

*February 8, 2026  
Fifth Sunday in Ordinary Time*

**Father Randal Kasel, Pastor** frkasel@bevcomm.net

*Josefina Meyer & Sara McNamara, Staff*

**CHURCH OF ST. PAUL** 749 South Main St., Zumbrota, MN 55992

**Office:** 732-5324 **Fax:** (507) 732-5347 **Email:** stpauls@hcinet.net

**OFFICE HOURS:** Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

**CHURCH OF ST. MICHAEL** 451 5th St. SW, Pine Island, MN 55963

**Office:** 356-4280 **Fax:** (507) 356-2080 **Email:** stmichaeloffice@bevcomm.net

**OFFICE HOURS:** Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

**Website:** <http://www.stpaulstmichael.com>

**BULLETIN ARTICLE DEADLINE** All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

*Welcome to the Churches of*

*St. Paul &  
St. Michael*



*We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!*

#### **SACRAMENTS**

**Confession** - Saturday 4:00pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

**Baptism** - Please contact the parish office.

**Matrimony** - Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick** - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

#### **WEEKEND HOLY MASS SCHEDULE:**

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:20am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:00pm, Rosary at 4:35pm, Mass at 5:00pm

**Church of Saint Michael - Sunday** Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

#### **WEEKDAY HOLY MASS SCHEDULE**

**Church of Saint Paul - Tuesday and Thursday**

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

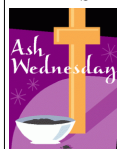
**Church of Saint Michael - Wednesday and Friday**

Confession 8am and Mass 8:30am

image of the absolute and unfailing love with which God loves man. It is good, very good, in the Creator's eyes. And this love which God blesses is intended to be fruitful and to be realized in the common work of watching over creation: 'And God blessed them, and God said to them: 'Be fruitful and multiply, and fill the earth and subdue it.'"

Holy Scripture affirms that man and woman were created for one another: 'It is not good that the man should be (continued on page 3)

#### **Ash Wednesday Holy Masses, February 18, 2026**



Ash Wednesday is a day of Fasting & Abstinence

8:30am at St. Michael, Pine Island

12:00pm at St. Paul, Zumbrota

6:00pm at St. Michael, Pine Island

7:30pm at St. Michael, Pine Island (Latin)

**The Church of St. Michael Men's Club Fish Fries begin Friday,**  
February 20, from 4:30-7:00pm and run each Friday of Lent.

**STATIONS OF THE CROSS AT CHURCH OF ST. PAUL**

Each Tuesday of Lent at 5:30pm

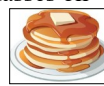
**STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL**

Each Friday of Lent at 7:30pm



**St. Pio KC Seminarian Fundraiser:** The St Pio Knights of Columbus will host a **Pancake Breakfast Fundraiser for Seminarians** after the 7:00am and 10:30am Holy Masses on

Sunday, February 8, at the Church of St. Michael, Pine Island. This fundraiser will support Seminarians through our Council.



**The next Holy Hour for Women** will be Sunday, February 22, at 6:00pm at Church of St. Michael, Pine Island. All women are invited!

#### *From Father Kasel*

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

This month of February is dedicated to increasing our devotion to the Holy Family of Jesus, Mary, and Joseph, and to imitating their practice of everyday holiness. May the Holy Family help us each day to strive to be Saints in the service of our good Lord Jesus and His Kingdom!

This Sunday, February 8, we celebrate World Marriage Day! Marriage in our good Lord's plan is a beautiful gift to the human family. This World Marriage Day is an opportunity for us to show support for married couples and families. Let us grow in our knowledge and awareness of the great gift of the Sacrament of Matrimony and the place it has in our Heavenly Father's plan for the sanctification of families! Here is what our Catechism of the Catholic Church (CCC) teaches about the meaning of Christian marriage in the human family:

“The Matrimonial Covenant, by which a man and a woman establish between themselves a partnership of the whole of life, is by its nature ordered toward the good of the spouses and the procreation and education of offspring; this covenant between baptized persons has been raised by Christ the Lord to the dignity of a Sacrament.”

Sacred Scripture begins with the creation of man and woman in the image and likeness of God and concludes with a vision of ‘the wedding-feast of the Lamb.’ Scripture speaks throughout of marriage and its ‘mystery,’ its institution and the meaning God has given it, its origin and its end, its various realizations throughout the history of salvation, the difficulties arising from sin and its renewal ‘in the Lord’ in the New Covenant of Christ and the Church.

