

March 1, 2026 Second Sunday of Lent

**Father Randal Kasel, Pastor** frkasel@bevcomm.net

*Josefina Meyer & Sara McNamara, Staff*

**CHURCH OF ST. PAUL** 749 South Main St., Zumbrota, MN 55992

**Office:** 732-5324 **Fax:** (507) 732-5347 **Email:** stpauls@hcinet.net

**OFFICE HOURS:** Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

**CHURCH OF ST. MICHAEL** 451 5th St. SW, Pine Island, MN 55963

**Office:** 356-4280 **Fax:** (507)356-2080 **Email:**

stmichaeloffice@bevcomm.net **OFFICE HOURS:** Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

**Website:** <http://www.stpaulstmichael.com>

**BULLETIN ARTICLE DEADLINE** All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

### From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

This month of March is dedicated to growing in devotion to

the great St. Joseph (Solemnity celebrated on March 19). I

share with you the Litany of St. Joseph, that we grow in devo-

tion to this great saint!

#### Litany of St. Joseph

Lord, have mercy. *Lord, have mercy.*

Christ, have mercy. *Christ, have mercy.*

Lord, have mercy. *Lord, have mercy.*

Christ, hear us. *Christ, graciously hear us.*

God, the Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Holy Mary, *pray for us* (after each line)

Saint Joseph, *pray for us* (after each line)

Renowned offspring of David,

Light of Patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster-father of the Son of God,

Diligent protector of Christ,

Head of the Holy Family,

Joseph most just,

Joseph most chaste,

Joseph most prudent,

Joseph most strong,

Joseph most obedient,

Joseph most faithful,

Mirror of patience,

Lover of poverty,

Model of artisans,

Glory of home life,

Guardian of virgins,

Pillar of families,

Solace of the wretched, Hope of the sick,

Patron of the dying,

Terror of demons,

Protector of Holy Church,

Lamb of God, who takes away the sins of the world,

*Spare us, O Lord.*

Lamb of God, who takes away the sins of the world,

*Graciously hear us, O Lord.*

Lamb of God, who takes away the sins of the world,

*Have mercy on us.*

V. He made him the lord of His house:

# Welcome to the Churches of

## St. Paul &

## St. Michael



*We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!*

#### SACRAMENTS

**Confession** - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

**Baptism** - Please contact the parish office.

**Matrimony** - Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick** - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

#### WEEKEND HOLY MASS SCHEDULE:

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

**Church of Saint Michael - Sunday** Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

#### WEEKDAY HOLY MASS SCHEDULE

**Church of Saint Paul - Tuesday and Thursday**

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

**Church of Saint Michael - Wednesday and Friday**

Confession 8am and Mass 8:30am

R. And ruler of all His substance.

Let us pray: O God, who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thine own most holy Mother: grant, we beseech Thee, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth: who livest and reignest world without end. Amen.

Through the intercession of Mary, the Mother of God, St. Joseph and our patrons, St. Michael and St. Paul, may God bless you, your families and our parishes!

In Christ through Mary,

Fr. Kasel

### The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

(March 6, 13, 20, & 27)



**STATIONS OF THE CROSS AT CHURCH OF ST. PAUL**

Each Tuesday of Lent at 5:30pm

**STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL**

Each Friday of Lent at 7:30pm



**The next Holy Hour and Social for Men:** Sunday, March 8, at 6pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on: *Current Events in the Church*. All men are invited!

# CHURCH OF SAINT MICHAEL NEWS

## CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation session will be on **Wednesday, March 4, 2026**, at the Church of St. Michael.

**Topic for March:** Part 3: *Jesus Christ* (PreK - Grade 6) and Part 3: *The Sacraments* (Confirmation 1, 2, & Adults)

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

**Our program is open for all of our parishioners to attend and it will benefit all ages!**

### Holy Spirit Novena: March 1 to March 9



#### St. Joseph's Altar - Sunday, March 8:

You are invited to the annual St. Joseph's Altar and hospitality on Sunday, March 8, after the 10:30am Holy Mass to celebrate the patronage of St. Joseph.

