

January 11, 2026
The Baptism of the Lord

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

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OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon

on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and

Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

First, thank you to all who made special end-of-year contributions last month! Your thoughtful generosity will be returned by our good Lord!

Second, I wish to thank all those who expressed your Christmas greetings to me and our staff through cards, food and gifts! We feel very blessed! We pray that you and all of your loved ones have a blessed 2026!

Third, remember that this Sunday marks the conclusion of the Christmas Season. The Christmas Season always seems to go by so quickly. Let us remember to give thanks to our good Lord for all the Graces we received during this past Christmas Season!

The month of January is dedicated to the Most Holy Name of Jesus: let us reverently pray His Holy Name and make reparation to our good Lord for the many times that His name is spoken with irreverence! This weekend I share with you a reflection on the Holy Names of Jesus, Mary and Joseph. I encourage you to reflect over this message a few times this week:

"Invoking Our Savior - Approaching Our Lord in friendship and trust: In ordinary life, calling a person by his Christian name indicates familiarity. *How decisively it marks a stage, even in casual friendship, when two people begin, without effort and without embarrassment, to call one another by their Christian names! And when we fall in love, and all our experience takes on a sharper edge and little things means so much to us, there is one Christian name in the world which casts a spell over eye or ear when we see it written on the page of a book, or overhear it mentioned in a conversation; we are thrilled by the mere encounter with it. And it was with this sense of personal romance that people like St. Bernard invested the Holy Name of Jesus.* (R. A. Knox, *Sermon on The Divine Name*, 1956) We too call Our Lord by His first Name and for this reason we approach Him in complete confidence.

Monsignor Escriva advises us: *Don't be afraid to call Our Lord by His Name - Jesus - and to tell Him that you love Him.* (J. Escriva, *The Way*, 303)

We call a friend by his first name. Why then don't we call our greatest Friend by His first Name too? His Name is JESUS; *thus He had been called by the Angel before He was conceived in His mother's womb.* (cf. Luke 1:31) God Himself gave Him His Name through the message of the angel, a Name that signified His mission, for Jesus means Savior, He Who brings us salvation, security and true peace: *...the Name which is above every name, so that at the Name of Jesus every knee should bend, in Heaven and on earth and under the earth.* (Phil. 2:9-10)

How trustfully and with how much veneration we should repeat it! Especially now as we talk to Him in prayer: *Jesus, I need..., Jesus, I would like...*

Names were of great importance for the Jews, and when a name was given to someone it represented what that person should be in the

Welcome to the Churches of

St. Paul &



St. Michael

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

future. If a person's name is unknown, that person cannot be completely known. Not to acknowledge a name meant to destroy a personality, and to change a person's destiny. His name expressed the reality of his being at its deepest level.

Among all names, the Name of God was supremely perfect. (Zech. 14:9) It must be blessed from this time forth and for ever more, from the rising of the sun to its setting (Ps. 113:2-3), for I will sing praise to Thy Name, O Most High. (Ps. 9:2) And in the Our Father we say: Hallowed [be] Thy Name.

The Jewish people gave a child its name when it was circumcised. This was the rite instituted by God to single out, by means of an outward sign, those who belonged to the Chosen People. It was the sign of the Covenant that God made with Abraham and his posterity (cf. Gen. 17:10-14), and it was laid down that it should be carried out on the eighth day after birth. All the uncircumcised were automatically excluded from the pact and, therefore, from the People of God.

In fulfillment of this precept, Jesus was circumcised on the eighth day (Luke 2:21), according to the Law. Mary and Joseph fulfilled what had been laid down. Christ submitted to circumcision at a time when it was still the law, says St. Thomas, and in doing so gave us an example to imitate, so that we may observe the things laid down by law in our own times (St. Thomas, *Summa Theologica*, 3, q37, a1; cf. Acts 15:1) and not to look for exemptions or privileges when there is no reason for doing so.

The name of Jesus - Invocations: After the (continued on page 3)

The next **Holy Hour and Social for Men** will be Sunday, January 11, at 6:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on: *The Grace and Methods of Prayer*. All men are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation session will be on Wednesday, February 4, 2026, at the Church of St. Michael. Topic for February: Part 2: Creation (PreK - Grade 6) and Part 2: Jesus Christ (Confirmation 1, 2, & Adults)

6:00-6:30pm - Meal
6:35-7:25pm - Children Class/Parent & Adult Session
7:30-7:45pm - Church for Adoration
At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

Our program is open for all of our parishioners to attend and it will benefit all ages!