The intimate community of life and love which constitutes the married state has been established by the Creator and endowed by Him with its own proper laws... God Himself is the author of marriage. The vocation to marriage is written in the very nature of man and woman as they came from the hand of the Creator. Marriage is not a purely human institution despite the many variations it may have undergone through the centuries in different cultures, social structures, and spiritual attitudes. These differences should not cause us to forget its common and permanent characteristics. Although the dignity of this institution is not transparent everywhere with the same clarity, some sense of the greatness of the matrimonial union exists in all cultures. The well-being of the individual person and of both human and Christian society is closely bound up with the healthy state of conjugal and family life.

God who created man out of love also calls him to love the fundamental and innate vocation of every human being. For man is created in the image and likeness of God who is Himself love. Since God created him man and woman, their mutual love becomes an

## CHURCH OF SAINT MICHAEL NEWS

### CHURCH OF ST. MICHAEL FAITH FORMATION

The next Faith Formation session will be on **Wednesday, March 4, 2026**, at the Church of St. Michael.

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

**Our program is open for all of our parishioners to attend and it will benefit all ages!**

### Adult Bowling and Social - Couples & Singles are invited!

Saturday, February 14, at Pine Island Pool & Pins/Trailhead Grill & Lanes (416 3rd Ave. NE, Pine Island). Gather at 6:30pm for bowling, fellowship, and food. Please RSVP by signing up on the sign-up sheet in the church entry. The cost will be approximately \$15 per person.

### Homeschool Bowling Party and Valentine Exchange

Monday, February 16, 10:00-12:00pm at Bowlocity Entertainment Center in Rochester, MN

Cost is \$4.00 per child/hour plus \$1.50/shoe rental

This is open to all homeschool children and teens!

For more information, contact Sarah Bauer: [teddyandsarah@gmail.com](mailto:teddyandsarah@gmail.com) or (507) 398-3928.

To be included in the counts for the valentine exchange, you must RSVP to Sarah Bauer by Sunday, February 1. If you want to just come and bowl, please RSVP anytime before the day of the party.

### Calling all bookworms! Join the Catholic Authors Book Study.

We rotate between spiritual books, literature and writings of Doctors of the Church. On February 10, we will begin discussing ***Come be My Light*** by St. Mother Teresa. We meet every 2 - 3 weeks, on Tuesdays from 7 - 8:30 pm in Rochester. Join us!

See <https://archspm.groupvitals.com/groupfinder/profile/72459> or contact the parish office.

### WORDS TO LIVE BY:

“Love between man and woman cannot be built without sacrifices and self-denial.” *Karol Wojtyla (St. John Paul II)*  
“When a man loves a woman, he has to become worthy of her. The higher her virtue, the more noble her character, the more devoted she is to truth, justice, goodness, the more a man has to aspire to be worthy of her. The history of civilization could actually be written in terms of the level of its women.” *Venerable Fulton Sheen*  
“The Charity which burned in the household at Nazareth should be an inspiration for every family. All the Christian virtues should flourish in the family, unity should thrive, and the example of its virtuous living should shine brightly.” *St. John XXIII*  
“When a husband and wife are united in marriage they no longer seem like something earthly, but rather like the Image of God Himself.” *St. John Chrysostom*  
“Marriage is to help married people sanctify themselves and others. For this reason they receive a special Grace in the Sacrament which Jesus instituted. Those who are called to the married state will, with the Grace of God, find within their state everything they need to be holy.” *St. Josemmaria Escriva*  
“The greater the friendship, the more solid and long-lasting the marriage will be, as we are united not only in flesh but in domestic activity.” *St. Thomas Aquinas*  
“It takes three to make Love, not two: you, your spouse, and God. Without God, people only succeed in bringing out the worst in one another. Lovers who have nothing else to do but love each other soon find there is nothing else. Without a central loyalty life is unfinished.” *Venerable Fulton Sheen*

**Pine Island Food Shelf:** items requested for **February:** Soups of any kind

### WEEKLY TITHING January 31 & February 1, 2026

|                   |                    |
|-------------------|--------------------|
| Sunday Envelopes: | \$ 3,502.00        |
| Plate:            | \$ 1,125.96        |
| EFT:              | \$ 3,845.00        |
| <b>Total:</b>     | <b>\$ 8,472.96</b> |



### COME AND JOIN US!

**The Church of St. Michael Men's Club Fish Fries**

Serving each Friday of Lent from 4:30-7:00pm

(February 20, 27, March 6, 13, 20, & 27)

\*\*\*Both baked & fried fish will be offered!\*\*\*

Take out Available!