St. Joseph Altar and hospitality will be hosted by the Little Flowers Girls. The St. Joseph's Altar is a tradition in the Catholic Church to honor St. Joseph and his kind intercession with our Blessed Mother before our Lord Jesus. Come and honor the great St. Joseph in this very special way!

#### Congratulations to:

**Zachary and Rachel Macdonald** on the baptism of their son **Francis James Macdonald** on February 22, 2026 at the Church of St. Michael.



**Justin and Kelsey Onken** on the baptism of their son **Asher Thomas Onken** on February 22, 2026 at the Church of St. Michael.

### WORDS TO LIVE BY:

"Daughter, when you go to Confession, to this Fountain of My Mercy, the Blood and Water which came forth from My Heart always flows down upon your soul and ennobles it. Every time you go to Confession, immerse yourself in My Mercy, with great trust, so that I may pour the bounty of My Grace upon your soul. When you approach the confessional, know this, that I Myself am waiting there for you. I am only hidden by the priest, but I Myself act in your soul. Here the misery of the soul meets the God of Mercy. Tell souls that from this Fount of Mercy souls draw Graces solely with the vessel of trust. If their trust is great, there is no limit to My generosity." *Jesus to St. Faustina* (Diary of St. Faustina: *Divine Mercy in My Soul*)

"Go to your confessor; open your heart to him; display to him all the recesses of your soul; take the advice that he will give you with the utmost humility and simplicity. For God, Who has an infinite love for obedience, frequently renders profitable the counsels we take from others, but especially from those who are the guides of our souls." *St. Francis de Sales*

"You revealed your past wounds - full of pus - in Confession. And the priest dealt with your soul like a good doctor, like a conscientious doctor. He made an incision where he had to, and would not let the wound heal over until everything had been cleaned out. Be grateful." *St. Josemaria Escriva*

"Doing penance for one's sins is a first step towards obtaining forgiveness and winning Eternal salvation. That is the clear and explicit teaching of Christ, and no one can fail to see how justified and how right the Catholic Church has always been in constantly insisting on this. She is the spokesman for her Divine Redeemer. No individual Christian can grow in perfection, nor can Christianity gain in vigor, except it be on the basis of penance." *St. John XXIII*

"In the life of the body a man is sometimes sick, and unless he takes medicine, he will die. Even so in the spiritual life a man is sick on account of sin. For that reason he needs Medicine so that he may be restored to health; and this Grace is bestowed in the Sacrament of Penance." *St Thomas Aquinas*

**Pine Island Food Shelf:** Items requested for **March:** Baking Items—baking soda or powder, cornstarch, spices, etc.

### WEEKLY TITHING February 21-22, 2026

Sunday Envelopes:	\$ 2,770.00
Plate:	\$ 889.75
EFT:	\$ 1,060.00
<b>Total:</b>	<b>\$ 4,719.75</b>



### COME AND JOIN US!

The Church of St. Michael Men's Club Fish Fries

Serving each Friday of Lent from 4:30-7:00pm

(March 6, 13, 20, & 27)

\*\*\*Both baked & fried fish will be offered!\*\*\*

Take out Available!

Prices: Adults \$15.00, Children 5-12 \$6.00, Family maximum \$45.00

Hosted by: The Church of St. Michael Men's Club



STATIONS OF THE CROSS Each Friday of Lent at 7:30pm

**Prayer to the Virgin Mary:** My Queen, my Mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day my eyes, my ears, my mouth, my heart, my entire self without reserve. As I am your own, my good Mother, guard me and defend me as your property and possession. Amen.



