

July 12, 2026
Fifteenth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on

Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary,

Dear Brothers and Sisters in Christ Jesus,

First, I invite you to join with Catholics throughout our Archdiocese in praying the novena for purity that can be found as an insert in bulletin this weekend. There is a great need to rediscover this holy virtue in our lives and let it be expressed by our actions: through what we say and do (and what we do not say and do). On July 16, we will celebrate the Feast of Our Lady of Mount Carmel. This feast day provides us with a good opportunity to thank our good Lord for the many Graces we receive through a loving heart of our Blessed Mother, including through wearing the Brown Scapular. Truly, the Brown Scapular is a gift of love from the Virgin Mary, Our Lady of Mount Carmel – a love she extends to each of us!

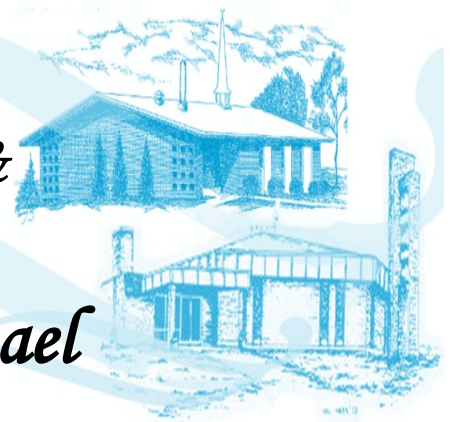
First, about the Brown Scapular: One only needs to be enrolled in the Brown Scapular once. Thereafter, one only needs to wear the Brown Scapular with loving devotion to our Blessed Mother to receive the love and protection she has promised to those who wear her Brown Scapular. Thus, if you were enrolled many years ago, perhaps just after receiving 1st Holy Communion, and now do not wear a Brown Scapular, all you need to do is to begin wearing the Scapular. If you have never been enrolled you can ask me or any priest to provide the brief ceremony for you.

Devotion to the Brown Scapular and the Holy Rosary helps the soul to be open to great Graces to grow in holiness and glorify God! I assure you, the devil hates the Brown Scapular. I encourage anyone who has been enrolled to firmly remain committed to wearing this sacramental all the time. Of course, there are times when one may remove it for a time, but with the intention of putting it back on immediately when it is time. The scapular should be worn day and night, including during exercise! You might want a couple extra around to give the one you are using a 'breather' from time to time. When a Brown Scapular you have worn wears out and can longer be used, it must either be burned (respectfully, ie, not with garbage) or buried (in your back yard or near the foundation of your home is fine). Then you can simply put on a new scapular and keep on enjoying the love and protection of the Immaculate Heart of Mary! Remember, the Brown Scapular is a devotion that is a concrete sign of our love for Mary and Her love for us. Whenever you remove the Brown Scapular for any reason, I recommend that you give it a gentle kiss or offer a word of love and gratitude to our Blessed Mother. When you think of the Graces that Jesus gives us through the intercession of Mary and how simple it is to be under Mary's protection through this little garment of Grace, little gestures such as these say a great deal about the disposition of our hearts toward Jesus and Mary. I also recommend the same devotion when you put the Brown Scapular back on. It is appropriate to wear the Brown Scapular under one's clothing. However, it can also be

Welcome to the Churches of

St. Paul &

St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to make arrangements.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

worn as an outer garment.

As a member of the Third Order (Secular) Discalced Carmelites, the Feast of Our Lady of Mount Carmel is a special day for me, and some of our parishioners who are in formation in the Pure Heart of St. Joseph Carmel Group in Discernment that meets at St. Michael. I have a particular devotion to the Virgin Mary under this title and a love for Brown Scapular. I still remember the place and who enrolled me in the Brown Scapular. Sadly, as many of you may know, the practice of enrolling people in the Brown Scapular has greatly diminished. If you have not been enrolled, I encourage you to do so. It will greatly help not only for your soul and those of your family, but will also help many other people as your heart will be more open to special graces from the Immaculate Heart of Mary.

I leave you today with a little more about the Brown Scapular taken from www.ewtn.com: "A Scapular is a garment worn by religious over the shoulders (scapula), and hanging down in front and back, usually to about the bottom of the habit. It developed as a practical garment, protecting the habit during work, and was in time invested with spiritual significance, consecration or dedication to God. By analogy to the Scapulars of religious, there are small Scapulars that are derived from them which represent a particular devotion or (continued on page 4)

The next **Holy Hour and Social for Men** will be Sunday, July 12, at 6:30pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a presentation on: *The history of the Liturgy of the Hours and a brief tutorial of how to pray this prayer of the Church*. All men are invited!