**Prices:** Adults \$15.00, Children 5-12 \$6.00, Family maximum \$45.00

Hosted by: The Church of St. Michael Men's Club



**STATIONS OF THE CROSS** Each Friday of Lent at 7:30pm

**Lent is more than a countdown to Easter:** Take time to reflect and grow by listening to Real Presence Radio. Our local programming offers prayerful conversations, teachings, and stories that help you enter the season with intention. Tune in on **970 AM in Austin/Rochester** or listen online at [RealPresenceRadio.com](http://RealPresenceRadio.com)

### Institute of Catholic Culture Lecture

**Monday - Thursday, February 16 - 19**

**LENT WITH THE MONKS: An ICC Retreat**

The Rule of St. Benedict states, "...in these days of Lent the brethren should lead lives of great purity, and should also in this sacred season expiate the negligences of other times. This will be worthily done if we refrain from all sin and apply ourselves to prayer with tears, to reading, to compunction of heart, and to abstinence." Join the ICC for this four-day retreat to learn from the wisdom of the monks for how to prepare our hearts for the Resurrected Christ.

Details: Pre-Class Discussion: 5:30pm EST Lecture: 6:00pm EST

Instructor: Rev. Boniface Hicks, O.S.B. Registration is required.

<https://instituteofcatholicculture.org/events/len-with-the-monks/>

The next **Vianney Visit** is Thursday, February 12, to Saturday, February 14, 2026. If you are a high school sophomore through college-age man, who has not completed undergraduate studies (up to age 24), the priests and seminarians at Saint John Vianney College Seminary invite you to take a closer look at seminary life. Beginning on Thursday night and concluding Saturday morning, a Vianney Visit offers an ideal look into our spiritual, academic, and fraternal life. You will hear testimonies from current seminarians, attend spiritual conferences with SJV priests, pray with the community, and tour the University of St. Thomas. You may also have the option to meet individually with priests on staff or the rector. And, you won't leave without having some fun! Find more information and registration at [www.10000vocations.org/vianney-visit.html](http://www.10000vocations.org/vianney-visit.html)

### HOLY MASS TIMES

**Wednesday, February 11, 2026**

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

**Friday, February 13, 2026**

8:00am Confessions/8:30am Holy Mass

**Saturday, February 14, 2026**

4:00pm-4:50pm Confessions

5:00pm Holy Mass

**Sunday, February 15, 2026**

7:00am Latin Holy Mass

10:30am Holy Mass

### HOLY MASS INTENTIONS

**February 11, 2026** †Ken & Theresa Kingsbury (Mary Kingsbury)

**February 13, 2026** Matt & Sarah Keller & family (Nicole McCoy)

**February 14, 2026** †Ann Reisdorf (Duane & June Andrist)

**February 15, 2026** Jason Kaiya

**February 15, 2026** Parishioners





## CHURCH OF ST. PAUL FAITH FORMATION

The next Faith Formation session will be on **Wednesday, March 4, 2026**, at the Church of St. Michael.

6:00-6:30pm - Meal

6:35-7:25pm - Children Class/Parent & Adult Session

7:30-7:45pm - Church for Adoration

At 7:30pm all students, parents and teachers gather in the Church for Adoration of the Blessed Sacrament and Benediction.

**Our program is open for all of our parishioners to attend and it will benefit all ages!**



**Stations of the Cross at the Church of St. Paul:**  
Each Tuesday of Lent at 5:30pm

(*From Father Kasel*—from page 1) alone.' The woman, 'flesh of his flesh,' his equal, his nearest in all things, is given to him by God as a 'helpmate'; she thus represents God from whom comes our help. 'Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh.' The Lord Himself shows that this signifies an unbreakable union of their two lives by recalling what the plan of the Creator had been 'in the beginning': 'So they are no longer two, but one flesh.' Every man experiences evil around him and within himself. This experience makes itself felt in the relationships between man and woman. Their union has always been threatened by discord, a spirit of domination, infidelity, jealousy, and conflicts that can escalate into hatred and separation. This disorder can manifest itself more or less acutely, and can be more or less overcome according to the circumstances of cultures, eras, and individuals, but it does seem to have a universal character.