**Please pray** for the repose of the soul of **Charlyne Lenn**, a long time parishioner, who passed away on February 23. 'Eternal rest grant unto her, O Lord; and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'

**Easter Flower Donations:** Help to beautify our sanctuary and remember a loved one through a contribution for Easter Flowers! There is an envelope contribution packet for Easter flowers. The suggested donation is \$13. Please consider making a donation and put it in the Sunday collection or return to the office by Sunday, March 29. Thank you!



### Institute of Catholic Culture Lecture

#### PRAYING THROUGH SUFFERING: A Lenten Reflection

St. John of the Cross said, "The soul that longs for divine wisdom chooses first, and in truth, to enter the thicket of the cross." Yet so many have difficulties finding God in the midst of suffering. In this special Lenten reflection, we will explore how to embrace our crosses and seek the Lord, even when He seems far away.

**Friday, March 13** Pre-Class Discussion: 7:30 Lecture: 8:00 PM ET  
Instructor: Most Rev. James D. Conley  
<https://instituteofcatholicculture.org/events/praying-through-suffering>

### HOLY MASS TIMES

#### Wednesday, March 4, 2026

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

#### Friday, March 6, 2026

8:00am Confessions/8:30am Latin First Friday Holy Mass

#### Saturday, March 7, 2026

4:00pm-4:50pm Confessions

5:00pm Holy Mass

#### Sunday, March 8, 2026

7:00am Latin Holy Mass

10:30am Holy Mass

### HOLY MASS INTENTIONS

**March 4, 2026** Nate Rewald (Eric & Laurie Schultz)

**March 6, 2026** Paul & Mary Sutton

**March 7, 2026** †Sarah Murray & †Jim Clemens (Betty Clemens & family)

**March 8, 2026** Michael Kaiya

**March 8, 2026** Parishioners



**CHURCH OF ST. PAUL FAITH FORMATION**

The next Faith Formation session will be on **Wednesday, March 4, 2026**, at the Church of St. Michael.  
**Topic for March:** Part 3: *Jesus Christ* (PreK - Grade 6) and Part 3: *The Sacraments* (Confirmation 1, 2, & Adults)  
 6:00-6:30pm - Meal  
 6:35-7:25pm - Children Class/Parent & Adult Session  
 7:30-7:45pm - Church for Adoration  
 At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.  
**Our program is open for all of our parishioners to attend and it will benefit all ages!**



**Stations of the Cross at the Church of St. Paul:**  
 Each Tuesday of Lent at 5:30pm

**Holy Spirit Novena: March 1 to March 9**

**The Blessing of Prayer**

“Prayer and converse with God is a supreme good: it is a partnership and union with God. As the eyes of the body are enlightened when they see light, so our spirit, when it is intent on God, is illumined by His Infinite Light. I do not mean the prayer of outward observance but prayer from the heart, not confined to fixed times or periods but continuous throughout the day and night.

Our spirit should be quick to reach out toward God, not only when it is engaged in meditation; at other times also, when it is carrying out its duties, caring for the needy, performing works of Charity, giving generously in the service of others, our spirit should long for God and call Him to mind, so that these works may be seasoned with the salt of God’s Love, and so make a palatable offering to the Lord of the universe. Throughout the whole of our lives we may enjoy the benefit that comes from prayer if we devote a great deal of time to it.

Prayer is the light of the spirit, true knowledge of God, mediating between God and man. The spirit, raised up to Heaven by prayer, clings to God with the utmost tenderness; like a child crying tearfully for its mother, it craves the milk that God provides. It seeks the satisfaction of its own desires, and receives gifts outweighing the whole world of nature.