The next **Holy Hour for Women** will be Sunday, July 19, at 6:00pm at the Church of St. Michael, Pine Island. The Filiae Laboris Mariae Sisters will give a talk with a question and answer session. All women are invited!

CHURCH OF SAINT MICHAEL NEWS

CATHOLIC VACATION BIBLE SCHOOL JULY 20-22 (MONDAY-WEDNESDAY)

The *Filiae Laboris Mariae* Sisters (Daughters of the Works of Mary) will be back this summer to conduct our Catholic Vacation Bible School at the Church of St. Michael!

This CVBS is for children ages 4 years old through high school. Come and experience the CVBS at the Church of St. Michael this summer. *Daily Holy Masses at 8:30am*

Registration form is available at the entrance of the Church.

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and fun night on Wednesday, July 22, from 6:30-9pm at the Church of St. Michael, Pine Island. The *Filiae Laboris Mariae* Sisters will be with us! All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish office - God bless you!

Open Gardens: Parishioner Mary Herring invites all St. Michael and St. Paul parishioners and friends to enjoy the beauty of God's creation in her lovely flower gardens on Friday, July 17, from 4pm to 9pm. Her gardens feature thousands of annuals, over six hundred hostas, an underground grotto, and water garden pools. The gardens are located at 5500 Highway 63 South, Rochester, and are handicap accessible. If you have any questions, please call 507-226-2241.



WORDS TO LIVE BY:

"Take, beloved son this Scapular of thy Order as a badge of my confraternity and for thee and all Carmelites a special sign of Grace; whoever dies in this garment, will not suffer everlasting fire." *The Virgin Mary to St. Simon Stock*
"Be not afraid to tell Jesus that you love Him; even though it be without feeling, this is the way to oblige Him to help you, and carry you like a little child too feeble to walk." St. Therese of Lisieux

"How happy I am to see myself imperfect and be in need of God's Mercy." St. Therese of Lisieux

"The Eucharist is a fire that inflames us, that like lions breathing fire, we may retire from the altar being made terrible to the devil." St. John Chrysostom

"I beg the goodness of our Lord to dispose our souls for the reception of the Holy Spirit so that, burning with the fire of His holy Love, you may be consumed in the perfection of this Love which will enable you to love the most holy Will of God." St. Louise

"One loving heart sets another on fire." St. Augustine
"The devil fears hearts on fire with the Love of God." St. Catherine of Siena

Institute of Catholic Culture Lecture

THE TABLE OF THE LORD AND THE TABLE OF DEMONS:

Eucharistic Coherence in the Age of Relativism

Many today consider the reception of Holy Communion to be a matter of personal discernment, reducing the Eucharist to a mere sign of hospitality or social acceptance. Others think of receiving Holy Communion as an encounter with Christ but do not embrace full communion with His Body, the Church. Join Bishop Paprocki and the ICC as we explore St. Paul's admonition to receive the Eucharist, applied to our modern context.

Tuesday, July 14 Pre-Class Discussion: 7:30PM Lecture: 8:00 PM
Instructor: Most Rev. Thomas John Paprocki, J.C.D.

Registration is required. <http://instituteofcatholicculture.org/events/the-table-of-the-lord-and-the-table-of-demons/>

Pine Island Food Shelf: items requested for July: Pasta - elbow macaroni, rotini, spaghetti, etc.

WEEKLY TITHING July 4-5, 2026

Sunday Envelopes:	\$ 4,480.00
Plate:	\$ 1,748.25
EFT:	\$ 3,825.00
Total:	\$ 10,053.25

Holiday Tea 2025 Financial Report

Donations	\$1,270.00
Baked Goods Income	\$1,317.60
Craft Income	\$1,224.53
Raffle Income	\$ 814.00
Free Will Offerings	\$ 151.00
Total Income:	\$4,777.13

Expenses	\$ 311.30
Raffle Expenses	\$ 40.00
Total Expenses:	\$ 351.30

Net Profit: \$ 4,425.83

Natural Family Planning Awareness Week - July 19 - 25, 2026:

Celebrate and reverence: God's vision of human sexuality

Natural Family Planning Awareness Week is a national educational campaign. The Natural Family Planning Program of the United States Conference of Catholic Bishops develops a poster each year with basic supportive materials. It is the individual dioceses, however, that offer a variety of educational formats in the local church to focus attention on Natural Family Planning methods and Church teachings that support their use in marriage. The dates of Natural Family Planning Awareness Week highlight the anniversary of the papal encyclical *Humanae Vitae* (July 25) which articulates Catholic beliefs about human sexuality, conjugal love, and responsible parenthood. For further information, contact nfp@uscgb.org.

Prayer for Priests by St. Therese of Lisieux, Carmelite

O Jesus, eternal Priest, keep Your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the Priesthood. Let Your holy Love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their joy and consolation here and in Heaven their beautiful and everlasting crown. Amen



HOLY MASS TIMES

Wednesday, July 15, 2026

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Friday, July 17, 2026

8:00am Confessions/8:30am Holy Mass

Saturday, July 18, 2026

4:00pm-4:50pm Confessions

5:00pm Holy Mass

Sunday, July 19, 2026

7:00am Holy Mass (Latin)

10:30am Holy Mass

HOLY MASS INTENTIONS

July 15, 2026 Jason & Maggie Hoerle (Julie Hoerle)

July 17, 2026 †Kathy Karlen (Joan Krause)

July 18, 2026 †Char Lenn (Brian & Laurie Murray)

July 19, 2026 Tony Winkels (Mike & Kathy Winkels)

July 19, 2026 Parishioners



CHURCH OF SAINT PAUL NEWS

CATHOLIC VACATION BIBLE SCHOOL JULY 20-22 (MONDAY-WEDNESDAY)

The *Filiae Laboris Mariae* Sisters (Daughters of the Works of Mary) will be back this summer to conduct our Catholic Vacation Bible School at the Church of St. Michael!

This CVBS is for children ages 4 years old through high school. Come and experience the CVBS at the Church of St. Michael this summer. *Daily Holy Masses at 8:30am*

Registration form is available at the entrance of the Church.

In Honor of Our Lady of Mount Carmel

"A royal virgin of the house of David is chosen. She is to bear a Holy Child, one who is both God and man. She is to conceive Him in her soul before she conceives Him in her body. In the face of so unheard of an event, she is to know no fear through ignorance of the Divine Plan; the Angel tells her what is to be accomplished in her by the Holy Spirit. She believes that there will be no loss of virginity, she who is soon to be the Mother of God. Why should she lose heart at this new form of conceiving when she has been promised that it will be effected through the Power of the Most High? She believes, and her Faith is confirmed by the witness of a previous wonder: against all expectation Elizabeth is made fruitful. God has enabled a barren woman to be with child; He must be believed when He makes the same promise to a virgin.



The Son of God who was in the beginning with God, through whom all things were made, without whom nothing was made, became man to free him from eternal death. He stooped down to take up our lowliness without loss to His own glory. He remained what He was; He took up what He was not. He wanted to join the very nature of a servant to that Nature in which He is equal to God the Father. He wanted to unite both Natures in an alliance so wonderful that the glory of the greater would not annihilate the lesser, nor the taking up of the lower diminish the greatness of the higher. What belongs to each Nature is preserved intact and meets the other in one person: lowliness is taken up by greatness, weakness by power, mortality by eternity. To pay the debt of our human condition, a Nature incapable of suffering is united to a nature capable of suffering, and true God and true man are forged into the unity that is the Lord. This was done to make possible the kind of remedy that fitted our human need: one and the same mediator between God and men able to die because of one nature, able to rise again because of the other. It was fitting, therefore, that the birth which brings salvation brought no corruption to virginal integrity; the bringing forth of Truth was at the same time the safeguarding of virginity.

Dearly beloved, this kind of birth was fitting for Christ, the power and the Wisdom of God: a birth in which He was one with us in our human nature but far above us in His Divinity. If He were not true God, He would not be able to bring us healing, if He were not true man, He would not be able to give us an example.

And so at the birth of our Lord, the Angels sing in joy: Glory to God in the highest, and they proclaim peace to His people on earth as they see the heavenly Jerusalem being built from all the nations of the world. If the Angels on high are so exultant at this marvelous work of God's goodness, what joy should it not bring to the lowly hearts of men?" (From a sermon of Pope St. Leo the Great)



†ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and at St. Michael, Pine Island on Wednesdays from 9am-5pm.