Congratulations to:

Santiago & Carolyn Ocariz on the baptism of their daughter **Ruth Agnes Ocariz** on January 4, 2026 at the Church of St. Michael.



How to Attract Our Lord in our Lives

“Something in us attracted God, and this can be nothing but that which we alone have of ourselves: our misery and our nothingness. In this way our misery and our nothingness are our titles to be loved. When we present ourselves before God, instead of making a show of our pretended virtues, we must recognize and confess our misery and our nothingness, for they are what attracts God. There is an infallible means of attracting our Lord, and - I dare say - of obtaining from Him whatever we will, namely, our nothingness. A soul that abases itself is all-powerful before God.” (Servant of God Luis M. Martinez)

Miriam Dinner - Tuesday, January 27, 6-8pm, at Archdiocesan Catholic Center, St. Paul. Hosted by Archbishop Bernard Hebda and Father Mark Pavlak, Director of Vocations, this is an event for women, ages 16 – 35, who are discerning consecrated life. It is typical for women discerners to be accompanied by their pastor, consecrated religious or youth minister. The evening begins with prayer, followed by dinner with consecrated women sharing their vocations testimonies. Registration is required. REGISTER ONLINE before Thursday, January 22, at 10000vocations.org/events. For questions? please call the Vocation Office 651.962.6890 or email stpaulvocations@10000vocations.org

The next **Vianney Visit** is Thursday, February 12, to Saturday, February 14, 2026. If you are a high school sophomore through college-age man, who has not completed undergraduate studies (up to age 24), the priests and seminarians at Saint John Vianney College Seminary invite you to take a closer look at seminary life. Beginning on Thursday night and concluding Saturday morning, a Vianney Visit offers an ideal look into our spiritual, academic, and fraternal life. You will hear testimonies from current seminarians, attend spiritual conferences with SJV priests, pray with the community, and tour the University of St. Thomas. You may also have the option to meet individually with priests on staff or the rector. And, you won't leave without having some fun! Find more information and registration at www.10000vocations.org/vianney-visit.html

†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.



Calling all bookworms! Join the Catholic Authors Book Study. We rotate between spiritual books, literature and writings of Doctors of the Church. On January 13, we will discuss *Waiting for Christ* by Doctor of the Church, St. John Henry Newman. We meet every 2 - 3 weeks, usually on Tuesdays from 7 - 8:30 pm in Rochester.

Pine Island Food Shelf: January: Crackers (any kind, including gluten free products).

WEEKLY TITHING January 3-4, 2026

Sunday Envelopes:	\$ 2,165.00
Plate:	\$ 1,475.05
EFT:	\$ 3,845.00
Total:	\$ 7,485.05

Christmas Collection: \$ 8,112.06

Prayer Service for Life: Please join us at the Cathedral of Saint Paul, Thursday, January 22, 2026, at 10:30am for the Annual Prayer Service for Life, followed by MCCL's March for Life at the State Capitol. This prayer service commemorates the millions of lives lost to abortion and the many women and men wounded by abortion's aftermath. All are invited and welcome.

WORDS TO LIVE BY:

“The Lord was Baptized, not to be cleansed Himself, but to cleanse the waters, so that those waters, cleansed by the flesh of Christ which knew no sin, might have the power of Baptism.” *St. Ambrose of Milan*
“By Baptism we are made flesh of the Crucified.” *St. Leo the Great*
“If, therefore, there is any Grace in the water, it is not from the nature of water but from the Spirit's presence there.” *St. Basil the Great*
“Every baptized person should consider that it is in the womb of the Church where he is transformed from a child of Adam to a child of God.” *St. Vincent Ferrer*

“The soul is regenerated in the sacred waters of Baptism and thus becomes God's child.” *St. Maximilian Kolbe*

“Just as a man cannot live in the flesh unless he is born in the flesh, even so a man cannot have the spiritual life of Grace unless he is born again spiritually. This regeneration is effected by Baptism: ‘Unless a man is born again of water and the Holy Spirit, he cannot enter into the Kingdom of God’” (Jn 3:5) *St. Thomas Aquinas*

“Baptism is not the work of man but of Christ, and this Sacrament is so holy that it would not be defiled, even if the minister were a murderer.” *St. Isidore, Doctor of the Church*

“Baptize first the children; and if they can speak for themselves, let them do so. Otherwise, let their parents or other relatives speak for them.” *St. Hippolytus of Rome (The Apostolic Tradition, 215 A.D.)*

Institute of Catholic Culture Lecture

THE CITY OF GOD: The Philosophical Vision of St. Augustine of Hippo. St. Augustine of Hippo wrote his groundbreaking City of God in response to pagans who blamed Christianity for the catastrophic fall of the Roman Empire. In response, Augustine flipped the script using their own history and philosophy to demonstrate that far from causing the demise of Roman civilization, Christianity alone can save Rome...