Prayer stands before God as an honored ambassador. It gives joy to the spirit, peace to the heart. I speak of prayer, not words. It is the longing for God, love too deep for words, a gift not given by man but by God’s Grace. The Apostle Paul says: *We do not know how we are to pray but the Spirit Himself pleads for us with inexpressible longings.* (Rom 8:26)

When the Lord gives this kind of prayer to a man, He gives him riches that cannot be taken away, heavenly food that satisfies the spirit. One who tastes this food is set on fire with an eternal longing for the Lord: his spirit burns as in a fire of utmost intensity. Practice prayer from the beginning. Paint your house with the colors of modesty and humility. Make it radiant with the light of justice. Decorate it with the finest gold leaf of good deeds. Adorn it with the walls and stones of Faith and generosity. Crown it with the pinnacle of prayer. In this way you will make it a perfect dwelling place for the Lord. You will be able to receive Him as in a splendid palace, and through His Grace you will already possess Him, His Image enthroned in the temple of your spirit.” *St. John Chrysostom, Bishop*



†**ADORATION of the BLESSED SACRAMENT**†  
 Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

**Lent is more than a countdown to Easter:** Take time to reflect and grow by listening to Real Presence Radio. Our local programming offers prayerful conversations, teachings, and stories that help you enter the season with intention. Tune in on **970 AM in Austin/Rochester** or listen online at RealPresenceRadio.com.

**WEEKLY TITHING February 22, 2026**

Sunday Envelopes: \$ 1,975.00  
 Plate: \$ 235.00  
**Total: \$ 2,210.00**

**55th Annual St. Patrick’s Ham Dinner**

**and Silent Auction at Zumbrota VFW on Sunday, March 15, 2026 10:30 AM to 1:00 PM**

**Available for Dine-In & Take Out**



**Prices:**

**Adults -- \$16.00 Children 6-12--\$6.00, Under 6 -- free**

Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at [stpauls@hcinet.net](mailto:stpauls@hcinet.net) or call the parish office at 732-5324 to sign up.

*Thank you in advance for your willingness to make this endeavor a success!*

**Baskets or Items for the Ham Dinner Silent Auction**



Calling all parishioners! We are looking for silent auction baskets and items for this fundraiser held during **St. Patrick’s Ham Dinner**. Any type of themed basket or items - including religious items, gift cards/certificates, home-made or purchased items will be appreciated! If you have any questions, contact Josefina or Sara in the parish office. Please drop off any items at the office. Thank you!

**Easter Flower Donations:** Help to beautify our sanctuary and remember a loved one through a contribution for Easter Flowers!

There is an envelope contribution packet for Easter flowers. The suggested donation is \$13. Please consider making a donation and put it in the Sunday collection or return to the office by Sunday, March 29. Thank you!



**Catholic Services Appeal 2026 - Giving is Faith in Action!**

Your continued generosity to the Catholic Services Appeal and your faith in our ministries are proof that by offering the Lord what we can, He will provide what we need. The way the Lord gave of Himself for us is a great reminder that we are united as one Church and that when we come together and support our ministries we can do so much good. Each of us has benefited from our ministries. To make your gift today, visit [Love.ArchSPM.org](http://Love.ArchSPM.org)

**40 Days for Life Prayers to End Abortion:  
 February 18 - March 29**

This prayer campaign is on the sidewalk in front of Planned Parenthood at *1212 7th Street NW, Rochester*. 40 Days for Life is a Christian organization that takes a peaceful, prayerful approach to this controversial issue to move hearts and minds. If you would be interested in making an appointment with God to pray for all involved in this issue, go to [40daysforlife.com/rochester](http://40daysforlife.com/rochester) to register and sign up. Please pray daily during this campaign for the end to abortion. Suggested prayers: <https://www.usccb.org/prayers/pro-life-rosary-prayer-intentions>

**HOLY MASS TIMES**

**Tuesday, March 3, 2026**

8:00am Confessions/8:30am Holy Mass  
 9:00am-5:00pm Adoration of the Blessed Sacrament

**Thursday, March 5, 2026**

8:00am Confessions/8:30am Holy Mass

**Sunday, March 8, 2026**

8:20am Rosary/8:25am Confessions  
 8:45am Holy Mass

**HOLY MASS INTENTIONS**

**March 3, 2026** Daniel & Barbara Kasel and families  
**March 5, 2026** Lenny & LaVonne Feuling (St. Paul CCW)  
**March 8, 2026** Parishioners



# NEWS FROM SAINT MICHAEL AND SAINT PAUL

The next **St. Pio Knights of Columbus Council 16016** membership meeting will be on Wednesday, **March 11**, at 7:00pm, at the Church of St. Michael, Pine Island. All members are invited to attend.

