faith formation programs, Catholic schools, and basic humanitarian aid. Thank you for your generous assistance to your brothers and sisters in the Holy Land. God bless you!

*In short, Christ suffered as much as it is possible for man to suffer. Christ suffered at the hands of His friends who abandoned Him, He suffered as blasphemies were hurled at Him; His honor and self-esteem suffered from all the taunts and jibes; He was even stripped of His clothes, the only possessions He had. In His soul He felt sadness, emptiness and fear; in His body, the wounds and the cruel lashes of the whip.* (St. Thomas, *Summa Theologiae*, III, q46 a5)

So let us make it our intention to come closer to the Virgin Mary in these days leading up to her Son's Passion, and let us ask her to show us how to meditate on these moments when He suffered so much for us." (From *In Conversation with God*, by Francis Fernandez) Through the intercession of Mary, Our Mother of Sorrows, St. Joseph, St. Michael, St. Paul, and our Guardian Angels, may our good Lord grant us the Grace to contemplate His Passion! In Christ through Mary, Fr. Kasel

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Parishioner



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Sheila Soeffen  
DPM, FACC  
Nurse Practitioner, Certified Foot Care Specialist

**Safe Environment:** The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.

**Report Abuse:** If you or someone you know has been sexually abused, your first call should be to law enforcement.

**Parish Safe Environment Coordinator:** Sara McNamara  
St. Michael: 507-356-4280  
[stmichaeloffice@bevcomm.net](mailto:stmichaeloffice@bevcomm.net)  
St. Paul: 507-732-5324  
[stpauls@hcinet.net](mailto:stpauls@hcinet.net)

**St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:**  
(651) 291-4475

**ST. PIO KNIGHTS OF COLUMBUS**  
COUNCIL 16016

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visit: [www.kofc.org/join](http://www.kofc.org/join)