According to Faith the disorder we notice so painfully does not stem from the *nature* of man and woman, nor from the nature of their relations, but from sin. As a break with God, the first sin had for its first consequence the rupture of the original communion between man and woman. Their relations were distorted by mutual recriminations; their mutual attraction, the Creator's own gift, changed into a relationship of domination and lust; and the beautiful vocation of man and woman to be fruitful, multiply, and subdue the earth was burdened by the pain of childbirth and the toil of work.

Nevertheless, the order of creation persists, though seriously disturbed. To heal the wounds of sin, man and woman need the help of the grace that God in His infinite mercy never refuses them. Without His help man and woman cannot achieve the union of their lives for which God created them 'in the beginning.' In His preaching Jesus unequivocally taught the original meaning of the union of man and woman as the Creator willed it from the beginning: permission given by Moses to divorce one's wife was a concession to the hardness of hearts. The matrimonial union of man and woman is indissoluble: God Himself has determined it 'what therefore God has joined together, let no man put asunder.' This unequivocal insistence on the indissolubility of the marriage bond may have left some perplexed and could seem to be a demand impossible to realize. However, Jesus has not placed on spouses a burden impossible to bear, or too heavy - heavier than the Law of Moses. By coming to restore the original order of creation disturbed by sin, He Himself gives the strength and Grace to live marriage in the new dimension of the Reign of God. It is by following Christ, renouncing themselves, and taking up their crosses that spouses will be able to 'receive' the original meaning of marriage and live it with the help of Christ. This Grace of Christian marriage is a fruit of Christ's Cross, the source of all Christian life.

This is what the Apostle Paul makes clear when he says: 'Husbands, love your wives, as Christ loved the church and gave himself up for her, that He might sanctify her,' adding at once: 'For this reason a man shall leave his father (continued on page 4)

## WEEKLY TITHING February 1, 2026

|                   |                    |
|-------------------|--------------------|
| Sunday Envelopes: | \$ 620.00          |
| Plate:            | \$ 172.00          |
| EFT:              | \$ 1,415.00        |
| <b>Total:</b>     | <b>\$ 2,207.00</b> |

## 55th Annual St. Patrick's Ham Dinner at Zumbrota VFW on Sunday, March 15, 2026

**10:30 AM to 1:00 PM**

**Available for Dine-In & Take Out**

**Prices:**

**Adults -- \$16.00 Children 6-12--\$6.00, Under 6 -- free**

Please sign up to give donations and also to volunteer your time for the event. The sign-up board is at the entrance of the Church. You may also email at [stpauls@hcinet.net](mailto:stpauls@hcinet.net) or call the parish office at 732-5324 to sign up.

*Thank you in advance for your willingness to make this endeavor a success!*

**St. Paul CCW** will have their next meeting on Tuesday, February 10, with Holy Mass at 6 pm, followed by the meeting. All ladies are invited and needed. Please plan to attend.



**Please pray** for the repose of the soul Rita Morgan, who passed away on February 4. *"Eternal rest grant unto her, O Lord; and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen."*

## Baskets or Items for the Ham Dinner Silent Auction

Calling all parishioners! We are looking for silent auction baskets and items for this fundraiser held during **St. Patrick's Ham Dinner**. Any type of themed basket or items - including religious items, gift cards/certificates, home-made or purchased items will be appreciated! If you have any questions, contact Josefina or Sara in the parish office. Please drop off any items at the office. Thank you!



**Book Study: Please join us for a book study using the book: *WALK IN HER SANDALS—Experiencing Christ's Passion through the Eyes of Women*.** We meet on **Wednesdays at 6pm** in February and March. If questions or you would like a copy of the book, please contact Mary Kingsbury at 952-448-7115.

**Adult Bowling and Social - Couples & Singles are invited** Saturday, February 14, at Pine Island Pool & Pins/Trailhead Grill & Lanes (416 3rd Ave. NE, Pine Island). Gather at 6:30pm for bowling, fellowship, and food. Please RSVP by signing up on the sign-up sheet in the church entry. The cost will be approximately \$15 per person.

