

July 5, 2026
Fourteenth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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Website: <http://www.stpaulstmichael.com>

BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

Happy 250th Independence Day to our United States of America!

First, I want to wish you a blessed and safe July 4th holiday! I hope this weekend will be a time of leisure and recreation, filled with gratitude for our nation and the many women and men who have sacrificed so much so that we could experience the blessings of freedom as granted by our Creator. Let us thank God with joyful hearts for the blessing we experience in our nations! Let us also pray for our Lord's Mercy to be upon us, that many in our land will repent of sins and any rebellion against His Holy Will and Divine Love.

This July 4th weekend I include a prayer written by the first Archbishop in the United States of America: Archbishop John Carroll (Archbishop of Baltimore). He wrote this prayer on November 10, 1791 and asked all priests in his diocese to offer this prayer from the pulpit. I encourage all of us to offer this prayer for our country this July 4th and anytime we may be inspired by the Holy Spirit in the days ahead. May our good Lord hear our prayers and swiftly come to our aid, manifesting Himself as our Rock and Hope!

Prayer for Government by Archbishop John Carroll

"We pray, Thee O Almighty and Eternal God! Who through Jesus Christ hast revealed Thy Glory to all nations, to preserve the works of Thy Mercy, that Thy Church, being spread through the whole world, may continue with unchanging Faith in the confession of Thy Name.

We pray Thee, who alone art Good and Holy, to endow with heavenly Knowledge, sincere zeal, and sanctity of life, our chief Bishop, *Pope Leo*, the Vicar of Our Lord Jesus Christ, in the government of His Church; our own *Archbishop, Bernard Hebda*, all other bishops, prelates, and pastors of the Church; and especially those who are appointed to exercise amongst us the functions of the holy ministry, and conduct Thy people into the ways of salvation.

We pray Thee O God of Might, Wisdom, and Justice! Through Whom authority is rightly administered, laws are enacted, and judgment decreed, assist with Thy Holy Spirit of Counsel and Fortitude the President of these United States, that his administration may be conducted in righteousness, and be eminently useful to Thy people over whom he presides; by encouraging due respect for Virtue and Religion; by a faithful execution of the laws in Justice and Mercy; and by restraining vice and immorality. Let the light of Thy Divine Wisdom direct the deliberations of Congress, and shine forth in all the proceedings and laws framed for our rule and government, so that they may tend to the preservation of peace, the promotion of national happiness, the increase of industry, sobriety, and useful knowledge; and may perpetuate to us the blessing of equal liberty.

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

We pray for his excellency, the governor of this state, for the members of the assembly, for all judges, magistrates, and other officers who are appointed to guard our political welfare, that they may be enabled, by Thy powerful protection, to discharge the duties of their respective stations with honesty and ability. We recommend likewise, to Thy unbounded Mercy, all our brethren and fellow citizens throughout the United States, that they may be blessed in the knowledge and sanctified in the observance of Thy most Holy Law; that they may be preserved in union, and in that Peace which the world (continued on page 4)

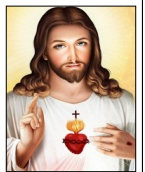
Daily Prayer for 250th Anniversary of America

By Cardinal Raymond L. Burke

O Sacred Heart of Jesus, King of Heaven and Earth, I place today my nation, the United States of America, into Your Heart pierced for love of us. On the 250th Anniversary of the Declaration of Independence, I acknowledge that true liberty is Your gift, and that our lasting homeland is the eternal Kingdom of God.

Under the mantle of Our Lady of Guadalupe, Patroness of the Americas, and through the intercession of her Immaculate Heart, bless my homeland anew, purify her from sin, and guide her leaders in truth, justice, and peace, so that she may safeguard all human life, respect the integrity of marriage and the family, and honor the practice of religion.

Reign in my home and in my nation. Draw every heart into communion with You, that Your Truth, Love, Justice, Mercy, and Peace may triumph in America and throughout the world. Amen.



The next **Holy Hour and Social for Men** will be Sunday, July 12, at 6:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a presentation on: *The history of the Liturgy of the Hours and a brief tutorial of how to pray this prayer of the Church.* All men are invited!

CHURCH OF SAINT MICHAEL NEWS

CATHOLIC VACATION BIBLE SCHOOL JULY 20-22 (MONDAY-WEDNESDAY)

The *Filiae Laboris Mariae* Sisters (Daughters of the Works of Mary) will be back this summer to conduct our Catholic Vacation Bible School at the Church of St. Michael!