Give the gift of an Hour of Adoration for someone. Cards are in the vestibule to send to the recipient.

WEEKLY TITHING July 5, 2026

Sunday Envelopes:	\$ 4,710.00
Plate:	\$ 219.00
EFT:	\$ 1,415.00
Total:	\$ 6,344.00

Youth Group Event! All Youth, Grades 7-12, are invited for a prayer, food, and fun night on Wednesday, July 22, from 6:30-9pm at the Church of St. Michael, Pine Island. The *Filiae Laboris Mariae* Sisters will be with us! All high school students and confirmation candidates are invited to this youth event. Please RSVP to our parish office - God bless you!

Songs of Hope: Songs of Hope will be returning to Zumbrota to perform at the Zumbrota State Theatre on Thursday, July 16, at 7pm. This is a free concert! Songs of Hope offers participants a unique opportunity to live in community with kids from other countries and cultures while learning and performing music from many countries. For more info, visit: <https://www.soundsofhope.org/>

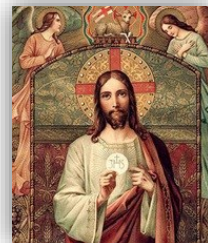
The Anima Christi

The Anima Christi is a prayer from around the 14th century.

It is still widely used after receiving the Body and Blood of

Our Lord Jesus Christ in Holy Communion.

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from side of Christ, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated from Thee
From the malicious enemy defend me
In the hour of my death call me
And bid me come unto Thee
That I may praise Thee with Thy saints
and with Thy Angels, forever and ever. Amen.



PRO-LIFE QUOTES:

"Oh Mary, Mother of Jesus and Mother of Life, we honor you as Our Lady of Guadalupe. Thank you for pointing us to Jesus your Son, the only Savior and hope of the world. Renew our hope in Him that we all may have the courage to say YES to life and to defend those children in danger of abortion. Give us your compassion to reach out to those tempted to abort and to those suffering from a past abortion. Lead us to the day when abortion will be a sad, past chapter in our history. Keep us close to Jesus, the Life of the World, who is Lord forever and ever. Amen." www.priestsforlife.org
"The difference between the way of life and the way of death is great. Therefore, do not murder a child by abortion or kill a newborn infant." -From the *Didache*, a collection of apostolic moral teachings compiled at the end of the first century A.D.

HOLY MASS TIMES

Tuesday, July 14, 2026

8:00am Confessions/8:30am

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, July 16, 2026

8:00am Confessions/8:30am Holy Mass

Sunday, July 19, 2026

8:20am Rosary/8:25am Confessions

8:45am Holy Mass

HOLY MASS INTENTIONS

July 14, 2026

†Barbara Aunan

July 16, 2026

†Barbara Powers

July 19, 2026

Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(From Father Kasel - from page 1) spirituality, usually associated with a particular community. Such a Scapular is two pieces of cloth (generally about an inch square), connected by cords and worn over the head. It often has a picture or a particular color, depending on the spirituality it stands for. The best known and most highly esteemed Scapular, and the one most favored by the Church, and by the Blessed Virgin in many of Her apparitions, is the Brown Scapular of Our Lady of Mt. Carmel. It is adapted from the Scapular of the Carmelite Order and represents a special Consecration to Our Lady under the title of Our Lady of Mt. Carmel. Those who wear it practice it a special devotion to Mary. In the past this was the Little Office of Our Lady, but today this can be commuted by any priest to the Rosary. In addition, the person has a special entrustment of themselves to Mary for their salvation. This, in fact, has been promised to those who faithfully wear the Scapular: 'Those who die wearing this Scapular shall not suffer eternal fire.' This must **not** be understood superstitiously or magically, but in light of Catholic teaching that perseverance in faith, hope and love are required for salvation. The Scapular is a powerful reminder of this Christian obligation and of Mary's promise to help those consecrated to Her obtain the grace of final perseverance." (some excerpts from www.ewtn.com) Through the intercession of Our Lady of Mount Carmel, St. Joseph, and our patrons St. Paul and St. Michael, may God bless you, your families and our parishes! In Christ through Mary, Fr. Kasel

July - Devotion the Precious Blood of Our Lord Jesus:

The Precious Blood of Jesus

O Almighty and Eternal God, Thou hast appointed Thine only-begotten Son the Redeemer of the world and willed to be appeased by His Blood. Grant, we beg of Thee, that we may worthily adore this price of our salvation and through Its power be safeguarded from the evils of the present life so that we may rejoice in its fruits forever in Heaven. Through the same Christ our Lord. Amen.