## Go To Joseph!

“Go, then to Joseph, and do all that he shall say to you; Go to Joseph, and obey him as Jesus and Mary obeyed him; Go to Joseph, and speak to him as they spoke to him; Go to Joseph, and consult him as they consulted him; Go to Joseph, and honor him as they honored him; Go to Joseph, and be grateful to him as they were grateful to him; Go to Joseph, and love him, as they love him still.”  
*St Alphonsus Liguori*

**Archdiocesan Men’s Conference:** *Men of Christ - As for Me and My House...* on Saturday, March 21, 8:00am-12:30pm, at the Church of St. Elizabeth Ann Seton, 2035 15th St. W, Hastings MN. This retreat for men in the Archdiocese will begin with Holy Mass at 8am with Archbishop Hebda and Bishop Kenney. The conference and Holy Hour will feature speaker Doug Barry, founder and director of the Catholic ministry RADIX. Find more information and registration at <https://www.archspm.org/events/archdiocesan-mens-conference/>

## PRO-LIFE QUOTES:

“God, the Lord of life, has entrusted to men the noble mission of safeguarding life, and men must carry it out in a manner worthy of themselves. Life must be protected with the utmost care from the moment of conception: abortion and infanticide are abominable crimes. [nefanda sunt crimina]” *Vatican Council II, Church in the Modern World #51*  
“How can it be that the most wondrous and sacred human space – the womb – has become a place of unutterable violence through abortion?”  
*Pope Benedict XVI*

**Partners in Compassion:** This year our parishes will participate in a Lenten collection to support the work of Mary Queen of Heaven Missionaries. Imagine a nun going undercover, walking the streets at night rescuing women and children from the world of human trafficking. This is but one of the missions of the Mary Queen of Heaven Missionaries in the Philippines and California—rescuing victims of trafficking and giving them hope for a better future through educational assistance to survivors and to the rural poor of the Philippines. The missionaries, also known as “Pink Sisters,” due to the color of their habits, provide help in the form of:

- Temporary shelter
- Basic health care, food, and nutrition
- Maternity and Medical Assistance
- Psychological Therapy and Counseling
- Recreational Activities
- Spiritual Formation
- Educational assistance
- Livelihood & skills training: baking, sewing, cooking & catering, candle-making, etc.
- Childcare for young mothers with children as they rehabilitate.

**You can help** by picking up a collection bottle available at the entrance of the Churches of St. Paul or St. Michael, filling it with change you collect during Lent (or write a check to the church, noting “Partners in Compassion” on the memo line), and returning the filled bottle at Easter-time.

If you would like to find out more about Mary Queen of Heaven Missionaries and the work they do, visit their website at: <https://www.mqhm.org/>  
“There are so many young girls who are calling us for help, but there is nowhere for them to go. At the center, we give them unlimited love and unlimited help.” -MQHM Sister Irene Baquiran

**Please prayerfully consider participating in this collection to help rescue God’s children from trafficking and poverty!**