This CVBS is for children ages 4 years old through the completion of 8th grade.

Come and experience the CVBS at the Church of St. Michael this summer. *Daily Holy Masses at 8:30am*

Registration form is available at the entrance of the Church.

The Sisters will also be here for our July Youth Group meeting to be held the evening of July 22.

WEEKLY TITHING June 27-28, 2026

Sunday Envelopes:	\$ 2,599.00
Plate:	\$ 776.30
EFT:	\$ 1,140.00
Total:	\$ 4,515.30

Please pray for the repose of the soul of **Marvin Winkels** (father of Michael Winkels, parishioner), who passed away June 23. *'Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen. May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*



CONGRATULATIONS to

Raphael Daul & Kristina Hoerle, who will be united in the Sacrament of Matrimony on July 25, 2026.

WORDS TO LIVE BY:

"O Blood and Water, which gushed forth from the Heart of Jesus as a Fountain of Mercy for us, I trust in You!" *St. Faustina, Diary: 84*
"Precious Blood, Ocean of Divine Mercy: Flow upon us!"

Precious Blood, Most pure Offering: Procure us every Grace!

Precious Blood, Hope and Refuge of sinners: Atone for us!

Precious Blood, Delight of holy souls: Draw us!" *St. Catherine of Siena*

"Every time a creature offers up this Blood by which he was redeemed, he offers a Gift of infinite worth, which can be equaled by no other!" *St. Mary Magdalen de Pazzi*

"You (Jesus) come to me and unite Yourself intimately to me under the form of nourishment. Your Blood now runs in mine, Your Soul, Incarnate God, compenetrates mine, giving courage and support. What miracles! Who would have ever imagined such!" *St. Maximilian Kolbe*

"Don't hold yourselves cheap, seeing that the Creator of all things and of you estimates your value so high, so dear, that He pours out for you every day the most Precious Blood of His only-begotten Son." *St. Augustine*

Institute of Catholic Culture Lecture

THE TABLE OF THE LORD AND THE TABLE OF DEMONS:

Eucharistic Coherence in the Age of Relativism

Many today consider the reception of Holy Communion to be a matter of personal discernment, reducing the Eucharist to a mere sign of hospitality or social acceptance. Others think of receiving Holy Communion as an encounter with Christ but do not embrace full communion with His Body, the Church. Join Bishop Paprocki and the ICC as we explore St. Paul's admonition to receive the Eucharist, applied to our modern context.

Tuesday, July 14 Pre-Class Discussion: 7:30PM Lecture: 8:00 PM
Instructor: Most Rev. Thomas John Paprocki, J.C.D.

Registration is required. <http://instituteofcatholicculture.org/events/the-table-of-the-lord-and-the-table-of-demons/>

Prayer for Priests by St. Therese of Lisieux, Carmelite

O Jesus, eternal Priest, keep Your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the Priesthood. Let Your holy Love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their joy and consolation here and in Heaven their beautiful and everlasting crown. Amen

O My God, Trinity Whom I Adore

O my God, Trinity whom I adore, help me forget myself entirely so to establish myself in You, unmovable and peaceful as if my soul were already in Eternity. May nothing be able to trouble my peace or make me leave You, O my unchanging God, but may each minute bring me more deeply into Your mystery! Grant my soul peace. Make it Your Heaven, Your beloved dwelling and the place of Your rest. May I never abandon You there, but may I be there, whole and entire, completely vigilant in my Faith, entirely adoring, and wholly given over to Your creative action. (By St. Elizabeth of the Trinity)



Natural Family Planning Awareness Week - July 19 - 25, 2026: *Celebrate and reverence: God's vision of human sexuality*

Natural Family Planning Awareness Week is a national educational campaign. The Natural Family Planning Program of the United States Conference of Catholic Bishops develops a poster each year with basic supportive materials. It is the individual dioceses, however, that offer a variety of educational formats in the local church to focus attention on Natural Family Planning methods and Church teachings that support their use in marriage. The dates of Natural Family Planning Awareness Week highlight the anniversary of the papal encyclical *Humanae Vitae* (July 25) which articulates Catholic beliefs about human sexuality, conjugal love, and responsible parenthood. For further information, contact nfp@uscceb.org.