Details: **Tuesdays, January 13 & 20**

Pre-Class Discussion: 7:30 PM ET, Lecture: 8:00 PM ET
Instructor: **Chad Pecknold, Ph.D.**, Registration is required.
Visit: <https://instituteofcatholicculture.org/events/the-city-of-god/>

HOLY MASS TIMES

Wednesday, January 14, 2026

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, January 16, 2026

8:00am Confessions/8:30am Holy Mass

Saturday, January 17, 2026

4:00pm-4:50pm Confessions
5:00pm Holy Mass

Sunday, January 18, 2026

7:00am Latin Holy Mass
10:30am Holy Mass

HOLY MASS INTENTIONS

January 14, 2026	†Souls in Purgatory
January 16, 2026	Sis. Maria Sowada (Nancy Sowada)
January 17, 2026	†Bob & Pat McCutcheon & families
January 18, 2026	Parishioners
January 18, 2026	†Remy Mella



CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION

The next Faith Formation session will be on Wednesday, February 4, 2026, at the Church of St. Michael. Topic for February: Part 2: Creation (PreK - Grade 6) and Part 2: Jesus Christ (Confirmation 1, 2, & Adults) 6:00-6:30pm - Meal 6:35-7:25pm - Children Class/Parent & Adult Session 7:30-7:45pm - Church for Adoration At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction. Our program is open for all of our parishioners to attend and it will benefit all ages!

(From Father Kasel - from page 1) circumcision of Jesus, His parents, Mary and Joseph, would say the Name of Jesus for the first time, full of great devotion and love. And this is what we too must often do. To invoke His Name is to be saved. (cf. Rom. 10:9) To believe in this Name is to be counted among the Children of God. (cf. John 1:12) To pray in the Name of Jesus is to be sure of being heard. *Truly, truly, I say to you, if you ask anything of the Father, He will give it to you in My Name.* (John 16:23) In the Name of Jesus we obtain pardon for our sins (1 John 2:12) and our souls are purified and made whole. (cf. 1 Cor. 6:11) The preaching of this Name constitutes the whole essence of apostolate (Acts 8:12), for He is the goal of human history, the focal point of the desires of history and civilization, the center of mankind, the joy of all hearts, and the fulfillment of all aspirations. (Second Vatican Council, *Gaudium et Spes*, 45) Mankind finds in Jesus what it most needs and thirsts for: salvation, peace, happiness, the forgiveness of sins, freedom, understanding and friendship.

Let us listen to St. Bernard: *O Jesus..., how consoling You are to those who invoke You! How good You are to those who seek You! What will You not be to those who find You! Only he who has felt it can know what it is to languish in love for Thee, O Jesus!* (St. Bernard, *Sermons on the Canticles*, 15)

When we invoke the Name of Jesus we see ourselves at times like those lepers who cried from far off: *Jesus, Master, have mercy on us.* And Our Lord bids them come near and cures them, sending them to the priests. (cf. Luke 17:13) Or we will perhaps use the words of the blind man of Jericho: *Jesus, Son of David, have pity on me*, for we too are blind to so many things. *Don't you too feel the urge to cry out? You who are also waiting at the wayside of this highway of life that is so very short? You who need more light, you who need more Grace to make up your mind to seek holiness? Don't you feel an urgent need to cry out, 'Jesus, Son of David, have pity on me!'* What a beautiful aspiration for you to repeat again and again! (J. Escrivá, *Friends of God*, 195)

When we invoke the Holy Name of Jesus many obstacles will disappear and we will be cured of many ailments of the soul which so often afflict us. *May Thy Name, O Jesus, be always deep within my heart and in reach of my hands, so that all my affections and all my actions may be directed to Thee... In Thy Name, O Jesus, I have the remedy to rid me of my wickedness and to turn my defects into perfections; also, a medicine with which to preserve my affections from corruption or to heal them if they have already been corrupted.* (St. Bernard, *op. cit.*)

Aspirations will fan the fire of our love for Our Lord, and increase our presence of God throughout the day. At other times, as we gaze at Our Lord, God made Child for love of us, we will trustingly say to Him: *Dominus judex noster, Dominus legifer noster, Dominus rex noster; ipse salvabit nos.* (Divine Office, Antiphon 'ad tertiam' for the Solemnity of Jesus Christ, Universal King) Lord Jesus, in Thee we trust, in Thee I trust.