 <p><b>MAXON FAMILY</b> Parishioner</p>  <p><b>Cremation &amp; Life Celebrations</b> 1624 37th Street NW, Rochester, MN 55901</p>	 <p><b>Hub Food Center</b> 228 West Ave. Zumbrota 507-732-7329 <a href="https://www.nilssensfoods.com">https://www.nilssensfoods.com</a></p>	<p><b>ZUMBROTA MINI STORAGE</b></p> <p><b>LIGHTING—PAVED 24 HOUR ACCESS</b></p> <p><b>507-696-4406</b></p>	 <p><b>Catholic United Financial</b> A Trusted Fraternal Life Brand</p> <p><b>Pete Herold</b> Local Member Advisor 952-994-7558 <a href="mailto:Pherold@CatholicUnited.org">Pherold@CatholicUnited.org</a></p> <p>Rates better than CD's? Catholic United offers 5% first year, then 4.25% and zero fees.</p>	
 <p><b>Pork &amp; Plants Heritage Farm</b> ERIC KREIDERMACHER &amp; FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken*</p> <p>*no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals.</p> <p><b>Pickup and limited delivery available (507) 458-2175</b> Email: <a href="mailto:eric@porkandplants.com">eric@porkandplants.com</a> <a href="http://www.porkandplants.com">www.porkandplants.com</a> “Healthy Land, Healthy Meat, Healthy Families”</p>	<p><b>Mahn Family</b> Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 <a href="http://mahnfamilyfuneralhome.com">mahnfamilyfuneralhome.com</a></p>	<p><b>QUARRY HILL FAMILY DENTAL</b> <b>DR. MOLLY JARRETT</b> PARISHIONER Monday and Tuesday 7-5pm, Wednesday 7:30-5pm, Thursday 11-5pm <a href="http://www.quarryhillfamilydental.com">www.quarryhillfamilydental.com</a> <b>507-216-9891</b> 828 11th Ave NE, Rochester, MN Comfortable, Convenient Dental Care for the Entire Family</p> 		
 <p><b>Reliable</b> HEATING &amp; COOLING <b>507-732-4777</b> 24 Hr. Emergency Service</p> <p>Residential &amp; Light Commercial Serving Zumbrota &amp; Surrounding Communities</p>	<p><b>Owens Locker Plant</b></p>  <p>110 2nd St. NE, Pine Island, MN 55963 <b>507-356-8612</b></p>  <p>SCAN</p>	 <p>Accountants that you can trust <b>Yasmine Ramirez CPA, MBA</b> <b>718-825-8196</b> <a href="mailto:yramirez@mrfinancialsolution.com">yramirez@mrfinancialsolution.com</a> Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping Corporate, &amp; Individual tax returns</p>	<p><b>DO YOU OR A LOVED ONE STRUGGLE TO CARE FOR YOUR FEET?</b></p> <p><b>Welcome to Foot Care Professionals!</b> Providing medical care for your feet</p> <ul style="list-style-type: none"> <li>• Toenail trimming &amp; debridement</li> <li>• Callus paring</li> <li>• Swift microwave therapy for wart removal</li> <li>• KeryFlex nail reconstruction</li> <li>• OnyFix nonsurgical ingrown toenail correction</li> </ul> <p>Call <b>507-269-7827</b> for appointment or book online at <a href="http://footcaremn.com">footcaremn.com</a></p>   <p>Sheila Soeffen DPM, FACC Nurse Practitioner, Certified Podiatry Care Specialist</p>	
<p><b>Safe Environment:</b> The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.</p> <p><b>Report Abuse:</b> If you or someone you know has been sexually abused, your first call should be to law enforcement.</p>	<p><b>Parish Safe Environment Coordinator:</b> Sara McNamara St. Michael: 507-356-4280 <a href="mailto:stmichaeloffice@bevcomm.net">stmichaeloffice@bevcomm.net</a> St. Paul: 507-732-5324 <a href="mailto:stpauls@hcinet.net">stpauls@hcinet.net</a></p> <p><b>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:</b> (651) 291-4475</p>		<p><b>ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016</b></p> <p><b>JOIN US</b> Brother Knights of our Council invite you to join us. Contact the Parish Office visit: <a href="http://www.kofc.org/join">www.kofc.org/join</a></p> 	