Pine Island Food Shelf: items requested for July: **Pasta** - elbow macaroni, rotini, spaghetti, etc.

HOLY MASS TIMES

Wednesday, July 8, 2026

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, July 10, 2026

8:00am Confessions/8:30am Holy Mass

Saturday, July 11, 2026

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, July 12, 2026

7:00am Holy Mass (Latin)

10:30am Holy Mass

HOLY MASS INTENTIONS

July 8, 2026 †Delroy Kardell (Nancy Sowada)
July 10, 2026 Alicia Hoerle (Julie Hoerle)
July 11, 2026 Abram Efta (Santi & Carolyn Ocariz)
July 12, 2026 Sheila Buehler
July 12, 2026 Parishioners



CHURCH OF SAINT PAUL NEWS

CATHOLIC VACATION BIBLE SCHOOL JULY 20-22 (MONDAY-WEDNESDAY)

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This CVBS is for children ages 4 years old through the completion of 8th grade.

Come and experience the CVBS at the Church of St. Michael this summer. *Daily Holy Masses at 8:30am*

Registration form is available at the entrance of the Church.

The Sisters will also be here for our July Youth Group meeting to be held the evening of July 22.

The Blessing of the Holy Spirit Found in Repentance



Take care that you do not underrate the efficacy of repentance. Would you know the power of repentance? Would you understand this strong weapon of salvation and the might of confession? By confession Hezekiah routed a hundred and eighty-five thousand of the enemy (2 Kgs 19). That was im-

portant, but it was little compared to what shall be told. The same king's repentance won the repeal of the sentence God had passed on him... Now if even Hezekiah could revoke God's decree, shall not Jesus grant the remission of sins? Turn and lament, shut your door, and beg for pardon, that God may remove from you the scorching flames. For confession has the power to quench even fire; it can tame even lions...

I shall go to a different example of repentance. What think you of Nebuchadnezzar? Have you not heard from Scripture that he was bloodthirsty, fierce, with the disposition of a lion?...

What punishment did he not deserve for slaying kings, for burning holy objects, for reducing people to captivity, for putting sacred vessels in the temples of idols? Did he not deserve ten thousand deaths? You have seen the enormity of his crimes... When therefore he acknowledged the Most High, and uttered words of thanksgiving to God, and repented of his past wickedness, and recognized his own weakness, in that hour God restored to him his royal dignity (cf. Dn 4). If God granted pardon and a kingdom to Nebuchadnezzar after such terrible crimes, when he had made confession, will He not grant you the remission of your sins if you repent, and the Kingdom of Heaven if you live worthily? God is merciful and quick to forgiveness, but slow to vengeance. Therefore, let no man despair of salvation. Peter, the chief and foremost of the Apostles, denied the Lord; but, moved to repentance, he wept bitterly. His weeping revealed his heartfelt repentance, and for that reason not only did he receive pardon for his denial, but retained his apostolic prerogative.

Therefore, brethren, having before you many examples of sinners who repented and were saved, be you also earnest in confessing to the Lord, that you may receive pardon for past sins, be made worthy of the Heavenly Gift, and inherit the Kingdom of Heaven with all the Saints. St. Cyril of Jerusalem (St. Cyril [+386], Bishop of Jerusalem, was best known for his unflinching orthodoxy in teaching the Catholic Faith.)

Want to grow in our Catholic Faith? You can learn about our Catholic Faith online at any time through FORMED! You will have access to thousands of enriching Catholic movies, programs, audio, & books instantly on FORMED when you sign up through our parishes. There is no cost for you! Just follow these easy steps:

1. Visit: signup.formed.org, 2. Enter your parish zip code or name (St. Michael 55963 or St. Paul 55992), 3. Grow in our Catholic Faith!

Give the gift of an Hour of Adoration for someone. Cards are in the vestibule to send to the recipient.

WEEKLY TITHING June 28, 2026

Sunday Envelopes:	\$ 1,075.00
Plate:	\$ 470.00
Total:	\$ 1,545.00

The Anima Christi

The Anima Christi is a prayer from around the 14th century. It is still widely used after receiving the Body and Blood of Our Lord Jesus Christ in Holy Communion.

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from side of Christ, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated from Thee
From the malicious enemy defend me
In the hour of my death call me
And bid me come unto Thee
That I may praise Thee with Thy saints
and with Thy Angels, forever and ever. Amen.