Our relationship with the Blessed Virgin and Saint Joseph:

Along with the Name of Jesus the names of Mary and Joseph should also be on our lips. These were the names that our Lord must have used most frequently. With regard to Mary, the first Christians gave her name many different meanings: *Most lovable, Star of the Sea, Queen, Princess, Light, Beautiful* and so on.

In fact, it was St. Jerome who gave her the title *Stella Maris*, Star of the Sea, since it is she who guides us to a safe (continued on page 4)

WEEKLY TITHING January 4, 2026

Sunday Envelopes:	\$ 450.00
Plate:	\$ 93.00
EFT:	\$ 1,415.00
Total:	\$ 1,958.00

Christmas Collection: \$ 6,940.00

SAVE THE DATE!

55th Annual St. Patrick's Ham Dinner Sunday, March 15, 2026

Committee members are starting the planning with a meeting in January. As you may recall the Ham Dinner is our largest fundraiser and requires almost everyone to participate in some way. We ask for silent auction donations, monetary contributions, desserts, and your time to help with set-up and serving of the meal. Save the date for a day of fun and fellowship.

Meal in a Bucket: Last Chance - We are down to the last hours to place an order for the Catholic Daughters "Meal in a Bucket". Get your order in after the Holy Mass today to any Catholic Daughter members. Order slips are at the Church entrance and meals will be available for pick up after the Holy Mass on Sunday, January 25. Today is also last chance to place a phone order. Please contact Sue Hinrichs 507-732-5607. Your support is truly appreciated.

PRO-LIFE QUOTES:

"Respect for life and for the dignity of the human personal also extends to the rest of creation, which is called to join man in praising God." *St. John Paul II*

"All who are genuinely committed to the advancement of women can and must offer a woman or a girl who is pregnant, frightened, and alone a better alternative than the destruction of her own unborn child." *Mary Ann Glendon, 4th World Conference on Women, Beijing, Sept. 5, 1995*

"The Gospel of Life is for the whole of human society. To be actively pro-life is to contribute to the renewal of society through the promotion of the common good." (#101) quotes from 'Gospel of Life, St. John Paul II'

"...at the origin of every human being there is not something haphazard or chance, but a loving plan of God." *Pope Benedict XVI*



AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus?

Consider coming to Holy Mass on weekdays!

Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes. *Come to sanctify your weekdays with Jesus - He is waiting for you!*

HOLY MASS TIMES

Tuesday, January 13, 2026

8:00am Confessions/8:30am Holy Mass
9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, January 15, 2026

8:00am Confessions/8:30am Holy Mass

Sunday, January 18, 2026

8:20am Rosary/8:25am Confessions
8:45am Holy Mass

HOLY MASS INTENTIONS

January 13, 2026 †Gunnard Peterson

January 15, 2026 †Kathy Bucher (St. Paul CCW)

January 18, 2026 Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) haven in the midst of all the storms of life. We must frequently have the saving name of Mary on our lips, especially when we are in need or in difficulty. On our way towards God it is meritable that we will have to endure storms which God permits so as to purify our intentions and to help us grow in the virtues. And it is possible that by paying too much attention to the obstacles on our way, we may yield to discouragement or weariness in our struggle. Then it is time to turn to Mary, invoking her name to help us. *If the winds of temptations rise against you, if you strike against the reefs of temptation, look at the star, call on Mary. If you are tossed by the waves of pride, of ambition, or of envy, look at the star, call on Mary. If anger, greed or impurity throw themselves violently against the barque of your soul, look at Mary. If you are troubled by the memory of your sins, confounded at the ugliness of your conscience, fearful at the thought of judgement, and you start sinking in the bottomless pit of sadness or in the abyss of despair, think of Mary. In danger, in affliction, in doubts, think of Mary, call on Mary. Don't let Mary be apart from your tongue, don't withdraw her from your heart; and to obtain her intercession, do not depart from the example of her virtue. You will not go wrong if you follow her, and not lose heart if you pray to her; you will not be lost if you think of her. If she takes you by the hand you will not fall; if she protects you, you will never have cause to fear; you will not grow weary if she guides you; you will reach port safely if she aids you.* (St. Bernard, Homily on the Virgin Mother, 2)

Let us invoke her name especially in the *Hail Mary*, and also in all the other prayers and aspirations that Christian devotion inspired over the centuries, and which perhaps our mothers taught us. And, together with Jesus and Mary, there is St. Joseph. *If the whole Church is in debt to the Virgin Mary, since it was through her that she received Christ, in the same way she owes to St. Joseph a special*



KC Meeting: The next St. Padre Pio Knights of Columbus Council 16016 membership meeting will be on Wednesday, January 14, at 7:00PM, at the Church of St. Michael. All members are invited to attend.