Prayer to God, Our Eternal Father

O Eternal Father, I offer Thee the Most Precious Blood of Jesus Christ in atonement for my sins, and in supplication for the Holy Souls in Purgatory and for the needs of the Holy Catholic Church.

Prayer to Our Lord Jesus

We pray dear Jesus, help Thy servants, whom Thou hast redeemed with Thy Precious Blood. Amen.

(from www.catholic.org)



AN INVITATION FROM JESUS

Do you have no regular commitments during weekday mornings? Are you interested in growing in love with the One who loves you most - Jesus?

Consider coming to Holy Mass on weekdays! Holy Mass, Confession and the Holy Rosary are offered Tuesday through Friday at our parishes.

Come to sanctify your weekdays with Jesus - He is waiting for you!

MAXON FAMILY Parishioner  Cremation & Life Celebrations 1624 37th Street NW, Rochester, MN 55901	Nilssen's SINCE 1963 Hub Food Center 228 West Ave. Zumbrota 507-732-7329 https://www.nilssensfoods.com	ZUMBROTA MINI STORAGE LIGHTING—PAVED 24 HOUR ACCESS 507-696-4406	Catholic United Financial A Trusted Fraternal Life Brand Pete Herold Local Member Advisor 952-994-7558 Pherold@CatholicUnited.org Rates better than CD's? Catholic United offers 5% first year, then 4.25% and zero fees. 
PORK & PLANTS Pork & Plants Heritage Farm ERIC KREIDERMACHER & FAMILY Red Wattle Pork* Grass-fed Beef* Pastured Chicken* *no corn, no soy, non-GMO, and vaccine free Meat is available year-round as individual cuts, bundles, and whole or half animals. Pickup and limited delivery available (507) 458-2175 Email: eric@porkandplants.com www.porkandplants.com "Healthy Land, Healthy Meat, Healthy Families"	Mahn Family Funeral Homes Larson Chapel 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 Mahler Chapel 209 NW 1st Ave. Pine Island, MN (507) 356-4620 mahnfamilyfuneralhome.com 	QUARRY HILL FAMILY DENTAL DR. MOLLY JARRETT PARISHIONER Monday and Tuesday 7-5pm, Wednesday 7:30-5pm, Thursday 11-5pm www.quarryhillfamilydental.com 507-216-9891 828 11th Ave NE, Rochester, MN Comfortable, Convenient Dental Care for the Entire Family  QUARRY HILL FAMILY DENTAL	
Reliable HEATING & COOLING 507-732-4777 24 Hr. Emergency Service Residential & Light Commercial Serving Zumbrota & Surrounding Communities	Owens Locker Plant  110 2nd St. NE, Pine Island, MN 55963 507-356-8612 SCAN 	MSR FINANCIAL SOLUTIONS Accountants that you can trust Yasmine Ramirez CPA, MBA 718-825-8196 yramirez@mrfinancialsolution.com Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping Corporate, & Individual tax returns	DO YOU OR A LOVED ONE STRUGGLE TO CARE FOR YOUR FEET? Welcome to Foot Care Professionals! Providing medical care for your feet - Toenail trimming & debridement - Callus paring - Swift microwave therapy for wart removal - KeryFlex nail reconstruction - OnyFix nonsurgical ingrown toenail correction Call 507-269-7827 for appointment or book online at footcaremn.com   Sheila Soufflet, DPM, FACC Nurse Practitioner, Certified Foot Care Specialist
Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates. Report Abuse: If you or someone you know has been sexually abused, your first call should be to law enforcement.		Parish Safe Environment Coordinator: Sara McNamara St. Michael: 507-356-4280 stmichaeloffice@bevcomm.net St. Paul: 507-732-5324 stpauls@hcinet.net St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline: (651) 291-4475	ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016 JOIN US Brother Knights of our Council invite you to join us. Contact the Parish Office visit: www.kofc.org/join 