Prayer to the Virgin Mary: My Queen, my Mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day my eyes, my ears, my mouth, my heart, my entire self without reserve. As I am your own, my good Mother, guard me and defend me as your property and possession. Amen.

PRO-LIFE QUOTES:

"Each person is a sacred gift that reflects Your face, from the first instant of existence to the final breath of their journey on earth. Today, we ask for the grace to recognize and protect the unique and unrepeatable value of every human being...May we proclaim, in words and actions, that every human life is worth the total gift of ourselves." *Pope Leo XIV*

"Never tire of firmly speaking out in defense of life from its conception and do not be deterred from the commitment to defend the dignity of every human person with courageous determination. Christ is with you: be not afraid!" *St. John Paul II*

"Give us the grace – When the sacredness of life before birth is attacked, to stand up and proclaim that no one ever has the authority to destroy unborn life." *St. John Paul II*

Songs of Hope: Songs of Hope will be returning to Zumbrotta to perform at the Zumbrotta State Theatre on Thursday, July 16. This is a free concert! Songs of Hope offers participants a unique opportunity to live in community with kids from other countries and cultures while learning and performing music from many countries. For more info, visit: <https://www.soundsofhope.org/>

HOLY MASS TIMES

Tuesday, July 7, 2026

8:00am Confessions/8:30am

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, July 9, 2026

8:00am Confessions/8:30am Holy Mass

Sunday, July 12, 2026

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

July 7, 2026

†Rita Morgan (Louise Rivieccio)

July 9, 2026

Sara McNamara (T & J Meyer)

July 12, 2026

Parishioners

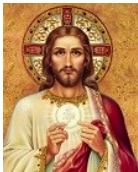


NEWS FROM SAINT MICHAEL AND SAINT PAUL

(From Father Kasel - from page 1) cannot give; and after enjoying the blessings of this life, be admitted to those which are Eternal. Finally, we pray to Thee, O Lord of Mercy, to remember the souls of Thy servants departed who are gone before us with the sign of Faith and repose in the sleep of peace; the souls of our parents, relatives, and friends; of those who, when living, were members of this congregation, and particularly of such as are lately deceased; of all benefactors who, by their donations or legacies to this Church, witnessed their zeal for the decency of Divine Worship and proved their claim to our grateful and charitable remembrance. To these, O Lord, and to all that rest in Christ, grant, we beseech Thee, a place of refreshment, light, and everlasting peace, through the same Jesus Christ, Our Lord and Savior. Amen."

Through the intercession of Mary, the Immaculate Conception, St. Joseph, St. Michael and St. Paul, may our good Lord bless our Country with His Peace and Consolation!

In Christ through Mary,
Fr. Kasel



AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus?

Consider coming to Holy Mass on weekdays!

Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes. *Come to sanctify your weekdays with Jesus - He is waiting for you!*

The **St. Pio Knights of Columbus Council** has elected and, this past week, installed new officer for our Council!

Congratulations to the following officers taking on role in our Council:

Grand Knight: Tanner Winter

Deputy Grand Knight: Brian Brost

Treasurer: Rob Bestgen

Recorder: Gregory LeBlanc

Warden: Ren Tescher

Inside Guard: Paul Sutton

Trustees: Stephen Kingsbury, Matt Keller, Tom Steger

Non-Elected Officers continuing in current roles:

Pastor and Chaplain: Fr. Kasel

Financial Secretary: John Palof

July - Devotion the Precious Blood of Our Lord Jesus:

The Precious Blood of Jesus

O Almighty and Eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by His Blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through Its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in Heaven. Through the same Christ our Lord. Amen.



Prayer to God, Our Eternal Father

O Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ in atonement for my sins, and in supplication for the Holy Souls in Purgatory and for the needs of the Holy Catholic Church.

Prayer to Our Lord Jesus

We pray dear Jesus, help Thy servants, whom Thou hast redeemed with Thy Precious Blood. Amen. (from www.catholic.org)

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Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.

Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.

Parish Safe Environment Coordinator: Sara McNamara
St. Michael: 507-356-4280
stmichaeloffice@bevcomm.net
St. Paul: 507-732-5324
stpauls@hcinet.net

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:
(651) 291-4475

ST. PIO KNIGHTS OF COLUMBUS
COUNCIL 16016

JOIN US
Brother Knights of our Council invite you to join us.
Contact the Parish Office
visit: www.kofc.org/join