March for Life—January 22: Please join thousands of Minnesotans at the State Capitol at noon to 1pm in St. Paul for the March for Life on Thursday, January 22. While Roe v. Wade has been overturned, Minnesota has since enacted extreme abortion laws, allowing abortion for any reason throughout pregnancy. The March for Life mourns the lives lost as well as the women and families who have suffered due to abortion. We march to declare that women deserve better than abortion. We also march to celebrate God's precious gift of life. There is a bus going from Rochester to the March. It will leave from Hy-Vee North (500 37th St NW, Rochester) at 8:30am and return around 3:30. The bus will also stop at Kwik Trip, Zumbrota, if there are people interested in riding. Cost is \$10. If you would like to ride the bus or for more information, please contact Linda McGuire through email at lindallcarlson@hotmail.com.

gratitude and reverence. (St. Bernardine of Siena, *Sermon 2*) *Jesus, Mary and Joseph, I give you my heart and my soul. Jesus, Mary and Joseph, assist me in my last agony.* Countless millions of Christians have learned at their mothers' knees these and other similar aspirations, which they have later repeated to their dying days. Let us not forget then to have daily recourse, many times, to this *trinity on earth.*" (From *In Conversation with God*, by Francis Fernandez) Through the intercession of Mary, the Mother of God, St. Joseph, St. Michael and St. Paul, may our Lord grant us His Peace and Joy in this New Year!

In Christ through Mary,
Fr. Kasel

<p>MAXON FAMILY Parishioner</p>  <p>Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901</p>	 <p>Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com</p>	<p>ZUMBROTA MINI STORAGE</p> <p>LIGHTING—PAVED 24 HOUR ACCESS</p> <p>507-696-4406</p>	
<p>PORK & PLANTS</p> <p>Pork & Plants Heritage Farm ERIC KREIDERMACHER & FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken*</p> <p>*no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals.</p> <p>Pickup and limited delivery available (507) 458-2175 Email: eric@porkandplants.com www.porkandplants.com "Healthy Land, Healthy Meat, Healthy Families"</p>	<p>Mahn Family</p> <p>Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444</p> <p>Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com</p>	<p>QUARRY HILL FAMILY DENTAL</p> <p>DR. MOLLY JARRETT PARISHIONER</p> <p>Monday and Tuesday 7-5pm, Wednesday 7:30-5pm, Thursday 11-5pm www.quarryhillfamilydental.com</p> <p>507-216-9891 828 11th Ave NE, Rochester, MN Comfortable, Convenient Dental Care for the Entire Family</p>	
<p>Reliable HEATING & COOLING 507-732-4777 24 Hr. Emergency Service</p> <p>Residential & Light Commercial Serving Zumbrota & Surrounding Communities</p>	<p>Owen Locker Plant</p>  <p>110 2nd St. NE Pine Island, MN 55963 507-356-8612</p>	<p>MSR FINANCIAL SOLUTIONS</p> <p>Accountants that you can trust Yasmine Ramirez CPA, MBA 718-825-8196 yramirez@mrfinancialsolution.com Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping Corporate, & Individual tax returns</p>	<p>DO YOU OR A LOVED ONE STRUGGLE TO CARE FOR YOUR FEET?</p> <p>Welcome to Foot Care Professionals! Providing medical care for your feet</p> <p>FOOT CARE PROFESSIONALS 3708 Broadway Ave. N. Ste. 130 Rochester, MN</p> <p>• Toenail trimming & debridement • Callus paring • Swift microwave therapy for wart removal • KeriFlex nail reconstruction • OnyxFix nonsurgical ingrown toenail correction</p> <p>Call 507-269-7827 for appointment or book online at footcaremn.com</p>
<p>Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.</p> <p>Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.</p>	<p>Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 st.michaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net</p> <p>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475</p>		<p>ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016</p> <p>JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join</p>