## HOLY MASS TIMES

### Tuesday, February 10, 2026

8:00am Confessions/8:30am Holy Mass  
1:00-5:00pm Adoration of the Blessed Sacrament  
6:00pm St. Paul CCW Holy Mass

### Thursday, February 12, 2026

8:00am Confessions/8:30am Holy Mass

### Sunday, February 15, 2026

8:20am Rosary/8:25am Confessions  
8:45am Holy Mass

## HOLY MASS INTENTIONS

**February 10, 2026** †Holy Souls in Purgatory  
**February 10, 2026** †Barb Aunan (St. Paul CCW)  
**February 12, 2026** †Larry & Nancy Stromback (Betty Stromback)  
**February 15, 2026** Parishioners



# NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from page 3) and mother and be joined to his wife, and the two shall become one. This is a great mystery, and I mean in reference to Christ and the Church.'

The entire Christian life bears the mark of the spousal love of Christ and the Church. Already Baptism, the entry into the People of God, is a nuptial mystery; it is so to speak the nuptial bath, which precedes the wedding feast, the Eucharist. Christian marriage in its turn becomes an efficacious sign, the Sacrament of the Covenant of Christ and the Church. Since it signifies and communicates Grace, marriage between baptized persons is a true Sacrament of the New Covenant." (CCC 1601-1608; 1614-1617)

Through the intercession of the Holy Family, may God bless all married couples, all families and all of our parishioners!

In Christ through Mary,  
Fr. Kasel

## PRO-LIFE QUOTES:

Beautiful is God, the Word with God... He is beautiful in Heaven, beautiful on earth; beautiful in the womb, beautiful in His parents' arms, beautiful in His miracles, beautiful in His sufferings; beautiful in inviting to life, beautiful in not worrying about death, beautiful in giving up His life and beautiful in taking it up again; He is beautiful on the Cross, beautiful in the tomb, beautiful in heaven. Listen to the song with understanding, and let not the weak-ness of the flesh distract your eyes from the splendor of His beauty." *St. Augustine of Hippo*

"Give us the grace - When the sacredness of life before birth is attacked, to stand up and proclaim that no one ever has the authority to destroy unborn life." *St. John Paul II*

The next **St. Pio Knights of Columbus Council 16016** membership meeting will be on Wednesday, February 11, at 7:00pm, at the Church of St. Paul, Zumbrota. All members are invited to attend.

## Catholic Services Appeal 2026 - Giving is Faith in Action!

The 2026 Catholic Services Appeal kicks off this weekend, February 7 and 8. Envelopes are inserted in the bulletin. We once again ask you to consider how you and your family can support this year's Appeal, which focuses support in four overarching areas:

- Educating in faith
- Helping those in need
- Faith formation
- Respect for Life

Let us prayerfully consider a gift to the Appeal so that the Light of Christ continues to shine for those who are in need. To make your gift today, visit [Love.ArchSPM.org](http://Love.ArchSPM.org)

**You are invited to a Mardi Gras Celebration!** Holy Trinity Parish in Goodhue will be hosting a Mardi Gras fundraiser! The fundraiser will take place Sunday, February 15, from 12:00 PM to 3:00 PM at the Goodhue Lions Community Center (105 Broadway St. Goodhue). 90% of the fundraiser will go toward Faith Formation and 10% to First Choice Clinic in Red Wing.

A free will offering of Mardi Gras-themed meal and American cuisine options will be served. Take-out meals available by calling or texting Ann Buck at 651-764-3087. There will also be silent auction baskets, free children's games – mask/face painting, and an accelerated corn hole competition with a \$200 1<sup>st</sup> place prize, \$150 2<sup>nd</sup> place, and \$100 3<sup>rd</sup> place. All are welcome!

|  |  |   |  |
|--|--|---|--|
|  <p><b>MAXON FAMILY</b><br/>Parishioner</p>  <p><b>Cremation &amp; Life Celebrations</b><br/>1624 37th Street NW, Rochester, MN 55901</p>   |  <p><b>Hub Food Center</b><br/>228 West Ave. Zumbrota<br/>507-732-7329<br/><a href="http://www.nilssensfoods.com">http://www.nilssensfoods.com</a></p>   | <p><b>ZUMBROTA MINI STORAGE</b></p> <p><b>LIGHTING—PAVED<br/>24 HOUR ACCESS</b></p> <p><b>507-696-4406</b></p>  |  <p><b>Catholic United Financial</b><br/>A Trusted Fraternal Life Brand</p> <p><b>Pete Herold</b><br/>Local Member Advisor<br/>952-994-7558<br/><a href="mailto:Pherold@CatholicUnited.org">Pherold@CatholicUnited.org</a></p> <p>Rates better than CD's?<br/>Catholic United offers 5% first year, then 4.25% and zero fees.</p>  |
|  <p><b>Pork &amp; Plants Heritage Farm</b><br/><b>ERIC KREIDERMACHER &amp; FAMILY</b><br/><b>Red Wattle Pork* Grass-fed Beef*<br/>Pastured Chicken*</b></p> <p>*no corn, no soy, non-GMO, and vaccine free<br/>Meat is available year-round as individual cuts, bundles, and whole or half animals.</p> <p><b>Pickup and limited delivery available (507) 458-2175</b><br/>Email: <a href="mailto:eric@porkandplants.com">eric@porkandplants.com</a> <a href="http://www.porkandplants.com">www.porkandplants.com</a><br/>"Healthy Land, Healthy Meat, Healthy Families"</p> | <p><b>Mahn Family</b><br/><b>Funeral Homes</b><br/><b>Larson Chapel</b><br/>1475 Jefferson Dr. Zumbrota, MN<br/>(507) 732-5444<br/><b>Mahler Chapel</b><br/>209 NW 1st Ave. Pine Island, MN<br/>(507) 356-4620<br/><a href="http://mahnfamilyfuneralhome.com">mahnfamilyfuneralhome.com</a></p>  | <p><b>QUARRY HILL FAMILY DENTAL</b><br/><b>DR. MOLLY JARRETT</b><br/>PARISHIONER<br/>Monday and Tuesday 7-5pm,<br/>Wednesday 7:30-5pm, Thursday 11-5pm<br/><a href="http://www.quarryhillfamilydental.com">www.quarryhillfamilydental.com</a><br/><b>507-216-9891</b><br/>828 11th Ave NE, Rochester, MN<br/>Comfortable, Convenient Dental Care for the Entire Family</p>  |  <p><b>QUARRY HILL<br/>FAMILY DENTAL</b></p>  |
|  <p><b>Reliable</b><br/>HEATING &amp; COOLING<br/><b>507-732-4777</b><br/>24 Hr. Emergency Service</p> <p>Residential &amp; Light Commercial<br/>Serving Zumbrota &amp; Surrounding Communities</p>  | <p><b>Owens Locker Plant</b></p>  <p>110 2nd St. NE,<br/>Pine Island, MN 55963<br/><b>507-356-8612</b></p> <p>SCAN</p>  |  <p><b>MSR FINANCIAL SOLUTIONS</b></p> <p>Accountants that you can trust<br/><b>Yasmine Ramirez CPA, MBA</b><br/><b>718-825-8196</b><br/><a href="mailto:yramirez@mrfinancialsolutions.com">yramirez@mrfinancialsolutions.com</a><br/>Fractional CFO, Consulting, Budgeting, Accounting, Bookkeeping<br/>Corporate, &amp; Individual tax returns</p> | <p><b>DO YOU OR A LOVED ONE STRUGGLE TO CARE FOR YOUR FEET?</b></p> <p><b>Welcome to Foot Care Professionals!</b><br/>Providing medical care for your feet</p> <ul style="list-style-type: none"> <li>• Toenail trimming &amp; debridement</li> <li>• Callus paring</li> <li>• Swift microwave therapy for wart removal</li> <li>• KeryFlex nail reconstruction</li> <li>• OnyFix nonsurgical ingrown toenail correction</li> </ul> <p>Call 507-269-7827 for appointment or book online at <a href="http://footcaremn.com">footcaremn.com</a></p>   |
| <p><b>Safe Environment:</b> The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to complete the Essential 3 or do updates.</p> <p><b>Report Abuse:</b> If you or someone you know has been sexually abused, your first call should be to law enforcement.</p>  | <p><b>Parish Safe Environment Coordinator:</b> Sara McNamara<br/><b>St. Michael:</b> 507-356-4280<br/><a href="mailto:stmichaeloffice@bevcomm.net">stmichaeloffice@bevcomm.net</a><br/><b>St. Paul:</b> 507-732-5324<br/><a href="mailto:stpauls@hcinet.net">stpauls@hcinet.net</a></p> <p><b>St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:</b><br/>(651) 291-4475</p> |   | <p><b>ST. PIO KNIGHTS OF COLUMBUS COUNCIL 16016</b></p> <p><b>JOIN US</b><br/>Brother Knights of our Council invite you to join us.<br/>Contact the Parish Office<br/>visit: <a href="http://www.kofc.org/join">www.kofc.org/join</a></p>  |